

Crossing To Avalon A Womans Midlife Quest For The Sacred Feminine Jean Shinoda Bolen

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The Feminine Face of God Bantam

Examines coincidental events that individuals find significant, but which cannot be rationally explained, suggesting ways of using the resulting feelings of universal unity in Jungian therapies and Taoist introspection
She is Everywhere! Xlibris Corporation

In Jean Shinoda Bolen's best-selling, game-changing *Goddesses in Everywoman*, myths came to life in a whole new way that resonated with our own lives. Even fictional character Bridget Jones was reading that book. Now comes *Artemis: The Indomitable Spirit in Everywoman*, a groundbreaking new book that explores the archetype of the activist. Indomitable means untamed, unsubdued. It is the one-in-herself quality in girls and women who will not be victims, no matter what. To bring the Artemis archetype to life, Dr. Bolen delves deeply into the myth of Atalanta, the famous hunter and runner in ancient Greek mythology, a mortal woman who is identified with Artemis the Greek Goddess of the Hunt and Moon. Atalanta began life abandoned and left to die because she was born a girl. She faced the Calydon Boar and drew first blood; she was the runner who would demand to be beaten in a footrace by the man who could claim her as his bride. Atalanta exemplifies the indomitable spirit in competent, courageous girls and in the women they become. This is grit, the passion and persistence to go the distance, to survive, and to succeed. Dr. Bolen paints a vivid picture of Artemis women in current media, including Princess Merida from the animated film *Brave* and Katniss Everdeen from *The Hunger Games*. In all these examples and those of real-life women who grow into their Artemis spirit, she provides the means through which readers can navigate their own personal exploration to become their authentic selves. Bolen dedicates this book to women and girls who embody the archetype of Artemis, who discover her uncrushable spirit in themselves or others.

Harper San Francisco

In this challenging and enlightening companion volume to the bestselling *Goddesses in Everywoman*, Jean Shinoda Bolen turns her attention to the powerful inner patterns--or archetypes--that shape men's personalities, careers, and personal relationships. Viewing these archetypes as the inner counterparts of the outer world of cultural stereotypes, she demonstrates how men and women can gain an invaluable sense of wholeness and integration when what they do is consistent with who they are. Dr. Bolen introduces these patterns in the guise of eight archetypal gods, or personality types, with whom the reader will identify. From the authoritarian power-seeking gods (Zeus, Poseidon) to the gods of creativity (Apollo, Hephaestus) to the sensual Dionysus, Dr. Bolen shows men how to identify their ruling gods, how to decide which to cultivate and which to overcome, and how to tap the power of these enduring archetypes in order to enrich and strengthen their lives. She also stresses the importance of understanding which gods you are attracted to and which are compatible with your expectations, uncovers the origins of the often-difficult father-son relationship, and explores society's deep conflict between nurturing behavior and the need to foster masculinity. In *Gods in Everyman* Dr. Bolen presents us with a compassionate and lucid male psychology that will help all men and women to better understand themselves and their relationships with their fathers, their sons, their brothers, and their lovers.

Alice Walker: A Woman For Our Times Mango Media Inc.

"An honest, compelling, surprising, and vastly reassuring book about the spiritual life of women . . . This landmark book is spiritual precisely because it is authentic."—Joan Borysenko, Ph.D., author of *Minding the Body, Mending the Mind* With a foreword by Jean Shinoda Bolen, M.D. For many contemporary women, the old patriarchal models of religion are no longer relevant, forming a need to look beyond the male-oriented past to a wider, more fulfilling spiritual horizon. In this fascinating and thought-provoking book, Sherry Anderson and Patricia Hopkins show how many women have redefined traditional beliefs and rediscovered their own unique spiritual heritage—*The Feminine Face of God*. Anderson and Hopkins guide you through the sacred garden of: • Childhood—seedbed of life's sacred passage • Leaving home—finding your own inner authority • Relationships—new perspectives on intimacy • Spiritual practice—the importance of guidance and discipline • Sexuality—a wild card constantly cracking open the heart • And much more As women enter their sacred garden and learn the art of inner listening, they acquire the tools for living, loving, and praying authentically. In *The Feminine Face of God* there are seeds for growth: for creating and sustaining intimacy and love in a new way; for a new understanding of sexuality; for a new vision of family, a family of choice in a community of love.

Crossing to Avalon Jones & Bartlett Learning

With her groundbreaking debut book, *Birthing Ourselves into Being: A Year Long Women's Empowerment Program*, author Baraka Bethany Elihu transcends the restrictions of intellectually-based therapy by offering an experiential curriculum of personal healing centered not only in doing but in being. "Many women are naturally heading towards this gentler, organic approach in personal therapeutic work. Women are ready to be simply witnessed in their own mastery. We do not need to be managed, facilitated, taught or guided," explains Baraka. "The experts live within us." *Birthing*

Ourselves into Being is fully situated in the metaphor of childbirth. The book consists of twelve chapters that explore the symbolic rhythms of the childbearing year, including pre-conception and postpartum. Offering clear, innovative, and effective steps, this creative arts-based curriculum provides readers tools to emerge with an entirely new life and stories of adventure and love to inspire the journeys of other women. "We can surrender to our process and trust that a greater peace in the world will emerge naturally, from the very belly of our personal, quiet revolutions," Baraka writes. "The space we hold for ourselves and for one another becomes the standard by which the planet responds. It is time. And we are ready."

Sophia's Return Harper

This book reflects on the implications of neurobiology and the scientific worldview on aspects of religious experience, belief, and practice, focusing especially on the body and the construction of religious meaning.

Birthing Ourselves Into Being Routledge

Celebrate the Wise Woman Crowning the Crone. In works like *Goddesses in Everywoman* and *Goddesses in Older Women*, bestselling author Jean Shinoda Bolen, M. D, inspired a generation of women to realize their potential and value. Hundreds of thousands of copies later, her books still affect the lives of women. Dr. Bolen is celebrated by some of the most acclaimed women and literati of the twentieth century like Isabel Allende, Gloria Steinem, and Alice Walker. In her book, *Crones Don't Whine*, she offers mature women thirteen qualities to cultivate personal growth during their crone years. What's in a crone? Life after forty doesn't end. So why do most women treat it like it does? Put aside your midlife crisis symptoms and embrace the aging process with this archetype? *Crones Don't Whine*; they're juicy and they trust their own instincts. Meditating, not groveling, and choosing the path with heart, crones are fierce about what matters to them. They speak the truth with compassion. They listen to their bodies, reinvent themselves, and savor the good in their lives. Grow and behold. Forget about getting old, aging gracefully is all about perspective. As Dr. Bolen explains, crone years are "growing" years in women's lives. In this new stage, women can finally devote their time, energy, and creativity to what really matters to them. Thirteen essays and practices. Featuring thirteen brief essays and small practices, this lighthearted book gives readers resources to turn to again and again. Inside, find: • "Crones Together Can Change the World" bonus essay • Dr. Bolen's personal musings • A rallying call to men to become crones as well • And much more! If you're a fan of Dr. Bolen, or books like *Women Rowing North*, *Wild Mercy*, or *Goddesses Never Age*, order a copy of *Crones Don't Cry!*

Feminist Foremothers in Women's Studies, Psychology, and Mental Health Hachette Books

She Is Everywhere! An Anthology of Writing in Womanist/Feminist Spirituality Perhaps the first womanist/feminist anthology which includes women's voices from many cultural and spiritual traditions across the globe from past to present. This book will be enormously useful and stimulating to women's studies classes and the emerging vibrant study of women's spirituality. "By venerating Her I am able to salute the divinity in all women and myself."--Luisah Teish "We are at the brink of new age which will be defined by new concepts in science, religion, and the reclamation of the values of the Dark Mother."--Necia Harkless "In my micro-geography, she is everywhere: in a sweat lodge in Indian Canyon, or in the Guadalupe chapel in San Juan Bautista, in a field of blue corn in Aromas protected with corn dollies, or in the Rodriguez Street Laundry in Watsonville..."--Jennifer Colby "In bringing memories of Her to the surface, I feel reborn, reconnected to the Earth, reunited with my Great Mother."--Sandy Miranda "Traveling to lands and sacred sites where evidence of the Goddess is irrefutable gives me a new spark and added hope...Sardinia herself is the Great Mother."--Leslene della Madre "The more women's voices I heard; the more I came to see the Sacred Feminine as immanent; the more I saw women who seemed to be filled with joy even in the midst of adverse circumstances..."--Deborah Grenn

Celebrate the Divine Feminine Penguin

A vivid grasp of the story and the characters in "The Ring of Niebelung" brings Richard Wagner's mythic four-opera cycle to life. The Ring Cycle has a hold on our imagination like no other operatic work because it is archetypal and has the power of myth as well as music to reverberate in the psyche. Bolen shows how myth illuminates psychology, and more - Ring of Power goes beyond the psychology of the individual, revealing dysfunctional families and patriarchal institutions.

Scribbling Women & the Short Story Form Mango Media Inc.

The magical saga of the women behind King Arthur's throne. "A monumental reimagining of the Arthurian legends . . . reading it is a deeply moving and at times uncanny experience. . . . An impressive achievement."—The New York Times Book Review In Marion Zimmer Bradley's masterpiece, we see the tumult and adventures of Camelot's court through the eyes of the women who bolstered the king's rise and schemed for his fall. From their childhoods through the ultimate fulfillment of their destinies, we follow these women and the diverse cast of characters that surrounds them as the great Arthurian epic unfolds stunningly before us. As Morgaine and Gwenhwyfar struggle for control over the fate of Arthur's kingdom, as the Knights of the Round Table take on their infamous quest, as Merlin and Viviane wield their magics for the future of Old Britain, the Isle of Avalon slips further into the impenetrable mists of memory, until the fissure between old and new worlds' and old and new religions' claims its most famous victim.

Crossing to Avalon ABC-CLIO

Sophia's Return is an exploration of Goddess spirituality and an instructional book. It encourages women to lead their own sacred circle using the Celtic Wheel of the Year and shows them how to run a sacred or spirituality circle. This book includes the

script for eight ceremonies typically used for the Celtic Wheel of the Year, for example, Summer Solstice, Autumn Equinox, Winter Solstice and Spring Equinox. Each ceremony includes a guided meditation and information about the Goddess honoured during that ceremony. Sample Maiden, Mother and Crone ceremonies as well as a personal memoir recounting the author's own story and Goddess experience are included. This book is a beneficial tool for women of all ages who might be feeling a call for spirituality with the Feminine at its centre. One of the goals with this book is to give the reader the basic tools and foundation of knowledge to get started to run their own sacred circle in a simple and easy-to-use format.

[She-Q: Why Women Should Mentor Men and Change the World](#) John Hunt Publishing

[Crossing to Avalon](#) Harper Collins

[Avalon Within](#) Conari Press

«America is now wholly given over to a d-d mob of scribbling women, and I should have no chance of success while the public taste is occupied with their trash...» Taking Hawthorne's famous 1855 complaint about women writers as a starting point for consideration, *Scribbling Women and the Short Story Form* is a collection of fourteen critical essays about the short fiction of British and American women writers. This anthology takes a feminist approach, examining the liberating possibilities for women writers of the form of the short story, a genre often associated with alienation or subversion (the writer Frank O'Connor describes the form as marginal or «outlaw»). Covering the work of selected women writers from the 1850s through the late twentieth century, this collection includes essays on well-known authors such as Rebecca Harding Davis, Louisa May Alcott, Kate Chopin, Katherine Anne Porter, Flannery O'Connor, Cynthia Ozick, and Ursula K. Le Guin, alongside essays on Harriett Prescott Spofford, Ruth Stewart, L. T. Meade, Alice Dunbar-Nelson, Zitkala-Sa, Sui Sin Far, and Lydia Davis, less-known authors whose stories offer rich ground for consideration.

[Sex and the Goddess](#) Harper San Francisco

From Shirley MacLaine's spiritual biography *Out on a Limb* to the teenage witches in the film *The Craft*, New Age and Neopagan beliefs have made sensationalistic headlines. In the mid- to late 1990s, several important scholarly studies of the New Age and Neopagan movements were published, attesting to academic as well as popular recognition that these religions are a significant presence on the contemporary North American religious landscape. Self-help books by New Age channelers and psychics are a large and growing market; annual spending on channeling, self-help businesses, and alternative health care is at \$10 to \$14 billion; an estimated 12 million Americans are involved with New Age activities; and American Neopagans are estimated at around 200,000. *New Age and Neopagan Religions in America* introduces the beliefs and practices behind the public faces of these controversial movements, which have been growing steadily in late twentieth- and early twenty-first-century America. What is the New Age movement, and how is it different from and similar to Neopaganism in its underlying beliefs and still-evolving practices? Where did these decentralized and eclectic movements come from, and why have they grown and flourished at this point in American religious history? What is the relationship between the New Age and Neopaganism and other religions in America, particularly Christianity, which is often construed as antagonistic to them? Drawing on historical and ethnographic accounts, Sarah Pike explores these questions and offers a sympathetic yet critical treatment of religious practices often marginalized yet soaring in popularity. The book provides a general introduction to the varieties of New Age and Neopagan religions in the United States today as well as an account of their nineteenth-century roots and emergence from the 1960s counterculture. Covering such topics as healing, gender and sexuality, millennialism, and ritual experience, it also furnishes a rich description and analysis of the spiritual worlds and social networks created by participants.

[Goddesses in Everywoman](#) Conari Press

The secret history of the rebellious Frenchwomen who were exiled to colonial Louisiana and found power in the Mississippi Valley In 1719, a ship named *La Mutine* (the mutinous woman), sailed from the French port of Le Havre, bound for the Mississippi. It was loaded with urgently needed goods for the fledgling French colony, but its principal commodity was a new kind of export: women. Falsely accused of sex crimes, these women were prisoners, shackled in the ship's hold. Of the 132 women who were sent this way, only 62 survived. But these women carved out a place for themselves in the colonies that would have been impossible in France, making advantageous marriages and accumulating property. Many were instrumental in the building of New Orleans and in settling Louisiana, Alabama, Arkansas, Illinois, and Mississippi. Drawing on an impressive range of sources to restore the voices of these women to the historical record, *Mutinous Women* introduces us to the Gulf South's Founding Mothers.

[Like a Tree](#) Peter Lang

Provides solid principles and proven measures to promote optimal health and well-being using a holistic approach.

[Goddesses in Older Women](#) BRILL

A classic work of female psychology that uses seven archetypal goddesses as a way of describing behavior patterns and personality traits is being introduced to the next generation of readers with a new introduction by the author. Psychoanalyst Jean Bolen's career soared in the early 1980s when *Goddesses in Everywoman* was published. Thousands of women readers became fascinated with identifying their own inner goddesses and using these archetypes to guide themselves to greater self-esteem, creativity, and happiness. Bolen's radical idea was that just as women used to be unconscious of the powerful effects that cultural stereotypes had on them, they were also unconscious of powerful archetypal forces within them that influence what they do and how they feel, and which account for major differences among them. Bolen believes that an understanding of these inner patterns and their interrelationships offers reassuring, true-to-life alternatives that take women far beyond such restrictive dichotomies as masculine/feminine, mother/lover, careerist/housewife. And she demonstrates in this book how understanding them can provide the key to self-knowledge and wholeness. Dr. Bolen introduced these patterns in the guise of seven archetypal goddesses, or personality types, with whom all women could identify, from the autonomous Artemis and the cool Athena to the nurturing Demeter and the creative Aphrodite, and explains how to decide which to cultivate and which to overcome, and how to tap the power of these enduring archetypes to become a better "heroine" in one's own life story.

[The Tao of Psychology](#) Harper Collins

The freshest and most respected thinkers in transpersonal psychology explore the myriad pathways to knowledge.

[New Age and Neopagan Religions in America](#) Ballantine Books

In *Moving Toward the Millionth Circle*, psychiatrist, activist and best-selling author Jean Bolen inspires women and others to

follow a path with soul, to take on a personal assignment that contributes to change, while relying on the support of a circle or circles of likeminded individuals. The metaphoric millionth circle is the tipping point into a post-patriarchal era, based on the premise that when a critical number of people change their perceptions and behavior, a new era can begin. The strength that comes from those circles feeds the activism and the activism makes the circles stronger. *Moving Toward the Millionth Circle* is about heart-centered activism. Drawn from Dr. Bolen's work with the United Nations and her experiences with His Holiness the Dalai Lama, and women from all walks of life all around the world, this book is poetical, practical and political.

[Women's Intuition](#) FriesenPress

Finding the Voice Inside invites women to name, honor and explore their female experience as it differs from male experience. Doing this work in a group and hearing themselves and others read aloud what's been written, women re-awaken to what they don't always know that they know. Doing these exercises alone can continue the tradition of diary, journal and letter writing that makes up our knowledge of women's lives throughout history. In their effort to balance the male-constructed view of the world, women must first recreate the images, symbols, metaphors and truths of their own lives, as women.