
Creating An Intimate Marriage Rekindle Romance Through Affections Warmth And Encouragement Jim Burns

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A Wife 's Secret to Happiness Living Plus
Healthy Publishing

Are you still struggling with communication in your marriage? Do you want to improve your

marriage intimacy and have a real conversation with your spouse? Do you want your spouse to understand you better? Communication is the most important aspect of marriage relationship. No long-term relationship can thrive in the absence of effective communication. The level of intimacy maintained in committed relationship depends on how well partners are able to communicate their feelings. Both verbal and nonverbal communications must be applied effectively in order to stimulate change and the desire for growth in every marriage. This book

digs deep on the art of effective communication, and exposes the exact strategies used by happy couples to express themselves without starting a fight or accusing one another. The tips in this book are focused on making sure couples achieve a total satisfaction at the end of every discussion that concerns marriage intimacy, family and life in general. Among the things you will learn in this book are... -Getting your partner to open-up -How to open-up without causing a fight -Ways to express your emotions effectively -Getting your spouse to talk to you about everything

-Understanding your spouse better You will also learn... -Ways to improve communication skills -How to improve marriage intimacy -How to speak the vulnerable truth -How to master communication and build trust If you want to improve your marriage communication and rekindle love, this book is for you. Tag: non-violent communication equipment board in marriage, principles for a lifetime miracles couples skills progressive technical interplay, how to communicate with husband, intimate communication, family communication, communication when dating, effective communication tips and tricks, understanding love languages through communication, the magic of communication in marriage, getting the love you want in marriage, importance of communication in marriage, types of communication in marriage

How to Have a Happy Marriage David C Cook

Life is moving so fast at times that we lose sight of the romance, passion, and intimacy we so desire in our marriage. After 10 years of marriage Tony & Alisa lost sight of why they got married. Kids, work, family, and everything else were taking priority over their marriage. In September of 2008 they started the 60 Days of Sex Challenge. Little did they know that the experience would change their

lives. The lessons they learned not only changed their physical intimacy in the bedroom, but brought dramatic improvement to every area of their marriage. Those lessons are all here in Stripped Down, an easy to read workbook that will help you bring back the intimacy and passion in your own marriage. You'll learn things like: Setting priorities so your marriage receives the attention it deserves. Getting out of your ruts in and out of the bedroom. Learning how to make intimacy a priority in your marriage. Breaking down the communication barriers."As a life coach I see many people who have created strategies for business success. But those same people frequently have no plan for success in the most important areas of life. In Stripped Down, Tony and Alisa share clear systems and processes for being as intentional about success in your marriage as you would expect in your business. With no plan in place, your business - or your marriage - will likely fail. Don't take that chance."-Dan Miller, author, 48 Days to the Work You Love, and Life Coach, 48days.com "If you thought the Honeymoon couldn't last...Think Again! With uncharacteristic candor and an engaging conversational style, the DiLorenzos reveal the secret to an Intimacy in marriage that goes the distance! Stripped Down is a must read for Marriage!"-Pastor Harry Kuehl, Senior Pastor,

The Church at Rancho Bernardo

What Makes Love Last? Zondervan
How to Communicate with Your Spouse Without Fighting - EVEN If You Have a Difficult Spouse; Do you find it difficult communicating with your spouse? Are you tired of arguing and fighting with your spouse whenever you try to communicate? Have you ever wanted to cry in frustration after yet again another fruitless or useless argument with your spouse? Is your spouse not talking to you anymore? You are not alone. Many couples (including us) have had to deal with these communication problems at some point in marriage. And it ' s not fun! The yelling, shouting, anger, frustration, rejection, resentment, interrupting, blaming, insults... It can definitely be overwhelming. It could even destroy your ability to not only communicate effectively with your spouse but also enjoy your marriage. The lack of communication in your marriage can even lead to a divorce. But don't worry. No matter what communication problems you struggle with, you can learn how to communicate effectively with your spouse today. Whether you feel you are not being heard, cannot hear your spouse, or want to communicate better with your spouse without fighting or yelling, this

book will show you how. For the past 7 years, we have used these proven communication skills to go from arguing and fighting whenever we communicated to communicating effectively without fighting, calling each other names, and being disrespectful. As a result, we now have a better marriage. In this Communication in Marriage book, you will learn: 1. How to communicate effectively with your spouse without fighting. 2. Why trust is essential for effective communication in marriage. 3. Clearly understand why we all communicate differently. 4. How to improve communication in your marriage. 5. How to communicate through conflict, even with a difficult spouse. 6. Our tested, simple and proven step-by-step plan for effective communication in 7 days or less. 7. How to communicate through difficult emotions. 8. How to prevent communication problems with your spouse. 9. Why your past experiences affect the way you communicate with your spouse. This book will show you proven communication skills married couples need to communicate effectively with each other. We have tested and continue to use these effective communication skills in our marriage every single day. And they work! Whether you feel like you cannot

communicate with your spouse, or improve communication in your marriage, you can become a better communicator in your marriage by reading this book today. You don't need another fight or argument! You can communicate better with your husband or wife. How would your marriage be different if you had no communication problems? Buy your copy of this communication in marriage book for couples today.

----- Keywords related to this book: Communication in marriage, communication in marriage book, how to communicate with your spouse, how to communicate with your wife, how to communicate with your husband, how to communicate with your spouse without fighting, communication book for couples, communication skills, communication problems, effective communication skills, communication skills for married couples,

Communication in Marriage Our Peaceful Family

Jim Burns and Doug Fields wish you the very best for your wedding, but sadly, they won't be able to make it. What they are here for is your marriage. Jim and Doug have seen it all. They have worked with many

couples and have studied extensively to uncover the essential elements for making marriages thrive. This book is their early wedding gift to you: a comprehensive, easy-to-navigate road map for beginning your union. Filled with premium fuel for the journey—including meaningful exercises, hard truths, and conversations starters—this book will nourish and guide your relationship for the long haul.

Questions for Couples Bethany House

"One of the foremost relationship experts at work today applies the insights of science toward understanding the real meaning of trust between a couple. He decodes the "why" behind betrayal and shows how partners can avoid or recover from unfaithfulness and maintain a loving relationship. Dr. John Gottman, the country's pre-eminent researcher on marriage, is famous for his Love Lab at the University of

Washington in Seattle where he what Dr. Gottman calls the deciphers the mysteries of human relationships through scientific research. His thirty-five years of exploration have earned him numerous major awards, including from the National Institute of Mental Health, the American Psychological Association, and the American Association for Marriage and Family Therapy. Now, Dr. Gottman offers surprising findings and advice on the characteristic that is at the heart of all relationships: Trust. Dr. Gottman has developed a formula that precisely calculates any couple's loyalty level. The results determine a relationship's likely future, including the potential for one or both partners to stray. A Love You Can Trust shows couples how to bolster their trust level and avoid

"Roach Motel for Lovers." He describes how the outcome of--"sliding door moments," small pivotal points between a couple, can lead either to more emotional connection or to discontent. He suggests a new approach to handling adultery and reveals the varied and unexpected non-sexual ways that couples often betray each other. A Love You Can Trust guides couples through an empirically tested, trust-building program that will let them repair and maintain a long-term, intimate, and romantic relationship"--*Emotional and Sexual Intimacy in Marriage* Routledge Have Sex for 30 Days--and Transform Your Marriage! Let's face it: Sex is the barometer of your relationship. When the sex is great, odds are your relationship is great, too. But when the sex is not so great--or

nonexistent!--your relationship suffers as well. Time for The 30-Day Sex Solution! This sensibly sexy handbook is the brainchild of Playboy Playmate and sex psychologist Dr. Victoria Zdrock Wilson and her therapist husband John Wilson. This happily married expert couple shows you and your partner now to reclaim intimacy, one day--and night!--at a time: Days 1-6: Renew your vows, reduce distractions, focus on just you two Days 7-12: Recapture romance and rekindle your passion Days 13-18: Rediscover each other--and reinvent yourselves as a couple Days 19-24: Embrace the power of play Days 25-30: Become sexual and spiritual soul mates Together, the Wilsons give you a sensual roadmap back to the affection, commitment, and passion you once shared. Because love--and sex--really is better the second time around! The Normal Bar Sounds True Pulling off a successful wedding is one thing but fortifying a lifelong relationship is an entirely different endeavor. Relationship experts Jim Burns and Doug Fields invite couples to take a proactive approach to their

marriage union—one that doesn't shy your marriage? Needless to say, your marriage; emotionally, away from sticky areas and tough topics—in order to develop a solid course from the very beginning. Jim and Doug apply decades of frontline experience working with couples into this fresh and practical resource. Organized in nine highly relevant sessions, each centered on key biblical and relational touchstones, Burns and Fields equip participants to confront big issues including communication, finances, spirituality, and intimacy—prior to their wedding day. Great as a stand-alone resource or partnered with the *Getting Ready for Marriage: A Practical Road Map for Your Journey Together* book and companion video package. *Redeemed Sexuality* Nicholas Mag How to connect or reconnect with your spouse, grow together and strengthen your marriage - EVEN if you don't know where to start. Do you feel something is missing in your marriage? Do you feel like roommates? Are you worried about drifting apart? Do you ever miss the connection you once had? Do you want to fall "in love" again so you can rekindle intimacy in

are not alone. The truth is, we all want to feel loved and desired by the person we have committed to spend the rest of our life with. Somewhere along the journey, life gets in the way; busy schedules, pregnancies, kids, health issues, looming work deadlines, career changes, unexpected life and family events, etc. Your spouse is physically present with you, but it feels like they are miles away. The spark and excitement is starting to wane. You are slowly growing apart. The sad truth is this: Lack of intimacy in a marriage can easily lead to resentment, anger, frustrations, feeling neglected and even divorce. But, don't give up yet. No matter how hopeless you feel about the state of your marriage, we believe you can rekindle intimacy with your spouse. Because it happened to us too. We used to be just like you, missing that deep connection, meaningful conversations, and excitement we had when we first met. However, we have used what we share in this book to reconnect, grow together and rekindle intimacy in our

intellectually, spiritually, physically, sexually, and much more. As a result, we now have a healthier, happier, sexier and satisfying marriage. In this book, you will learn how to: 1. Connect or reconnect with your spouse so that you can rekindle your marriage, without breaking your budget. 2. Overcome emotional, physical, and sexual intimacy issues like mismatched sexual desires in the bedroom. 3. Communicate your feelings with courage, even when you are hurt, frustrated or angry. 4. Create a safe haven so you can be vulnerable with each other without feeling judged. 5. Deal with anxiety about intimacy for yourself or your spouse. 6. The 5 simple things we do every day that has been proven to strengthen intimacy in many marriages; even if you don't have much time. 7. More than 52 conversation starters for deeper conversations, building trust, intellectual and emotional intimacy. 8. The different forms of intimacy every couple needs to know so you can build that intimate connection you both

desire. 9. Over 69 simple, yet effective ways to rekindle intimacy, romance, and the passion you once had. Plus, the 30-day and 12-month intimacy challenge for couples; which is about practicing intimacy in your marriage every single day. You see, a marriage without emotional and sexual intimacy is bound to be unfulfilling. So, if you want to enhance intimacy in your marriage, rekindle the romance, and have satisfying sex with your spouse, then this book is for you. More importantly, Emotional and Sexual Intimacy in Marriage will change the way you relate with your spouse, live your marriage, and make intimacy a part of your daily life - starting today Now: Get your copy of this intimacy book for couples today.

Love, Sex and Staying Warm
Harmony

Women desire to live well. However, living well in this modern world is a challenge. The pace of life, along with the new front porch of social media, has changed the landscape of our lives. Women

have been told for far too long that being on the go and accumulating more things will make their lives full. As a result, we grasp for the wrong things in life and come up empty. God created us to walk with him; to know him and to be loved by him. He is our living well and when we drink from the water he continually provides, it will change us. Our marriages, our parenting, and our homemaking will be transformed. Mommy-blogger Courtney Joseph is a cheerful realist. She tackles the challenge of holding onto vintage values in a modern world, starting with the keys to protecting our walk with God. No subject is off-limits as she moves on to marriage, parenting, and household management. Rooted in the Bible, her practical approach includes tons of tips that are perfect for busy moms, including: Simple Solutions for Studying God's Word How to

Handle Marriage, Parenting, and Homemaking in a Digital Age 10 Steps to Completing Your Husband Dealing With Disappointed Expectations in Motherhood Creating Routines that Bring Rest Pursuing the Discipline and Diligence of the Proverbs 31 Woman There is nothing more important than fostering your faith, building your marriage, training your children, and creating a haven for your family. Women Living Well is a clear and personal guide to making the most of these precious responsibilities.

The Purity Code (Pure Foundations) Zondervan
The 10 Keys to a Successful Remarriage Based on the author's personal experience, over 30 years of clinical practice, knowledge from leading marriage and remarriage researchers, and 100 in-depth interviews of remarried people, The

Remarriage Manual offers 10 essential keys to a successful remarriage: Build a Culture of Appreciation, Respect, and Tolerance. Negativity is toxic. Personal growth and love are possible when you can express appreciation through positive words and actions. Make Your Remarriage a Top Priority. Never underestimate the power of intentional time with your partner to increase physical and emotional intimacy. Ditch the Baggage from Your First Marriage. Learn ways to be more reflective and less reactive to triggers that hit raw spots or vulnerabilities stemming from prior relationships. Don't Keep Secrets about Money. Remarried couples face complicated financial issues such as unequal assets, child support, alimony, and education costs for children

and stepchildren. Honesty and full disclosure about finances are essential. Don't Let Mistrust Stop You from Being Vulnerable and Emotionally Intimate. Learn that vulnerability and trust go hand in hand and the steps you can take to be authentic and intimate with your partner so you can achieve long-lasting love. Get Sexy and Fall in Love All Over Again. Given the stressors of a second marriage, it can be particularly challenging to stay sexually intimate. Yet moments of connection, such as touching, talking, or making love, are all part of the glue that holds a second marriage together. Don't Make a Big Deal about Nothing . . . but Do Deal with Important Issues. Differences in beliefs, expectations, and conversational styles can cause you to blow things out

of proportion and tune each other out. Effective communication will help you overcome these types of misunderstandings. Manage the Flames of Conflict. You can't avoid disagreements entirely. What you can do, however, is learn how to manage them successfully to avoid the "blame game" so that they can nourish rather than drain your remarriage. Embrace Your Role as a Stepparent and Create Positive Stepfamily Memories. There is no such thing as instant love in a stepfamily. When biological parents are involved, the relationships can get even trickier. Learn to adjust to your role as a stepparent—the chances of a second marriage succeeding go way up when both partners adopt an attitude of "we're in this together." Say You're Sorry and Mean It. Studies show

that apologizing to your partner for hurting their feelings and granting forgiveness are crucial to the success of a second marriage. It's essential that remarried couples learn the value of sincere apologies and forgiveness. Drawing on the experiences of dozens of couples and remarriage scenarios, Terry Gaspard shows you how to bring each key home and set up your relationship for lasting success. Whether you are thinking of remarrying and concerned about going the distance or are already remarried and struggling, The Remarriage Manual provides the expert advice, practical tools, hope, and inspiration you need to prevent challenges from becoming deal breakers. The 10 keys provided here will help put you and your spouse on solid

footing; keep the flame between you burning bright; and build a deeply trusting, loving, and sustainable connection for the long haul.

The Act of Marriage Thomas Nelson

NEW YORK TIMES BESTSELLER • Over a million copies sold! "An eminently practical guide to an emotionally intelligent—and long-lasting—marriage."—Daniel Goleman, author of Emotional Intelligence The Seven Principles for Making Marriage Work has revolutionized the way we understand, repair, and strengthen marriages. John Gottman's unprecedented study of couples over a period of years has allowed him to observe the habits that can make—and break—a marriage. Here is the culmination of that work: the seven principles that guide couples on a path toward a harmonious and long-lasting relationship. Straightforward yet profound, these principles teach partners new approaches

for resolving conflicts, creating new common ground, and achieving greater levels of intimacy. Gottman offers strategies and resources to help couples collaborate more effectively to resolve any problem, whether dealing with issues related to sex, money, religion, work, family, or anything else. Packed with new exercises and the latest research out of the esteemed Gottman Institute, this revised edition of The Seven Principles for Making Marriage Work is the definitive guide for anyone who wants their relationship to attain its highest potential.

Save My Marriage! ZeroNever

An unlikely pair of voices—the world's most recognizable beauty icon and "America's rabbi"—comes together to diagnose how meaningful, passionate sex is on the decline in Western culture, and what is necessary to save it. Sex is dying in America. Inundated with sex and starved

for it, obsessed with it yet clueless about it, we are slowly forgetting how to make love. The crisis of modern sexuality is seen in high divorce rates, in the degradation of sexuality through pornography, and tasteless displays of empty, counterfeit erotica. Most of all, it's seen in sexless marriages and platonic relationships where cybersex has become more addictive than the real thing. Sex has become so trivialized, coarsened, and vulgarized that couples no longer feel its pull. The once powerful and irresistible magnetism of sex is being diluted and drained. The authors propose replacing the 1960s' sexual revolution with a new sensual revolution, a rediscovery of intimacy that encourages and ennobles human relationships, elevates healthy lust, and gets us from looking up from the glowing screens of our smartphones to the people

around us, most especially the people we love the most. Lust for Love embraces the idea that what our most important relationships need most is lust. It is necessary to rediscover what's sexy again, how to bring back romance, and to understand that in addition to love, we need lust to repair our unfulfilling sex lives and broken relationships. Lust for Love proposes a return to what lovemaking was always meant to be: a desire to know and experience another person in the deepest possible way.

Rekindling Desire Simon and Schuster

Are you struggling to connect with your child now that they've left the nest? Are you feeling the tension and heartache as your relationship dynamic begins to change? In *Doing Life with Your Adult Children*, bestselling author and parenting expert Jim Burns

provides practical advice and hopeful encouragement for navigating this tough yet rewarding transition. If you've raised a child, you know that parenting doesn't stop when they turn eighteen. In many ways, your relationship gets even more complicated--your heart and your head are as involved as ever, but you can feel things shifting, whether your child lives under your roof or rarely stays in contact. *Doing Life with Your Adult Children* helps you navigate this rich and challenging season of parenting. Speaking from his own personal and professional experience, Burns offers practical answers to the most common questions he's received over the years, including: My child's choices are breaking my heart--where did I go wrong? Is it OK to give

advice to my grown child? What's the difference between enabling and helping? What boundaries should I have if my child moves back home? What do I do when my child doesn't seem to be maturing into adulthood? How do I relate to my grown child's significant other? What does it mean to have healthy financial boundaries? How can I support my grown children when I don't support their values? Including positive principles on bringing kids back to faith, ideas on how to leave a legacy as a grandparent, and encouragement for every changing season, *Doing Life with Your Adult Children* is a unique book on your changing role in a calling that never ends.

Marriage Ministry By Design

David C Cook

Your church or ministry will

greatly benefit from the information contained within this book. Learn a practical definition for marriage in the church as well as God's design for marriage. Look at the various stages of marriage and the different forms of marriage. And learn how to use the various components of ministry to marriage, including a structure that will greatly enhance your ministry mix. Topics include: Why marriage ministry? Components of marriage ministry Structuring marriage ministry Connecting points for marriage ministry *Finding Joy in the Empty Nest* Center Street

Do you find it difficult coming up with thought-provoking conversation starters or topics to discuss with your partner? Do you want to discover insightful questions that can lead to having deeper, exciting, and more meaningful

conversations as a couple? Don't have much to talk about except the day-to-day life activities? If you answered yes to any of these questions, you're not alone. We all want to have better, more substantial, and engaging conversations everyday with our significant other. However, knowing where to start or the right questions to ask can be a challenge when things become routine. That's why we wrote *Questions for Couples*. We have used these open-ended questions to get to know each other more deeply, have better conversations, and improve our relationship. We believe these questions will do the same for your relationship too. In *Questions for Couples*, you will discover: 1. 469 Thought-provoking conversation starters for connecting, building trust, and rekindling intimacy in your relationship. 2. Fun, engaging, and open-ended questions that will lead to some of the best conversations you have had in a

while with your partner, bring you closer, and really get you learning about each other. 3. Creative conversation starters for communicating and expressing your feelings, needs, and desires. 4. Refreshing questions you can discuss with each other on a daily or weekly basis to help you grow your relationship, as well as personal development. Simply select 365 questions that you love, and use them for a 365 Days of Questions Challenge with your partner. 5. Thought-provoking questions that will help you talk about things you might never think of on your own, which is especially helpful if you are looking for something new to talk about. 6. Inspiring conversation starters for setting yearly goals as a couple, so you can grow together while achieving them. 7. Exciting sex questions that will get you talking and sharing your sexual desires, so

you can have better and more satisfying sex. And much more. You can have great conversations when you know what questions to ask. You just need the right questions. Open-ended questions that will spark deeper conversations, so you can discover and learn more about yourself, and your partner. Whether you are dating, in a committed relationship, engaged, married, or in a long-distance relationship, this book is for you. Questions for Couples will get you talking for hours, even if you have very little to talk about. Plus because it's pocket-sized, it's easy to take everywhere; for road trips, coffee dates, to date nights dinner or events, the beach, vacation trips, etc. Now, get your copy of this questions book for couples today. ----- Related keywords to this Questions for Couples book: Questions for couples, marriage questions, relationship

questions, questions for dating couples, dating questions, questions for couples book, relationship questions, relationship questions book, questions couples, questions for couples game, questions for couples therapy, questions for married couples, questions for married couples fun, questions for couples to ask each other, book of questions for couples, what if questions for couples, 365 questions for couples, questions for engaged couples, relationship questions to ask, relationship questions game, relationship questions for couples, fun relationship questions, dating icebreaker questions, marriage counseling questions, conversation starters for couples, conversation starters, *Getting Ready for Marriage* Elm Hill Trusted family authority provides a simple and practical guide for parents to help their children

develop a healthy perspective regarding their bodies and sexuality.

True Utterances (1228 +) to Build Intimacy, Enhance Your Sex Life, and Strengthen Your Relationship in One Month's Time Zondervan

You are a sexual person. Whether you are single or married, a teenager or an older single adult, God created you as a sexual person. So how do we inhabit our sexuality in a way that brings honor to God? And what exactly is sexuality? Is it just sexual intercourse? Or is it perhaps something much greater? God created them male and female. From the moment of our conception, we are born in this act of creation as a sexual being. God's creation was the work of a master artist. It is vital that we discover both the artwork and the artist. God intended for sex to be a wonderful good. When someone allows God to guide them in how they engage

in sex, it can be. However, sometimes sexuality has become a source of shame, guilt, pain, confusion, frustration, and sorrow. Sexual challenges can come from the choices we make, from the things that others do against us, and from the ways in which Satan has inundated the world with a tsunami of destructive words and images about sex. Those challenges can also come from the lack of being able to talk openly about sex. Perhaps you want to lead a life of sexual purity but you are finding it hard to find solid, biblical answers to some of the very real questions you have. You may feel like you've tried to bring up these things with those involved in your life but that you often receive the same-old trite and empty arguments about purity: "Just wait" or "Just repent" or "God has a plan. Be patient." So how do we reconcile God's intricate and amazing plan for sex with the devastation, destruction,

and frustration that sex outside of His plan can cause? How can we pursue purity and honor sexuality at the same time? What exactly is God's plan for sexuality for those who are not married? Redeeming Sexuality answers many of these and other questions that singles, teens, and parents ask the authors in their conferences and sessions, including: What is God's plan for sex? How should single, working professionals, college students, teens, and all other unmarried individuals understand their sexuality in light of God's plan? What is allowed and how far is too far? How can we have healthy, intimate connections with others? What is purity and how do we deal with temptation when it is so hard to escape? How do we work through the damage and pain that is already done? How can parents effectively communicate with their kids about sex? This comprehensive guide strives to bring clarity

and understanding to topics that many Christians have trouble discussing. Journey with us as we discover a vibrant understanding of God's plan for redeemed sexuality.

Confident Parenting WestBow Press

Missed opportunity. Silence. hurt. Confusion. The irony of modern life. Many couples today are living under the same roof as strangers because they lack the clues to sustain pleasure in intimate relationships, so they keep falling apart in their marriage. Intimate relationship provides both emotional and physical home to satisfy the need for openness and closeness. Intimacy is the reward of happiness: a genuine feeling of satisfaction-deep biological needs are met, the mental need to express the range and intensity of ones emotions. Over the past 24 years I have gradually built a communication theory, social learning theory, marriage

behavioral theory and psychodynamics of family systems that bring about practical insight for applying practical skills in achieving deeper intimacy. This book offers exactly the set of skills couples need to solve the problems in their private lives and achieve an intense level of intimacy. It includes 100 different approaches and practical ideas to rekindle love. Scroll to the top to download your copy of this intimacy guide for couples today. Click the BUY NOW button at the top of this page.

Doing Life with Your Adult Children Elm Hill

After hearing the words no one wants to hear--"you have cancer"--Jim Burns set out to articulate the most important principles for a life well lived and now shares them with you as a collection of essential truths for a healthy, balanced, and successful life. What's truly important for

leading a life well lived? After being diagnosed with cancer and facing his mortality, prolific author and family-life expert Jim Burns learned what it really means to live a meaningful life from the perspective and practical wisdom only gained from facing death. Now cancer free, those same life-changing lessons continue to guide and enrich Jim's faith, work, and relationships in immeasurable ways. With his conversational style and heartwarming and entertaining stories, Jim brilliantly distills that hard-earned wisdom into 13 simple yet powerful life principles you can put into practice today. Jim will help you learn how to: Break the cycle of being overcommitted and underconnected once and for all Make family the priority you want it to be with an action plan that will nurture your closest relationships Embrace the discomfort of discipline

and avoid the pain of regret next level...intimately!

Incorporate the vital element
of fun in your life for
connection and relief in even
the toughest times Train your
mind in reflexive gratitude to
rise above negative
circumstances. Don't wait any
longer. Let these principles
guide you into deeper joy, more
purpose, and better
connection--and start truly
living today.

Have Serious Fun Adams Media
Unlock HER Mysteries...! Women
have been mysteries to themselves
and their husbands for too long.
"Knowing HER Intimately: 12 Keys
for Creating a Sextraordinary
Marriage" is the ultimate how-to
handbook--power-packed with hope
and help for creating the intimate
and passionate relationship God
intended. Taking a respectful, yet
straightforward approach, this
"sex-therapy-in-a-book," helps
couples navigate the intricacies
of intimacy to strengthen their
marriages. Laura outlines 12 key
areas (12 T's) of sexual wholeness
to take your relationship to the