

## A Midwives Story Penny Armstrong

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[The Oxytocin Factor](#) Pinter & Martin Publishers

For many years there has been growing concern about the culture of fear that is penetrating maternity services throughout the world, and that the fear felt by maternity care workers is directly and indirectly being transferred to the women and families they serve. The consequences of fear include increased risk of defensive practice, where the childbearing woman and her family become potential enemies to those providing her care. In addition, the prevailing risk management and 'tick box' culture in maternity services encourages maternity workers to give priority to the records instead of the woman. These factors contribute to the dissatisfaction felt by those using and providing maternity services. There is however increasing evidence that kindness, compassion and mutual respect improve efficiency, effectiveness, experience and staff morale within healthcare settings. The Roar Behind the Silence provides information, inspiration and practical suggestions to support maternity care workers, policy makers, and maternity care funders across the world in their quest to deliver sensitive, compassionate and high quality maternity services. The book highlights examples of good practice, and offers practical tools for making change happen, using evidence and stories where appropriate.

Midwives Story Da Capo Press

On a dark night in 1775, Lizzie Boylston is awakened by the sound of cannons. From a hill south of Boston, she watches as fires burn in Charlestown, in a battle that she soon discovers has claimed her husband's life. Alone in a new town, Lizzie grieves privately but takes comfort in her deepening friendship with Abigail Adams. Soon, word spreads of Lizzie's extraordinary midwifery and healing skills, and she begins to channel her grief into caring for those who need her. But when two traveling patriots are poisoned, Lizzie finds herself with far more complicated matters on her hands—she suspects a political plot intended to harm Abigail and her family. Determined to uncover the truth, Lizzie becomes entangled in a conspiracy that could not only destroy her livelihood—and her chance at finding love again—but also lead to the downfall of a new nation.

Hiding Places Macmillan

The most-popular midwifery textbook in the world! The sixteenth edition of this seminal textbook, Myles Textbook for Midwives, has been extensively revised and restructured to ensure that it reflects current midwifery practice, with an increased focus on topics that are fundamental to midwifery practice today. Well illustrated to assist visual learning Boxes highlighting significant information to aid study Introduction, Aims of the chapter and Conclusion for each chapter References, Further Reading and Useful websites to promote further learning Glossary of terms and acronyms provide simple definition of more complex terminologies Additional online resources Over 500 multiple-choice questions enable students to test their knowledge Unlabelled illustrations help reinforce learning Full image bank of illustrations to make study more visual and assist with projects. Up-to-date guidance on professional regulation, midwifery supervision, legal and ethical issues, risk management and clinical governance Recognises that midwives increasingly care for women with complex health needs, in a multicultural society Increases confidence in empowering women to make appropriate choices Looks at the dilemmas involved in caring for women with a raised body mass index Chapter on optimising care of the perineum for women with perineal trauma, including those who have experienced female genital mutilation Additional coverage of basic neonatal resuscitation, to reflect the trend for midwives to carry out the neonatal physiological examination Streamlined chapters with similar themes and content, to facilitate learning Full colour illustrations now used throughout the book, in response to student feedback.

[Transformed by Birth](#) Kensington Books

A former nurse chronicles her journey into midwifery, from her dissatisfaction with formulaic delivery room procedures in the 1960s to her eventual career as a "baby catcher," and chronicles her

diverse birth experiences, the women she has encountered along the way, and role of midwifery in the United States. Reprint.

[Baby Catcher](#) Penguin

Explains the operations of midwifery—the training, the birth process, the antagonism between midwives and the medical establishment, the history and customs of the Amish, and the fluctuating balance between nature and science

[Gates of Fire](#) Simon and Schuster

In recent years there have been exciting scientific discoveries about a powerful hormone whose role in the human body has long been neglected. Oxytocin is the hormone involved in bonding, sex, childbirth, and breast-feeding, as well as in relaxation and feelings of calm. It is the mirror image of the stress hormone (adrenaline), which triggers the "fight or flight" systems in the body. Much has been written about the latter but the many-sided importance of oxytocin is currently known only to specialists in obstetrics, physiology, and psychiatry. The Oxytocin Factor, by Dr. Kerstin Uvnäs-Moberg, is the first book on the subject for a general audience. The new research findings, as well as the potentially beneficial applications of this hormone in reducing anxiety states, stress, addictions, and problems of childbirth, are not only fascinating but of great significance to all our lives.

[A Wise Birth](#) William Morrow

Ina May Gaskin asserts that the way in which women become mothers is a women's rights issue, and it is perhaps the act that most powerfully exhibits what it is to be instinctually human. Birth Matters is a spirited manifesta showing us how to trust women, value birth, and reconcile modern life with a process as old as our species.

[Why Not Me?](#) Sounds True

When the suspected murderer they are investigating is killed and Pamela's ward is wrongfully accused of the murder, private investigators Pamela Thompson and Harry Miller must find the real killer to save an innocent girl.

[Diary of a Midwife](#) HarperCollins

The Harrison lodge is full of hiding places where young Kate can discover all the secrets no one wants her to know. Eleven-year-old Kate keeps her knowledge to herself—one sister's stash of marijuana, the other's petty cash pilfering, her grandfather's contraband candy bars. She protects her mother and Gran, too, screening out critical comments from the hotel suggestions box. But suddenly the stakes are raised; her grandfather's best friend is murdered the day after Kate heard the two men arguing. At the same time, far from the quiet mountain resort, a homeless man sees a robbery gone wrong . . . a gang member seeks revenge for the death of his son . . . and a boy chooses the worst time to wield spray paint on a store window. In a strange and spiraling sequence of events, their disparate worlds collide at Harrison Lodge. Kate offers shelter to one of them, unaware of the terrible consequences to the family she loves. But people can hide in all kinds of ways, sometimes even in plain sight . . . and some secrets are just waiting to be exposed.

[A Midwife in Amish Country](#) Pinter & Martin

A rural Kentucky teenager comes of age in the summer of 1969 in this novel by the New York Times—bestselling author of *The Book Woman of Troublesome Creek*. Nameless, Kentucky, in 1969 is a hardscrabble community where jobs are few and poverty is a simple fact—just like the hot Appalachian breeze or the pests that can destroy a tobacco field. RubyLyn Bishop is luckier than some. Her God-fearing uncle, Gunnar, has a short fuse and high expectations, but he's given her a good home ever since she was orphaned at the age of five. Yet now a month shy of her sixteenth birthday, RubyLyn itches for more. Maybe it's something to do with the paper fortunetellers RubyLyn has been making for townsfolk, each covered with beautifully wrought, prophetic drawings. Or perhaps it's because of Rainey Ford, her black neighbor who works alongside her in the tobacco field and with whom she has a kinship—despite the disapproval of others. RubyLyn's predictions are just wishful thinking, not magic at all, but through them she's imagining life as it could be, away from the prejudice and hardship that ripple through Nameless... "A voice rich and authentic, steeped in the somber beauty that defines life in the South."—David Joy, author of *When These Mountains Burn* "Richardson's brilliant writing made me feel as though I were transported back in time...and actually there witnessing this poignant heartfelt story."—Charles Belfoure, *New York Times*—bestselling author of *The Fallen Architect* "A reader always recognizes when the author has poured her soul into a body of work. [This] is a tender, beautifully written second novel."—Ann Hite, author of the *Black Mountain* series

[A Wise Birth](#) Book Publishing Company (TN)

One of the most beloved novels of all time, Colleen McCullough's magnificent saga of dreams, struggles, dark passions, and forbidden love in the Australian outback has enthralled readers the world over. *The Thorn Birds* is a chronicle of three generations of Clearys—an indomitable clan of ranchers carving lives from a beautiful, hard land while contending with the bitterness, frailty, and secrets that penetrate their family. It is a poignant love story, a powerful epic of struggle and sacrifice, a celebration of individuality and spirit. Most of all, it is the story of the Clearys' only daughter, Meggie, and the haunted priest, Father Ralph de Bricassart—and the intense joining of two hearts and souls over a lifetime, a relationship that dangerously oversteps sacred boundaries of ethics and dogma.

[The Last Cherry Blossom](#) Praeger

WINNER OF THE PULITZER PRIZE Drawing on the diaries of one woman in eighteenth-century Maine, this intimate history illuminates the medical practices, household economies, religious rivalries, and sexual mores of the New England frontier. Between 1785 and 1812 a midwife and healer named Martha Ballard kept a diary that recorded her arduous work (in 27 years she attended 816 births) as well as her domestic life in Hallowell, Maine. On the basis of that diary, Laurel Thatcher Ulrich gives us an intimate and densely imagined portrait, not only of the industrious and reticent Martha Ballard but of her society. At once lively and impeccably scholarly, *A Midwife's Tale* is a triumph of history on a human scale.

[A Midwife's Tale](#) Pinter & Martin Ltd

What is the ideal way to give birth to your baby? Is it a high-tech delivery, with drugs, and monitors, and surgery? Or is it more naturally, with a midwife and/or birth center? Is it possible today to combine the best of twentieth-century medicine with the human advantages of a natural childbirth? Penny Armstrong and Sheryl Feldman, authors of the acclaimed *A Midwife's Story*, explore the issues that influence the way women give birth: technology, psychology, culture, medications, history, and women's relationships with their mothers. They demonstrate, in a warm and convincing fashion, that.

[A Midwife's Story Penny Armstrong & Sheryl Feldman](#) Kensington Books

A 2008 Indie Next Pick Despite nurse-midwife Patsy Harman's own financial and personal medical trials, including her private battle with uterine cancer, she devotes herself to her patients' well-being in all aspects of their lives. They, in turn, tell her intimate stories both heartbreaking and uplifting.

[The Midwife of Hope River](#) Random House Books for Young Readers

A warm, exciting and powerful book, written in vivid language, that brings to life the drama of childbirth, records how obstetricians have desexed it and succeeded in alienating us from our bodies. -- Sheila Kitzinger, author of *The Complete Book Of Pregnancy And Childbirth*.

Vintage

Amity Reed became a midwife to serve women, but the reality of working in over-stretched and underfunded NHS maternity services soon shattered her illusions. She's not alone - for every 30 midwives that train, 29 will leave the profession. Overdue is both the devastating personal story behind the statistics, and a call for change in the NHS. Real-life stories capture the moments at the heart of midwifery: life, death, birth, tragedy and joy, and are embedded in a clear-sighted examination of what is working and what isn't in maternity services. The result is a book that asks - and tries to answer - questions that are at the heart of many people's working lives: how can we follow our calling, provide for our families and keep ourselves healthy, if the workplace and its systems are working against us?

[Birth Shock](#) Harper Collins

A moving, fascinating memoir of Penny Armstrong's years as midwife to an Amish community in rural Pennsylvania."

[A Midwife's Story](#) Simon and Schuster

Following the seventieth anniversary of the atomic bombing of Hiroshima, this is a new, very personal story to join Sadako and the Thousand Paper Cranes. Yuriko was happy growing up in Hiroshima when it was just her and Papa. But her aunt Kimiko and her cousin Genji are living with them now, and the family is only getting bigger with talk of a double marriage! And while things are changing at home, the

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world beyond their doors is even more unpredictable. World War II is coming to an end, and since the Japanese newspapers don't report lost battles, the Japanese people are not entirely certain of where Japan stands. Yuriko is used to the sirens and the air-raid drills, but things start to feel more real when the neighbors who have left to fight stop coming home. When the bombs hit Hiroshima, it's through Yuriko's twelve-year-old eyes that we witness the devastation and horror. This is a story that offers young readers insight into how children lived during the war, while also introducing them to Japanese culture. Based loosely on author Kathleen Burkinshaw's mother's firsthand experience surviving the atomic bombing of Hiroshima, *The Last Cherry Blossom* hopes to warn readers of the immense damage nuclear war can bring, while reminding them that the "enemy" in any war is often not so different from ourselves.

*Myles' Textbook for Midwives E-Book* Pinter & Martin Publishers

*Embracing Greatness: A Guide for Living the Life You Love* takes the lid off previously held beliefs you have about yourself and the world around you. In this book, you'll learn how to shine a conscious light of inquiry and understanding on those beliefs. The process revealed in *Embracing Greatness* helps you uncover the special contributions you're meant to make in the world and action steps toward them. Get ready to transform your life - your relationships; your physical, emotional, and spiritual health; your financial freedom; your joy in life; your business and creative expression; and the ability to do what you want, when you want, where you want, and with whom you want. Find out more at [www.EmbracingGreatness.com](http://www.EmbracingGreatness.com). Even before its publication, here's what people who received advance copies said about *Embracing Greatness: A Guide for Living the Life You Love*. "Sophia Falke has nailed it! In her own inimitable way Sophia helps you discover the beauty and purpose in your uniqueness ... Please read this book!" Mike Rayburn, CSP, CPAE, Hall of Fame Keynote Artist. "If you're ready to live the life you would love, ... You will forever thank yourself for reading and applying this wonderful book." Mary Morrissey, International Speaker, Best-Selling Author, CEO Consultant. "Embracing Greatness is for anyone who wants to discover and cast aside long-held barriers to personal success." Kathleen Quinlan, MSW, LCSW, Author/Producer of *The Land of Love*. "As a business owner who left corporate life to start my own business, I was inspired by Sophia's message..." Deborah Armstrong, Small Business Owner. "Embracing Greatness is like taking a walk on a warm spring day with a much respected mentor while getting the pep-talk of a lifetime. Filled with inspiration, doable exercises, and heartwarming stories of real people making tremendous positive changes, this personal-growth handbook is a true gem!" Cate Montana, MA, Author of *The E Word: Ego, Enlightenment & Other Essentials*.

**A Passion for Birth** John Blake

"Carefully researched and lovingly written, Rinaldi's latest presents a girl indentured to John and Abigail Adams during the tense period surrounding the 1770 Massacre. . . . Fortuitously timed, a novel that illuminates a moment from our past that has strong parallels to recent events. Bibliography."—Kirkus Reviews