

muscle activity alters the way our bodies (and those of other animals) function at the levels of molecules, cells, organs, and whole body. Included in the book is original research on biochemical and physiological adaptations of children, adolescents, and adults to exercise training; on the use of biochemical and physiological tests to assess sport performance; and on how exercise can fight disease.

HWM

PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

Hi-fi News

PCMag.com is a leading authority on technology, delivering Labs-based, independent reviews of the latest products and services. Our expert industry analysis and practical solutions help you make better buying decisions and get more from technology.

Popular Photography

«?????????» ?????????? ??????, ? ?? ?????? ???, ??? ?????? ? ????????????? ?????? ??????. ?? ????????????????? (? ????????????? – ????????) ????????????????? ????? – ?????????? ?????, ?????????? ?????????? ?????, ????????????? ? ?????????? ?????? ??????, ?? ?????? ?? ?????? ?????, ?????????????????? ??????????. ? ?????? ?????????? ?????????, ????????????? ? ?????? ?????????????????? ?????? ?????????? – ?? ?????????? ??????????, ?? ?????? ?????????? ?????????? ?????????? ?????? ?????????? – ?? ?????????? ??????????, ?? ?????? ?????????? ??????????. ??????? ? ????????????? ?? ?????????? ?????? (????????????, ?????????? ????????????? ?? ??, ?????? ?????????????? ?????????? ??????????). ?????? – ?? ??, ?? ?????????? ?????? ?????????? ?????????????? ????????????? ? ??, ?? ?????? ??????? ? ?????????? ?????????? ??????. ?? ?????? ?????????? ?????????????? ????????????? ?????, ?????????????? ?????????? ?????????????????? ???.

Popular Photography

A local Singaporean magazine dedicated to photography and videography.