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Blood Sugar: Kraus, Daniel: Amazon.com.au: Books

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Dr. Hyman's revolutionary weight-loss programme, based on the #1 New York Times bestseller The Blood Sugar Solution, supercharged for immediate results. From the Back Cover 1 in 16 people in Britain have diabetes, and many more have raised blood sugar levels.

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**Amazon Books The Blood Sugar**

With untrustworthy and barbarous characters and an utterly compelling plot with wonderful atmospheric writing, Blood & Sugar is a strong debut from Laura Shepherd-Robinson. I will certainly be keeping an eye out for her next book. I highly recommend this read.

The Blood Sugar Solution: The UltraHealthy Program for Losing Weight, Preventing Disease, and Feeling Great Now!: Mark Hyman M.D.: 9780316127370: Amazon.com: Books. Listen Playing... Paused You're listening to a sample of the Audible audio edition.