

Characters Emotion Amp Viewpoint Techniques And Exercises For Crafting Dynamic Effective Viewpoints

Nancy Kress

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How To Win Friends And Influence People Lulu.com

Elements of Fiction Writing - Characters & Viewpoint Writer's Digest Books
JADD Publishing

Craft Compelling Dialogue When should your character talk, what should (or shouldn't) he say, and when should he say it? How do you know when dialogue--or the lack thereof--is dragging down your scene? How do you fix a character who speaks without the laconic wit of the Terminator? Write Great Fiction: Dialogue by successful author and instructor Gloria Kempton has the answers to all of these questions and more! It's packed with innovative exercises and instruction designed to teach you how to:

- Create dialogue that drives the story
- Weave dialogue with narrative and action
- Write dialogue that fits specific genres
- Avoid the common pitfalls of writing dialogue
- Make dialogue unique for each character

Along with dozens of dialogue excerpts from today's most popular writers, Write Great Fiction: Dialogue gives you the edge you need to make your story stand out from the rest.

The Giver Oxford University Press, USA

Comprehensively examining the relationship between cognition and emotion, this authoritative handbook brings together leading investigators from multiple psychological subdisciplines. Biological underpinnings of the cognition-emotion interface are reviewed, including the role of neurotransmitters and hormones. Contributors explore how key cognitive processes -- such as attention, learning, and memory -- shape emotional phenomena, and vice versa. Individual differences in areas where cognition and emotion interact -- such as agreeableness and emotional intelligence -- are addressed. The volume also analyzes the roles of cognition and emotion in anxiety, depression, borderline personality disorder, and other psychological disorders.

Multimedia Performance Guilford Press

Meet Dolores Price. She's thirteen, wise-mouthed but wounded. Beached like a whale in front of her bedroom TV, she spends the next few years nourishing herself with the chocolate, crisps and Pepsi her anxious mother supplies. When she finally rolls into young womanhood at 257 pounds, Dolores is no stronger and life is no kinder.

But this time she's determined to rise to the occasion and give herself one more chance before really going belly up. In his extraordinary coming-of-age odyssey, Wally Lamb invites us to hitch an incredible ride on a journey of love, pain, and renewal with the most heartbreakingly comical heroine to come along in years. At once a fragile girl and a hard-edged cynic, so tough to love yet so inimitably loveable, Dolores is as poignantly real as our own imperfections.

The Psychology of Art Macmillan

From legendary playwright August Wilson comes the powerful, stunning dramatic bestseller that won him critical acclaim, including the Tony Award for Best Play and the Pulitzer Prize. Troy Maxson is a strong man, a hard man. He has had to be to survive. Troy Maxson has gone through life in an America where to be proud and black is to face pressures that could crush a man, body and soul. But the 1950s are yielding to the new spirit of liberation in the 1960s, a spirit that is changing the world Troy Maxson has learned to deal with the only way he can, a spirit that is making him a stranger, angry and afraid, in a world he never knew and to a wife and son he understands less and less. This is a modern classic, a book that deals with the impossibly difficult themes of race in America, set during the Civil Rights Movement of the 1950s and 60s. Now an Academy Award-winning film directed by and starring Denzel Washington, along with Academy Award and Golden Globe winner Viola Davis.

Enhancing Motivation for Change in Substance Abuse Treatment Elements of Fiction Writing - Characters & Viewpoint

The authoritative account of the rise of Amazon and its intensely driven founder, Jeff Bezos, praised by the Seattle Times as "the definitive account of how a tech icon came to life." Amazon.com started off delivering books through the mail. But its visionary founder, Jeff Bezos, wasn't content with being a bookseller. He wanted Amazon to become the everything store, offering limitless selection and seductive convenience at disruptively low prices. To do so, he developed a corporate culture of relentless ambition and secrecy that's never been cracked. Until now. Brad Stone enjoyed unprecedented access to current and former Amazon employees and Bezos family members, giving readers the first in-depth, fly-on-the-wall account of life at Amazon. Compared to tech's other elite innovators -- Jobs, Gates, Zuckerberg -- Bezos is a private man. But he stands out for his restless pursuit of new markets, leading Amazon into risky new ventures like the Kindle and cloud computing, and transforming retail in the same way Henry Ford revolutionized manufacturing. The Everything Store is the revealing, definitive biography of the company that placed one of the first and largest bets on the Internet and forever changed the way we shop and read.

Creating Characters Penguin

It's a writer's job to create compelling characters who can withstand life's fallout without giving up. But building authentic, memorable heroes is no easy task. To forge realistic characters, we must hobble them with flaws that set them back while giving them positive attributes to help them achieve their goals. So how do writers choose the right blend of strengths for their characters—attributes that will render them admirable and worth rooting for—without making it too easy for them to succeed? Character creation can be hard, but it's about to get a lot easier. Inside *The Positive Trait Thesaurus*, you'll find:

- * A large selection of attributes to choose from when building a personality profile. Each entry lists possible causes for why a trait might emerge, along with associated attitudes, behaviors, thoughts, and emotions
- * Real character examples from literature, film, or television to show how an attribute drives actions and decisions, influences goals, and steers relationships
- * Advice on using positive traits to immediately hook readers while avoiding common personality pitfalls
- * Insight on human needs and morality, and how each determines the strengths that emerge in heroes and villains alike
- * Information on the key role positive attributes play within the character arc, and how they're vital to overcoming fatal flaws and achieving success
- * Downloadable tools for organizing a character's attributes and providing a deeper understanding of his past, his needs, and the emotional wounds he must overcome

If you find character creation difficult or worry that your cast members all seem the same, *The Positive Trait Thesaurus* is brimming with ideas to help you develop one-of-a-kind, dynamic characters that readers will love. Extensively indexed, with entries written in a user-friendly list format, this brainstorming resource is perfect for any character creation project.

If You Find Me Random House

An Introduction to Psychotherapeutic Playback Theater is a comprehensive book presenting Psychotherapeutic Playback Theater as a unique form of group psychotherapy. This pioneering book is the first of its kind, examining this new approach, the theory behind it, and the numerous considerations and diverse possibilities involved in using the technique to promote a significant reflective process among participants. Informed by years of Psychotherapeutic Playback Theater practice and research, the authors detail a collective-creative method that allows for the creation of a therapeutic experience centered on feelings of belonging, acceptance, visibility and liberation. It is presented to the reader as a path toward their development and growth as a conductor working in this newly evolving field of group therapy. The book will be of great interest to dramatherapy students, trainees and professionals, and group therapists who wish to reflect upon their practice through the mirror of Psychotherapeutic Playback Theater as well as facilitators and actors working with Playback Theater or other improvised genres.

How To Win Friends and Influence People Penguin

Ramp up the tension and keep your readers hooked! Inside you'll find everything you need to know to spice up your story, move your plot forward, and keep your readers turning pages. Expert thriller author and writing instructor James Scott Bell shows you how to craft scenes, create characters, and develop storylines that harness conflict and suspense to carry your story from the first word to the last. Learn from examples of successful novels and movies as you transform your work from ho-hum to high-tension.

- Pack the beginning, middle, and end of your book with the right amount of conflict.
- Tap into the suspenseful power of each character's inner conflict.
- Build conflict into your story's point of view.
- Balance subplots, flashbacks, and backstory to keep your story moving forward.
- Maximize the tension in your characters' dialogue.
- Amp up the suspense when you revise.

Conflict & Suspense offers proven techniques that help you craft fiction your readers won't be able to put down.

Write Great Fiction - Dialogue Writer's Digest Books

Readers connect to characters with depth, ones who have experienced life's ups and downs. To deliver key players that are both realistic and compelling, writers must know them intimately—not only who they are in the present story, but also what made them that way. Of all the formative experiences in a character's past, none are more destructive than emotional wounds. The aftershocks of trauma can

change who they are, alter what they believe, and sabotage their ability to achieve meaningful goals, all of which will affect the trajectory of your story. Identifying the backstory wound is crucial to understanding how it will shape your character's behavior, and *The Emotional Wound Thesaurus* can help. Inside, you'll find:

- A database of traumatic situations common to the human experience
- An in-depth study on a wound's impact, including the fears, lies, personality shifts, and dysfunctional behaviors that can arise from different painful events
- An extensive analysis of character arc and how the wound and any resulting unmet needs fit into it
- Techniques on how to show the past experience to readers in a way that is both engaging and revelatory while avoiding the pitfalls of info dumps and telling
- A showcase of popular characters and how their traumatic experiences reshaped them, leading to very specific story goals
- A Backstory Wound Profile tool that will enable you to document your characters' negative past experiences and the aftereffects

Root your characters in reality by giving them an authentic wound that causes difficulties and prompts them to strive for inner growth to overcome it. With its easy-to-read format and over 100 entries packed with information, *The Emotional Wound Thesaurus* is a crash course in psychology for creating characters that feel incredibly real to readers.

Transforming Public Space through Play DigiCat

The prevailing image of European Jews during the Holocaust is one of helpless victims, but in fact many Jews struggled against the terrors of the Third Reich. In *Defiance*, Nechama Tec offers a riveting history of one such group, a forest community in western Belorussia that would number more than 1,200 Jews by 1944--the largest armed rescue operation of Jews by Jews in World War II. Tec reveals that this extraordinary community included both men and women, some with weapons, but mostly unarmed, ranging from infants to the elderly. She reconstructs for the first time the amazing details of how these partisans and their families--hungry, exposed to the harsh winter weather--managed not only to survive, but to offer protection to all Jewish fugitives who could find their way to them. Arguing that this success would have been unthinkable without the vision of one man, Tec offers penetrating insight into the group's commander, Tuvia Bielski. Tec brings to light the untold story of Bielski's struggle as a partisan who lost his parents, wife, and two brothers to the Nazis, yet never wavered in his conviction that it was more important to save one Jew than to kill twenty Germans. She shows how, under Bielski's guidance, the partisans smuggled Jews out of heavily guarded ghettos, scouted the roads for fugitives, and led retaliatory raids against Belorussian peasants who collaborated with the Nazis. Herself a Holocaust survivor, Nechama Tec here draws on wide-ranging research and never before published interviews with surviving partisans--including Tuvia Bielski himself--to reconstruct here the poignant and unforgettable story of those who chose to fight.

The Fourth Industrial Revolution JADD Publishing

Recent years have witnessed a revival of research in the interplay between cognition and emotion. The reasons for this renaissance are many and varied. In the first place, emotion theorists have come to recognize the pivotal role of cognitive factors in virtually all aspects of the emotion process, and to rely on basic cognitive factors and insight in creating new models of affective space. Also, the successful application of cognitive therapies to affective disorders has prompted clinical psychologists to work towards a clearer understanding of the connections between cognitive processes and emotional problems. And whereas the cognitive revolutionaries of the 1960s regarded emotions with suspicion, viewing them as nagging sources of "hot" noise in an otherwise cool, rational, and computer-like system of information processing, cognitive researchers of the 1990s regard emotions with respect, owing to their potent and predictable effects on tasks as diverse as object perception, episodic recall, and risk assessment. These intersecting lines of interest have made cognition and emotion one of the most active and rapidly developing areas within psychological science. Written in debate format, this book covers developing fields such as social cognition, as well as classic areas such as memory, learning, perception and categorization. The links between emotion and memory, learning, perception, categorization, social judgements, and behavior are addressed. Contributors come from the U.S., Canada, Australia, and France.

The Crowd Penguin

Vivid and memorable characters aren't born: they have to be made. ———This book is a set of tools:

literary crowbars, chisels, mallets, pliers and tongs. Use them to pry, chip, yank and sift good characters out of the place where they live in your memory, your imagination and your soul. Award-winning author Orson Scott Card explains in depth the techniques of inventing, developing and presenting characters, plus handling viewpoint in novels and short stories. With specific examples, he spells out your narrative options – the choices you'll make in creating fictional people so "real" that readers will feel they know them like members of their own families. You'll learn how to: draw the characters from a variety of sources, including a story's basic idea, real life – even a character's social circumstances make characters show who they are by the things they do and say, and by their individual "style" develop characters readers will love – or love to hate distinguish among major characters, minor characters and walk-ons, and develop each one appropriately choose the most effective viewpoint to reveal the characters and move the storytelling decide how deeply you should explore your characters' thoughts, emotions and attitudes

[The Emotional Wound Thesaurus: A Writer's Guide to Psychological Trauma](#) Simon and Schuster

Praise for *How Learning Works* "How Learning Works is the perfect title for this excellent book. Drawing upon new research in psychology, education, and cognitive science, the authors have demystified a complex topic into clear explanations of seven powerful learning principles. Full of great ideas and practical suggestions, all based on solid research evidence, this book is essential reading for instructors at all levels who wish to improve their students' learning." —Barbara Gross Davis, assistant vice chancellor for educational development, University of California, Berkeley, and author, *Tools for Teaching* "This book is a must-read for every instructor, new or experienced. Although I have been teaching for almost thirty years, as I read this book I found myself resonating with many of its ideas, and I discovered new ways of thinking about teaching." —Eugenia T. Paulus, professor of chemistry, North Hennepin Community College, and 2008 U.S. Community Colleges Professor of the Year from The Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education "Thank you Carnegie Mellon for making accessible what has previously been inaccessible to those of us who are not learning scientists. Your focus on the essence of learning combined with concrete examples of the daily challenges of teaching and clear tactical strategies for faculty to consider is a welcome work. I will recommend this book to all my colleagues." —Catherine M. Casserly, senior partner, The Carnegie Foundation for the Advancement of Teaching "As you read about each of the seven basic learning principles in this book, you will find advice that is grounded in learning theory, based on research evidence, relevant to college teaching, and easy to understand. The authors have extensive knowledge and experience in applying the science of learning to college teaching, and they graciously share it with you in this organized and readable book." —From the Foreword by Richard E. Mayer, professor of psychology, University of California, Santa Barbara; coauthor, *e-Learning and the Science of Instruction*; and author, *Multimedia Learning*

[Elements of Fiction Writing - Conflict and Suspense](#) Penguin

The very idea that the teachings can be mastered will arouse controversy within Buddhist circles. Even so, Ingram insists that enlightenment is an attainable goal, once our fanciful notions of it are stripped away, and we have learned to use meditation as a method for examining reality rather than an opportunity to wallow in self-absorbed mind-noise. Ingram sets out concisely the difference between concentration-based and insight (vipassana) meditation; he provides example practices; and most importantly he presents detailed maps of the states of mind we are likely to encounter, and the stages we must negotiate as we move through clearly-defined cycles of insight. Its easy to feel overawed, at first, by Ingram's assurance and ease in the higher levels of consciousness, but consistently he writes as a down-to-earth and compassionate guide, and to the practitioner willing to commit themselves this is a glittering gift of a book. In this new edition of the bestselling book, the author rearranges, revises and expands upon the original material, as well as adding new sections that bring further clarity to his ideas.

[Journal of the American Medical Association](#) Little, Brown

Create characters that leap off the page--and into readers' hearts! Populating your fiction with authentic, vivid characters is a surefire way to captivate your readers from the first sentence to the last. Whether you're writing a series, novel, short story, or flash fiction, *Creating Characters* is an invaluable guide to bringing your fictional cast

to life. This book is a comprehensive reference to every stage of character development. You'll find timely advice and helpful instruction from best-selling authors like Nancy Kress, Elizabeth Sims, Orson Scott Card, Chuck Wendig, Hallie Ephron, Donald Maass, and James Scott Bell. They'll show you how to:

- Effectively introduce your characters
- Build a believable protagonist
- Develop strong anti-heroes and compelling villains
- Juggle multiple points of view without missing a beat
- Craft authentic dialogue that propels the story forward
- Motivate your characters with powerful objectives and a believable conflict
- Show dynamic character development over the course of a story

No matter what your genre, *Creating Characters* gives you the tools necessary to create realistic, fascinating characters that your readers will root for and remember long after they've finished the story.

[Rare Earth](#) Simon and Schuster

Adolf Hitler was an unlikely leader – fuelled by hate, incapable of forming normal human relationships, unwilling to debate political issues – and yet he commanded enormous support. So how was it possible that Hitler became such an attractive figure to millions of people? That is the important question at the core of Laurence Rees's new book. The Holocaust, the Nazi invasion of the Soviet Union, the outbreak of the Second World War – all these cataclysmic events and more can be laid at Hitler's door. Hitler was a war criminal arguably without precedent in the history of the world. Yet, as many who knew him confirm, Hitler was still able to exert a powerful influence over the people who encountered him. In this fascinating book to accompany his new BBC series, the acclaimed historian and documentary maker Laurence Rees examines the nature of Hitler's appeal, and reveals the role Hitler's supposed – charisma played in his success. Rees's previous work has explored the inner workings of the Nazi state in *The Nazis: A Warning from History* and the crimes they committed in *Auschwitz: The Nazis and the Final Solution*. *The Charisma of Adolf Hitler* is a natural culmination of twenty years of writing and research on the Third Reich, and a remarkable examination of the man and the mind at the heart of it all.

[She's Come Undone](#) Houghton Mifflin Harcourt

This report is based on a rethinking of the concept of motivation, which is redefined here as purposeful, intentional, & positive -- directed toward the person's best interests. This report shows how substance abuse treat. staff can influence change by developing a therapeutic relationship that respects & builds on the client's autonomy & makes the treat. clinician a partner in the change process. Describes motivational interventions that can be used at all stages of the change process, from pre-contemplation & preparation to action & maintenance, & informs readers of the research, results, tools, & assessment instruments related to enhancing motivation.

[Cumulated Index Medicus](#) Penguin

Crafting likable, interesting characters is a balancing act, and finding that perfect mix of strengths and weaknesses can be difficult. Not only does a well-drawn protagonist need positive attributes to help him succeed, he must also have flaws that humanize him and give him something to overcome. The same is true of villains and the rest of the story's supporting cast. So how can writers figure out which flaws best fit their characters? Which negative traits will create personality clashes and conflict while making success difficult? Nothing adds complexity like character flaws. Inside *The Negative Trait Thesaurus* you'll find:

- * A vast collection of flaws to explore when building a character's personality. Each entry includes possible causes, attitudes, behaviors, thoughts, and related emotions
- * Real examples from literature, film, or television to show how each flaw can create life challenges and relational friction
- * Advice on building layered and memorable characters from the ground up
- * An in-depth look at backstory, emotional wounds, and how pain twists a character's view of himself and his world, influencing behavior and decision making
- * A flaw-centric exploration of character arc, relationships, motivation, and basic needs
- * Tips on how to best show a character's flaws to readers while avoiding

common pitfalls * Downloadable tools to aid writers in character creation The Negative Trait Thesaurus sheds light on your character ' s dark side. Written in list format and fully indexed, this brainstorming resource is perfect for creating deep, flawed characters readers will relate to.

An Introduction to Psychotherapeutic Playback Theater Harvard University Press

The bestselling Emotion Thesaurus, often hailed as “ the gold standard for writers ” and credited with transforming how writers craft emotion, has now been expanded to include 56 new entries! One of the biggest struggles for writers is how to convey emotion to readers in a unique and compelling way. When showing our characters ' feelings, we often use the first idea that comes to mind, and they end up smiling, nodding, and frowning too much. If you need inspiration for creating characters ' emotional responses that are personalized and evocative, this ultimate show-don ' t-tell guide for emotion can help. It includes:

- Body language cues, thoughts, and visceral responses for over 130 emotions that cover a range of intensity from mild to severe, providing innumerable options for individualizing a character ' s reactions
- A breakdown of the biggest emotion-related writing problems and how to overcome them
- Advice on what should be done before drafting to make sure your characters ' emotions will be realistic and consistent
- Instruction for how to show hidden feelings and emotional subtext through dialogue and nonverbal cues
- And much more!

The Emotion Thesaurus, in its easy-to-navigate list format, will inspire you to create stronger, fresher character expressions and engage readers from your first page to your last.