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In 14 Minutes, Salazar chronicles in spellbinding detail how a shy, skinny Cuban-American kid from the suburbs of Boston was transformed into the greatest marathon runner of his era. For the first time, he reveals his tempestuous relationship with his father, a former ally of Fidel Castro; his early running life in high school with the Greater Boston Track Club; his unhealthy obsession to

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running while Salazar  
was obsessive, moody,  
and a little egotistical,  
and of course he had a  
right to be arrogant

after he set the world  
record for the marathon  
in New York City in  
1981. That was pretty  
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