

Alternatives In Cancer Therapy The Complete Guide To Alternative Treatments

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**Integrative Oncology** NYU Press  
Cancer rates continue to skyrocket, and the overall survival rate for Stage IV cancer patients in the United States is a grim 2.1 percent. Clearly, the extensive use of expensive, sometimes ineffective toxins in conventional oncology protocols is a failing strategy. Even the few survivors of these harsh slash-and-burn treatments can have dismal quality of life, suffering with ailments such as nerve damage, heart muscle disease, and liver and kidney failure. And unfortunately, many conventional doctors discourage patients from exploring alternative treatment options. A featured doctor in Suzanne Somers' bestselling cancer book Knockout, forty-year oncology veteran James W. Forsythe, M.D., H.M.D, offers a more cost-effective, personalized, and compassionate alternative to traditional cancer treatment in Take Control of Your Cancer: Integrating the Best of Alternative and Conventional Treatments. Dr. Forsythe's integrative approach has yielded an astonishing 46 percent positive response rate in a 500-patient study. In Take Control of Your Cancer, you will find information on all stages of cancer, including: • Warning signs of cancer • How to pinpoint the causes of cancer and to avoid recurrence • Preventative measures such as healthy diet and regular exercise • Overview of how to choose what drugs and supplements to use • How to take charge of your cancer treatment and maintain a positive attitude • Successful case studies of 40 of Dr. Forsythe's Stage IV cancer patients While Dr. Forsythe offers his patients conventional and alternative therapies on their own as well as an integrative option, Take Control of Your Cancer encourages cancer patients and their families to explore their treatment options and look for doctors who personalize treatment for optimal outcomes.

*Hoping for a Cure* Key Porter  
"This book represents truly pioneering work. It brings much needed information about the best of new cancer treatments to those who need it most and it does so with compassion and an inspired bedside manner."-Dean Ornish, M.D.Drawing on the studies and critiques of many of the world's most gifted researchers and clinicians, this book scientifically explores the most promising complementary and alternative therapies-and sifts through the often frustrating and confusing barrage of information and misinformation about them-to provide readers with the direction and help they need to create an individualized cancer-care strategy. Comprehensive Cancer Care includes reports on the most accepted and researched complementary and alternative practices, empowering advice for patients with clear action steps for speaking to doctors, and critical discussion of cutting-edge interventions.  
Cancer -- Increasing Your Odds for Survival Cancer Group Institute  
"Cancer Action Plan" is a new generation of cancer therapy information and should be the first port of call for any person suffering with cancer. The authors present information about a wide selection of the most important unconventional therapies.

*Choices in Healing* Turner Publishing Company  
Focusing on alternative treatments that still have their basis in conventional research, and by way of extensive patient interviews and clinical files, this book challenges the focus of traditional treatments on their own, calling for a combination of conventional and alternative therapies.  
American Cancer Society Complete Guide to Complementary & Alternative Cancer Therapies Hay House, Inc  
Now in paperback: A thorough, cutting-edge, alternative therapy-focused exploration of Integrative Oncology care. With approximately 40 percent of men and women in the United States being

diagnosed with cancer at some point in their lifetime, very few of us escape having cancer touch our lives in some way--whether it is our own life or that of a loved one. Scientific research continues to prove the benefits of nutritional and holistic therapies, yet, for the most part, these approaches to treatment still remain unexplored by the conventional medical establishment. With integrative and holistic healing being sought after and supported by more and more of the general public and medical community for various elements of everyday life, it only makes logical sense to explore these therapies with regard to one of the most prevalent causes of death of our time. In Outside the Box Cancer Therapies, naturopathic medical doctors Mark Stengler and Paul Anderson combine their expertise to focus on the most critical components of integrative oncology care. Supported by extensive research and decades of clinical experience, Dr. Stengler and Dr. Anderson thoroughly explain: • the different types of cancer and their causes • how proper nutrition can help to prevent and treat cancer • the most well-studied supplements to use with cancer treatment • cutting-edge naturopathic therapies, and • natural solutions to common problems, such as the side effects of chemotherapy and radiation With a clear and focused approach, Dr. Stengler and Dr. Anderson provide a definitive and comprehensive resource for anyone seeking to heal from cancer or a professional looking for the most cutting, up-to-date integrative approaches to treatment.

**The Complete Guide to Alternative Cancer Treatment** MIT Press  
So-called alternative medicine (SCAM) is popular and therefore important, no matter whether we love or loathe it. Consequently, an impressive number of books about SCAM are already available. Most of them, however, are woefully uncritical, overtly promotional and dangerously misleading. Not so this one! This book was written by someone who received SCAM as a patient, practised SCAM as a doctor, and researched SCAM as a scientist. It provides an insider's perspective by covering aspects of SCAM which most other books avoid, and by questioning the many tacitly accepted assumptions and wild extrapolations that underpin SCAM. The text is factual, occasionally dosed with a touch of humour or satire. The aim is not only to inform but also to entertain. It is written principally for members of the general public who have an interest in healthcare and are tired of the promotional counter-knowledge produced by SCAM enthusiasts. It is an exercise in critical thinking that might prevent you from wasting your money on (or endangering your health with) bogus treatments.

*Choices in Healing* CRC Press  
An overview of choices in unconventional cancer treatments covers imagery, massage, therapeutic touch, herbal medicines, acupuncture, spiritual healing, yoga, and other treatments

**Complementary Cancer Therapies** John Hunt Publishing  
This book contains a comprehensive review of natural and alternative cancer therapies that may help to strengthen the immune system. Also, it explains in a simple way the nature of cancer formation and metastasis. In addition, it recommends a natural therapy consisting of a combination of proper diet, herbs and meditation that can be used as a supplemental regime improving the effectiveness of traditional therapies such as surgery, chemotherapy or radiation or as well it may be employed as a preventive measure against cancer. In general, being non-toxic and with no side effects, it may not only improve the overall health and quality of life of cancer patients but as well may help them and their friends and family members not only to better understand cancer but also, help them to fight this disease. This book is designed as a helping guide to everybody who wants to take care of his health either he is ill and wants to get better, or is well and wants to stay this way.

*Complementary Oncology* BenBella Books, Inc.  
Describes the experiences and ordeals of outspoken women cancer patients, and focuses on new non-conventional treatment options  
American Cancer Society's Complementary and Alternative Cancer Methods Handbook World Scientific  
Can you overcome lung cancer without harsh chemicals, surgery and debilitation? Are alternative interventions effective? Why do conventional physicians not use them? Can you prevent cancer recurrences and live into old age without chronic diseases and prescribed medications? This book answers these and other questions. This is one of the most comprehensive books available on alternative treatments for lung cancer. It explains the treatments used successfully by a health professional/cancer survivor of 36 years and by some of the leading medical and health practitioners

currently in the field. G. Edward Griffin, Author of World Without Cancer, The Politics of Cancer Therapy, and other books and films. Recipient of the Telly Award for Excellence in Television Production. President of American Media.  
*Integrative Strategies for Cancer Patients* Avery  
Written by one of the country's leading authorities on alternative and complementary cancer treatments, Choices in Healing is designed for the cancer patient or health professional who seeks a comprehensive overview of the available choices, both in treatments and in living with cancer. Choices in Healing offers valuable information and guidance for the whole life cycle of cancer—from the initial shock of diagnosis to decisions about choosing a physician and conventional therapies, selecting complementary therapies, coping with treatment, and the art of living fully with the possibility of recurrence. There are detailed explanations and evaluations of a wide range of complementary therapy programs, including spiritual and psychological approaches, nutritional therapies, physical therapies, pharmacological therapies, and traditional medicines from around the world. There are sections on prayer and other forms of spiritual healing; psychotherapy, support groups, visual imagery and hypnosis; massage, therapeutic touch, yoga, and Qi Gong; macrobiotic diet and other cancer diets; acupuncture and Chinese herbal medicines; and numerous other unconventional therapies used by American cancer patients. With an unusual combination of compassion and objectivity, Michael Lerner describes his conclusions following more than a decade of study of unconventional cancer treatments in North America, Europe, India, and Japan. He also draws extensively on his work with hundreds of cancer patients who have participated in the Commonweal Cancer Help Programs, the residential support program depicted by Bill Moyers in his 1993 PBS documentary Healing and the Mind.  
*Alternatives in Cancer Therapy* AuthorHouse  
Mind, body and spirit methods - manual healing and physical touch methods - Herbs, vitamin and mineral methods - Diet and nutrition methods - Pharmacological and biological treatment methods.  
*Evaluating Alternative Cancer Therapies* Oxford University Press  
Have you ever given any attention to the role that nature can play in the battle against cancer? This book will challenge your way of thinking as it delves into the interesting world of vitamin B17 and apricot kernels. Learn about cancer therapy approaches that aren't traditional to broaden your treatment options. Do not pass up the opportunity to participate in this interesting voyage through history, theory, case studies, and dispute. The most essential thing you can do is educate yourself about the progression of cancer treatment and give yourself the tools to make educated choices about your health. For those of you who are just starting off, this book is for you. Anyone who is willing to take advantage of the opportunities, knowledge, and hope that we provide can do so.

The future of cancer treatment? Prima Lifestyles  
The Foundation for Advancement in Cancer Therapy (FACT) has long worked to educate cancer patients about alternative therapies, enabling them to make informed decisions on treatment options. Unfortunately, there still remains a major gap in the distribution of information. To meet this challenge, Ruth Sackman has written Rethinking Cancer. Here, you ' ll find pertinent information on a wide range of topics, including the role of nutrition in health and strategies for achieving detoxification. The author provides both valid research and specific advice.

*Fighting Cancer, Beating Cancer* Rutgers University Press  
More and more people living with and beyond cancer seek integrative interventions to complement their conventional cancer care. This second edition of the highly successful Integrative Oncology provides the reader with the most updated information available with new chapters on Music and Expressive Arts Therapies, Naturopathic Oncology, and an integrative approach to Lung Cancer. Integrative medicine is defined as healing-oriented medicine that takes account of the whole person (body, mind, and spirit) as well as all aspects of lifestyle; it emphasizes the therapeutic relationship and makes use of appropriate therapies, both conventional and alternative. This series grows out of a need to organize and make accessible to clinicians the basic principles of integrative medicine in practical application to common health conditions. Each volume focuses on a particular specialty and features well-recognized and authoritative editors and chapter authors. The text is presented in an easy-to-read format featuring case histories, clinical pearls, and useful tables, with all key information highlighted. Series editor Andrew Weil, MD, is Professor and Director of the Arizona Center for Integrative Medicine at the University of Arizona. Dr. Weil's program was the first such academic program in the U.S., and its stated goal is "to combine the best ideas and practices of conventional and alternative medicine into cost effective treatments without embracing alternative practices uncritically."  
**The Complete Guide to Alternative Cancer Therapies** Da Capo Press

This thorough guide is a must-read for cancer patients and their families seeking treatment options.

Outside the Box Cancer Therapies BoD – Books on Demand

Here, in this fourth revised edition, is a comprehensive guide to the growing number of alternative treatment centers located throughout the world. Everything you need to know-- from addresses, phone numbers, and costs, to treatment methods--is provided. Also included are educational centers, information services, and support programs. For each listing, the author has gathered all the information necessary to make that all-important initial contact. To further help, the book includes a glossary of terms, a regional breakdown of centers, and a list of readings.

Alternative Treatment For Cancer Bentham Science Publishers

"Katey Hansen's book provides a balanced view of the Mexican clinics and what they have to offer international cancer patients. It is a mature, wise and engaging look at an often hotly debated topic. It avoids all sensationalism and thus can be recommended to all cancer patients contemplating treatment in a foreign location."- Ralph W. Moss, Ph.D. Why are thousands of people with cancer, especially late stage cancer, refusing or discontinuing conventional cancer treatment and going to alternative and integrative clinics in Mexico? After years of helping people with cancer and having experienced a cancer scare of her own, Katey Hansen decided to investigate both the alternative and mainstream approaches to treating cancer. She traveled to Tijuana, Mexico, and visited fourteen of the better known and reputable clinics, met with the doctors, and spoke with current and past patients of these clinics. Her travels and research led her to answer questions such as: What are the commonly used alternative therapies and is there any proof that they are effective? What are the success rates of the alternative/integrative clinics in Tijuana? Is it safe to travel to Mexico for cancer treatment? How expensive is alternative cancer treatment in Mexico? Does health insurance cover any of the cost? What are the qualifications of the physicians at the clinics in Tijuana? Why can some therapies be used in Mexico, but not in the United States and other countries? How effective is chemotherapy and radiation therapy, especially for later stage cancer? How many cancer patients currently benefit from the newer gene targeted therapies and immunotherapies? Are they safer and more effective than chemotherapy? With cancer becoming close to epidemic in the United States and other developed nations, "Hoping for a Cure" is an empowering, educational and hopeful book for anyone who has been touched by cancer or who is concerned about someday hearing the words "You have cancer".

Women Confront Cancer World Scientific

Alternatives in Cancer Therapy offers help for all patients coping with cancer. The therapies discussed in this book are primarily non-toxic, have few, if any, side effects, and tend to strengthen the immune system. They can be used as supplemental regimens that help maximize the effectiveness of traditional therapies such as surgery, radiation, and chemotherapy. Patients have a right to know all of their treatment options, and Dr. Ross Pelton presents dozens of choices, including: \* Shark Cartilage \* Gerson Therapy \* Mistletoe \* Isoprinosine \* Laetrile \* Selenium \* Beta-Carotene \* Hydrogen Peroxide \* Vitamins C and E \* The Hoxsey Treatment Non-traditional therapies can enhance the quality of life, and improve overall health while treating the disease. Alternatives in Cancer Therapy provides information on the research, efficacy, potential side effects, and availability of each treatment.

You Can Beat Lung Cancer Simon and Schuster

Actively reflecting conventional medical treatment objectives, interactions, benefits, and risks, this book is presented in a format that patients can easily understand and that oncologists can confidently recommend to their patients.