

Cascade Alpine Guide Stevens Pass To Rainy

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Backcountry Ski & Snowboard Routes Washington The Mountaineers Books
Spokane-based author and award-winning photographer Charles Gurche has been capturing Washington's wonderland of wildflowers on film for years. In this practical guide, he now reveals his favorite places to witness the state's unparalleled floral shows. Through his detailed trail descriptions and gorgeous full-color images, Gurche spotlights the state's 50 best day hikes for wildflower viewing. These excursions, located throughout the state, enable hikers of all fitness levels to experience Washington's diverse backcountry at its finest -- and to identify its many colorful and intriguing wildflower species. Driving directions deliver hikers to each trailhead, and color maps illustrate the trail routes. Washington's Best Wildflower Hikes is the ultimate guide for outdoor enthusiasts who wish to discover where to go for their next wildflower trek, what trailside species they are likely to encounter, and when to catch Washington's floral gems in peak bloom. Book jacket.

Mount McKinley Mountaineers Books

The godfather of North Cascades climbing updates the third of his seminal guides to this wild range. Included are 10 new topos, updated maps, over 100 photographs (75 with route overlays), route information and driving directions. Hikers, scramblers, serious climbers and Northwest rescue organizations, alike, have relied on Fred Beckey's Cascade Alpine Guides for decades to lead them through this wild mountain range. In addition to their comprehensiveness, the books provide a rare combination of aerial photos with route overlays, three-dimensional illustrated maps and climbing topos. The section of the North Cascades covered in this volume is roughly a pie-shaped area bounded by Hwy 97 and the Columbia River to the east, Lake Chelan to the west, and Hwy 20 to the north. Except for glaciers and some year-round snow fields, it's mostly dry, lonesome, open country, with beautiful granite spires jutting to the sky.

Cascade Alpine Guide: Columbia River to Stevens Pass Falcon Press Publishing

Discover the very best hiking trails in Washington State's Central Cascades—along the I-90 and Highway 2 corridors—that can be done in a day. From Snoqualmie Pass to the Alpine Lakes Wilderness to Stevens Pass, you'll find 69 of the best day hikes close to Seattle in this full-color hiking guide. Featuring the lush forests, mountain vistas, waterfalls, and alpine meadows unique to Washington State, each trail is rated from easy to extreme, giving first-time or veteran hikers the variety they want, as well as topographical maps, trail descriptions, and more. Includes complete information for 69 great day hikes within driving distance from Seattle, including:

- Alpine Lakes Wilderness
- Cascades Foothills
- Cougar Mountain
- Deception Falls
- Leavenworth
- Longs Pass
- Mount Pilchuck
- Mount Si
- Snoqualmie Falls
- Wild Sky Wilderness
- and more!

The Day Hike! series of full-color hiking guides was written for people who want to spend their days in the mountains and their nights at home. Other titles in the Day Hike! series include: Day Hike! Olympic Peninsula Day Hike! North Cascades Day Hike! Mount Rainier Day Hike! Spokane, Coeur d'Alene, and Sandpoint

Weekend Rock Washington Mountaineers Books
CLICK HERE to download three sample hikes from Day Hiking Central Cascades 125 trails, each rated on an overall-quality scale of 1 to 5 Full-color photo insert and overview map 1% of sales donated to the Washington Trails Association for trail maintenance The Central Cascades offer some of the most accessible wilderness areas for urban Seattleites, with trails no less stunning or enjoyable than those in more remote regions. Day Hiking Central Cascades includes 50% more hikes than other regional guidebooks and focuses on cream-of-the-crop trails in these areas: Whidbey Island; Skykomish, Wenatchee, and Icicle River Valleys; the Entiat Mountains; the Lake Chelan area; and more. Compact in size, this is the most up-to-date guide for the area, organized along highways and other travel corridors, and with an emphasis on trails that are 12 miles or less, round-trip, each of them hiked by the author. **Mountaineers Books designates 1 percent of the sales of select guidebooks in our Day Hiking series toward volunteer trail maintenance. For this book, our 1 percent of sales is going to Washington Trails Association (WTA). WTA hosts more than 750 work parties throughout Washington's Cascades and Olympics each year, with volunteers clearing downed logs after spring snowmelt, cutting away brush, retreading worn stretches of trail, and building bridges and turnpikes. Their efforts are essential to the land

managers who maintain thousands of acres on shoestring budgets.

The Weather of the Pacific Northwest The Mountaineers Books
Introduces 70 of the best day hike trails in the Central Cascades from the Olallie Lake Scenic Area and Mount Jefferson Wilderness in the north to the Mount Thielsen Wilderness in the south.

Cascade Alpine Guide: Stevens Pass to Rainy Pass National Technical Info Svc

Powerful Pacific storms strike the region. Otherworldly lenticular clouds often cap Mount Rainier. Rain shadows create sunny skies while torrential rain falls a few miles away. The Pineapple Express brings tropical moisture and warmth during Northwest winters. The Pacific Northwest produces some of the most distinctive and variable weather in North America, which is described with colorful and evocative language in this book. Atmospheric scientist and blogger Cliff Mass, known for his ability to make complex science readily accessible to all, shares eyewitness accounts, historical episodes, and the latest meteorological knowledge. This updated, extensively illustrated, and expanded new edition features:

- A new chapter on the history of wildfires and their impact on air quality
- Analysis of recent floods and storms, including the Oso landslide of 2014, the 2016 "Ides of October" windstorm, and the tornado that damaged 250 homes in Port Orchard on the Kitsap Peninsula in 2018
- Fresh insight on local weather phenomena such as "The Blob"
- Updates on the latest technological advances used in forecasting
- A new chapter on the meteorology of British Columbia

Highly readable and packed with useful scientific information, this indispensable guide is a go-to resource for outdoor enthusiasts, boaters, gardeners, and anyone who wants to understand and appreciate the complex and fascinating meteorology of the region.

Rock Climbing Washington The Mountaineers Books

You don't have to be a rock star to top out on these routes--and you can fit them in anytime you have a day or two free. More than 300 trad and sport climbs from 5.0 to 5.10a.

Cascade Alpine Guide Cambridge University Press

Kiss or Kill: Confessions of a Serial Climber is raw, unfiltered Twilight who makes it clear that climbing is only distantly about the summit. Whether railing against the spinelessness of siege-style mountaineering, admitting addiction to pushing the bounds of the possible, or revelling in his ability to cut away anything in life that holds him back, Twilight never blinks. Along the way, there is the drama of new and epic routes, unbreakable bonds between climbing partners, and Twilight's evolution as a climber and a man. He tells every story in a unique, in-your-face style.

Climbing Mount Rainier Mountaineers Books

* Fred Beckey is synonymous with Cascades climbing and is said to have completed more first ascents than any other climber in history * Includes detailed appendix of all Beckey's ascents from 1936-1968 This book documents more than three decades of adventure in the peaks of the North Cascades. In this absorbing memoir, climbing legend Fred Beckey shares his unique experiences, from achieving personal triumphs to facing the challenges of nature. It's a must for every mountaineering enthusiast's bookshelf!

Day Hiking Central Cascades Routledge

Trails specifically selected with younger hikers in mind Tips for family vacation destinations Features easy-to-access "nature fixes" throughout Western Washington Author Susan Elderkin has seen her kids express wonder and glee at discovering insects and flowers, melt down in tearful defiance in the middle of a trail, and triumphantly reach a summit and view. In short, she's a regular mom who wants to encourage other parents to get their regular kids out into nature too. While Susan is an expert hiker in her own right, it's her children who helped her to see hiking from a kid's point of view. The result is **Best Hikes with Kids: Western Washington**, a fresh and wholly new guide for families looking for quality time together away from their distracting devices. Guidebook features include: 125 hikes—carefully selected and vetted by both parents and children Routes range in length from less than 2 miles (great for toddlers) to as much as 6 miles (for older kids who want to test themselves) Handy info blocks give a quick snapshot of each hike: best season, difficulty, length, high point, and elevation gain 13 "Great Getaways"—weekend or vacation destinations around the state with hiking trails and other family-fun activities Colorful icons indicate star attractions of the hike: splash zone, wildflowers, old-growth, dog-friendliness, stroller-accessibility, and more "Best of" lists make it easy for families to match hikes to their kids' interests Driving directions, complete trail information, GPS trailhead coordinates, and color map included for each hike Tips on how to motivate kids on the trail, what's appropriate for different ages, nature facts, and more Whether you're looking for the best hikes to hug a really big tree; take a fun and refreshing dip; see birds, animals, or waterfalls; go on a winter day; or stuff yourself with berries, **Best Hikes with Kids: Western Washington** has you

covered.

Alpine Lakes Wilderness Mountaineers Books

Mt. Erie is part of the 2800 Anacortes (Washington) Community Forest Lands. The south-facing mountain is the rain shadow of the Olympic Mountains climbable year-round with scenic views of the San Juan Islands. This new, all color guidebook includes over 400 routes. Aerial photos, contour maps, and GPS waypoints get you to where you want to go quickly and efficiently. Color-coded topos and detailed route descriptions let you know what gear and beta you'll need for each climb. First ascent stories and a tribute to Dallas Kloke will enhance your visit with an understanding of the local climbing history and culture of this unique area.

Rockin' on the Rock University of Washington Press

This document is a cooperative effort among fifteen Federal agencies and partners to produce a common reference on stream corridor restoration. It responds to a growing national and international interest in restoring stream corridors.

Day Hike! Central Cascades, 3rd Edition The Mountaineers Books

Comprehensive climbing approach, route guides to Washington's Cascades.

The Andean Cloud Forest The Mountaineers Books

* Cascades climbing routes -- the guidebooks relied on for more than 25 years * Northwest climbing legend Fred Beckey has summited and explored hundreds of Cascade peaks * Hand-drawn maps and photos with route overlays, as well as approach information Volume II in the classic Cascade Alpine Guide series features expert information on more than 300 climbing and high routes in the Cascades. This volume covers the middle of the Cascade Range, from the foothills east of Puget Sound to Lake Chelan. You'll find geographical, historical, and geological overviews of the majestic mid-Cascade region, plus important tips on safety and backcountry usage. Legendary author/climber Fred Beckey includes technical and grade information for each route to make clear exactly what type of climb you are embarking upon.

Kiss Or Kill Mountaineers Books

Sport is a global phenomenon engaging billions of people and generating annual revenues of more than US\$ 145 billion. Problems in the governance of sports organisations, fixing of matches and staging of major sporting events have spurred action on many fronts. Yet attempts to stop corruption in sport are still at an early stage. The Global Corruption Report (GCR) on sport is the most comprehensive analysis of sports corruption to date. It consists of more than 60 contributions from leading experts in the fields of corruption and sport, from sports organisations, governments, multilateral institutions, sponsors, athletes, supporters, academia and the wider anti-corruption movement. This GCR provides essential analysis for understanding the corruption risks in sport, focusing on sports governance, the business of sport, planning of major events, and match-fixing. It highlights the significant work that has already been done and presents new approaches to strengthening integrity in sport. In addition to measuring transparency and accountability, the GCR gives priority to participation, from sponsors to athletes to supporters an essential to restoring trust in sport.

Mountains of North America Alpen Books

Fred Beckey's 100 Favorite North American Climbs is the culmination of a 70-year career of first ascents and features compelling writing about the mountains and mountain life. Includes route tips, natural history, and climbing lore. Filled with hand-drawn climbing topos, photos, narrative description, side notes and 40 extra climbs of note in each of the eight geographical regions.

Classic Cascade Climbs National Geographic Books

Rock microstructures provide clues for the interpretation of rock history. A good understanding of the physical or structural relationships of minerals and rocks is essential for making the most of more detailed chemical and isotopic analyses of minerals. Ron Vernon discusses the basic processes responsible for the wide variety of microstructures in igneous, sedimentary, metamorphic and deformed rocks, using high-quality colour illustrations. He discusses potential complications of interpretation, emphasizing pitfalls, and focussing on the latest techniques and approaches. Opaque minerals (sulphides and oxides) are referred to where appropriate. The comprehensive list of relevant references will be useful for advanced students wishing to delve more deeply into problems of rock microstructure. Senior undergraduate and graduate students of mineralogy, petrology and structural geology will find this book essential reading, and it will also be

of interest to students of materials science.

Fred Beckey's 100 Favorite North American Climbs Rowman & Littlefield

This updated edition of Rock Climbing Washington features more than 1,500 routes throughout the state of Washington. Explore the granite cliffs of Index, Leavenworth, Darrington, and Tieton River Canyon; tackle the exposed alpine routes on the spires at Washington Pass; or hang from steep sport climbs at North Bend, Frenchman Coulee, and Marcus and China Bend near Spokane.

Cascade Alpine Guide; Stevens Pass to Rainy Pass

Springer Nature

Comprehensive climbing approach, route guides to Washington's Cascades.

Rainy Pass to Fraser River Big Earth Publishing

Classic Cascade Climbs features more than 100 climbing routes across 70-plus peaks--from renowned alpine routes to challenging trad climbs, as well as a handful of sport, ice, and crag options. To determine if it was a "classic" each route was judged on the following criteria: overall quality, popularity, accessibility, style, and historical importance. Climbing beta includes: Peak and prominence elevations and type of rock Grade, approach, route, descent descriptions Detailed photo-based route overlays and topo maps Pitch-by-pitch details, estimated time, recommended equipment Required permits and other special considerations Selected history including first ascents Authoritative and inspirational, this seminal guide also features stunning mountain photography by famed photographer John Scurlock and others.