

## Centurylink Prism Tv Guide

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### *Beyond the Silver Screen* Piatkus

The definitive story of one of the greatest dynasties in baseball history, Joe Torre's New York Yankees. When Joe Torre took over as manager of the Yankees in 1996, they had not won a World Series title in eighteen years. In that time seventeen others had tried to take the helm of America's most famous baseball team. Each one was fired by George Steinbrenner. After twelve triumphant seasons—with twelve straight playoff appearances, six pennants, and four World Series titles—Torre left the Yankees as the most beloved manager in baseball. But dealing with players like Jason Giambi, A-Rod, Derek Jeter, Mariano Rivera, Roger Clemens, and Randy Johnson is what managing is all about. Here, for the first time, Joe Torre and Tom Verducci take readers inside the dugout, the clubhouse, and the front office, showing what it took to keep the Yankees on top of the baseball world.

### *Soldier of Finance* The Locator

Mad Money host Jim Cramer shows you how to invest your savings and turn them into real, lasting wealth. Tired of phony promises about getting rich quickly? How about trying something different? How about going for lasting wealth—and doing it the cautious way? In *Get Rich Carefully*, Jim Cramer draws on his unparalleled knowledge of the stock market to help you navigate our recovering economy and make big money without taking big risks. In plain English, Cramer lays it on the line. No-waffling, no on-the-one-hand-or-the-other hedging, just the straight stuff. He names names, highlights individual and sector plays, identifies the long-term investing themes—and explains how to develop the

discipline you need to exploit them. An invaluable personal finance book, *Get Rich Carefully* is your guide to turning your savings into real, lasting wealth in a practical, highly readable, and entertaining way.

*How Innovative Companies Are Reducing Churn and Growing Recurring Revenue* ABC-CLIO  
#1 New York Times bestselling author Dr. Daniel Amen reveals the seven neuroscience secrets to becoming more than 30 percent happier in just 30 days—regardless of your age, upbringing, genetics, or current situation. Happiness is a brain function. With a healthier brain always comes a happier life. After studying more than 200,000 brain scans of people from 155 countries, Dr. Amen has discovered five primary brain types and seven neuroscience secrets that influence happiness. In *You, Happier*, he explains them and offers practical, science-based strategies for optimizing your happiness. Dr. Amen will teach you how to discover your brain type based on your personality and create happiness strategies best suited to you; improve your overall brain health to consistently enhance your mood; protect your happiness by distancing yourself from the “noise” in your head; and make seven simple decisions and ask seven daily questions to enhance your happiness. Creating consistent happiness is a daily journey. In *You, Happier*, Dr. Amen walks you through neuroscience-based habits, rituals, and choices that will boost your mood and help you live each day with clearly defined values, purpose, and goals.

### *Constructing Patriotism* Blurb

The CPU meter shows the problem. One core is running at 100 percent, but all the other cores are idle. Your application is CPU-bound, but you are using only a fraction of the computing power of your multicore system. What next? The answer, in a nutshell, is parallel programming. Where you once

would have written the kind of sequential code that is familiar to all programmers, you now find that this no longer meets your performance goals. To use your system's CPU resources efficiently, you need to split your application into pieces that can run at the same time. This is easier said than done. Parallel programming has a reputation for being the domain of experts and a minefield of subtle, hard-to-reproduce software defects. Everyone seems to have a favorite story about a parallel program that did not behave as expected because of a mysterious bug. These stories should inspire a healthy respect for the difficulty of the problems you face in writing your own parallel programs. Fortunately, help has arrived. Microsoft Visual Studio® 2010 introduces a new programming model for parallelism that significantly simplifies the job. Behind the scenes are supporting libraries with sophisticated algorithms that dynamically distribute computations on multicore architectures. Proven design patterns are another source of help. *A Guide to Parallel Programming* introduces you to the most important and frequently used patterns of parallel programming and gives executable code samples for them, using the Task Parallel Library (TPL) and Parallel LINQ (PLINQ).

*Robert's Rules of Order* Main Street Books  
How institutions for Internet governance are emerging from the tension between the territorially bound nation-state and a transnational network society. When the prevailing system of governing divides the planet into mutually exclusive territorial monopolies of force, what institutions can govern the Internet, with its transnational scope, boundless scale, and distributed control? Given filtering/censorship by states and concerns over national cybersecurity, it is often assumed that the Internet will inevitably be subordinated to the traditional system of nation-states. In *Networks and States*, Milton Mueller counters this, showing how Internet governance poses novel and fascinating governance issues that give rise to a global politics and new transnational institutions. Drawing on theories of networked governance, Mueller provides a broad overview of Internet governance from the formation of ICANN to the clash at the World Summit on the Information Society (WSIS), the formation of the Internet Governance Forum, the global assault on peer-to-peer file sharing, and the rise of national-level Internet control and security concerns. Internet governance has become a source of conflict in international relations. *Networks and States* explores the important role that emerging transnational institutions could play in fostering global governance of communication-information policy.

### *Lucky Guy* Routledge

Ten years ago, the United States stood at the forefront of the Internet revolution. With some of the fastest speeds and lowest prices in the world

for high-speed Internet access, the nation was poised to be the global leader in the new knowledge-based economy. Today that global competitive advantage has all but vanished because of a series of government decisions and resulting monopolies that have allowed dozens of countries, including Japan and South Korea, to pass us in both speed and price of broadband. This steady slide backward not only deprives consumers of vital services needed in a competitive employment and business market—it also threatens the economic future of the nation. This important book by leading telecommunications policy expert Susan Crawford explores why Americans are now paying much more but getting much less when it comes to high-speed Internet access. Using the 2011 merger between Comcast and NBC Universal as a lens, Crawford examines how we have created the biggest monopoly since the breakup of Standard Oil a century ago. In the clearest terms, this book explores how telecommunications monopolies have affected the daily lives of consumers and America's global economic standing.

**Jim Cramer's Get Rich Carefully** Yale University Press

Named one of Vogue's 'Best New Healthy Cookbooks'! Named 'Best Book for Improving Gut Health' in Healthista.com's 13 best healthy cookbooks of the year! 'Each page oozes wisdom and insight, mirrored with realistic tips and advice on nurturing your digestive health' Get the Gloss 'The most relevant and provocative nutritionist I've ever met' Nick Barnard, founder of Rude Health 'In a world of food fads, Eve's approach is grounded, sensible and do-able' Suzy Greaves, Editor, Psychologies 'Eve is smart and practical; her advice is spot on and her recipes are distinctive and easy to make' Ian Marber, nutritional therapist and author 'Each chapter leaves you feeling enlightened and fired up to make real change' Healthista.com In *Be Good to Your Gut*, nutritional therapist Eve Kalinik shows you the path to better digestion and reveals the far-reaching effects of good gut health - from a stronger immune system and balanced hormones to a greater resilience to stress and reduced inflammation. The real work on getting your gut to be as healthy and happy as it can be starts with what you feed it. Eve's advice is complemented with over eighty enticing, nourishing recipes you'll want to eat over and over again, including Miso Cod with Wasabi Broccoli, Chocolate Chia Fudgy Pancakes, Matcha Banana Bread, Turmeric Chicken with Laksa Zoodles, Amandino Ice Cream and Happy Cow Burgers. If you simply want to improve your gut health and overall wellbeing but don't know where to start, or you are looking for further insight into digestive conditions such as IBS, the advice in *Be Good to Your Gut* will help you feel fantastic, and proves that being good to your gut is great for your taste buds, too.

**Supercharge Your Brain, Reverse Memory Loss, and Remember What Matters Most** IAP

Providing a detailed historical overview of

animated film and television in the United States over more than a century, this book examines animation within the U.S. film and television industry as well as in the broader sociocultural context. • Documents the evolution of U.S. animation, from its origins in newspaper cartooning at the beginning of the 20th century to the digital creations of the late 20th century and beyond • Reveals social influence on animation across history, including issues of race and gender • Identifies a new preoccupation of the American public with animation and reconsiders popular animated films and TV shows in this light • Discusses major figures, themes, and studios involved in the production of American animated film and television • Identifies major achievements and controversies in the history of animation in the United States

**The Six to Fix** The New Press

*Super Mad at Everything All the Time* explores the polarization of American politics through the collapse of the space between politics and culture, as bolstered by omnipresent media. It seeks to explain this perfect storm of money, technology, and partisanship that has created two entirely separate news spheres: a small, enclosed circle for the right wing and a sprawling expanse for everyone else. This leads to two sets of facts, two narratives, and two loudly divergent political sides with extraordinary anger all around. Based on extensive interviews with leading media figures and politicians, this book traces the development of the media machine, giving suggestions on how to restore our national dialogue while defending our right to disagree agreeably.

**E-Commerce 2014** Createspace Independent Publishing Platform

This is a major new assessment of the American movie industry in the 1990's, focusing on the development of new communication technologies such as cable and home video and examining their impact on the production and distribution of motion pictures.

**Memory Rescue** HarperCollins

An innovative investigation of the inner workings of Spotify that traces the transformation of audio files into streamed experience. Spotify provides a streaming service that has been welcomed as disrupting the world of music. Yet such disruption always comes at a price. Spotify Teardown contests the tired claim that digital culture thrives on disruption. Borrowing the notion of "teardown" from reverse-engineering processes, in this book a team of five researchers have playfully disassembled Spotify's product and the way it is commonly understood. Spotify has been hailed as the solution to illicit downloading, but it began as a partly illicit enterprise that grew out of the Swedish file-sharing community. Spotify was originally praised as an innovative digital

platform but increasingly resembles a media company in need of regulation, raising questions about the ways in which such cultural content as songs, books, and films are now typically made available online. Spotify Teardown combines interviews, participant observations, and other analyses of Spotify's "front end" with experimental, covert investigations of its "back end." The authors engaged in a series of interventions, which include establishing a record label for research purposes, intercepting network traffic with packet sniffers, and web-scraping corporate materials. The authors' innovative digital methods earned them a stern letter from Spotify accusing them of violating its terms of use; the company later threatened their research funding. Thus, the book itself became an intervention into the ethics and legal frameworks of corporate behavior.

**Take Charge of Your Money and Invest in Your Future** Anchor

End chronic pain—for good—with this practical guide from the PBS personality behind *Classical Stretch* and author of the New York Times bestseller *Aging Backwards*. Chronic pain is the most common cause of long-term disability in the United States. Twenty percent of American adults accept back spasms, throbbing joints, arthritis aches, and other physical pain as an inevitable consequence of aging, illness, or injury. But the human body is not meant to endure chronic pain. Miranda Esmonde-White has spent decades helping professional athletes, ballet dancers, and Olympians overcome potentially career-ending injuries and guiding MS patients and cancer survivors toward pain-free mobility. Now, in *Forever Painless*, she shows everyone how to heal their aching bodies and live pain free. The root of nearly all pain is movement—or lack thereof. We need to move our bodies to refresh, nourish, and revitalize our cells. Without physical activity, our cells become stagnant and decay, accelerating the aging process and causing pain. People who suffer chronic pain often become sedentary, afraid that movement and activity will make things worse, when just the opposite is true: movement is essential to healing. In *Forever Painless*, Miranda provides detailed instructions for gentle exercise designed to ease discomfort in the feet and ankles, knees, hips, back, and neck—allowing anyone to live happier, healthier, and pain-free no matter their age.

**A History of America in Ten Strikes** Springer

Covering a wide range of textual forms and geographical locations, *The Bloomsbury Introduction to Postcolonial Writing: New Contexts, New Narratives, New Debates* is an advanced introduction to prominent issues in contemporary postcolonial literary studies. With chapters written by leading scholars in the field, *The Bloomsbury Introduction to Postcolonial Writing* includes: • Explorations of key contemporary topics, from ecocriticism, refugeeism, economics, faith and secularism, and gender and sexuality, to the

impact of digital humanities on postcolonial studies · Introductions to a wide range of genres, from the novel, theatre and poetry to life-writing, graphic novels, film and games · In-depth analysis of writing from many postcolonial regions including Africa, South Asia, the Caribbean and Latin America, and African American writing Covering Anglophone and Francophone texts and contexts, and tackling the relationship between postcolonial studies and world literature, with a glossary of key critical terms, this is an essential text for all students and scholars of contemporary postcolonial studies.

Kimani Press

Samuel Langhorne Clemens (November 30, 1835 - April 21, 1910), better known by his pen name Mark Twain, was an American author and humorist. He wrote *The Adventures of Tom Sawyer* (1876) and its sequel, *Adventures of Huckleberry Finn* (1885), the latter often called "The Great American Novel." Twain grew up in Hannibal, Missouri, which provided the setting for *Huckleberry Finn* and *Tom Sawyer*. After an apprenticeship with a printer, he worked as a typesetter and contributed articles to the newspaper of his older brother, Orion Clemens. He later became a riverboat pilot on the Mississippi River before heading west to join Orion in Nevada. He referred humorously to his singular lack of success at mining, turning to journalism for the *Virginia City Territorial Enterprise*. In 1865, his humorous story, "The Celebrated Jumping Frog of Calaveras County," was published, based on a story he heard at Angels Hotel in Angels Camp, California, where he had spent some time as a miner. The short story brought international attention, and was even translated into classic Greek. His wit and satire, in prose and in speech, earned praise from critics and peers, and he was a friend to presidents, artists, industrialists, and European royalty. Though Twain earned a great deal of money from his writings and lectures, he invested in ventures that lost a great deal of money, notably the Paige Compositor, a mechanical typesetter, which failed because of its complexity and imprecision. In the wake of these financial setbacks, he filed for protection from his creditors via bankruptcy, and with the help of Henry Huttleston Rogers eventually overcame his financial troubles. Twain chose to pay all his pre-bankruptcy creditors in full, though he had no legal responsibility to do so. Twain was born shortly after a visit by Halley's Comet, and he predicted that he

would "go out with it," too. He died the day after the comet returned. He was lauded as the "greatest American humorist of his age," and William Faulkner called Twain "the father of American literature."

*Stop the Pain* Lioncrest Publishing

Offers advice on the most effective tools for tracking down family members, friends, and loved ones.

[Joint Ventures, Alliances, and Corporate Strategy](#) Springer

As a customer success leader, whose insight do you rely on for success? Your field is still maturing, yet your profession is one of the fastest growing in the world. There are tons of books and blogs written by success professionals sharing their experiences and strategies, but how do you know what will work for your specific situation? Whose advice is the expertise you can trust? Wayne McCulloch has more than 25 years of experience in the software industry—years spent in training, adoption, and customer experience, the building blocks for customer success. Now he's sharing what he knows as a chief customer officer leading global success functions. In *The Seven Pillars of Customer Success*, Wayne provides an adaptable framework for building a strong customer success organization. From customer journey actions to the development of transformation advisors, you'll read detailed examples of how companies have put these seven pillars to the test. To create a culture of customer success and stand out in the marketplace, you need a proven framework and knowledgeable perspective—this book provides both, and more.

*The Seven Pillars of Customer Success* Gestalten Verlag

Millions of people suffer from debilitating pain and inflammation each and every day. Most treatments focus on relieving or managing the pain instead of locating the cause and eliminating it. This book helps the reader understand what pain is, where it comes from, and most importantly, how to get rid of it. There are six things to fix and six protocols to help correct the imbalances that cause pain and dysfunction. Learn how to balance thyroid levels, fix the gut, revive your metabolism, restore energy levels, improve brain function, and anti-aging. Look younger, feel better, and think clearer, while eliminating the causes of pain that create dysfunction in your body. Allow this book to be your personalized road map to guide you down the road to recovery. The most exciting part is realizing that you may be only a few simple choices away from eliminating chronic debilitating pain and suffering from your life.

*The Telecom Industry and Monopoly Power in the New Gilded Age* Beard Books

The fine art of advertising is moving billions in currency and turns the masses into happy consumers. The not-so secret visual language behind successful ad-campaigns is now revealed by French blogger and undercover advertising expert Joe La Pompe. He selected 100 popular visual ideas and recurring subjects in the world of commercials—from symbols, great names from history or fiction, to themes in a variety of ways. This international survey offers insight as well as inspiration and allows the reader to better understand the power of visual seduction.

**End Chronic Pain and Reclaim Your Life in 30 Minutes a Day** Tyndale House Publishers, Inc.

"Customer Success will become the authoritative book of the emerging Customer Success industry and target any business that is trying to focus, or re-focus, on customers and will be applicable to all customer management roles such as Account Manager, Customer Advocacy, Client Relationship Manager, and Customer Success Manager along with the leadership of those organizations. Customer Success will address the pains of how to start creating a customer-centric company and how to think strategically about Customer Success - how to organize, compensate, find a leader, measure, etc. Customer Success has exploded as one of the hottest B2B movements since the advent of the subscription business model"--

[Integrated Case Studies](#) MIT Press

The main driver of inequality—returns on capital that exceed the rate of economic growth—is again threatening to generate extreme discontent and undermine democratic values. Thomas Piketty's findings in this ambitious, original, rigorous work will transform debate and set the agenda for the next generation of thought about wealth and inequality.