

# Backcountry Ski Gear Guide

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Staying Alive in Avalanche Terrain Gordon Soules Book Publishers  
\*A Boston Globe Bestseller!\* \*An Outside Magazine Book Club Pick!\*  
\*Winner of the International Ski Association's Ullr Book Award!\* "A sparkling account."—Wall Street Journal An electrifying adventure into the rich history of skiing and the modern heart of ski-bum culture, from one of America's most preeminent ski journalists The story of skiing is, in many ways, the story of America itself. Blossoming from the Tenth Mountain Division in World War II, the sport took hold across the country, driven by adventurers seeking the rush of freedom that only cold mountain air could provide. As skiing gained in popularity, mom-and-pop backcountry hills gave way to groomed trails and eventually the megaresorts of today. Along the way, the pioneers and diehards—the ski bums—remained the beating heart of the scene. Veteran ski journalist and former ski bum Heather Hansman takes readers on an exhilarating journey into the hidden history of American skiing, offering a glimpse into an underexplored subculture from the perspective of a true insider. Hopping from Vermont to Colorado, Montana to West Virginia, Hansman profiles the people who have built their lives around a cold-weather obsession. Along the way she reckons with skiing's problematic elements and investigates how the sport is evolving in the face of the existential threat of climate change.

## Powder Days Patagonia

This guide features detailed descriptions and topographic maps of two dozen classic ski and snowboard tours, plus tips on safety in the wilderness.  
*Snow Sense* Appalachian Mountain Club  
Presents historical background on ski mountaineering, which is

climbing a mountain on skis and then skiing down the slopes, and offers tips on climbing and skiing specific mountains.

## **Western Montana Backcountry Ski Guide** The Mountaineers Books

Ultimate Skiing Adventures takes you on a skiing voyage around the planet's biggest, best and most unusual ski destinations – from the huge mega-resorts of the French Alps to sailing along Iceland's north coast in search of great snow, there are exciting adventures that will appeal to everyone from novice to expert. The inspirational descriptions of 100 locations combine Alf Alderson's personal experience with the input of experts in all aspects of skiing and mountain sports and are accompanied by stunning full-page photography from some of the world's foremost ski photographers. Published in a year of great uncertainty for ski travel, this book allows you to escape onto the slopes in your own home. Perfect for indulging in some armchair skiing of slopes that only the most adventurous will tackle and for planning your next ski trip. And it's not just about skiing – the contents cover avalanche rescue techniques, snow science, road trips, the work of ski patrollers and resorts so remote and obscure that you may never have heard of them. The book is divided into sections on Western Europe, Eastern Europe, North America, Scandinavia and the Rest of the World. Discover where you will ski next – in reality or in your imagination.

## Best Backcountry Skiing in the Northeast

Rowman & Littlefield

The Alaska Factor is a guidebook for backcountry skiing in the Anchorage, Alaska area. It includes the popular areas including Turnagain Pass, Hatcher Pass, Chugach Mountains, Thompson Pass and the central Alaska Range.

*Written in the Snows* Mountaineers Books  
Utah skiers claim to have "the greatest snow on earth," and this revised and updated edition guides readers to the best backcountry ski tours in the state. Backcountry expert Tyson Bradley takes skiers from the urban

backcountry of the Wasatch Front to spectacular desert destinations in Zion and Bryce, with detailed maps and information on backcountry equipment, techniques, and safety. *Ski Utah! Allen & Mike's Really Cool Telemark Tips, Revised and Even Better!* Rowman & Littlefield

CLICK HERE to download the chapter on "Uphill Movement" from Backcountry Skiing (Provide us with a little information and we'll send your download directly to your inbox) \* For intermediate-to-advanced backcountry skiers \* Includes trip planning, navigation, fitness, and avalanche safety information, in addition to techniques \* Provides advice on how to make well-informed backcountry decisions Martin Volken and his co-authors provide skiers with all the tools and knowledge they need to safely and successfully travel in the mountain backcountry. The guide features intermediate-to-advanced techniques for ski touring and ski mountaineering, from planning backcountry trips to perfecting turns in rolling terrain and mastering uphill climbing. For those skiers ready for a more technical, high alpine environment, they draw on traditional mountaineering skills, including roped climbing, setting protection anchors, using ice axes, climbing on bare rock, and more. In addition to mastering techniques,

Backcountry Skiing also features information on recent evolutions in ski equipment; avalanche safety tips; a primer on mountain weather and glaciers, trip planning tools, a discussion of emergency situations, nutrition and fitness advice, and winter camping basics. Throughout this guide, a special emphasis is put on being well-informed and making good decisions -- whenever you strap on your skis and skins and head out into the backcountry.

#### **Wild Snow** Mountaineers Books

The first definitive guide to backcountry skiing in western Montana. Includes information on 109 ski tours as well as 125 photos and covers tours in the Bitterroot, Rattlesnake, Reservation, Sapphire, Mission, Swan, Scapegoat, Clearwater, Rocky, Cabinet, Purcell, Flint Creek, Pioneer, Pintlar, and Beaverhead mountains.

#### **The Adirondack Slide Guide** Mountaineers Books

Whether you're an experienced backcountry skier or intermediate snowboarder looking to ramp up your out of bounds expeditions, Brittany and Frank Konsella have the cred to guide you to the state's special runs. Both have descended all of the state's 14ers on skis and Brittany was the second woman to accomplish that feat. They know where the sweet lines are. *Backcountry Ski & Snowboard Routes: Colorado*—part of the popular series—includes backcountry routes focused on the Front Range and the San Juans, with other routes in the Sawatch Range, Elk Mountains, Mosquito Range, and more.

#### Presidential Skiing The Mountaineers Books

Presents training principles for the multisport mountain athlete who regularly participates in a mix of distance running, ski mountaineering, and other endurance sports that require optimum fitness and customized strength

#### *Jackson Hole Backcountry Skier's Guide*

Mountaineers Books

Are you frustrated with tracked-up snow and

bored with the same old slopes every time you go backcountry skiing? When you climb Mount Glory, do you ever wonder about the seemingly endless array of mountains in the southern half of the panorama? Hone your backcountry safety skills, tune out your ego, and step out of your box into a lifetime of backcountry ski terrain accessible in a morning's drive from Jackson, Wyoming. This book will guide you on classic tours and descents in the Snakes, Salts, Gros Ventre, northern Winds, Caribous, and Wyoming Range. When you are ready, look to the horizon and invent your own ultimate Jackson Hole backcountry experience. Then, come back and share the magic with the world in your own extraordinary way.

#### Ultimate Skiing Adventures Rowman & Littlefield

Book which focuses on teaching backcountry travellers to recognize, evaluate, and avoid avalanche hazards by gathering available key information and clues from the snowpack, weather, and terrain.

#### Backcountry Ski & Snowboard Routes: Colorado Harlequin

There is something extraordinarily special about sliding on snow that has excited generations of snow sports enthusiasts. Add to this the dimension of travelling through the mountains and the result is a recipe for some of the best outdoor activity days you could ever imagine. I have been fortunate to share some of these adventures with Henry Branigan: Skiing off the summit of Mount Blanc at dawn or, equally enjoyable, skiing under the northern lights from hut to hut in Norway, still my all-time favourite way of travelling through the mountains. A complete guide to alpine ski touring, ski mountaineering and nordic ski touring sets out to provide the fundamentals about going off piste and then

journeying through mountain terrain, in a logical, easy to read format. Adapting ski technique for various off piste conditions is an essential skill that makes all the difference between surviving and savouring adventures off piste. The book also covers the fundamental mountaineering knowledge including navigation, weather and avalanches that are essential before venturing beyond the confines of a ski area. Equipment and planning a tour are covered, whether it is in an Alpine or Nordic environment. All in all this is a very comprehensive and valuable resource for anyone aspiring to venture into the mountains on skis. Bob Kinnaird Principal Glenmore Lodge National Outdoor Training Centre

#### **Utah Avalanche Forecast Center** Mountaineers Books

After some dreadful years for Sierra skiers, the snow is back and the pent-up demand to ride it is satisfied by this book! From Bishop to Tahoe to Shasta, and multiple slopes in between, California has a big ski and snowboard culture and this backcountry guide describes 97 of the state's best routes. Part of our critically-acclaimed series, *Backcountry Ski & Snowboard Routes: California* is written by Tahoe-based professional skier, Jeremy Benson, and covers the best of the state, featuring advanced backcountry descents with serious verticals. The northern region of the book focuses on Mount Shasta and Tahoe, while the central region includes Mammoth, Bishop, and Sierra Club hut trips, and to the south, 14ers Mount Whitney and Mount Langley and more.

#### *Backcountry Skiing Utah* Appalachian Mountain Club

Practical advice from two NOLS instructors on all aspects of backcountry skiing and winter camping. As skiers venture farther from lift-served front country, they need to understand and avoid hazards such as avalanches and extreme cold. This book teaches skiers how to choose the right equipment, build winter shelters, stay safe, and have fun while minimizing their impact on the wilderness. Hundreds of entertaining but very practical illustrations by renowned illustrator Mike Clelland. Completely revised, updated, and

even better than ever!

Backcountry Ski & Snowboard Routes:

California Independently Published

Following up on the phenomenal success of their backcountry ski and backpacking books, Allen O'Bannon and Mike Clelland here provide a thoroughly revised and updated edition of their likewise popular Allen & Mike's Really Cool Telemark Tips, which first appeared in 1998. For anyone who's ever yearned to master the subtleties of the telemark turn, this book includes more than 120 clear, concise telemark tips complemented by often hilarious and always helpful illustrations. For beginners and experts alike, it is a must for tele-skiers who really want to shred. In the decade since the original publication of Allen & Mike's Really Cool Telemark Tips, telemark skiing has evolved enormously. It's entered a modern era, and this new edition reflects the new gear, the new teaching, and the new style of tele-skiing.

**The Alaska Factor** Falcon Press Publishing

The Northwest's most popular backcountry ski guide

Alpine State of Mind Rowman & Littlefield

Guides the reader to great skiing away from the crowds and provides the information every skier will want for fun and challenging high-country adventures.

**Mountaineering: Freedom of the Hills** Rowman & Littlefield

Climbing and Skiing Colorado's Mountains is a select guidebook to 50 of the most classic, aesthetic, and iconic backcountry ski descents in the state of Colorado. The book provides accurate information to backcountry skiers and snowboarders, including overviews, maps, photos, and route descriptions for each of the selected 50 descents, while at the same time spurring the reader on to investigate peaks and areas outside of those featured in the book. Unlike other guidebooks, Climbing and Skiing Colorado's

Mountains focus on peaks of all elevations located in all ranges throughout the state, including many 13ers and 14ers but also some smaller, more accessible peaks, representing a comprehensive mix of some of the best backcountry skiing Colorado has to offer.

**Training for the Uphill Athlete** Rowman & Littlefield

Century of Northwest wilderness skiing stories by noted expert 150 black-and-white and color photographs Celebrates the friluftsliv, or open-air living spirit, of backcountry skiing In Written in the Snows, renowned local skiing historian Lowell Skoog presents a definitive and visually rich history of the past century of Northwest ski culture, from stirring and colorful stories of wilderness exploration to the evolution of gear and technique. He traces the development of skiing in Washington from the late 1800s to the present, covering the beginnings of ski resorts and competitions, the importance of wild places in the Olympic and Cascade mountains (including Oregon's Mount Hood), and the friluftsliv, or open-air living spirit, of backcountry skiing. Skoog addresses how skiing has been shaped by larger social trends, including immigration, the Great Depression, war, economic growth, conservation, and the media. In turn, Northwest skiers have affected their region in ways that transcend the sport, producing local legends like Milnor Roberts, Olga Bolstad, Hans Otto Giese, Bill Maxwell, and more. While weaving his own impressions and experiences into the larger history, Skoog shows that skiing is far more than mere sport or recreation.