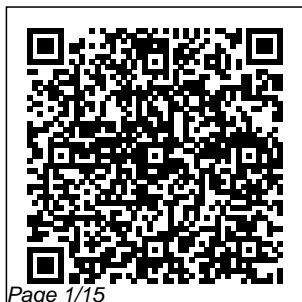

A Confident Heart How To Stop Doubting Yourself Amp Live In The Security Of Gods Promises Renee Swope

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Attached Crossway
Empower children
to recognize their
individual worth and
develop confidence

in themselves, their abilities, and the choices they make. Children learn that they can speak up, expect and show respect, try new things, and believe in themselves. Confidence-building skills of accepting yourself, asking for what you need, making decisions, solving problems, and communicating are also discussed. Young children will respond to the true-to-life situations and colorful illustrations. *Being the Best Me Series: From the author of the popular Learning to Get Along®* books come the first two books in this one-of-a-kind character-development series.

Each book focuses on specific attitude or character traits—such as optimism, courage, resilience, imagination, personal power, decision-making, and work ethics. Also included are discussion questions, games, activities, and additional information adults can use to reinforce the concepts children are learning. Filled with diversity, these read-aloud books will be welcome in school, home, and childcare settings. *Idols of the Heart* Lioncrest Publishing Let go of the guilt, shake off the shame, and fend off your fears. God made you to stand

strong in any situation, and bestselling author Alli Worthington will show you how. We live in a culture that constantly tells you who you should be as a modern woman. You're told that you aren't enough and that you don't have what it takes to chase your dreams. But it doesn't have to be that way. For the woman who longs to break free from what holds her back, *Standing Strong* offers a no-nonsense, guilt-free guide to take back your life from self-doubt. In *Standing Strong*, Alli comes alongside you as you: Eliminate, once and for all, the lies that keep you from being who God made you to be

Become an unbreakable woman who finds her strength from God for any adversity Gain strategies for tackling the obstacles of self-doubt, fear, and insecurity Find the confidence to say yes and amen to God's call on your life You can't break a woman who draws her strength from God. You're stronger than you think, and you're worth more than you could ever imagine. Let this book help you cement these realities in your life. Praise for Standing Strong: "The path to fulfilling our God-given purpose is filled with numerous twists, turns, and challenges. In Standing Strong,

Alli shows us how to press through our fears, doubts, and self-imposed limitations in order to embark on the exhilarating faith-filled adventure we are each destined to live. This book is full of wisdom, grace, and honesty. I loved it and know you will too."
--Christine Caine, Founder of A21 and Propel Women "If your life has been plagued by self-doubt, by feelings of never being enough, Alli has given us a road map to saying yes to who God says we are." --Sheila Walsh, Author of Praying Women and Praying Girls
A Confident Heart Thomas Nelson

Confidence - it's not about self. It's not about your performance. It's not about what others think. It's all about your identity in Christ and learning to live from that firm foundation. Do you feel frustrated by failure? Do you doubt whether you're capable enough, brave enough, or strong enough to handle the difficulties of life? Confident Christian living IS possible! Through this 30-day devotional, you'll discover the freedom in:
*Overcoming the superwoman

myth* Having
courage to face a
giant* Avoiding the
danger of greener
grass* Embracing a
work-in-progress
mindset Choose
today to ignite the
confidence
befitting a
cherished daughter
of the King!

Show Up

Confident

Scholastic
Professional
Barrel racers
put a lot of
effort and
expense into
improving
their skills
and developing
their horses.
But even when
they seem to
be doing
everything
right, it's
not uncommon
to

continuously
miss the mark
in competition.
The problem
often lies in
inconsistencies
or weaknesses
in the rider's
inner game -
the aspects of
competition
that aren't
always easy to
see, but have
perhaps an even
greater impact
on our end
results.
Finally, a
resource has
been created to
assist barrel
racers on the
path to truly
becoming more
confident from
the inside out.
The Confident
Barrel Racer
covers eight
key areas and
concludes with
two special

bonus sections.
Challenges of
Competition -
Develop
awareness that
prevents you
from falling
victim to the
dangers that
exist in the
competition
environment.
Fierce Love -
Get off the
endless roller
coaster of
emotions to
develop a
steady,
unwavering
level of
confidence
regardless of
your
circumstances
or results.
Self & Source -
An introduction
to two key
relationships,
that when
developed and
nurtured, will

turn your life around. Four Steps to Confidence - A step-by-step guide to creating confidence, by helping you to first master change in the moment, then offering support all the way through integration. Be Here Now - Today is a gift, that is why we call it the present. Learn how to be in the moment, the perfect mental space to be in a run, where self-doubt cannot exist. Practices - Being a winner in the arena means

developing winning habits in all aspects of life. Develop practices in three areas to optimize your confidence. Tips for Competition - Specific action steps for overcoming nerves, getting into the perfect mindset, and creating laser-like focus to perform your best. Confidence Smashers - Have past experiences, horses, or people damaged your confidence? Get tips for overcoming past and present

challenges. The Confident Horse - There's more to developing a confident horse than just being a confident rider. Learn how to build your equine partner's confidence. Additional Resources - Recommend books, programs and more for further personal development and confidence building. *Claim Your Crown* Zondervan "Bestselling author and popular national conference speaker shows you how to find your confidence as a mom by digging deep into Scripture, revealing a heart-centered, character-

focused parenting approach that will change your focus as a mom and a woman of God"--

Being Confident of

This Assistants Lead

The radio host and speaker with

Proverbs 31 shows women how to develop a confident heart and overcome insecurity and fears.

The Christian

Homemaker's Handbook

Candlewick Press

In this revised and expanded edition based on her #1 New York Times

bestseller The

Confident Woman,

Joyce Meyer taps into concerns and issues that many women commonly

experience -- lack of confidence, poor self-image, dysfunctional relationships -- and provides

encouragement and practical wisdom to help resolve problems in those areas of life.

God has created you to be confident, bold, and free -- free to be yourself, free from the need to compare yourself to others, and free to step into His

destiny for your life. In today's busy, fast-paced world, it's easy to forget the need to slow down and live in the present, while holding on to personal "baggage" that's

keeping you from being the woman God created you to be. But this powerful daily devotional, revised and expanded with new insights, inspirational quotes, and practical action items, will help you on your journey toward a confident life filled with love, laughter, and God's

acceptance, one day at time.

Fearless Women of the Bible

HarperChristian Resources

Many Christians

struggle with the concept of walking by faith, especially in a world that says faith is all about taking risks--leaping into uncharted territory and

expecting everything to be okay. In *Despite Doubt*, Michael E.

Wittmer reexamines this popular viewpoint and

encourages readers to get a clear understanding of their assurance in God and salvation.

Readers will examine the flip side of doubt that opens the door to questions, answers, and knowledge about securing their trust in God. Helping readers

to discover how to embrace a confident faith, Despite Doubt includes questions for reflection and discussion and is a perfect resource for small group study.

A Confident Mom
FaithWords

Learn how to lead like Jesus, whether in the home, the church, the community, or the marketplace; moving not only from success to significance but taking a step beyond significance --surrender.

Despite Doubt

Revell

In this playful, get-up-and-move story, our friend Heart is searching for love. With the help of seven peace-making animal friends,

Heart goes on a treasure hunt looking for love. In the end, we discover where love truly lives, and the answer might just surprise you!

This Book Will Make You Confident

Christian Concepts
How to Live in Bold Confidence
Have you ever needed confidence in a specific circumstance and couldn't think of an example of anyone who had "been there, overcome that"?

Author and speaker Lynn Cowell took every form of insecurity we experience as women and asked God to reveal how we should respond. The result is this in-depth, six-week Bible study spanning obscure and recognizable women

in Scripture who demonstrate unshakable confidence no matter their circumstances. This six-week study will help you to: Stand with resolve when your confidence faces adversity—Women of Exodus Step out in your own defense when your confidence is challenged— The Daughters of Z Remain faithful when your confidence in God is elusive—Rahab Focus on what is true when your confidence in relationships is questioned— Abigail & Michal Trust when your confidence is in doubt—Martha & Mary Includes biblical and historical background insights, practical application, and a memory verse for each chapter. This study may be

completed individually and swiftly draw or with a small group. *Love's Treasure Hunt* Free Spirit Publishing "Generous and entertaining." -Publishers Weekly (starred review) Finalist for the PEN/Diamonstein-Spielvogel Award for the Art of the Essay From the #1 New York Times bestselling author and columnist comes a "fiercely funny, powerfully smart, and remarkably brave" (Cheryl Strayed) collection of heartwarming personal essays "as wonderful as her fiction" (Mindy Kaling) that "will enthusiastically reach out to readers

them close" (Publishers Weekly, starred review). Jennifer Weiner is many things: a bestselling author, a Twitter phenomenon, and an "unlikely feminist enforcer" (The New Yorker). She's also a mom, a daughter, and a sister, a clumsy yogini, and a reality-TV devotee. In this "unflinching look at her own experiences" (Entertainment Weekly), Jennifer fashions tales of modern-day womanhood as uproariously funny and moving as the best of Nora Ephron and Tina Fey. No subject is off-limits in these intimate and

honest essays: sex, weight, envy, money, her mother's coming out of the closet, her estranged father's death. From lonely adolescence to hearing her six-year-old daughter say the F word-fat-for the first time, Jen dives into the heart of female experience, with the wit and candor that have endeared her to fans all over the world.

Confident in Christ National Geographic Books Assistant, you are a leader. As an assistant, you constantly face obstacles that hold you back from accomplishing your career goals.

Whether it's a job change, shifting deadlines, a micromanaging executive, a toxic co-worker, a high-pressure project, or an intense negotiation with a vendor, the administrative profession is not for the faint of heart. If you're looking to maintain the status quo and be "just an assistant," this book is not for you. But, if you want the confidence and ability to conquer the challenges that most try to avoid, then you're in the right place. The Leader Assistant

outlines four pillars—embody the characteristics, employ the tactics, engage in relationships, and exercise self-care—that will help you rediscover your passion for the profession and become a confident, future-proof, game-changing Leader Assistant. If you neglect even one pillar, you'll head for burnout, stagnation, and anonymity. You are meant for so much more. Are you ready to be the Leader Assistant the world needs? **Standing Strong** Revell

How can you live as a confident woman of faith? Strong, a 90-day devotional by New York Times bestselling author Lisa Bevere, will inspire you to strengthen your relationship with God as you go deeper in your study of the Bible. A beloved Bible study teacher, Lisa invites you to find your strength, not from trying harder or doing more but through a deep and devoted relationship with God and from knowing and following Him. Each of the 90 devotions featured

in Strong includes Scripture reflections, and biblical teaching from Lisa, a prayer, and an anthem of strength. Devotional topics include: Relational healing Contentment Redeeming regret The strength of rest How to be both powerful and gentle With its gorgeous two-color design, Strong is a beautiful gift for your sisters, friends, prayer partners, mothers, or any woman who loves God. Lisa's heartfelt and straightforward approach, in

addition to her biblical knowledge mixed with personal insight, makes this a wonderful devotional experience to become the strong woman you long to be. Look for additional inspirational resources from Lisa: *Be Angry, But Don't Blow It Kissed the Girls and Made Them Cry* **In Search of a Confident Faith** Hachette UK INSTANT #1 NEW YORK TIMES BESTSELLER An Instant Wall Street Journal, USA Today, and Indie Bestseller “This

book is for any parent who has ever struggled under the substantial weight of caregiving—which is to say, all of us. Good Inside is not only a wise and practical guide to raising resilient, emotionally healthy kids, it's also a supportive resource for overwhelmed parents who need more compassion and less stress. Dr. Becky is the smart, thoughtful, in-the-trenches parenting expert we've been waiting for!”—Eve Rodsky, New York Times bestselling author of *Fair Play* and *Find Your Unicorn Space* Dr. Becky Kennedy, wildly popular parenting expert and

creator of @drbecky them. Parents have
atgoodinside, shares long been sold a
her groundbreaking model of
approach to raising childrearing that
kids and offers simply doesn't
practical strategies work. From reward
for parenting in a charts to time outs,
way that feels good. many popular
Over the past parenting
several years, Dr. approaches are
Becky based on shaping
Kennedy—known to behavior, not raising
her followers as humans. These
“Dr. Becky”—has techniques don't
been sparking a build the skills kids
parenting need for life, or
revolution. Millions account for their
of parents, tired of complex emotional
following advice needs. Add to that
that either doesn't parents'
work or simply complicated
doesn't feel good, relationships with
have embraced Dr. their own
Becky's upbringings, and
empowering and it's easy to see why
effective approach, a so many caretakers
model that feel lost, burned out,
prioritizes and worried they're
connecting with our failing their kids. In
kids over correcting Good Inside, Dr.

Becky shares her
parenting
philosophy,
complete with
actionable
strategies, that will
help parents move
from uncertainty
and self-blame to
confidence and
sturdy leadership.
Offering perspective-
shifting parenting
principles and
troubleshooting for
specific
scenarios—including
sibling rivalry,
separation anxiety,
tantrums, and
more—Good Inside
is a comprehensive
resource for a
generation of
parents looking for a
new way to raise
their kids while still
setting them up for a
lifetime of self-
regulation,

confidence, and resilience. *A Confident Heart Devotional* Simon and Schuster 100 courage-building moments to help girls 8-12 explore who they are, easing their fears and anxiety, while inspiring them to strive towards the woman they want to be through this exciting yet confusing season of change. From Proverbs 31 Ministries speaker and blogger, Lynn Cowell, comes Faithgirlz' Brave Beauty: Finding the Fearless You. These 100 motivating moments guide tween girls to reflect on Scripture and find confidence in God, rather than in someone, some place, or some thing, as pop

culture is already telling them. Throughout these pages—formatted as theme-based mini chapters that can be read once a day, once a week, or at the reader's own pace—Lynn prepares tween girls to: Overcome confidence-defeating thoughts and stand on who Jesus says she is. Build a strong foundation to face the fickle, sometimes hurtful opinions of others. Find approval of herself even when she lacks the acceptance of others. Walk confidently through the exciting, yet scary world of growing up by turning to Christ step by step. Featuring a gorgeous, foil decorated hardcover and beautifully formatted pages modeled after

the well-known and loved Faithgirlz brand of books, Lynn's relatable, conversational tone makes it easy for girls to feel like they're in a safe place spending time with a close friend. **Strong** Independently Published What keeps women from being their best? Joyce has been helping women better themselves by helping identify emotional barriers and physical, mental, and spiritual obstacles in their lives for years. Now she provides another answer—confidence. Our society has an insecurity epidemic, women in

particular. Compensating by pretending to be secure-a common response-only leads to feelings of shame. Lack of self-confidence causes great difficulty in relationships of all kinds, and in marriage instances can even lead to divorce. In THE CONFIDENT WOMAN, Joyce explores the seven characteristics of a woman with confidence, which include a woman who knows she is loved, who refuses to live in fear, and who does not live by comparisons. Joyce explains that confidence stems from being positive in your actions and

living honestly, but most importantly from having faith, in God and in ourselves. *Brave Beauty* HarperChristian + ORM Coach, cheerleader, confidant, chef and chauffeur -- the job description of a mom is as broad as the horizon. Perhaps this is why so many mothers deal with insecurity and uncertainty as they do their best to raise their children in a challenging and ever-changing world. If you've ever gone to bed disappointed with yourself, if you've ever felt like you weren't measuring up, or if you've ever wished there was a

manual for motherhood, #1 New York Times bestselling author Joyce Meyer has just the book for you. In *The Confident Mom* you will be encouraged that you are not alone -- God is with you and He wants to help you with the challenges you face each day. Through inspiring stories, Biblical principles and Joyce's own valuable life lessons, there is no doubt you will discover the path to a new confidence and joy in motherhood. No matter your age, the size of your family, or the circumstances you find yourself in, *The Confident Mom*

will help you become the joyful, confident mother God created you to be!

Hope for the Hurting Wife Baker Books

Built on the hope-infusing truths found in the 2012 Retailer's Choice Winner, *A Confident Heart*, Renee Swope's new 60-day devotional takes women on a journey toward lasting confidence. Swope has expanded her popular "When I say--God says" statements and Scriptures, and offers women a daily thought-map to help them exchange their most common and crippling self-doubts with God's transforming truths. Like having a conversation with a friend and mentor,

Renee's authentic style and soul-stirring devotions include personal stories, powerful biblical teaching, and real-life application wrapped around one of God's promises each day to help readers: •live confidently in their God-given roles, relationships and responsibilities •break free from people-pleasing and performance-based living •believe God's promises and apply his truth in their daily lives •trust the certainty of God's truth over their circumstances and emotions

Praise for *A Confident Heart*: "I'm so excited about Renee's book. She's walked this journey and gives us the gift of truths she's discovered that will sweep away self-

doubt and usher in the godly confidence we've been longing for our whole lives!"--Lysa TerKeurst, New York Times bestselling author and president of Proverbs 31 Ministries "You'll never be the same after you read this book!"--Sheri Rose Shepherd, bestselling author of *His Princess* and *His Princess Bride* "I felt like *A Confident Heart* was written specifically for me. Renee's depth, wisdom, and willingness to be real while sharing the real of Jesus blessed me beyond measure!"--Abby Rike, *Biggest Loser*, Season 8; author of *Working It Out* "A *Confident Heart* is a captivating, story-driven book that provides real solutions

to the real doubts and fears we all face."--Jennifer Rothschild, author of *Me, Myself & Lies*
Hungry Heart
Hachette UK
Young women are deeply dissatisfied with society's standards (and double standards). They want more for themselves--but sometimes they don't quite know what that more should be. That's where Miss Black New Jersey 2018 and Teen Vogue "It Girl" turned fashion writer Tarah-Lynn Saint-Elie comes in. Through her insightful comments on media, pop culture, and pervading cultural myths

about beauty, fashion, and womanhood, Tarah-Lynn dismantles the messages that feed into the insecurities, fears, doubts, and guilt that young women experience today. She introduces them to an understanding of God as a loving Father and the King of all kings, who bestows upon his daughters a crown of love, worth, and power. And she shows them how to not only claim the promises of God but also walk purposefully in them as independent women (no prince necessary!) who respond to adversity with righteousness and authority.