

City Cycling

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City Cycling USA: San Francisco Island Press

A guide to today's urban cycling renaissance, with information on cycling's health benefits, safety, bikes and bike equipment, bike lanes, bike sharing, and other topics. Bicycling in cities is booming, for many reasons: health and environmental benefits, time and cost savings, more and better bike lanes and paths, innovative bike sharing programs, and the sheer fun of riding. City Cycling offers a guide to this urban cycling renaissance, with the goal of promoting cycling as sustainable urban transportation available to everyone. It reports on cycling trends and policies in cities in North America, Europe, and Australia, and offers information on such topics as cycling safety, cycling infrastructure provisions including bikeways and bike parking, the wide range of bike designs and bike equipment, integration of cycling with public transportation, and promoting cycling for women and children. City Cycling emphasizes that bicycling should not be limited to those who are highly trained, extremely fit, and daring enough to battle traffic on busy roads. The chapters describe ways to make city cycling feasible, convenient, and safe for commutes to work and school, shopping trips, visits, and other daily transportation needs. The book also offers detailed examinations and illustrations of cycling conditions in different urban environments: small cities (including Davis, California, and Delft, the Netherlands), large cities (including Sydney, Chicago, Toronto and Berlin), and "megacities" (London, New York, Paris, and Tokyo). These chapters offer a closer look at how cities both with and without historical cycling cultures have developed cycling programs over time. The book makes clear that successful promotion of city cycling depends on coordinating infrastructure, programs, and government policies.

Curbing Traffic MIT Press

A practical and entertaining guide to Los Angeles for cycling enthusiasts This handy compact guide tells you all you need to know about seeing Los Angeles on two wheels. With chapters dedicated to various sights and neighborhoods—Venice, Santa Monica & Malibu, Beverly Hills & West Hollywood, Downtown LA, Pasadena, Altadena & the Rose Bowl, and Los Feliz, Echo Park, Silver Lake & Griffith—City Cycling USA: Los Angeles dispels the myth that the City of Angles is for cars only. Each area is mapped out in detail and includes recommendations for cafes, bars, galleries, museums, shops, and parks that are worth a visit. Cyclists can follow a set itinerary or pick and choose as they wish. For cycling enthusiasts, the section on Racing and Training gives some context to Los Angeles' s cycling heritage and offers ideas for longer and more scenic routes in the countryside.

Bicycle Justice and Urban Transformation MIT Press

Published in association with Rapha Racing: practical guides for cycling enthusiasts traveling in Los Angeles, New York, Chicago, and San Francisco From suburban sidewalks to city centers, everyone is getting on a bike; cycling offers a cheap, independent, green, and healthy way to explore. While bike tourism has existed for decades, it has never been easier thanks to new urban bike routes, city-sponsored rental services, and easily transportable bicycles. For City Cycling USA, Thames & Hudson has once again teamed up with the sophisticated cycling brand, Rapha Racing, to produce a series of city-cycling guides geared to seeing Los Angeles, Chicago, New York, and San Francisco on two wheels. Each of the four compact volumes—available in a boxed set that includes all four cities—features cycle-friendly neighborhoods, complete with itineraries, cycle maps, and cyclist-friendly sites to visit. These guides are aimed at people interested in casual exploration, but they also include information for hardcore racing enthusiasts. Designed with the cyclist in mind, the information-packed paperbacks will fit into a backpack or back pocket.

City Cycling USA Island Press

The world is rediscovering the bicycle as a multi-pronged solution to acute, 21st-century problems, including affordability, obesity, congestion, climate change, inequity, and social isolation. The Netherlands has built an accessible cycling culture that cities around the world can learn from. Chris and Melissa Bruntlett share the incredible success of the Netherlands through engaging interviews with local experts and stories of their own delightful experiences riding in five Dutch cities. Building the Cycling City examines the triumphs and challenges of the Dutch while also presenting stories of North American cities already implementing lessons from

across the Atlantic. Discover how Dutch cities inspired Atlanta to look at its transit-bike connection in a new way and showed Seattle how to teach its residents to realize the freedom of biking, along with other encouraging examples.

On Bicycles University of Chicago Press

Peter Walker—reporter at the Guardian and curator of its popular bike blog—shows how the future of humanity depends on the bicycle. Car culture has ensnared much of the world—and it's no wonder. Convenience and comfort (as well as some clever lobbying) have made the car the transportation method of choice for generations. But as the world evolves, the high cost of the automobile is made clearer—with its dramatic effects on pollution, the way it cuts people off from their communities, and the alarming rate at which people are injured and killed in crashes. Walker argues that the simplest way to tackle many of these problems at once is with one of humankind's most perfect inventions—the bicycle. In How Cycling Can Save the World, Walker takes readers on a tour of cities like Copenhagen and Utrecht, where everyday cycling has taken root, demonstrating cycling' s proven effect on reducing smog and obesity, and improving quality of life and mental health. Interviews with public figures—such as Janette Sadik-Khan, who led the charge to create more pedestrian- and cyclist- friendly infrastructure in New York City—provide case studies on how it can be done, and prove that you can make a big change with just a few cycling lanes and a paradigm shift. Meticulously researched and incredibly inspiring, How Cycling Can Save the World delivers on its lofty promise and leads readers to the realization that cycling could not only save the world, but have a lasting and positive impact on their own lives.

City Cycling Milan CreateSpace

Cycling as a way of life and mode of transportation is on the rise in city after city around the world. For those looking to dip their proverbial toes into the waters of urban cycling the prospect at times can be rather intimidating. What kind of bike should I ride? A skinny-wheeled high-end road bike? A fixie? A chunky city commuter bike? A department store bike? How about fashion? Do I have to wear brightly colored skin-tight Lycra outfits? Can I just wear normal clothes? How do I lug my gear around? The Bohemian Guide to Urban Cycling takes the reader into the world and workings of cycling in the city to uncover the essentials to how to join in on the cycling revolution. Your bicycling guide on this journey is a card-carrying bohemian living in Portland. By using the bike-crazy city of Portland as the backdrop, this book covers all of the basics needed to bike comfortably in the city and to know what the heck you're talking about ... from bike selection to fashion to bike lanes to gentrification and more. After reading this you'll know precisely what to ride, how to ride, what to wear, and how to talk like an insider. Well, maybe not, but it'll still be a fun journey together. But this book is more than about urban-cycling fashion and high-end bikes. It also plunges headlong into conversations about mobility, equity, race, and justice. If there is going to be a book about all-things cycling in the city it must delve into these uncomfortable topics in order to develop a more holistic view of urban cycling. The bottom line must be to affirm all kinds of people pedaling through the streets of our cities on anything that rolls.

Cycling Societies National Geographic Books

In Curbing Traffic: The Human Case for Fewer Cars in Our Lives, mobility experts Melissa and Chris Bruntlett chronicle their experience living in the Netherlands and the benefits that result from treating cars as visitors rather than owners of the road. They weave their personal story with research and interviews with experts and Delft locals to help readers share the experience of living in a city designed for people. Their insights will help decision makers and advocates to better understand and communicate the human impacts of low-car cities: lower anxiety and stress, increased independence, social autonomy, inclusion, and improved mental and physical wellbeing. Curbing Traffic provides relatable, emotional, and personal reasons why it matters and inspiration for exporting the low-car city.

City Cycling Amsterdam Harper Collins

The eight guides in the City Cycling Europe series are each devoted to a different city: London, Amsterdam, Copenhagen, Antwerp/Ghent, Berlin, Paris, Barcelona and Milan. Each compact volume features cycle-friendly neighbourhoods, itineraries, cycle maps and places to visit where cyclists are always welcome. Aimed primarily at those looking to take casual weekend breaks, there is also information for hardcore racing enthusiasts and special routes for those wishing to escape the traffic. Initially, all eight volumes will be released as a special edition boxed set.

Bicycle Diaries Routledge

The legendary Richard Ballantine is back! Author of the world-wide bestseller Richard's Bicycle Book, he pioneered modern cycling methods in the 1970s and went on to be a household name amongst cyclists. Now he shares his years of experience with a new generation of cyclists. Numbers of urban cyclists have recently exploded thanks to higher congestion and a renewed appreciation of the speed and low cost of bike journeys in town. Richard guides the city cyclist through the pitfalls of riding in traffic, how to buy and maintain a good bike, safety and riding with confidence. A must for anyone thinking about braving the roads and experienced city cyclists alike.

City Cycling Penguin

"...an engaging book: part diary, part manifesto." The Guardian A

round-the-world bicycle tour with one of the most original artists of our day. Urban bicycling has become more popular than ever as recession-strapped, climate-conscious city dwellers reinvent basic transportation. In this wide-ranging memoir, artist/musician and co-founder of Talking Heads David Byrne—who has relied on a bike to get around New York City since the early 1980s—relates his adventures as he pedals through and engages with some of the world's major cities. From Buenos Aires to Berlin, he meets a range of people both famous and ordinary, shares his thoughts on art, fashion, music, globalization, and the ways that many places are becoming more bike-friendly. Bicycle Diaries is an adventure on two wheels conveyed with humor, curiosity, and humanity.

Urban Cycling Skipstone

A guide to today's urban cycling renaissance, with information on cycling's health benefits, safety, bikes and bike equipment, bike lanes, bike sharing, and other topics. Bicycling in cities is booming, for many reasons: health and environmental benefits, time and cost savings, more and better bike lanes and paths, innovative bike sharing programs, and the sheer fun of riding. City Cycling offers a guide to this urban cycling renaissance, with the goal of promoting cycling as sustainable urban transportation available to everyone. It reports on cycling trends and policies in cities in North America, Europe, and Australia, and offers information on such topics as cycling safety, cycling infrastructure provisions including bikeways and bike parking, the wide range of bike designs and bike equipment, integration of cycling with public transportation, and promoting cycling for women and children. City Cycling emphasizes that bicycling should not be limited to those who are highly trained, extremely fit, and daring enough to battle traffic on busy roads. The chapters describe ways to make city cycling feasible, convenient, and safe for commutes to work and school, shopping trips, visits, and other daily transportation needs. The book also offers detailed examinations and illustrations of cycling conditions in different urban environments: small cities (including Davis, California, and Delft, the Netherlands), large cities (including Sydney, Chicago, Toronto and Berlin), and " megacities " (London, New York, Paris, and Tokyo). These chapters offer a closer look at how cities both with and without historical cycling cultures have developed cycling programs over time. The book makes clear that successful promotion of city cycling depends on coordinating infrastructure, programs, and government policies.

City Cycling Paris National Geographic Books

With 29 percent of all trips made by bicycle, Copenhagen is considered a model of green transport. This book considers the underlying political conditions that enabled cycling to appeal to such a wide range of citizens in Copenhagen and asks how this can be replicated elsewhere. Despite Copenhagen' s global reputation, its success has been a result of a long political struggle and is far from completely secure. Car use in Denmark is increasing, including in Copenhagen's suburbs, and new developments in Copenhagen include more parking for cars. There is a political tension in Copenhagen over the spaces for cycling, the car, and public transit. In considering examples of backlashes and conflicts over street space in Copenhagen, this book argues that the kinds of debates happening in Copenhagen are very similar to the debates regularly occurring in cities throughout the world. This makes Copenhagen more, not less, comparable to many cities around the world, including cities in the United States. This book will appeal to upper-level undergraduates and graduates in urban geography, city planning, transportation, environmental studies, as well as transportation advocates, urban policy-makers, and anyone concerned about climate change and looking to identify paths forward in their own cities and localities.

The Bohemian Guide to Urban Cycling Columbia University Press

The Urban Cycling Manual dismantles the urban bicycling experience and slides it under the microscope, piece by piece. The book's primary concern is safety, but this book goes well beyond the usual tips and how-to, diving in to the realms of history, psychology, sociology, and economics. It empowers readers with the Big Picture of urban cycling—and gives urban cyclists many useful insights to consider while pedaling the next commute or grocery run.

City Cycling Routledge

Pete Jordan, author of the wildly popular Dishwasher: One Man' s Quest to Wash Dishes in All Fifty States, is back with a memoir that tells the story of his love affair with Amsterdam, the city of bikes, all the while unfolding an unknown history of the city's cycling, from the craze of the 1890s, through the Nazi occupation, to the bike-centric culture adored by the world today Pete never planned to stay long in Amsterdam, just a semester. But he quickly falls in love with the city and soon his wife, Amy Joy, joins him. Together they explore every inch of their new home on two wheels, their rides a respite from the struggles that come with starting a new life in a new country. Weaving together personal anecdotes and details of the role that cycling has played throughout Dutch history, Pete Jordan' s In the City of Bikes: The Story of the Amsterdam Cyclist is a poignant and entertaining read.

City Cycling USA: Los Angeles Island Press

As bicycle commuting grows in the United States, the profile of the white, middle-class cyclist has emerged. This stereotype evolves just as investments in cycling play an increasingly important role in neighborhood transformations. However, despite stereotypes, the cycling public is actually quite diverse, with the greatest share falling into the lowest income categories. Bicycle Justice and Urban Transformation demonstrates that for those with privilege, bicycling can be liberatory, a lifestyle choice, whereas for those surviving at the margins,

cycling is not a choice, but an often oppressive necessity. Ignoring these "invisible" cyclists skews bicycle improvements towards those with choices. This book argues that it is vital to contextualize bicycling within a broader social justice framework if investments are to serve all street users equitably. "Bicycle justice" is an inclusionary social movement based on furthering material equity and the recognition that qualitative differences matter. This book illustrates equitable bicycle advocacy, policy and planning. In synthesizing the projects of critical cultural studies, transportation justice and planning, the book reveals the relevance of social justice to public and community-driven investments in cycling. This book will interest professionals, advocates, academics and students in the fields of transportation planning, urban planning, community development, urban geography, sociology and policy.

Cycling Cities: The European Experience Penguin

"Cycling Cities is a richly illustrated volume analyzing 100 years of urban cycling policy, use, and practice in 14 European cities in 9 countries. Why did some capitals and business centers become real cycling cities and others not? The book has gained traction in the news. Cycling Cities traces how policymakers, engineers, cyclists, or community groups campaigned—and made a difference since the early twentieth century. Cycling Cities covers: The Netherlands: Amsterdam, Utrecht, Enschede, Eindhoven, South-Limburg; Belgium: Antwerp; Denmark: Copenhagen; Germany: Hannover; Sweden: Stockholm, Malmö; Switzerland: Basel; United Kingdom: Manchester; Hungary: Budapest; France: Lyon. The richly illustrated book includes photos (ca. 100); tables (ca. 100); graphs (11); maps (10); and info graphics (9) Cycling Cities is for everyone interested in sustainable urban mobility. It is an invaluable resource for the growing global community of policymakers, social groups, students, and teachers. Cycling Cities marks the launch of a major international research program for Sustainable Urban Mobility (SUM). Cycling Cities highlights: Daily cycling practices—from commuting to touring, Cycle infrastructures—from bicycle lanes to bike parking, Bike users—from activists to tourists, Policymaking—from politicians to traffic engineers." from book website.

Copenhagenize National Geographic Books

A practical and entertaining guide to Chicago for cycling enthusiasts This handy compact guide tells you all you need to know about seeing Chicago on two wheels. With chapters dedicated to various sights and neighborhoods—Wicker Park, Lakefront Path South, West Side, Lincoln Park, and Downtown—City Cycling USA: Chicago dispels the myth that the Windy City can't be toured by bike. Each area is mapped out in detail and includes recommendations for cafes, bars, galleries, museums, shops, and parks that are worth a visit. Cyclists can follow a set itinerary or pick and choose as they wish. For cycling enthusiasts, the section on Racing and Training gives some context to Chicago's cycling heritage and offers ideas for longer and more scenic routes in the countryside.

Bicycle Urbanism Routledge

The eight guides in the City Cycling Europe series are each devoted to a different city: London, Amsterdam, Copenhagen, Antwerp/Ghent, Berlin, Paris, Barcelona and Milan. Each compact volume features cycle-friendly neighbourhoods, itineraries, cycle maps and places to visit where cyclists are always welcome. Aimed primarily at those looking to take casual weekend breaks, there is also information for hardcore racing enthusiasts and special routes for those wishing to escape the traffic. Initially, all eight volumes will be released as a special edition boxed set.

The Urban Cycling Handbook Island Press

The eight guides in the City Cycling Europe series are each devoted to a different city: London, Amsterdam, Copenhagen, Antwerp/Ghent, Berlin, Paris, Barcelona and Milan. Each compact volume features cycle-friendly neighbourhoods, itineraries, cycle maps and places to visit where cyclists are always welcome. Aimed primarily at those looking to take casual weekend breaks, there is also information for hardcore racing enthusiasts and special routes for those wishing to escape the traffic. Initially, all eight volumes will be released as a special edition boxed set.

The Cycling City Routledge

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