

Becky Wittenburg Softball Drills

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RESULTS Coaching Bob Swope, Jacobob Press
Flexible, easy to use, just enough detail--and now the number-one best seller.
The Softball Drill Book Turtleback
Destined to take its place beside such classics of speculative fiction as 1984, Brave New World, and The Handmaid's Tale, this astonishing first novel is a beautifully written and riveting meditation on what it means to be human, what it means to live, and love, wholeheartedly. The year is 2071. In the United States, the only nation in the world where human cloning is legal, a government-run cloning program is in place as the lynchpin of the health care delivery system. Almost every U.S. citizen has a "Copy" living in a sequestered area called The Clearances. When an "Original" is sick or injured and requires surgery, whatever he needs is taken from his clone. In the two decades since the program's inception, no person has ever seen his Copy, and no clone has ever successfully escaped. Until now. A widower in his sixties, and an unlikely candidate for adventure, Ray gets a call from a woman he has not seen or spoken to since their days together as students. Anna is now a member of an underground abolitionist group, and she asks Ray's help in hiding an escaped clone. Ray is unwilling, until he learns the clone is his. The Bradbury Report is Ray's account of the journey he, Anna, and his clone - a perfect replica of himself at twenty-one - undertake on the run from the authorities. It is an epic journey, and an exploration of one of the most pressing ethical dilemmas of the twenty-first century. A provocative vision of the American future, and a haunting story of love and friendship and self-discovery, The Bradbury Reportwill stay with you long after reading.

A Subversive Voice in China Corwin Press
Great practice drills for fastpitch softball players. This book has drills for base running, pitching, hitting, catching, and fielding. Brought to you by Gary Leland publisher of the Fastpitch Softball TV Network. Gary's teams won the 14 and under, and the 15 and under Texas USSSA State championships back to back. His teams came in fourth and fifth in the USSSA National Championships for 14 under, and 15 under. Now he shares some of the drills his team used while training his fastpitch softball team. It seems like a lifetime ago, but I still remember when I started coaching my daughters fastpitch softball team. I had played a little baseball growing up, and some slowpitch softball along the way too. I soon found out two things. One is that fastpitch softball was a sport of its own. While so many thing are the same. There are many thing that are different in fastpitch softball than baseball, or slowpitch softball. Two is that I knew nothing about coaching fastpitch softball players at all. Playing sports had not really taught me how to coach. One of the main things new coaches are looking for is information. This book is my attempt to provide another source for that information. While I admit I did not come up with these fastpitch softball drills. Many of them have probably been used for years, and years. What I did was find many of the great drills I used with my players while coaching. Then I wrote them in an easy to understand format. Trying to make them easy to learn and use. While this may be a guide for coaches to help their young players, this is also be a great resource for parents hoping to help their daughters become better fastpitch softball players.

Brandeis University Human Kinetics Publishers
Offers advice on coaching softball from twenty-eight top coaches, covering priorities and principles, program building, practice sessions, team strategies, player motivation, and other topics.
Computing the Future Cambria Press

From debut author Cameron Kelly Rosenblum comes a stunning teen novel that tackles love, grief, and mental health as one girl must process her friend ' s death and ultimately learn how to stand in her own light. Perfect for fans of All the Bright Places and We Were Liars. It ' s the summer before senior year. Reid is in the thick of Scofield High ' s in-crowd thanks to her

best friend, Hattie, who has been her social oxygen since middle school. But summer is when Hattie goes to her family ' s Maine island home. Instead of sitting inside for eight weeks, waiting for her to return, Reid and their friend, Sam, enter into a pact—to live it up, one party at a time. But days before Hattie is due home, Reid finds out the shocking news that Hattie has died by suicide. Driven by a desperate need to understand what went wrong, Reid searches for answers. In doing so, she uncovers painful secrets about the person she thought she knew better than herself. And the truth will force Reid to reexamine everything.
101 Offensive Softball Drills Houghton Mifflin Harcourt
"This wonderful book should be a first choice for all collections and is strongly recommended as a springboard for discussions about differences. " —School Library Journal (starred review) In this acclaimed book, the author of the Newbery Honor Book To Be a Slave shares his own story as he explores what makes each of us special. A strong choice for sharing at home or in the classroom. Karen Barbour's dramatic, vibrant paintings speak to the heart of Lester's unique vision, truly a celebration of all of us. "This stunning picture book introduces race as just one of many chapters in a person's story" (School Library Journal). "Lester's poignant picture book helps children learn, grow, discuss, and begin to create a future that resolves differences" (Children's Literature). Julius Lester said: "I write because our lives are stories. If enough of these stories are told, then perhaps we will begin to see that our lives are the same story. The differences are merely in the details." I am a story. So are you. So is everyone.

The Stepping Off Place McGraw Hill Professional
Popular among university applicants and their advisers alike, these guides presents a wide range of information on a specific degree discipline, laid out in tabular format enabling at-a-glance course comparison.
Softball Skills & Drills Jacobob Press LLC
Packed with 175 drills straight from the practice sessions of the game's most successful programs, The Softball Drill Book will add variety to your practices and precision to your game-day performances. The comprehensive collection covers every aspect of the game. From warm-up to conditioning, throwing to hitting, bunting to base-running, you'll find drills to improve position skill and team execution—all from college coaches and programs that have won 13 NCAA Women's College World Series titles and dozens of NCAA regional tournament titles. Contributors include: Louie Berndt, Florida State Carol Bruggeman, Louisville Yvette Girouard, Louisiana State Michelle Gromacki, Cal State Fullerton Deanna Gumpf, Notre Dame Carol Hutchins, Michigan Kelly Inouye-Perez, UCLA Jay Miller, Mississippi State Jennifer Ogee, Nebraska Kim Sowder, Long Beach State Heather Tarr, Washington Michelle Venturella, Iowa Kirk Walker, Oregon State Margie Wright, Fresno State One look at the names above and it is clear, The Softball Drill Book is your blueprint for championship practices.

Hi, Pizza Man! Human Kinetics
This is a practical Handbook for beginning youth Defensive Softball coaches, and parents. It has 147 individual pictures and 59 illustration variations to look at. All the skill activities and drills are numbered for easy reference between coaches and parents. Complete with diagram, illustration, and explanation for each one. It covers all the fundamentals you will need to get started in defensive youth softball. It also has training games to play, sample practice schedules, situations drills, stairstep guide for learning, and many plays to run to get your team started.
Softball Coaching Books: How to Learn Softball Skills and Drills in 60 Minutes and Steps to Success! Pioneer Drama Service, Inc.
Discover how RESULTS coaching can foster continuous growth and improvement in your entire staff! RESULTS coaching is a leadership model based on coaching relationships with staff members to help them grow as professionals. Built upon the International Coach Federation standards and coaching competencies, this resource for “ coach-leaders ” offers: A navigation system for creative thinking and solution finding Effective communication methods, such as committed listening, powerful paraphrasing, and reflective feedback Testimonials of coach-leaders describing the impact of results coaching Strategies, tools, and questions for conducting open and reflective conversations Youth Baseball and Softball Drills, Plays, and Situations Handbook America Star Books
101 drills for developing offensive softball skills.Covers lower body hitting drills, upper body hittingdrills,

combination hitting drills, batting tee, softtoss, timing and rhythm, bunting, baserunning, sliding,mental drills and much more.
Winning Softball Drills Da Capo Press
Initially developed by co-author Cheri Fraker in the course of treating an eleven-year-old who ate nothing but peanut butter, bread, and milk,Food Chainingis a breakthrough approach for dealing with picky eating and feeding problems at any age.Food Chainingemphasizes the relationship between foods in regard to taste, temperature, and texture. InFood Chaining, the internationally known feeding team behind this unique method shows how to help your child enjoy new and nutritious foods, no matter what the nature of his picky eating. The guide also includes information on common food allergies, improving eating skills, advice specific to special needs kids, and a pre-chaining program to help prevent food aversions before they develop.Food Chainingwill help you raise a lifelong healthy eater.
Teach'n Beginning Defensive Fast Pitch Softball Drills, Plays, Situations and Games Free Flow Handbook Weinstein Books
In 1942, blonde and blue-eyed Milada is taken from her home in Czechoslovakia to a school in Poland to be trained as "a proper German" for adoption by a German family, but all the while she remembers her true name and history.
The Softball Coaching Bible Fastpitch TV Network
Includes drills for hitting, pitching and other facets of the game as well as for indoor practices and preseason tryouts.
Softball Skills & Drills Routledge
Swope presents 147 drills, plays, and diagrams, all numbered for easy reference between coaches. He covers all the basic offensive, defensive, and situation fundamentals one needs to get started.
Coach's Guide to Game-Winning Softball Drills McFarland
Also available from Lulu.com in a CD version in .pdf format.
Baseball and Softball Drills Human Kinetics
Main description: An overriding assumption has long directed scholarship in both European and Slavic history: that Kievan Rus' in the tenth through twelfth centuries was part of a Byzantine commonwealth separate from Europe. Christian Raffensperger refutes this conception and offers a new frame for two hundred years of history, one in which Rus' is understood as part of medieval Europe and East is not so neatly divided from West. With the aid of Latin sources, the author brings to light the considerable political, religious, marital, and economic ties among European kingdoms, including Rus', restoring a historical record rendered blank by Rusianmonastic chroniclers as well as modern scholars ideologically motivated to build barriers between East and West. Further, Raffensperger revises the concept of a Byzantine Commonwealth that stood in opposition to Europe-and under which Rus' was subsumed-toward that of a Byzantine Ideal esteemed and emulated by all the states of Europe. In this new context, appropriation of Byzantine customs, law, coinage, art, and architecture in both Rus' and Europe can be understood as an attempt to gain legitimacy and prestige by association with the surviving remnant of the Roman Empire. Reimagining Europe initiates an expansion of history that is sure to challenge ideas of Russian exceptionalism and influence the course of European medieval studies.
The Softball Coaching Bible Human Kinetics
66 drills for improved individual and team fielding.
Mathematics, Statistics & Computer Science Trotman Education
Looking for the ultimate book to help you learn and master softball ' s essential skills? Look no further than the guide that has helped develop the game ' s top players and most successful teams. This new edition of Softball Skills & Drills is completely updated with more skills, more drills and strategies, and more of the stellar instruction that have made it the top-selling title on the sport. Judi Garman, one of the winningest coaches in NCAA history, teams with Cal State Fullerton ' s Michelle Gromacki to share their secrets to developing and mastering every aspect of the game. With step-by-step instruction, full-color photo sequences, technique tips, and unique insight into the game, you ' ll learn every fundamental skill: • Hitting • Bunting • Slap Hitting • Baserunning • Sliding • Fielding • Throwing • Pitching • Catching And with over 230 of the game ' s best drills, coverage of team offense and defense, pitch selection, pitch recognition, and in-game strategies, Softball Skills and Drills is simply the most comprehensive and practical guide on the sport. Whether striving to become a complete player or preparing your team for another championship run, Softball Skills &Drills is the one book you cannot be without.
The Softball Drill Book UPNE
Critical Approaches to Comics offers students a deeper understanding of the artistic and cultural significance of comic books and graphic novels by introducing key theories and critical methods for analyzing comics.

Each chapter explains and then demonstrates a critical method or approach, which students can then apply to interrogate and critique the meanings and forms of comic books, graphic novels, and other sequential art. The authors introduce a wide range of critical perspectives on comics, including fandom, genre, intertextuality, adaptation, gender, narrative, formalism, visual culture, and much more. As the first comprehensive introduction to critical methods for studying comics, Critical Approaches to Comics is the ideal textbook for a variety of courses in comics studies. Contributors: Henry Jenkins, David Berona, Joseph Witek, Randy Duncan, Marc Singer, Pascal Lefevre, Andrei Molotiu, Jeff McLaughlin, Amy Kiste Nyberg, Christopher Murray, Mark Rogers, Ian Gordon, Stanford Carpenter, Matthew J. Smith, Brad J. Ricca, Peter Coogan, Leonard Rifas, Jennifer K. Stuller, Ana Merino, Mel Gibson, Jeffrey A. Brown, Brian Swafford