

Big Book Workbooks

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Grades 5-6 Ace Academic Publishing

The basic workbook of the Alcoholics Anonymous, which traces its roots, explores its precepts, and presents stories from participants that demonstrate the program's effectiveness.

My Big Book of Cutting, Pasting, & Drawing Kumon Publishing North America

Geared specifically to women, this book brings a feminine perspective to the Twelve Step program, searching out the healing messages beneath the male-oriented words. Recovery is not a man's world, and yet to a woman it can sometimes seem that way. Geared specifically to that woman, this book brings a feminine perspective to the Twelve Step program, searching out the healing messages beneath the male-oriented words. Based on an open exploration and a flexible interpretation of the Twelve Steps, this new perspective takes into account the psychological development of women as it relates to addiction and recovery, as well as the social and cultural factors that affect women in particular. Acknowledging that recovery raises special issues for women--from questions about sexuality, relationships, and everyday life to anxieties about speaking up at mixed-gender meetings--A Woman's Way through the Twelve Steps focuses directly on the feminine experience of addiction and healing. The author explores the Twelve Steps one by one, reiterating each in its traditional language, then explaining and illustrating it in a way that highlights a woman's experience--empowering the reader to take ownership of her own recovery process as well as her growth as a woman.

Recovery Now GŸrze Books

This is a bind up of Amazing Mazes, Animal Mazes, Around the World Mazes. This workbook will help your child develop pencil skills and spatial reasoning ability through fun and challenging mazes.

12 Step Workbook Kumon Publishing North America

Power up kids' second-grade skills! With pages of fun puzzle-based activities including Highlights Hidden Pictures, this workbook offers age-appropriate fundamentals in language arts, math and science, plus reading, phonics, vocabulary, grammar, cursive, addition and subtraction, fractions, time, social studies, map skills, science and more! Every exercise will boost their confidence and supplement what they're learning in school. This 256-page workbook also features simple tips for parents to extend learning, a Certificate of Achievement to celebrate their hard work, plus links to online activities. Developed with educational experts, teacher-approved, and aligned with state standards, the Second Grade Big Fun Workbook will engage students and get them excited about learning. It's a Family Choice Award Winner, PAL (Play Advances Language) Award Winner, a Parents' Choice Recommended Book and a PAL Top Ten Pick. Kindergarten Big Fun Workbook Big Workbook

Eating Disorders Anonymous: The Story of How We Recovered from Our Eating Disorders presents the accumulated experience, strength, and hope of many who have followed a Twelve-Step approach to

recover from their eating disorders. Eating Disorders Anonymous (EDA), founded by sober members of Alcoholics Anonymous (AA), have produced a work that emulates the " Big Book " in style and substance. EDA respects the pioneering work of AA while expanding its Twelve-Step message of hope to include those who are religious or seek a spiritual solution, and for those who are not and may be more comfortable substituting " higher purpose " for the traditional " Higher Power. " Further, the EDA approach embraces the development and maintenance of balance and perspective, rather than abstinence, as the goal of recovery. Initial chapters provide clear directions on how to establish a foothold in recovery by offering one of the founder ' s story of hope, and collective voices tell why EDA is suitable for readers with any type of problem eating, including: anorexia nervosa, bulimia, binge eating, emotional eating, and orthorexia. The text then explains how to use the Twelve Steps to develop a durable and resilient way of thinking and acting that is free of eating disordered thoughts and behaviors, including how to pay it forward so that others might have hope of recovery. In the second half of the text, individual contributors share their experiences, describing what it was like to have an eating disorder, what happened that enabled them to make a start in recovery, and what it is like to be in recovery. Like the " Big Book, " these stories are in three sections: Pioneers of EDA, They Stopped in Time, and They Lost Nearly All. Readers using the Twelve Steps to recover from other issues will find the process consistent and reinforcing of their experiences, yet the EDA approach offers novel ideas and specific guidance for those struggling with food, weight and body image issues. Letters of support from three, highly-regarded medical professionals and two, well-known recovery advocates offer reassurance that EDA ' s approach is consistent with that supported by medical research and standards in the field of eating disorders treatment. Intended as standard reading for members who participate in EDA groups throughout the world, this book is accessible and appropriate for anyone who wants to recover from an eating disorder or from issues related to food, weight, and body image.

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The best Big Book workshop workbook available anywhere today is right here

in your hands. This time you and your group are going to be taken through the Big Book as thorough as Joe & Charlie , Joe H. and Don P. did in the days of the old. This workbook and workshop format helps to systematically lead you and your group through all 12 steps thoroughly trying to create such an experience within you that you feel a spiritual shift occur in your being. The sole purpose of this is book is to fit ourselves to be of maximum service to God and to our fellows. We feel that we are doing such a service by presenting to you this material. You only need go through it and then share this process with others who would care so much as to have it. We pray there are many, because we see there are many who need it. So our advice can only be to go through this as thoroughly as you will need in order to prepare yourself to save the live of others who are dying by the thousands as we speak."We are more than a thousand men and women who have recovered from a seemingly hopeless state of mind and body. And we are here to present you with precise instructions for you to recover as well."

Big Book of Phonics, Grades K - 3 Alcoholics Anonymous Big Book

Metaphors and exercises play an incredibly important part in the successful delivery of acceptance and commitment therapy (ACT). These powerful tools go far in helping clients connect with their values and give them the motivation needed to make a real, conscious commitment to change. Unfortunately, many of the metaphors that clinicians use have become stale and ineffective. That ' s why you need fresh, new resources for your professional library. In this breakthrough book, two ACT researchers provide an essential A-Z resource guide that includes tons of new metaphors and experiential exercises to help promote client acceptance, defusion from troubling thoughts, and values-based action. The book also includes scripts tailored to different client populations, and special metaphors and exercises that address unique problems that may sometimes arise in your therapy sessions. Several ACT texts and workbooks have been published for the treatment of a variety of psychological problems. However, no one resource exists where you can find an exhaustive list of metaphors and experiential exercises geared toward the six core elements of ACT. Whether you are treating a client with anxiety, depression, trauma, or an eating disorder, this book will provide you with the skills needed to improve lives, one exercise at a time. With a special foreword by ACT cofounder Steven C. Hayes, PhD, this book is a must-have for any ACT Practitioner.

Big Book of Science Workbook: Scholastic Early Learners (Workbook) Hazelden Publishing

This book covers common phonics topics such as blends, digraphs, vowel combinations, prefixes, and suffixes. Included are

worksheets, games, and activities.

Big Book of Math Practice Problems Fractions and Decimals Hazelden Publishing

Multi-fellowship 12 Step Recovery Workbook with space for gratitude list and journal section The workbook is not intended to replace reading the step literature, working with a sponsor, or attending step meetings. Its purpose is to provide structure to working the individual steps. Each of the first twelve sections provides questions and prompts for one step as well as space for additional questions suggested by your sponsor. There are two additional sections, the first for writing out a gratitude list, and the second to provide a place for journal writing. Workbook with questions and prompts for working the 12 steps plus additional space for additional questions suggested by your sponsor. Space to make a gratitude list. 50 blank journal pages. 8.5 x 11 inches This is an absolutely priceless tool for giving structure to your daily recovery routine. The cover is a visual representation of the freedom we receive from 12 step recovery. This is a perfect gift to yourself or for a recovering friend or loved one.

A Program For You Workman Publishing

Get your child ready for pre-K in this giant workbook filled with activities and stickers from Scholastic Early Learners!

The Narcotics Anonymous Step Working Guides Highlights Press This is the companion workbook to the official ACA Fellowship Text that is Adult Children of Alcoholics World Service Organization (ACA WSO) Conference Approved Literature.

Adult Children of Alcoholics/Dysfunctional Families (ACA) is an independent 12 Step and 12 Tradition anonymous program. The ACA Fellowship Text was written by anonymous ACA members providing guidance on working the 12 Step ACA program leading to recovery from the effects of growing up in an alcoholic or otherwise dysfunctional family.

The Big Book of ACT Metaphors Highlights Press

This workbook will help your child develop skills essential for preschool and beyond. This is a bind up of Number Games 1-70, Alphabet Games, and Rhyming Words.

Big Book Awakening Simon and Schuster

Living with Your Higher Power

Big Book Study Workshop Workbook Emerald Ink Pub

Power up kids ' first-grade skills! With pages of fun puzzle-based activities including Highlights Hidden Pictures, this workbook offers age-appropriate fundamentals in language arts, math and science, plus skills like word recognition, digraphs and consonant blends. They ' ll also learn about homophones, shapes, numbers, addition, subtraction, sequencing, science and more! Every exercise will boost their confidence and supplement what they ' re learning in school. This 256-page workbook also features simple tips

for parents to extend learning, a Certificate of Achievement to celebrate their hard work, plus links to online activities. Developed with educational experts, teacher-approved and aligned with state standards, the First Grade Big Fun Workbook will engage students and get them excited about learning. It ' s a Family Choice Award Winner, PAL (Play Advances Language) Award Winner, a Parents' Choice Recommended Book and a PAL Top Ten Pick. Second Grade Big Fun Workbook John Wiley & Sons Puzzles + Skills Practice + Humor = School Success! This award-winning workbook is packed with exercises that make learning fun and will help your child develop skills for school readiness and success. Developed with education experts, and aligned with school standards, this workbook will engage kindergarteners and get them excited about learning! Blending over 250 pages of Hidden Pictures puzzles, humor, and skills practice, kindergarteners will practice a variety of skills in subjects like reading and math through exercises that will boost their confidence and supplement what they ' re learning in school. Key subjects covered include: Language Arts: alphabet practice, sight words, handwriting, rhyming Math: numbers, counting, patterns, shapes, comparing numbers Colors, opposites, and sequencing The book also has an introduction with easy tips for parents, a Certificate of Achievement, and online activities. Winner, Family Choice Award Winner, PAL (Play Advances Language) Award A Parents' Choice Recommended Book PAL (Play Advances Language) Top Ten Pick My Big Book of Addition Kumon Publishing North America Narcotics Anonymous Step Working Guides are meant to be used by NA members at any stage of recovery, whether it's the first time through the steps, or whether they have been a guiding force for many years. This book is intentionally written to be relevant to newcomers and to help more experienced memebbers develop a deeper understanding of the Twelve Steps.

The Big Workbook for Submissives Highlights Press

The definitive reference book with real-world solutions you won't find anywhere else The Big Book of Dashboards presents a comprehensive reference for those tasked with building or overseeing the development of business dashboards. Comprising dozens of examples that address different industries and departments (healthcare, transportation, finance, human resources, marketing, customer service, sports, etc.) and different platforms (print, desktop, tablet, smartphone, and conference room display) The Big Book of Dashboards is the only book that matches great dashboards with real-world business scenarios. By organizing the book based on these scenarios and offering practical and effective visualization examples, The Big Book of Dashboards will be the trusted resource that you open when you need to build an effective business dashboard. In addition to the scenarios there's an entire section of the book that is devoted to addressing many practical and psychological factors you will encounter in your

work. It's great to have theory and evidenced-based research at your disposal, but what will you do when somebody asks you to make your dashboard 'cooler' by adding packed bubbles and donut charts? The expert authors have a combined 30-plus years of hands-on experience helping people in hundreds of organizations build effective visualizations. They have fought many 'best practices' battles and having endured bring an uncommon empathy to help you, the reader of this book, survive and thrive in the data visualization world. A well-designed dashboard can point out risks, opportunities, and more; but common challenges and misconceptions can make your dashboard useless at best, and misleading at worst. The Big Book of Dashboards gives you the tools, guidance, and models you need to produce great dashboards that inform, enlighten, and engage.

Giant Workbook Balboa Press

Written to be used in conjunction with, not instead of the "Big Book of Alcoholics anonymous." This book will help guide you through a personal experience with all "Twelve Steps" as they are outlined in the "AA Big Book." You write notes and questions from the "Big Book Awakening" into your own "Big Book" for personal consideration. After you have completed this process yourself your "Big Book" is now a powerful "working with others book" with questions and considerations that will help you work with others both one-on-one and in workshops. They then selves write the same notes into their own "Big Book" to one day do the same.

12-Step Workbook for Recovering Alcoholics, Including Powerful 4Th-Step Worksheets New Harbinger Publications

This book is meant to strengthen your child's fine motor skills. This workbook is a bind-up of three of our "Basic Skills" titles, including "My First Book of Cutting," "My Book of Pasting," and "My First Book of Drawing."

My Big Book of Mazes Ace Academic Publishing

The Twelve Steps and Twelve Traditions are the heart of the Alcoholics Anonymous program of recovery. this workbook is designed to facilitate a thorough study of them.