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## 50 Ways To Find A Lover Sarah Sargeant 1 Lucy Anne Holmes

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### **Spark Balance** Red Wheel/Weiser

The oceans, and the challenges they face, are so vast that it's easy to feel powerless to protect them. *50 Ways to Save the Ocean*, written by veteran environmental journalist David Helvarg, focuses on practical, easily-implemented actions everyone can

take to protect and conserve this vital resource. Well-researched, personal, and sometimes whimsical, the book addresses daily choices that affect the ocean's health: what fish should and should not be eaten; how and where to vacation; storm drains and driveway run-off; protecting local water tables; proper diving, surfing, and tide pool etiquette; and supporting local marine education. Helvarg also looks at what can be done to stir the waters of seemingly daunting issues such as toxic pollutant runoff; protecting wetlands and sanctuaries; keeping oil rigs off shore; saving reef environments; and replenishing fish reserves.

*50 Ways to Close the Achievement Gap* Cider Mill Press  
A unique and practical guide to developing a strategic network of business contacts.

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50 Ways to Find Funding for Your Business New World Library

These faux matchsticks offer simple rituals and practices for channeling inner strength and listening to intuition. For anyone who wants to work their magic, this dreamy foil-covered box will kindle the spark.

50 Ways to Eat Cock John Wiley & Sons

Food has the power to temporarily alleviate stress and sadness, enhance joy, and bring us comfort when we need it most. It's no wonder experts estimate that 75 percent of overeating is triggered by our emotions, not physical hunger. The good news is you can instead soothe yourself through dozens of mindful activities that are healthy for both body and mind. Susan Albers, author of *Eating Mindfully*, now offers *50 Ways to Soothe Yourself Without Food*, a collection of mindfulness skills and practices for relaxing the body in times of stress and ending your dependence on eating as a means of coping with difficult emotions. You'll not only discover easy ways to soothe urges to overeat, you'll also learn how to differentiate emotion-driven hunger from healthy hunger. Reach for this book instead of the refrigerator next time you feel the urge to snack—these alternatives are just as satisfying!

50 Ways to Find True Love Seal Press

This shimmering matchbox contains 50 prompts on faux matchsticks for cultivating a more balanced life, from mindfulness practices to self-care activities. The gift of rejuvenation and calm, this is a perfect way to refresh for New Year, New You—or anytime of the year.

MoveOn's *50 Ways to Love Your Country* Chronicle Books  
*50 Ways To Love Your Lover* is my love letter to you. Yes,

you! Whether you are single or in a relationship, this book will improve your love-life. You will discover fifty clear and entertaining principles that will inspire you to have more love, romance and deep fulfillment in your relationship (your current one, or the one you want to attract). Follow and integrate these principles into your heart and you will absolutely transform your love-life. Without these principles, there are no guarantees! *50 Ways to Love Your Lover* is your powerful reference to the mysteries of love and romance, so you can have a relationship that absolutely rocks! Each of these fifty straight forward (although not necessarily easy) and powerful principles that will give you food for thought, inspiration to have what you want, and tangible action steps you can incorporate today. Use this book to have or attract what you want in relationship and romance, whether you are currently single or already in relationship. These principles will change your life, and frankly, at less than 50cents per principle, that's a bargain! SINGLE? Is your heart still broken from your last relationship? Do you wish you were ready to go out and date again, but feel unsure? Do you know what you really want in romance? Are you ready for that dream romance? *50 Ways To Love Your Lover* will aid you discovering keys to embrace your freedom from past paradigms, gaining tools to reveal your authentic self and visible and attractive to your future romance, preparing you for what you want, to assist you in clarifying what that is, and to attract your perfect partner more readily. IN RELATIONSHIP? How is your love-life? Is it rocking and everything you wanted? Is there room for improvement? Are you yearning for something greater and more passionate? Do you wish your partner was more like someone else? *50 Ways To Love Your Lover* will aid you growing even deeper in love with your partner, and you will become an even better partner, treating your partner more authentically and respectfully, and

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together you will create an even greater love, intimacy and passion between

51 Ways To Hustle Your Friends Chronicle Books

"Wickedly fun!" --Romantic Times "Clever writing, a high sensuality factor and an unfettered imagination..."

--Publishers Weekly Jazz can't decide whether to

scorch him with a fireball or jump into bed with him.

Jasmine Tremaine, a witch who can't stay out of

trouble. Nikolai Gregorovich, a drop-dead gorgeous

vampire cop on the trail of a serial killer. The sizzling

love affair between Jazz and Nick has been off-again,

on-again-for about 300 years. Mostly off, lately. But

now Nick needs Jazz's help, and while Jazz and Nick

try to figure out their own hearts and resist their ever-

increasing attraction, they must steer clear of a

maniacal killer with super-supernatural powers. They

are surrounded by a hilarious cast of oddball

paranormal characters, including Irma, the chain-

smoking ghost who haunts Jazz's sports car, Dweezil,

her ghoul of a boss, and Fluff and Puff, a pair of bunny

slippers with sharp teeth and short tempers (watch

your ankles)!

50 Ways to Soothe Yourself Without Food New Harbinger

Publications

With more than 2 million members, MoveOn is at the

cutting edge of a new model for political activism. In their

first-ever book, they take their message offline with

MoveOn's 50 Ways to Love Your Country: How to Find

Your Political Voice and Become a Catalyst for Change, in

an effort to jumpstart an even broader civic dialogue and inspire all to become involved in our political process. With

introductions by Al Gore, Nancy Pelosi, Gail Sheehy, David

Fenton, and the MoveOn staff, MoveOn's 50 Ways to Love

Your Country is a political call-to-action guide that

includes 50 essays from MoveOn members across the

country. Each essay is a compelling personal story with

action items and resources. Simple ideas are illuminated,

such as "Vote, No Matter What," about a dying man's wish

to cast a ballot, as are more dynamic actions, such as

"Start a Petition," which chronicles a couple's quest to

protect endangered wolves in Alaska. For those who feel

powerless or overwhelmed, angry or apathetic — or just

want to do something, but don't know how — MoveOn's 50

Ways to Love Your Country answers the question so many

people are asking, "What can I do?"

This Book Will (Help) Make You Happy Workman Publishing

50 Ways To Change is a collaboration of all my favourite

personal development tips and knowledge that I have

accumulated over the past 30 years. This book is for those

people interested in personal development and want to know

how to get more out of life using the most powerful super

computer on the planet... your mind. This is not just an

informational book, it is a 'how to' guide for improving your life

step by step. The first part of the book gives the reader an

insight into themselves and takes them through some of the

most powerful aspects of awareness and learning that have

proved to be instrumental in my own development and have

helped me overcome many life challenges. The second part of

the book is the practical guide which is full of exercises to put

this all into practice and begin to create whatever it is that you

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want more of.

### Women Harvest House Publishers

If you hate your job and want change, the starting point is with you! Get unstuck, move past boredom, and discover how to flourish at work. This book is for anyone stuck in a rut, burned out, or just plain tired. Has your career plateaued? Do you sometimes dread starting work? Are you bogged down by frustration, tedium, loneliness, or uncertainty? There ' s hope. Find Your Happy at Work, the latest book by acclaimed executive coach Beverly Jones, gives you a road map to quickly create more joy and meaning in your work, even if you don ' t love your job. Yes, aspects of your career are beyond your control. But Jones says you have more power than you realize.

Throughout 50 fast-paced chapters, Find Your Happy at Work offers practical strategies to help you feel more enthusiastic and gratified on the job, whether from in the office or from home. These include: A simple model for creating career engagement that will improve your performance at work and help you develop deeper relationships with others. Techniques for addressing workplace challenges like difficult colleagues, boring tasks, daunting projects, and gloomy environments. Strategies for strengthening your network, building expertise, and laying other groundwork for a resilient career. This book will provide encouragement, inspiration, and useful advice for those who want to be happy in their work, and throughout their lives.

The Doomsday Handbook Corwin Press

- 50 unique cycling trip stories from 70 cyclists that will

inform and inspire - Answers to over 700 questions that relate to bike travel around the world - Beautiful photography combined with practical advice 50 Ways to Cycle the World presents 50 unique cycling adventures gathered from more than 70 cyclists representing 22 nationalities. It is the ultimate visual guide and encyclopaedia to travelling by bicycle, whether you are travelling alone, as a couple, or as a family with small children. Featured here are inspiring stories and advice, accompanied by breathtaking photographs taken all over the world by the many contributors who share their cycling stories.

### Spark Adventure Penguin

Build teams, make better decisions, energize groups, and think out of the box Do you need a resource that you can pull out of your pocket to liven up meetings, trainings, professional development, and teaching? The fifty easily applied techniques in this timely manual spur creativity, stimulate energy, keep groups focused, and increase participation. Whether you're teaching classes, facilitating employee training, leading organizational or community meetings, furthering staff and professional development, guiding town halls, or working with congregations, The Discussion Book is your go-to guide for improving any group process. Each of the concrete techniques and exercises is clearly described with guidance on selection and implementation, as well as advice on which pitfalls to avoid. All of the techniques: Offer new ways to engage people and energize groups Get employees, students, colleagues, constituents, and

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community members to participate more fully in deliberative decision-making Encourage creativity and openness to new perspectives Increase collaboration and build cohesive teams Keep groups focused on important topics and hard-to-address issues Derived from the authors' decades of experience using these exercises with schools, colleges, corporations, the military, social movements, health care organizations, prisons, unions, non-profits, and elsewhere, The Discussion Book will help you guide discussions that matter.

50 Ways to Save the Ocean New World Library

This is the ORIGINAL book about eating cock. All other "cock" books are impostors!" "Adrienne Hew has added to the culinary repertoire with this fun and imaginative cookbook on a forgotten traditional food." -Review from Sally Fallon Morell, President, The Weston A. Price Foundation and author of Nourishing Traditions"How much cock can one eat in a lifetime? Let Adrienne Hew count the Ways! A humorous approach to a subject that we tend to ignore: nutrition! Learn to eat cock and LOVE it! Our listeners ate it up!" -Review from Mark Colavecchio, The Bob and Mark ShowCurious about cock? You're not the only one. Once revered for his virility and strength, the rooster has taken a back seat to the hen in more recent years. With healthy chicken recipes like Risotto Cock Balls and Cock-o's, 50 Ways to Eat Cock is a fun and inventive chicken cookbook that takes a revealing look at the folklore, history, culinary culture and nutritional benefits of this well-endowed ingredient. With tongue-in-cheek descriptions, these playful cock recipes are bulging with everything from the quintessential to the quick-and-easy to the downright quirky.

You'll learn how to tame this tough bird meat into succulent and finger-licking gourmet meals. Thanks to the ingenuity of author and Certified Nutritionist, Adrienne Hew, the noble cock retakes his rightful place at the head of the table. Grab the "hard copy" as the perfect bridal shower gift!\* If you want, you can also make any of these recipes with chicken, but they wouldn't be as fun.

[This Is Not the Life I Ordered](#) Hachette UK

An activity-based exploration of ways to be happier and improve your wellbeing, through thoughtful, inspiring text, fun activities and light-hearted illustrations.

[The Discussion Book](#) Lannoo Publishers

Become Your Own Life Coach An inspirational book of self-care. For over a decade, four women came together for weekly "kitchen table coaching" sessions that they designed to enable them to support each other through life's ups and downs. The power and strength of their collective friendship has enabled them to not only survive but to thrive, and the remarkable results can be found in this collection of lessons, stories, and wisdom. With this book, you can learn how to turn any unfortunate event into a joy-filled opportunity. Overcome adversity, embrace change, and discover your power together. In addition to stories and advice, This Is Not the Life I Ordered will teach you how to put together your own gathering of kitchen-table friends. At the end of each section, you will find tools that you can work with as a group to help each other grow, learn, and thrive. Don't get stuck telling your friends that "everything happens for a reason" over and over again learn how to encourage them effectively and love them well. Show yourself and others

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compassion, kindness, and forgiveness. Part autobiography, part self-help book, and all useful and actionable content, the authors and friends pulled from their experiences supporting one another to help you do the same. If you are struggling with work, family, love, or just life in general, *This Is Not the Life I Ordered* is for you. In this book, you'll find advice and stories that will help you grow to be better than before. Topics include:

- Managing misfortune
- Finding courage
- Understanding money
- Reinventing yourself
- Learning to love your mistakes
- Facing naysayers
- And much more!

Readers of motivational books and personal growth books like *Tell Me More*, *On Being Human*, and *Carry On, Warrior* will be inspired by *This Is Not the Life I Ordered*.

Spark Creativity QED Publishing

A new personalized way to find the perfect job—while staying calm during the process. You are so much more than a resume or job application, but how can you communicate that to your potential employer? You need to learn to ask the right questions, stop using job sites, and start doing the work that actually counts. Based on information gained from over 400,000 individuals who have used these exercises, this book reveals career expert Dev Aujla's tried-and-tested method for job seekers at every stage of their career. Filled with anecdotes and advice from professionals ranging from a wilderness guide to an architect, it includes quick-step exercises that help you avoid the common pitfalls of navigating a modern career. Whether you've just decided to start the hunt or you're gearing up for a big interview, *50 Ways to Get a Job* will keep you poised, on-track, and motivated right up to landing your dream career.

50 Ways to Make Google Love Your Website Lid Pub Incorporated

As the UK witnesses record numbers of people starting a business, accessing the funds to start and grow has become a popular topic. As a small business there are other fund-raising options open to you, from charities to government, social enterprise funds to credit cards, and community lenders. Fifty such options are presented in this eBook with links to find out more on the sources that suit you most. There are case studies of companies who have successfully raised funds, from £5,000 to £57,000. There's expert advice from bodies including the British Bankers' Association, UK Business Angels Association and entrepreneurs such as Jeff Lynn, co-founder of Seedrs.com, and the dynamic Simon Devonshire who is spreading the Wayra word across Europe. You may be looking for funds to promote your business, develop a prototype, or for working capital to tide you over from one order to the next. Whatever the reason and however much the amount, you'll find here a source of funding that provides a perfect match.

50 Ways to Draw Your Beautiful, Ordinary Life Chronicle Books

50 Ways to Get a Job Penguin

Love After 50 Simon and Schuster

Fifty fun & buzz-worthy ways to "bee" a local hero! Did

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you know that honey bees pollinate a third of the food we eat, but that a third of them are dying off each year? You have the power to keep them buzzing for years to come, and it couldn't be easier! Enhance your own life with steps as simple as gardening the right crops, or shopping local! Make a difference in your community, and the world, with these creative and inspiring ideas, such as: \*Making your own beeswax lip balm \*Planting the right flowers, fruits, and vegetables every season \*Keeping your own beehive \*Building the right buzz on social media \*Creating a "bee bath" for bee-friendly lounging \*Letting those weeds grow Help your favorite pollinator with 50 Ways to Save the Honey Bees!

### 50 Ways to Celebrate Life After 50 Random House Books for Young Readers

Your students are already accessing YouTube, so why not meet them where they are as consumers of information? By using the tools they choose, you can maximize their understanding in ways that matter. 50 Ways to Use YouTube in the Classroom is an accessible guide that will improve your teaching, your students' learning, and your classroom culture.