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The Mountaineers Books
Explore an iconic city, stroll along the foggy cliffs of the coast, or climb the peaks of the Sierra Nevada: Answer the call of the open road with Moon Northern California Road Trips. Pick Your Road Trip: Find flexible getaways throughout NorCal like three-day routes through Wine Country, Lake Tahoe, Monterey and Big Sur, and more, or combine them for an epic 21-day driving tour Eat, Sleep, Stop and Explore: With lists of the best places for hikes, wine-tasting, water sports, and more, you can take on the steep streets of San Francisco, sample wine at its source in Sonoma, and pitch a tent in the pines of Yosemite. Spot whales in Bodega Bay, hike through towering redwoods or up to the peak of Mount Lassen, and raft down the Sacramento River Maps and Driving Tools: Easy-to-use maps keep you oriented on and off the highway, along with site-to-site mileage, driving times, detailed directions, and full-color photos throughout Local Expertise: Northern Californians Stuart Thornton and Kayla Anderson share their tips on where to stop and what to see How to Plan Your Trip: Know when and where to get gas and how to avoid traffic, plus tips for driving in different road and weather conditions and suggestions for LGBTQ travelers, seniors, and road-trippers with kids Coverage of San Francisco, Wine Country, the Sonoma and Mendocino Coasts, the North Coast and Redwoods, Shasta and Lassen, Lake Tahoe, the Eastern Sierra Lakes, Yosemite National Park, Monterey and Big Sur, and Ashland, Oregon With flexible itineraries for weekend getaways and practical tips for driving the full loop, Moon Northern California Road Trips gets you ready to fill up the tank and hit the road. Looking to explore more of America on wheels? Try Moon Southern California Road Trips. Spending more time in the area? Check out Moon Coastal California.

Rock Climbing Simon and Schuster
Christopher Columbus needed a sponsor for a dangerous expedition, but the king of Portugal wasn’t interested. He repackaged his proposal for the queen of Spain. She put Columbus on retainer, and the rest is history. Columbus may not have been the first to discover America, but he had a great publicist. That’s where Jeff Blumenfeld comes in. For many years, using a PR specialty called adventure marketing, Jeff has connected explorers and their projects with corporate sponsors looking to demonstrate product performance in extreme conditions. His book takes the reader from Erik Weihenmayer’s expedition to be the first blind man to summit Mount Everest, to the first confirmed dogsled expedition of the North Pole, to Audrey Mestre’s deadly free dive expedition off Bayahibe beach in the Dominican Republic. You Want to Go Where? is the only book that not only takes you behind the scenes of some of the most dangerous adventure expeditions in recent years, but also shows how you can fund and arrange your own trip, including details on everything from grants to sponsorships. For anyone who’s ever had a dream to scale the tallest mountain or cross the largest ocean, You Want to Go Where? is your ticket. Full of fascinating stories and practical advice, it’s ideal for armchair explorers and budding adventurers alike.

Climbing Trekking and Skiing Human Kinetics
* For intermediate-to-advanced backcountry skiers* Includes trip planning, navigation, fitness, and avalanche safety information, in addition to techniques*Provides advice on how to make well-informed backcountry decisionsMartin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountain backcountry. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning backcountry trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques, Backcountry Skiing also features information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics. Throughout this guide, a special emphasis is put on being well-informed and making good decisions - whenever you strap on your skis and skins and head out into the backcountry.

The Sierra Nevada Adventure Guide Routledge
Discover the leadership strengths of world-class mountain guides and see how developing and applying these principles can help you reach for the highest summits in work—and in life. • Teaches key leadership lessons gained from a decade

spent traveling with world-class mountain guides and more than 200 top business school participants • Shares insights drawn from challenging experiences that will be inspiring and meaningful to readers • Includes contributions from participants who tell, in their own words, how they applied lessons learned in organizations from American Express to Microsoft to a Silicon Valley startup • Provides action steps for readers drawn from current research in the fields of management and positive psychology
Backpacker Patagonia
Teaching Lifetime Outdoor Pursuits presents 12 outdoor pursuits you can incorporate in your outdoor program or traditional PE program. The activities are aligned with NASPE standards and presented by experts who provide instruction on content, delivery, and assessment. The CD-ROM has objectives, sample lessons, sample assessments, and programming ideas.

The Comprehensive Reference--From Belaying to Rope Systems and Self-Rescue Rowman & Littlefield
• A fresh perspective on a famous father and a legacy forged on the icy slopes of Mount Everest, the world’s highest peak In 1963, the world followed the first American Mount Everest Expedition, and watched as “Big Jim” Whittaker became the first American to stand on top of the world. He returned home a hero. My Old Man and the Mountain is Leif Whittaker’s engaging and humorous story of what it was like to “grow up Whittaker”—the youngest son of Jim Whittaker and Dianne Roberts, in an extended family of accomplished climbers. He shares glimpses of his upbringing and how the pressure to climb started early on. Readers learn of his first adventures with family in the Olympic Mountains and on Mount Rainier; his close yet at times competitive relationship with his brother Joss; his battle with a serious back injury; and his efforts to stand apart from his father’s legacy. With wry honesty he depicts being a recent college grad, still living in his parents’ home and trying to find a purpose in life—digging ditches, building houses, selling t-shirts to tourists—until a chance encounter leads to the opportunity to climb Everest, just like his father did. Leif heads to Nepal with all the excitement, irony, boredom, and trepidation that are part of high-altitude climbing. Well-known guides Dave Hahn and Melissa Arnot figure prominently in his story, as does “Big Jim.” But Leif’s story is not his father’s story. It’s a unique coming of age tale on the steep slopes of Everest and a climbing adventure that lights the imagination and fills an emotional human endeavor with universal meaning.

The Best Sport and Trad Routes in the Park Rowman & Littlefield
Written by the International Federation of Mountain Guides Association (IFMGA) certified mountain guides Marc Chauvin and Rob Coppolillo, The Mountain Guide Manual is the go-to reference for novice and experienced mountain guides, as well as advanced recreationalists. Covering everything from rope systems and belaying to advice on group dynamics and rescuing, the manual combines practical how-to instruction with clear graphics, illustrations, and awe-inspiring alpine imagery.

Ski Mountaineers Books
Outdoor recreation programming is a growing and diverse field that requires administrators to be ready to work in complex and multidisciplinary environments. Outdoor Program Administration: Principles and Practices will help both seasoned and new administrators—as well as students and emerging professionals—flourish in various settings, including university, military, government, commercial, and nonprofit organizations. You’ll learn the best contemporary administrative strategies and practices from veteran professionals from the Association of Outdoor Recreation and Education (AORE). The AORE authors provide extensive coverage of all aspects of administrative duties and responsibilities from a diverse organizational setting. Outdoor Program Administration: Principles and Practices guides you in developing and sustaining programs in outdoor recreation settings across public, private, and nonprofit sectors. You will reap the benefits of the experience shared by the AORE authors, who also provide questions and critical thinking exercises that will enhance the materials and deepen your understanding. This reference explores all the issues pertinent to being a successful outdoor program administrator. The book has four sections: Outdoor

Program Foundations, Program Design and Implementation, Staffing Considerations, and Facilities and Programs. Topics you’ll delve into include • designing and developing programs; • risk management and legal considerations; • budgeting and financial operations; • marketing and land access (permits); • environmental stewardship; • staff recruitment, supervision, training, and assessment; and • management of indoor climbing walls and challenge courses. Outdoor Program Administration: Principles and Practices presents material that will help you improve your administrative skills and enhance the programs you oversee. As such, it’s an essential book for your professional library.
Skiing and Boarding W. W. Norton & Company
Joint publication of the two associations. Topics include professionalism, mountain sense, client care, terrain assessment, risk management, technical systems, application for guides, instructional techniques.
Best Climbs Joshua Tree National Park The Mountaineers Books
One afternoon in 1987, two renegade climbers in Berkeley, California, hatched an ambitious plan: under the cover of darkness, they would rappel down from a carefully scouted highway on-ramp, gluing artificial handholds onto the load-bearing concrete pillars underneath. Equipped with ingenuity, strong adhesive, and an urban guerilla attitude, Jim Thornburg and Scott Frye created a serviceable climbing wall. But what they were part of was a greater development: the expansion and reimagining of a sport now slated for a highly anticipated Olympic debut in 2020. High Drama explores rock climbing's transformation from a pursuit of select anti-establishment vagabonds to a sport embraced by competitors of all ages, social classes, and backgrounds. Climbing magazine's John Burgman weaves a multi-layered story of traditionalists and opportunists, grassroots organizers and business-minded developers, free-spirited rebels and rigorously coached athletes.

Rock Climbing Experts Share the World's Greatest Destinations Human Kinetics
The essential guide to one of the world's most popular climbing destinations— with detailed color topos, stunning action photos, and maps Best Climbs Joshua Tree National Park is part of a series of new climbing guides from Falcon, appealing specifically to nonlocal climbers and locals with minimal time on their hands, all of whom seek visually appealing, to-the-point guides that filter out the very best climbs in some of America's most popular climbing destinations, with an emphasis on moderate routes ranging from 5.6 to 5.10. With over 8,000 routes to choose from, selecting a climb at Joshua Tree can be a daunting task for the traveling climber or for a climber new to the area. Best Climbs Joshua Tree National Park includes over 250 of the very best sport and trad routes at this world-renowned climbing area. - 250+ favorite routes, many of moderate difficulty - Trivia and route history sidebars - Stunning action photos - 15+ color topo maps with detailed directions to parking areas (GPS coordinates included)
Technical Skills for Adventure Programming Moon Travel
Best ClimbsRed Rocks appeals specifically to traveling climbers and local climbers who want the best local climbing. Although the Best Climbs guides feature routes of all grades, the emphasis is on easy to moderate routes in the 5.6 to 5.10 range. The book will include nearly 200 featured routes with each section including climbing area trivia and history in the form of short “callouts,” but the primary focus will be on the route selection and descriptions themselves. All routes will be shown clearly on detailed color photo topos, alongside stunning action photos and a contemporary design. Classic Hill Runs and Races in Scotland Human Kinetics
Rock climbing has been growing in popularity since the 1930s, and it’s no wonder. This exciting activity lets you spend time in the outdoors while challenging yourself both physically and mentally and bonding with friends and family. With the

increasing availability of a variety of climbing venues, Technical Handbook for Mountain Guides Pocket including indoor climbing gyms, it ' s easier than ever Mountains to try rock climbing. Rock Climbing is the perfect book for anyone who wants to develop the skills. Rock Climbing will help you explore one of the world ' s fastest-growing activities safely and successfully. The experts at the Wilderness Education Association ensure you learn proper technique, which is essential to a safe and enjoyable experience. They prepare you for your adventure with information on fitness and conditioning, equipment and gear selection, and nutrition. Safety skills are integrated throughout the book. You ' ll learn how you can use indoor climbing to practice basic skills before moving on to refine and build on those skills in the outdoors. You ' ll find easy-to-follow instruction of climbing fundamentals, including knots, belaying, building anchor systems, moving on rock, descending, and lead climbing, giving you all the skills and knowledge you need to be a capable beginning climber. Throughout the book the authors share consumer, technique, and safety tips collected from their years of experience as both climbers and instructors. They also list Web sites to help you find climbing organizations, shop for equipment and gear, plan outdoor climbing trips, and more. The book also includes Success Check questions for each chapter that will help you test your climbing knowledge. Use Rock Climbing to join the millions of other climbing enthusiasts around the world. This complete resource will teach you all the essential information for a successful rock climbing adventure!

Principles and Practices Mountaineers Books
Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

The 10 Best of Everything National Geographic Books
Backpacker brings the outdoors straight to the reader's doorstep, inspiring and enabling them to go more places and enjoy nature more often. The authority on active adventure, Backpacker is the world's first GPS-enabled magazine, and the only magazine whose editors personally test the hiking trails, camping gear, and survival tips they publish. Backpacker's Editors' Choice Awards, an industry honor recognizing design, feature and product innovation, has become the gold standard against which all other outdoor-industry awards are measured.

Techniques to Take You Higher Rowman & Littlefield
Skiers and snowboarders, prepare to realize your wildest dreams as we take you to the best peaks on the planet. Peter Oliver has explored mountains across the earth, skiing hundreds of thousands of vertical feet through untold stashes of powder in his quest for the best. Along the way, he's seen skiing and boarding merge in a mutual longing to put the adventure back into alpine skiing. That means off-trail (or "off-piste") runs, glade skiing, plenty of lift-served backcountry, out-of-bounds opportunities, and more and better heli-skiing. It means new resorts and newly opened terrain at classic resorts that make snowboarding and skiing more exciting than ever.

A Pocket Guide to the 50 State Highpoints Rowman & Littlefield
* For climbers who know the basics and are ready to venture at higher altitudes* Written by longtime guides and climbing instructors certified by the American Mountain Guide Association (AMGA)* Teaches situational thinking and learning as well as techniqueThis intermediate-level guide addresses tools, skills, and techniques used in alpine terrain including rock, snow, ice, and glaciers at moderate altitude - approximately 5000 meters (16,000 feet) and lower. The technical protection systems are covered, of course. But 30 years of alpine climbing experience has convinced the authors that mastery - and safety - lie in the far more difficult task of knowing exactly which techniques to use, where and when. Therefore, they teach step-by-step decision-making skills, providing scenarios, checklists, and self-posed questions to inform the decision process. Alpine Climbing assumes some prior knowledge, primarily in rock climbing skills and techniques. Basic knots, belaying, rappelling, building rock anchors, leading, placing rock protection, and movement skills on rock: variations of these skills that are of particular value in the alpine environment are addressed in this book.

Technical Skills for Adventure Programming will guide you in becoming an effective adventure educator teaching beginning-level outdoor adventure skills. This book allows you to tap into the knowledge and expertise of skilled instructors who present a lesson plan progression for mastering 12 popular outdoor adventure activities.

The Rise, Fall, and Rebirth of American Competition Climbing
Toproping
Rock Climbing: The AMGA Single Pitch Manual is intended to serve as a textbook for past and future participants of the AMGA SPI program. The book more specifically address the needs of the professional climbing instructor and advanced recreational climbers. It presents the most current, internationally recognized standards for technical climbing systems used in single pitch rock terrain. Included are chapters on effective teaching in the outdoor environment, risk management, professionalism, environmental awareness, and rescue

Skiing Triumph Books
Demonstrates safe climbing techniques, and tells how to transfer skills learned on practice walls to the outdoors