

American Mountain Guide Certification

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Drives along the Coast, Redwoods, and Mountains with the Best Stops along the Way Human Kinetics

Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured. Skills for Ski Touring and Ski Mountaineering Simon and Schuster

Christopher Columbus needed a sponsor for a dangerous expedition, but the king of Portugal wasn't interested. He repackaged his proposal for the queen of Spain. She put Columbus on retainer, and the rest is history. Columbus may not have been the first to discover America, but he had a great publicist. That's where Jeff Blumenfeld comes in. For many years, using a PR specialty called adventure marketing, Jeff has connected explorers and their projects with corporate sponsors looking to demonstrate product performance in extreme conditions. His book takes the reader from Erik Weihenmayer's expedition to be the first blind man to summit Mount Everest, to the first confirmed dogsled expedition of the North Pole, to Audrey Mestre's deadly free dive expedition off Bayahibe beach in the Dominican Republic. You Want to Go Where? is the only book that not only takes you behind the scenes of some of the most dangerous adventure expeditions in recent years, but also shows how you can fund and arrange your own trip, including details on everything from grants to sponsorships. For anyone who's ever had a dream to scale the tallest mountain or cross the largest ocean, You Want to Go Where? is your ticket. Full of fascinating stories and practical advice, it's ideal for armchair explorers and budding adventurers alike.

A Funding Guide for Explorers, Adventurers, and Would-Be World Travelers Moon Travel

Discover the leadership strengths of world-class mountain guides and see how developing and applying these principles can help you reach for the highest summits in work—and in life. • Teaches key leadership lessons gained from a decade spent traveling with world-class mountain guides and more than 200 top business school participants • Shares insights drawn from challenging experiences that will be inspiring and meaningful to readers • Includes contributions from participants who tell, in their own words, how they applied lessons learned in organizations from American Express to Microsoft to a Silicon Valley startup • Provides action steps for readers drawn from current research in the fields of management and positive psychology

How World-Class Mountain Guides Inspire Us to Be Better Leaders National Geographic Books

Written by the International Federation of Mountain Guides Association (IFMGA) certified mountain guides Marc Chauvin and Rob Coppolillo, The Mountain Guide Manual is the go-to reference for novice and experienced mountain guides, as well as advanced recreationalists. Covering everything from rope systems and belaying to advice on group dynamics and rescuing, the manual combines practical how-to instruction with clear graphics, illustrations, and awe-inspiring alpine imagery.

The Mountain Guide Manual Mountaineers Books

Technical Skills for Adventure Programming will guide you in becoming an effective adventure educator teaching beginning-level outdoor adventure skills. This book allows you to tap into the knowledge and expertise of skilled instructors who present a lesson plan progression for mastering 12 popular outdoor adventure activities.

Rock Climbing: The AMGA Single Pitch Manual Rowman & Littlefield

This full color book includes everything beginning climbers need to know to safely top-rope climbing routes, from tying knots to setting anchors to belaying. The author is an American Mountain Guides Association certified Rock Instructor.

A Curriculum Guide W. W. Norton & Company

Skiers and snowboarders, prepare to realize your wildest dreams as we take you to Jim Whittaker became the first American to stand on top of the world. He returned home a hero. My Old Man and the Mountain is Leif Whittaker's engaging and humorous story of what it was like to "grow up Whittaker"—the youngest son of Jim Whittaker and Dianne Roberts, in an extended family of accomplished climbers. He shares glimpses of his upbringing and how the pressure to climb started early on. Readers learn of his first adventures with family in the Olympic Mountains and on Mount Rainier; his close yet at times competitive relationship with his brother Joss; his battle with a serious back injury; and his efforts to stand apart from his father's legacy. With wry honesty he depicts being a recent college grad, still living in his parents' home and trying to find a purpose in life—digging ditches, building houses, selling t-shirts to tourists—until a chance encounter leads to the opportunity to climb Everest, just like his father did. Leif heads to Nepal with all the excitement, irony, boredom, and trepidation that are part of high-altitude climbing. Well-known guides Dave Hahn and Melissa Arnot figure prominently in his story, as does "Big Jim." But Leif's story is not his father's story. It's a unique coming of age tale on the steep slopes of Everest and a climbing adventure that lights the imagination and fills an emotional human endeavor with universal meaning.

The 10 Best of Everything Triumph Books

What does it take to be one of the world's best high-altitude mountain climbers? A lot of fundraising; traveling in some of the world's most dangerous countries; enduring cold bivouacs, searing lungs, and a cloudy mind when you can least afford one. It means learning the hard lessons the mountains teach. Steve House built his reputation on ascents throughout the Alps, Canada, Alaska, the Karakoram and the Himalaya that have expanded possibilities of style, speed, and difficulty. In 2005 Steve and alpinist Vince Anderson pioneered a direct new route on the Rupal Face of 26,600-foot Nanga Parbat, which had never before been climbed in alpine style. It was the third ascent of the face and the achievement earned Steve and Vince the first Piolet d'or (Golden Ice Axe) awarded to North Americans. Steve is an accomplished and spellbinding storyteller in the tradition of Maurice Herzog and Lionel Terray. Beyond the Mountain is a gripping read destined to be a mountain classic. And it

Moon Travel

* For intermediate-to-advanced backcountry skiers* Includes trip planning, navigation, fitness, and avalanche safety information, in addition to techniques*Provides advice on how to make well-informed backcountry decisions Martin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountain backcountry. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning backcountry trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques, Backcountry Skiing also features information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics. Throughout this guide, a special emphasis is put on being well-informed and making good decisions - whenever you strap on your skis and skins and head out into the backcountry.

Skiing and Boarding W. W. Norton & Company

California's magnificent Sierra Nevada mountain range packs a punch when it comes to adventuring. Join local author Wilbur Morrison as he walks you along the Pacific Crest Trail and the John Muir Trail, through King's Canyon, up to the top of Mount Whitney, and swimming in Lake Tahoe. Offering tips on exploring this fantastic area alone, Morrison also lists local outfitters who can help you plan a horseback riding trip, a hike, a biking excursion or an overnight trek. Amazon customer. Includes maps and photographs. Between Mt. Whitney and Lake Tahoe is the true Sierra Nevada, a land of granite, glacial ice and alpine lakes. Here you will find forests of giant sequoias, wildflowered meadows and steep V-shaped river canyons. Among the areas this guide explores: The Eastern Sierra, including Mammoth Lakes and Mono Lake Nevada and Lake Tahoe The Western Sierra, encompassing Gold Country Yosemite Kings Canyon, Sequoia and the Sierra National Forest You'll read about the local history and get basic travel information, from contact numbers and addresses for tourism bureaus and outfitters to airlines and rental cars. You'll discover the towns and attractions, including the best lodging and dining spots. The adventure sections are packed with detailed advice on how to explore the region on foot, on horseback, on water, on wheels and on snow.

Ski Routledge

• A fresh perspective on a famous father and a legacy forged on the icy slopes of Mount Everest, the world's highest peak In 1963, the world followed the first American Mount Everest Expedition, and watched as "Big

Jim" Whittaker became the first American to stand on top of the world. He returned home a hero. My Old Man and the Mountain is Leif Whittaker's engaging and humorous story of what it was like to "grow up Whittaker"—the youngest son of Jim Whittaker and Dianne Roberts, in an extended family of accomplished climbers. He shares glimpses of his upbringing and how the pressure to climb started early on. Readers learn of his first adventures with family in the Olympic Mountains and on Mount Rainier; his close yet at times competitive relationship with his brother Joss; his battle with a serious back injury; and his efforts to stand apart from his father's legacy. With wry honesty he depicts being a recent college grad, still living in his parents' home and trying to find a purpose in life—digging ditches, building houses, selling t-shirts to tourists—until a chance encounter leads to the opportunity to climb Everest, just like his father did. Leif heads to Nepal with all the excitement, irony, boredom, and trepidation that are part of high-altitude climbing. Well-known guides Dave Hahn and Melissa Arnot figure prominently in his story, as does "Big Jim." But Leif's story is not his father's story. It's a unique coming of age tale on the steep slopes of Everest and a climbing adventure that lights the imagination and fills an emotional human endeavor with universal meaning.

Rock Climbing, 2nd Edition Human Kinetics

This full-color guide includes vibrant photos and easy-to-use maps to help with trip planning. Northern California residents Elizabeth Linhart Veneman and Christopher Arns cover the best that Northern California has to offer, from day hikes in awe-inspiring Yosemite Valley to rest and relaxation at the spas and vineyards of Wine Country. To help travelers plan their trip, Veneman and Arns also offer a number of unique itinerary ideas, such as "Best Day Trips," "Best Road Trips," and "Best Outdoor Adventures." With expert advice on finding the tastiest food in the Bay Area, exploring the charming Monterey and Carmel, and getting to Gold Country ghost towns, Moon Northern California gives travelers the tools they need to create a more personal and memorable experience.

The Comprehensive Reference--From Belaying to Rope Systems and Self-Rescue The Mountaineers Books

Best Climbs Red Rocks appeals specifically to traveling climbers and local climbers who want the best local climbing. Although the Best Climbs guides feature routes of all grades, the emphasis is on easy to moderate routes in the 5.6 to 5.10 range. The book will include nearly 200 featured routes with each section including climbing area trivia and history in the form of short "callouts," but the primary focus will be on the route selection and descriptions themselves. All routes will be shown clearly on detailed color photo topos, alongside stunning action photos and a contemporary design.

A Pocket Guide to the 50 State Highpoints Human Kinetics

In the 87 issues of Snow Country published between 1988 and 1999, the reader can find the defining coverage of mountain resorts, ski technique and equipment, racing, cross-country touring, and the growing sport of snowboarding during a period of radical change. The award-winning magazine of mountain sports and living tracks the environmental impact of ski area development, and people moving to the mountains to work and live. Backcountry Ski & Snowboard Routes Washington Abrams

One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic

debut in 2020. High Drama explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social classes, and backgrounds. Climbing magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

An Ultimate Guide for Travelers Toproping

The essential guide to one of the world's most popular climbing destinations— with detailed color topos, stunning action photos, and maps Best Climbs Joshua Tree National Park is part of a series of new climbing guides from Falcon, appealing specifically to nonlocal climbers and locals with minimal time on their hands, all of whom seek visually appealing, to-the-point guides that filter out the very best climbs in some of America's most popular climbing destinations, with an emphasis on moderate routes ranging from 5.6 to 5.10. With over 8,000 routes to choose from, selecting a climb at Joshua Tree can be a daunting task for the traveling climber or for a climber new to the area. Best Climbs Joshua Tree National Park includes over 250 of the very best sport and trad routes at this world-renowned climbing area. - 250+ favorite routes, many of moderate difficulty - Trivia and route history sidebars - Stunning action photos - 15+ color topo maps with detailed directions to parking areas (GPS coordinates included)

Best Climbs Red Rocks Pocket Mountains

Outdoor recreation programming is a growing and diverse field that requires administrators to be ready to work in complex and multidisciplinary environments. Outdoor Program Administration: Principles and Practices will help both seasoned and new administrators—as well as students and emerging professionals—flourish in various settings, including university, military, government, commercial, and nonprofit organizations. You ' ll learn the best contemporary administrative strategies and practices from veteran professionals from the Association of Outdoor Recreation and Education (AORE). The AORE authors provide extensive coverage of all aspects of administrative duties and responsibilities from a diverse organizational setting. Outdoor Program Administration: Principles and Practices guides you in developing and sustaining programs in outdoor recreation settings across public, private, and nonprofit sectors. You will reap the benefits of the experience shared by the AORE authors, who also provide questions and critical thinking exercises that will enhance the materials and deepen your understanding. This reference explores all the issues pertinent to being a successful outdoor program administrator. The book has four sections: Outdoor Program Foundations, Program Design and Implementation, Staffing Considerations, and Facilities and Programs. Topics you ' ll delve into include

- designing and developing programs;
- risk management and legal considerations;
- budgeting and financial operations;
- marketing and land access (permits);
- environmental stewardship;
- staff recruitment, supervision, training, and assessment; and
- management of indoor climbing walls and challenge courses.

Outdoor Program Administration: Principles and Practices presents material that will help you improve your administrative skills and enhance the programs you oversee. As such, it ' s an essential book for your professional library.

Best Climbs Joshua Tree National Park Hunter Publishing, Inc

Complete with maps and an invaluable trip planning section detailing the information needed to make your trip an unforgettable success, Baffin Island is the first comprehensive adventure guide to the fifth largest island in the world, which is quickly becoming known as a premiere destination for climbers, skiers, trekkers and adventure travellers alike.

Rock Climbing Rocky Mountain Books Ltd

The ultimate travel guide offers an updated series of top-ten lists covering top sporting events, locations, hotels, restaurants, and Sunday afternoon excursions and more than thirty extraordinary trips and expeditions on every continent.

The Best Sport and Trad Routes in the Park Mountaineers Books

Joint publication of the two associations. Topics include professionalism, mountain sense, client care, terrain assessment, risk management, technical systems, application for guides, instructional techniques.