

Addiction And Grace Love Spirituality In The Healing Of Addictions Gerald G May

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Care of Mind/Care of Spirit Stl Distribution North Amer
What happens when being radical for God brings you to the edge of disaster?When Kay Bruner and her husband, Andy, took their young family to live on an island in the South Pacific, she found the purposeful, adventurous life she'd hoped for—along with isolated living, dangerous sea travel, tropical illnesses, and a floundering marriage. As they worked on a Bible translation project with a local language group, Kay sank into burnout and depression while Andy medicated his stress with a pornography addiction. Bringing life back from the brink required a radical reinvention of life, from a ministry and marriage built on high performance and spiritual heroism, to a nourishing daily walk of grace, freedom, and intimate connection.This is a story about going to extremes for spiritual acceptability and failing dismally, only to find that love and grace transcend failure. For anyone who's ever asked, “ When will I be good enough for love?” This book resoundingly answers: “ Right now. You are loved, right this minute, in this mess. ” While few of us will live on a tiny island in the South Pacific, many of us will find hope and healing in this story of a painful fall into the arms of love.

Addiction and Grace WestBow Press
Winner of the 2020 Canadian Counselling and Psychotherapy Association (CCPA) Counselling Book Award Enlightening and practical, Addictions Counseling Today invites students into the heart of addictive thinking, offering first-person accounts of what it is like to experience different addictions. The text covers the range of addictions from alcohol, drug abuse, and nicotine to various process addictions, including sex, internet, gaming, social media, and gambling. Also included are the various theories and models of addiction, with a unique chapter on the neuroscience of addiction. Focusing on the new DSM-V classifications for addiction with an emphasis on CACREP and treatment, this provocative, contemporary text is an essential reference for both students and practitioners wanting to gain a deeper understanding of those with addiction. Online Resources Free PowerPoint® slides with video for instructors are available with this text.

Holy Hunger Ave Maria Press
"Integrating the wisdom of ancient mystics and the insights of contemporary thinkers, May examines the spiritual longings that are often hidden and controlled by society's pressures and expectations. "—Publishers Weekly
Addiction and God Harper Collins
Now in paperback: a distinguished psychiatrist, spiritual counsellor and bestselling author shows how the dark sides of the spiritual life are a vital ingredient in deep, authentic, healthy spirituality. Gerald G. May, MD, one of the great spiritual teachers and writers of our time, argues that the dark 'shadow' side of the true spiritual life has been trivialised and neglected to our serious detriment. Superficial and naively upbeat spirituality does not heal and enrich the soul. Nor does the other tendency to relegate deep spiritual growth to only mystics and saints. Only the honest, sometimes difficult encounters with what Christian spirituality has called and described in helpful detail as 'the dark night of the soul' can lead to true spiritual wholeness. May emphasises that the dark night is not necessarily a time of suffering and near despair, but a time of deep transition, a search for new orientation when things are clouded and full of mystery. The dark gives depth, dimension and fullness to the spiritual life.

Sober Mercies Crossroad Publishing
When we mistake spiritual disciplines for to-dos, time slots on our schedule, or Instagram-able moments, we miss the benefits of Christ's continual and constant work for us. In *Ragged*, Gretchen Ronnevik aims to reclaim spiritual disciplines as good gifts given by our good Father instead of heavy burdens of performance carried by the Christian. Only when we recognize our failures to maintain God's commands do we also realize the benefit of our dependence on his promises. Gretchen uses this distinction on law and gospel, presented throughout Scripture, to guide readers through spiritual disciplines including prayer, meditation, Scripture reading, and discipleship among others. Despite our best efforts, the

good news is that spiritual disciplines have less to do with what we bring before God and more about who Christ is for us, not only as the author but also as the perfecter of our faith.

Climbing the Spiritual Mountain Harper Collins
The modern world is full of temptations that can lead people not only into unhappy lives but also into the throes of addiction. Navigating the world alone is not an easy task for any of us. Why not let *The Freedom to Love* be a most valued companion in overcoming an addiction to a sinful life? By living your life guided by true Christian morality and spiritual principles, you can break free from temptations and have the courage to experience real love. Why study the 12 Step recovery from a Christian context? Addicts and codependents are unable to choose real love without being grounded in solid moral values. Christianity offers a purposeful commitment to a way of life that heals human wounds and rectifies the effects of sin. It promotes character, growing in the measure that the person depends on truth and grace. Devote yourself to the study and development of Christ's love and you will find the strength to break free from addiction, codependency and sinful behaviors that preclude love.

Same Dress, Different Day Lennex
Winner of a 2018 Catholic Press Association Award: Sacraments. (Second Place). In the first book to directly integrate the Twelve Steps with the practice of Catholicism, Scott Weeman, founder and director of Catholic in Recovery, pairs his personal story with compassionate straight talk to show Catholics how to bridge the commonly felt gap between the Higher Power of twelve-step programs and the merciful God that he rediscovered in the heart of the sacraments. Weeman entered sobriety from alcohol and drugs on October 10, 2011, and he's made it his full-time ministry to help others who struggle with various types of addiction to find spiritual wholeness through Catholic in Recovery, an organization he founded and directs. In *The Twelve Steps and the Sacraments*, Weeman candidly tackles the struggle he and other addicts have with getting to know intimately the unnamed Higher Power of recovery. He shares stories of his compulsion to find a personal relationship with God and how his tentative steps back to the Catholic Church opened new doors of healing and brought him surprising joy as he came to know Christ in the sacraments. Catholics in recovery and those moving toward it, as well as the people who love them will recognize Weeman's story and his spiritual struggle to personally encounter God. He tells us how: Baptism helps you admit powerlessness over an unmanageable problem, face your desperate need for God, and choose to believe in and submit to God's mercy. Reconciliation affirms and strengthens the hard work of examining your life, admitting wrongs, and making amends. The Eucharist provides ongoing sustenance and draws you to the healing power of Christ. The graces of Confirmation strengthen each person to keep moving forward and to share the good news of recovery and new life in Christ. Weeman's words are boldly challenging and brimming with compassion and through them you will discover inspiration, hope, sage advice, and refreshingly practical help.

The Wisdom of Wilderness Broadleaf Books
"All spiritual traditions have a wisdom literature. Alcoholics Anonymous is a spiritual tradition. Its influence and spread in the present century is going to depend on how well each generation of those in recovery assimilate and interiorize the basic wisdom that is enshrined in the Twelve Steps and the Twelve Traditions." --Thomas Keating
In this major new work, Father Thomas Keating reflects on the wisdom and legacy of the Alcoholics Anonymous Twelve-Step Method and its connections to, and similarities with, the Christian mystical traditions of centering prayer and Lectio Divina. In conversation with a long-time member of AA meetings, Father Thomas talks insightfully about surrendering to one's Higher Power and the journey that must be undertaken for the healing of the soul to begin.
The Spiritual Paradox of Addiction Hay House, Inc
An inspiring chronicle of life-changing encounters, personal transformation and a vision of love that transcends the everyday definition, to embrace universal kindness and compassion, based on the knowledge that all beings are one family and that our capacity to love is one of the world's most hidden yet powerful resources. The book is groundbreaking in its affirmation of love as a pathway for people of widely differing viewpoints. Unexpectedly changed by love, Fran Grace went on a journey to learn more about

its power to transform and heal. She interviewed renowned spiritual teachers, scientists, activists and artists, all chosen with the help of her spiritual teacher. Each encounter helped her overcome obstacles on her path. The book gives readers a direct encounter with teachers of love in the world today. From diverse faiths and fields of work, they reveal the power of love to be the next frontier of global consciousness, suggesting many ways to uncover it and live it. Includes photographs and unique contributions from: Dr. David R. and Susan Hawkins - H. H. the 17th Karmapa - Father Pavlos of Sinai - Llewellyn and Anat Vaughan-Lee - Mona Polacca and The International Council of the 13 Indigenous Grandmothers - Betty J. Eadie - Belvie Rooks & Dedan Gills - Dr. William and Jean Tiller - Jetsunma Tenzin Palmo - Huston Smith - Mother Teresa and the Missionaries of Charity - Sadhguru Jaggi Vasudev - Dr. Viktor Frankl (with grandson Alexander Vesely and Frankl family representative Mary Cimiluca) - Swami Chidatmananda. Fran Grace's personal narrative is pulsed by her encounters with the pioneering teachers of love listed above, each of whom has a chapter that includes a brief biography, excerpts from their dialogue with the author, and her sense of how the encounter helped her to overcome the many obstacles to love. The book takes readers on a journey into Buddhist and Hindu monasteries in India, an Indigenous Grandmothers' fire circle in the Black Hills, Mother Teresa's Homes for the Poor in Rome, Calcutta, and Tijuana, laboratory of a Stanford physicist, home of a Sufi sheikh, largest meditation hall in N. America, and a college classroom in California. She interviews those familiar with the stark Sinai desert, slave dungeons in Ghana, and near-death experiences. In the end, love is found to animate every moment of ordinary life. Inspiring story of personal transformation. Compelling account of how the world is transformed through everyday acts of kindness. A rich resource of teachings on love, healing and compassion from a wide range of spiritual traditions, with a rare inside view of some of the world's most respected teachers. Includes index, biographical profiles, bibliography, endnotes.

United States of Grace Harper Collins
Addicts and alcoholics are often highly spiritualized individuals who lack the faith apparatus to make a healthy connection with their spiritual drive. As such, they turn to negative behavior patterns to fulfill that hunger: alcohol, drugs, food, sex, gambling, pornography, social media, and dysfunctional relationships. This book offers a series of insights and methods whereby faith may be restored and positively channeled into life-sustaining behaviors. It is addressed to addicts, their families and friends, as well as interested laypeople, government policymakers, and treatment professionals. The authors include instruction in yoga and breathing exercises, meditation, and mindfulness, as well as case studies and medical guidance for detoxification.
The Power of Love HarperChristian + ORM
People affected by a loved one's addiction suffer silently in church pews. I was one of them. I'm Juliet. Sometimes I wish I could be someone else, with another name altogether, someone whose life is more comedy than tragedy. During the twelve years I was married to a cocaine-addicted Christian, I was overwhelmed with isolation and shame as I sat next to my ex-husband in church week after week. No one fathomed our family skeletons. How could I tell anyone? God stirred my spirit to seek personal healing and give voice to my reality. Through Him, I found freedom from silence and redemption for the life dreams I thought were forever lost. Same Dress, Different Day: A Spiritual Memoir of Addiction and Redemption chronicles my journey from victim to victor as I struggled to break free from codependency's suffocating cycle. I learned to see my Savior as the soul mate and provider my chemically dependent spouse could never be. God's healing grace is not only for the addicted, but also for the broken ones who love them.

Grace in Addiction HarperOne
When Mastin Kipp found himself at rock bottom—addicted to drugs and parties, living in the tiny pool house of his ex-girlfriend's parents, jobless, and with nowhere to go—he looked to the divine for help. What he found moved him from a life filled with the excesses of Hollywood—as a manager in the music industry—to one powered by self-acceptance and service. To spread the love beyond his personal circle, Mastin started his Twitter account, @TheDailyLove (now with more than half a million followers), and his popular website, TheDailyLove.com, which features writers from many walks of life—from Russell Simmons to Wayne W. Dyer. Now Mastin has written a book based on his spiritual experiences in order to help other young seekers discover their own paths. In *Daily Love*, Mastin shares some of his personal stories of darkness and light, embracing them all as part of his journey to becoming who he really is. He also speaks of various spiritual leaders who have influenced his life, such as Joseph Campbell, Caroline Myss, Tony Robbins,

George Lucas, Oprah, his parents, and Jenna (his girlfriend). Giving details about the concepts and spiritual principles they put forth, he shows how these people have helped to guide him to success.

Spiritual Passages WaterBrook

Does Christianity have an answer for addiction? As longtime pastor Mike Quarles’s alcoholism worsened over eight years, churches and Christians referred him to treatment, 12-Step programs, therapy...nothing worked. Steve McVey, also a pastor, repeatedly dished out the same advice Mike received, with similarly poor results... Until, in their frustration, God led them back to basic, addiction-breaking truths of His Word. The authors explain these for readers who want to help someone or who struggle themselves, because freedom from addiction is found only when Christians fully believe what God says about their identity move beyond the 12-Step concept of inescapable “addict identity” stop harboring unforgiveness, get radically right with God, and dwell in who they are in Christ, which excludes engaging in addictive behaviors as a lifestyle Material on codependency is included, as is information on implementing recovery/support groups for those leaving addiction and starting to live in God’s glorious freedom.

The Road to Grace New Reformation Publications

Addiction and Grace offers an inspiring and hope-filled vision for those who desire to explore the mystery of who and what they really are. May examines the "processes of attachment" that lead to addiction and describes the relationship between addiction and spiritual awareness. He also details the various addictions from which we can suffer, not only to substances like alcohol and drugs, but to work, sex, performance, responsibility, and intimacy. Drawing on his experience as a psychiatrist working with the chemically dependent, May emphasizes that addiction represents an attempt to assert complete control over our lives. Addiction and Grace is a compassionate and wise treatment of a topic of major concern in these most addictive of times, one that can provide a critical yet hopeful guide to a place of freedom based on contemplative spirituality.

The Book of Waking Up Hillcrest Publishing Group

This book is for pastoral counselors, clergy, laypers-ons, and recovery group members wanting to reass-ess addiction recovery from a theological perspec-tive. It offers a wake-up call to the church to estab-lish recovery groups.

Addiction and Spirituality Wm. B. Eerdmans Publishing

"This lyrical testament to life as 'a blind date with mercy' will challenge and inspire."--Publishers Weekly [Starred Review] In 1991, when he was 13 years old, Lenny Duncan stepped out of his house in West Philadelphia, walked to the Greyhound station, and bought a ticket--the start of his great American adventure. Today Duncan, who inspired and challenged audiences with his breakout first book, Dear Church, brings us a deeply personal story about growing up Black and queer in the U.S. In his characteristically powerful voice he recounts hitchhiking across the country, spending time in solitary confinement, battling for sobriety, and discovering a deep faith, examining pressing issues like poverty, mass incarceration, white supremacy, and LGBTQ inclusion through an intimate portrayal of his life's struggles and joys. United States of Grace is a love story about America, revealing the joy and resilience of those places in this country many call "the margins" but that Lenny Duncan has called home. This book makes the bold claim that God is present with us in the most difficult of circumstances, bringing life out of death.

The Awakened Heart Createspace Independent Pub

Be ready for healing and heightened awareness to be sparked as you embark on a journey into the true nature of healing. You will discover knowledge that has the power to transform your life. There is truth, spirit and love sprinkled throughout these pages. This high-vibration healing energy will resonate deeply and reconnect you with your own spirit. Let this essential healing guide be your new companion. Healing expert Dawn Grace Kelly shares with you simple yet powerful techniques that will support you to truly heal on every level of your being. With a history of codependancy, addiction and abuse Dawn has been on a courageous journey experiencing first-hand what it takes to truly heal. In this often deeply personal book you too will discover techniques to support yourself to evolve. In this powerful healing guide you will learn: The 12 steps to real healing.How to connect with your intuition.How to raise your vibration.How to be with strong emotions for powerful shifts.How to forgive yourself and others.How to hear what your pain wants to communicate.How to stay present in your body.How to feel ease within challenging relationships."For those on a journey of healing and personal growth, 'Truth Spirit Love' provides everything you need to assist you on your path. Dawn Grace Kelly offers a wide variety of tools combined with valuable insight and advice and she delivers it in a very practical and easy-to-understand way. 'Truth Spirit Love' really, truly is - an essential guide to healing!"Michelle Buchanan, Hay House author of The Numerology Guidebook. Dawn Grace Kelly is a spiritual teacher, intuitive and healer who has been working with clients and students for 26 years. Her proven techniques have helped thousands of people transform their lives and are now available to you in this life-changing book. dawngracekelly.com

Addiction and Recovery Zondervan

Empty. Corrupted. Tormented. Starved; these words describe the Christian sex addict. No matter what he (or she) does, he will not experience true freedom from the bondage of sexual addiction until he finds the life, love and acceptance he yearns for. The Road to Grace delves into the core heart issues that block the reader from receiving God's love, and then guides him to the place where he can accept the free gift of the abundant life in Christ. Topics addressed include: * Biblical methods for overcoming sexual temptation. * Finding healing from shame. * How to stop a masturbation habit. * Dealing with the core issues of the heart that drive sexual addiction. * Healing for sexual abuse and father wound issues. * Understanding and accepting the grace of God. * Healing for the wives of husbands who are sex addicts. * Restoring a marriage that's been scarred by sexual addiction/adultery.

Truth Spirit Love HarperChristian + ORM

In an age of tell-all addiction memoirs and reality television programs, we gulp down the stories of others in the hope that we, too, can be overcomers—even as we continue to love a person, substance, activity, or ideology too much. As Sharon Hersh writes, “We all suffer from the same condition.” In The Last Addiction, she explores why we are prone to addiction—to make one thing in our lives more central than it should be—and how we can break free of our compulsions. This is not a book of “self-help” answers or “how-to” steps. It is a book about falling down and getting up again, about realizing that we need more than ourselves to be saved. The truth is, we’re not as bad as we think we are—and we are worse than we ever dreamed. When we live between those two realities, we are ready to let go of the last idol: the belief that we can save ourselves. The Last Addiction invites you to see your own story more clearly as you better understand your longing for intimacy. It invites you to love boldly and receive love in return. It invites you to the freedom of redemption.

Addiction and Grace InterVarsity Press

Outside of the city and suburbs, the natural world has a power to inspire the best and soothe the worst within each of us. It has much to teach us about the wilderness within, and about the "greater power" manifest in the sublimity of nature. In this his last work, beloved author Gerald May offers a memoir and spiritual guide which reveals the great lessons available to us when we retreat from our busy lives to the serenity of the natural wilderness