
Couldnt Keep It To Myself Wally Lamb And The Women Of York Correctional Institution

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I Am the Messenger Simon and
Schuster

January, 15 2025



This "stunning journey through a country that is home to exhilarating natural wonders, and a scarring colonial past . . . makes breathtakingly clear the connection between nature and humanity, and offers a singular portrait of the complexities inherent to our ideas of identity, family, and love" (Refinery29). A chance discovery of letters written by her immigrant grandfather leads Jessica J. Lee to her ancestral homeland, Taiwan. There, she seeks his story while growing closer to the land he knew. Lee hikes mountains home to Formosan flamecrests,

birds found nowhere else on earth, and swims in a lake of drowned cedars. She bikes flatlands where spoonbills alight by fish farms, and learns about a tree whose fruit can float in the ocean for years, awaiting landfall. Throughout, Lee unearths surprising parallels between the natural and human stories that have shaped her family and their beloved island. Joyously attentive to the natural world, Lee also turns a critical gaze upon colonialist explorers who mapped the land and named plants, relying on and often effacing the labor and knowledge of local

communities. *Two Trees Make a Forest* is a genre – shattering book encompassing history, travel, nature, and memoir, an extraordinary narrative showing how geographical forces are interlaced with our family stories.

[Don't Mom Alone Chronicle](#)
Books

The NATIONAL BESTSELLER from the author of *YOU COULD MAKE THIS PLACE BEAUTIFUL* “ A meditation on kindness and hope, and how to move forward through grief. ” —NPR “ A shining

reminder to learn all we can from this moment, rebuilding ourselves in the darkness so that we may come out wiser, kinder, and stronger on the other side. ” —The Boston Globe “ Powerful essays on loss, endurance, and renewal. ” —People For fans of Glennon Doyle, Cheryl Strayed, and Anne Lamott, a collection of quotes and essays on facing life ’ s challenges with creativity, courage, and resilience. When Maggie Smith, the award-winning author of the viral poem “ Good Bones, ” started

writing inspirational daily Twitter posts in the wake of her divorce, they unexpectedly caught fire. In this deeply moving book of quotes and essays, Maggie writes about new beginnings as opportunities for transformation. Like kintsugi, the Japanese art of mending broken ceramics with gold, Keep Moving celebrates the beauty and strength on the other side of loss. This is a book for anyone who has gone through a difficult time and is wondering: What comes next? Keep This to Yourself

Crossway
THE NEW YORK TIMES
BESTSELLER NOW A
MAJOR FILM, STARRING
STEVE CARELL AND
BAFTA AND GOLDEN
GLOBE NOMINATED
TIMOTHEE CHALAMET ‘It
was like being in a
car with the gas
pedal slammed down to
the floor and nothing
to do but hold on and
pretend to have some
semblance of control.
But control was
something I'd lost a
long time ago.’ Nic
Sheff was drunk for

the first time at age 11. In the years that followed, he would regularly smoke pot, do cocaine and ecstasy, and develop addictions to crystal meth and heroin. Even so, he felt like he would always be able to quit and put his life together whenever he needed to. It took a violent relapse one summer to convince him otherwise. In a voice that is raw and honest, Nic spares no detail in telling us the compelling true story of his relapse and the road to recovery. He paints an extraordinary picture for us of a person at odds with his past, with his family, with his substances, and with himself. Tweak is a raw, harrowing, and ultimately hopeful tale of the road from relapse to recovery and complements his father's parallel memoir, Beautiful

Boy. Praise for Nic Sheff:- 'Difficult to read and impossible to put down.' Chicago Tribune 'Nic Sheff's wrenching tale is told with electrifying honesty and insight.'
Armistead Maupin
The Distance Between Us FriesenPress
NATIONAL BESTSELLER • A coming-of-age classic about a young girl growing up in Chicago • Acclaimed by critics, beloved by readers of all

ages, taught in schools and universities alike, and translated around the world—from the winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. “ Cisneros draws on her rich [Latino] heritage...and seduces with precise, spare prose, creat[ing] unforgettable characters we want to lift off the page. She is not only a gifted writer, but an absolutely essential one.” —The New York Times Book Review

The House on Mango Street is one of the most cherished novels of the last fifty years. Readers from all walks of life have fallen for the voice of Esperanza Cordero, growing up in Chicago and inventing for herself who and what she will become. “ In English my name means hope, ” she says. “ In Spanish it means too many letters. It means sadness, it means waiting.” Told in a series of vignettes—sometimes heartbreaking, sometimes joyous—Cisneros ’ s

masterpiece is a classic story of childhood and self-discovery and one of the greatest neighborhood novels of all time. Like Sinclair Lewis ’ s Main Street or Toni Morrison ’ s Sula, it makes a world through people and their voices, and it does so in language that is poetic and direct. This gorgeous coming-of-age novel is a celebration of the power of telling one ’ s story and of being proud of where you're from.

Tweak Anchor
The heir of ash and fire bows

to no one. A new threat rises in the third book in the #1 bestselling Throne of Glass series by Sarah J. Maas. Celaena Sardothien has survived deadly contests and shattering heartbreak, but now she must travel to a new land to confront her darkest truth. That truth could change her life-and her future-forever. Meanwhile, monstrous forces are gathering on the horizon, intent on enslaving her world. To defeat them, Celaena will need the strength not only to fight the

evil that is about to be unleashed but also to harness her inner demons. If she is to win this battle, she must find the courage to face her destiny-and burn brighter than ever before. The third book in the #1 New York Times bestselling Throne of Glass series continues Celaena's epic journey from woman to warrior. **Teach Me To Feel** Houghton Mifflin Harcourt The Instant New York Times Bestseller and TikTok Sensation! As seen on THE VIEW! A BuzzFeed Best

Summer Read of 2021 When a fake relationship between scientists meets the irresistible force of attraction, it throws one woman's carefully calculated theories on love into chaos. As a third-year Ph.D. candidate, Olive Smith doesn't believe in lasting romantic relationships—but her best friend does, and that's what got her into this situation. Convincing Anh that Olive is dating and well on her way to a happily ever after was always going to take more than hand-wavy Jedi mind tricks: Scientists require proof. So, like any self-respecting

biologist, Olive panics and kisses the first man she sees. That man is none other than Adam Carlsen, a young hotshot professor—and well-known ass. Which is why Olive is positively floored when Stanford's reigning lab tyrant agrees to keep her charade a secret and be her fake boyfriend. But when a big science conference goes haywire, putting Olive's career on the Bunsen burner, Adam surprises her again with his unyielding support and even more unyielding...six-pack abs. Suddenly their little experiment feels dangerously close to

combustion. And Olive discovers that the only thing more complicated than a hypothesis on love is putting her own heart under the microscope.

Rising Strong Penguin
DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF AND AN UNFORGETTABLE AND SWEEPING FAMILY SAGA. From the author of the extraordinary #1 New York Times bestseller *The Book Thief*, *I Am the Messenger* is an acclaimed novel filled with laughter, fists, and love. A MICHAEL L. PRINTZ HONOR

BOOK FIVE STARRED
REVIEWS Ed Kennedy is an underage cabdriver without much of a future. He's pathetic at playing cards, hopelessly in love with his best friend, Audrey, and utterly devoted to his coffee-drinking dog, the Doorman. His life is one of peaceful routine and incompetence until he inadvertently stops a bank robbery. That's when the first ace arrives in the mail. That's when Ed becomes the messenger. Chosen to care, he makes his way through town helping and hurting (when necessary) until only one question remains: Who's behind Ed's mission?
Atomic Habits The Good Book Company

Being a good mom isn't about doing everything right to create a set of perfect trophy children--though every mom has felt the pressure to do just that and to do it all on her own. To ask for help feels like defeat. Yet when we try to do it all by our own strength, we end up depleted, lonely, and ineffective. Heather MacFadyen wants you to know that you are not meant to go it alone. Sharing her most vulnerable, hard mom moments, she shows how moms can be empowered by God,

supported by others, and connected with their children. With encouragement and insight, she helps you foster the key relationships you need to be the mom you want to be. Whether you work or stay home, whether you have teenagers or babes in arms, you'll find here a compassionate friend who wants the best--not just for your kids but for you. *Yell Less, Love More* Vintage Meet Dolores Price. She's thirteen, wise-mouthed but wounded. Beached like a

whale in front of her bedroom TV, she spends the next few years nourishing herself with the chocolate, crisps and Pepsi her anxious mother supplies. When she finally rolls into young womanhood at 257 pounds, Dolores is no stronger and life is no kinder. But this time she's determined to rise to the occasion and give herself one more chance before really going belly up. In his extraordinary coming-of-age odyssey, Wally Lamb invites us to hitch an incredible ride on a journey of love, pain,

and renewal with the most heartbreakingly comical heroine to come along in years. At once a fragile girl and a hard-edged cynic, so tough to love yet so inimitably loveable, Dolores is as poignantly real as our own imperfections.

Can't Even Albert Whitman & Company

Distinguished by the same charm and playful prose that helped make *The Mystery Guest* such a cult favorite with readers and reviewers, *Report on Myself* is the memoir that won Grégoire Bouillier the French Prix de Flore and

universal acclaim. Here, Bouillier tells the whole crazy story of his life, from his conception in wartime Algeria to his gritty Parisian boyhood at the mercy of his working-class bohemian parents. With trademark pithy vignettes, he illuminates his life through the stories of his four loves, beginning at age nine with the bourgeois Marie-Blanche, younger sister of his best friend, and ending with the relationship that nearly destroyed him, the aftermath of which he chronicled to such great effect in *The Mystery Guest*. Shot through with

indelible images, bad puns, and Bouillier's gift for drawing meaning from the seemingly innocuous coincidences of daily life, *Report on Myself* turns on a literary revelation (in this case, *The Odyssey*) that helps Grégoire decode the patterns laid out by his life, while teaching us a thing or two about love and literature along the way.

Go Ask Alice Vintage

In a stunning work of insight and hope, *New York Times* bestselling author Wally Lamb once again reveals his unmatched talent for finding humanity in the lost and lonely and celebrates the transforming power of the written

word. For several years, Lamb has taught writing to a group of women prisoners at York Correctional Institution in Connecticut. In this unforgettable collection, the women of York describe in their own words how they were imprisoned by abuse, rejection, and their own self-destructive impulses long before they entered the criminal justice system. Yet these are powerful stories of hope and healing, told by writers who have left victimhood behind. In his moving introduction, Lamb describes the incredible journey of expression and self-awareness the women took through their writing and shares how they challenged him as a teacher and as a fellow author.

Couldn't Keep It to Myself is a true testament to the process of finding oneself and working toward a better day.

[A Little Life](#) Bloomsbury Publishing USA

NEW YORK TIMES

BESTSELLER • A stunning “portrait of the enduring grace of friendship” (NPR) about the families we are born into, and those that we make for ourselves.

A masterful depiction of love in the twenty-first century.

NATIONAL BOOK AWARD

FINALIST • MAN BOOKER

PRIZE FINALIST • WINNER

OF THE KIRKUS PRIZE A

Little Life follows four college classmates—broke, adrift, and buoyed only by their friendship

and ambition—as they move to New York in search of fame and fortune. While their relationships, which are tinged by addiction, success, and pride, deepen over the decades, the men are held together by their devotion to the brilliant, enigmatic Jude, a man scarred by an unspeakable childhood trauma. A hymn to brotherly bonds and a masterful depiction of love in the twenty-first century, Hanya Yanagihara’s stunning novel is about the families we are born into, and those that we make for ourselves. Look for Hanya Yanagihara’s latest bestselling novel, *To Paradise*.

Let Go of the Guilt
Ballantine Books

In this guidebook to happier parenting, author Sheila McCraith shares daily thoughts, tips, and motivational personal stories to help you toss out the screams and welcome in the peace. Do you often find yourself losing your cool and yelling at your kids (or grandkids or students)? It happens to us all, but it doesn't have to. With *Yell Less, Love More*, you'll learn practical, simple solutions to keep you focused on loving more and yelling less, no matter what the circumstance. Take the Orange Rhino 30-day challenge to yell less, organized into 30 short, approachable, and easy-to-follow daily sections—which you can use and adjust in any way that works for you. Whether you have one child or twenty (or one you still yell at who is twenty), strengthen your relationships and maybe even laugh a little more—by taking the challenges today. The Rhino: A naturally calm animal that charges when provoked. The Orange Rhino: A person that parents with warmth and determination and who doesn't charge with words when angry, impatient, or simply in a bad mood. *Yell Less, Love More* includes: 100 alternatives to yelling Simple, daily steps to follow Honest stories to inspire Parenting revelations A summarizing chapter of key takeaways, including most frequent triggers and multiple solutions for each of them Trigger-tracking sheets Unlike the preachy, unrealistic, dry, and/or tedious parenting books

you've read before, *Yell Less, Love More* is like having a heart-to-heart talk with your best friend. With this warm, colorful, and easy-to-use guide, it is possible to stop yelling and start enjoying a calmer, happier life because of it.

The Art of Talking to Yourself
Crown

#1 New York Times Bestseller
Over 10 million copies sold
In this generation-defining self-help guide, a superstar blogger cuts through the crap to show us how to stop trying to be "positive" all the time so that we can truly become better,

happier people. For decades, we've been told that positive thinking is the key to a happy, rich life. "F**k positivity," Mark Manson says. "Let's be honest, shit is f**ked and we have to live with it." In his wildly popular Internet blog, Manson doesn't sugarcoat or equivocate. He tells it like it is—a dose of raw, refreshing, honest truth that is sorely lacking today. *The Subtle Art of Not Giving a F**k* is his antidote to the coddling, let's-all-feel-good mindset that has infected American society and spoiled a generation, rewarding them with gold medals just for

showing up. Manson makes the argument, backed both by academic research and well-timed poop jokes, that improving our lives hinges not on our ability to turn lemons into lemonade, but on learning to stomach lemons better. Human beings are flawed and limited—"not everybody can be extraordinary, there are winners and losers in society, and some of it is not fair or your fault." Manson advises us to get to know our limitations and accept them. Once we embrace our fears, faults, and uncertainties, once we stop running and avoiding and start confronting

painful truths, we can begin to find the courage, perseverance, honesty, responsibility, curiosity, and forgiveness we seek. There are only so many things we can give a f**k about so we need to figure out which ones really matter, Manson makes clear. While money is nice, caring about what you do with your life is better, because true wealth is about experience. A much-needed grab-you-by-the-shoulders-and-look-you-in-the-eye moment of real-talk, filled with entertaining stories and profane, ruthless humor, *The Subtle Art of Not Giving a F**k* is a refreshing slap for a

generation to help them lead contented, grounded lives. Elantris Simon and Schuster What Can You Do When You Feel You're Just Not Good Enough? Do the voices in your head say you're not good enough, smart enough, pretty enough...or just not enough, period? It's time to stop listening to lies that sabotage your confidence and embrace the truth of who God says you are. Popular author and speaker Sharon Jaynes exposes the lies that keep you bogged down in shame, insecurity, and feelings of inadequacy. By recognizing the lies and replacing them with truth, you'll be able to silence the voice inside that whispers you're just not good

enough accept God's grace and move past failures that have defined and confined you preload your heart with truth to fight your deepest insecurities Your confidence and faith will grow when you trade self-defeating thoughts for God's truth. Today is the day to embrace your incredible worth as a woman who is uniquely fashioned and spiritually empowered.

Believing Christ Diamond Pocket Books Pvt Ltd

Regain your confidence at work, transform your sensitivity into a superpower Being highly attuned to your emotions, your environment, and the behavior of others can be the keys to success, but they can also lead to

overthinking, overworking, and overgiving. It's time to Trust Yourself. Over the last decade, award-winning human behavior expert and executive coach Melody Wilding, LMSW has helped thousands of Sensitive Strivers (highly sensitive, high-achieving professionals and leaders) get out of their own way. And now, in this groundbreaking book, Wilding offers practical, research-based strategies to reclaim control of your career and reach your full potential. You'll discover: PRACTICAL STRATEGIES to harness your sensitivity and emotional intelligence, turning them into a superpower in the workplace. PROVEN TECHNIQUES to quiet

your inner critic and make decisions with confidence. STEP-BY-STEP GUIDES to set healthy boundaries and protect your energy from difficult co-workers CONCRETE, ACTIONABLE TOOLS to develop resilience, bounce back from setbacks, and navigate workplace challenges with grace. WORD-FOR-WORD SCRIPTS to push back on extra work, promote your accomplishments, and more. Through her refreshingly approachable yet deeply empathetic approach, Wilding offers a life-changing roadmap that has helped readers across the globe to break the cycle of self-sabotage and self-doubt by transforming your perceived

weaknesses into your biggest strengths.

Metamorphosis Harper Collins

In this book, author and divergent thinker Celeste Orr shares 52 of her popular togetherness tips to help families build big family togetherness on good days and bad days, in big ways and small ways, with everything from playing board games to having one-on-ones, talking about tough issues, reframing frozen pizza nights, and going after big family dreams, long-term

travel, and adventure too. As a mom of teenagers who often feels like there aren't enough hours in the day or ideas in her head, and as someone who has shared these tips with families around the world in her email group and online platform, Celeste knows no effort is too small and it's never too late to build togetherness with your family - no matter what. With real-life stories and simple, honest examples, this book gives parents, grandparents, and families of all kinds a go-to list of ideas to break the

disconnect that is so often a by-product of the modern-day trappings that keep us from having the kind of family life we truly want. It's great as a one-time read and also designed for those who want to keep it at their fingertips for on-the-fly togetherness suggestions when things get sticky at home.

Quiet Penguin

Meditations on the Psalms helping women to express their feelings and grow in their faith. Many of us suppress our feelings because we're worried they are ungodly. Others of us are so led

by our emotions that we let them dominate everything, including our faith. In these honest, personal and uplifting meditations on 24 selected psalms, Courtney Reissig looks at emotions we all experience, ranging from shame, anxiety, and anger through to gratitude, hope, and joy. For each, she shows how the psalms give us permission to acknowledge how we feel before God, and how they can help us to use those feelings productively and faithfully. This inspiring book will give women a language to cry out to God in order to help them process their feelings, as well as help them to grow in their faith. Can be used as a daily devotion.

The Well of Ascension

Catapult

'I don't paint so much anymore,' I say, looking to my feet. 'Oh. Well, I got a boy who needs to do some art. You can help him out,' Auntie Pam says, like I have no say in the matter, like she didn't hear what I just said about not painting so much anymore. 'Jackson, this is Tomas. He's living with me for a little while.' It's a hot summer, and life's going all right for Jackson and his family on the Mish. It's almost Christmas, school's out, and he's hanging with

his mates, teasing the visiting tourists, avoiding the racist boys in town. Just like every year, Jackson's Auntie and annoying little cousins visit from the city - but this time a mysterious boy with a troubled past comes with them... As their friendship evolves, Jackson must confront the changing shapes of his relationships with his friends, family and community. And he must face his darkest secret - a secret he thought he'd locked away for good. Compelling, honest and beautifully

written, *The Boy from the Mish* is about first love, identity, and the superpower of self-belief. 'The Boy from the Mish is an extraordinary debut novel, and I loved this tender, beautiful story with all my heart. Jackson and Tomas stole my heart, and I'll be thinking about them for a long time.' NINA KENWOOD 'A lightning bolt to the soul. The Boy from the Mish announces a bold, necessary new talent.' WILL KOSTAKIS 'How I wish I had this big-hearted book when I was a teenager.

It would've changed my life. Let it change yours.'

BENJAMIN LAW 'It is, honestly, a book I've been searching for over my whole career as an editor, as well as all my years as a (queer) reader. I'm not ashamed to say that it made me cry (repeatedly) and awed me with the power of its storytelling.'

DAVID LEVITHAN, Scholastic US Editorial Director 'A deftly woven tale that is both a raw, unflinching look at the experience of growing up gay and Aboriginal, and a sweet,

truly endearing love story you just can't turn away from. This is Own Voices storytelling at its best.'

HOLDEN SHEPPARD 'Honest. Funny. Beautiful. This book is all the things.'

GABBIE STROUD
The Boy from the Mish Harvest House Publishers
#1 NEW YORK TIMES BESTSELLER • When we deny our stories, they define us. When we own our stories, we get to write the ending. Don't miss the five-part Max docuseries *Brené Brown: Atlas of the Heart!* Social scientist Brené Brown has ignited a

global conversation on courage, vulnerability, shame, and worthiness. Her pioneering work uncovered a profound truth: Vulnerability—the willingness to show up and be seen with no guarantee of outcome—is the only path to more love, belonging, creativity, and joy. But living a brave life is not always easy: We are, inevitably, going to stumble and fall. It is the rise from falling that Brown takes as her subject in *Rising Strong*. As a grounded theory researcher, Brown has listened as a range of people—from leaders in *Fortune* 500

companies and the military to artists, couples in long-term relationships, teachers, and parents—shared their stories of being brave, falling, and getting back up. She asked herself, What do these people with strong and loving relationships, leaders nurturing creativity, artists pushing innovation, and clergy walking with people through faith and mystery have in common? The answer was clear: They recognize the power of emotion and they're not afraid to lean in to discomfort. Walking into our stories of hurt can feel dangerous. But the process of regaining our footing in the midst of struggle is where our courage is tested and our values are forged. Our stories of struggle can be big ones, like the loss of a job or the end of a relationship, or smaller ones, like a conflict with a friend or colleague. Regardless of magnitude or circumstance, the rising strong process is the same: We reckon with our emotions and get curious about what we're feeling; we rumble with our stories until we get to a place of truth; and we live this process, every day, until it becomes a practice and creates nothing short of a revolution in our lives. Rising strong after a fall is how we cultivate wholeheartedness. It's the process, Brown writes, that teaches us the most about who we are. ONE OF GREATER GOOD'S FAVORITE BOOKS OF THE YEAR "[Brené Brown's] research and work have given us a new vocabulary, a way to talk with each other about the ideas and feelings and fears we've all had but haven't quite known how to articulate. . . . Brené empowers us each to be a little more courageous."—The Huffington Post