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## Psychoanalytic Case Formulation Guilford

### Publications

Building on the comprehensive theoretical model of dissociation elegantly developed in *The Dissociative Mind*, Elizabeth Howell makes another invaluable contribution to the clinical understanding of dissociative states with *Understanding and Treating Dissociative Identity Disorder*. Howell, working within the realm of relational psychoanalysis, explicates a multifaceted approach to the treatment of this fascinating yet often misunderstood condition, which involves the partitioning of the personality into part-selves that remain unaware of one another, usually the result of severely traumatic experiences. Howell begins with an explication of dissociation theory and research that includes the dynamic unconscious, trauma theory, attachment, and neuroscience. She then discusses the identification and diagnosis of Dissociative Identity Disorder (DID) before moving on to outline a phase-oriented treatment plan, which includes facilitating a

multileveled co-constructed therapeutic relationship, emphasizing the multiplicity of transferences, countertransferences, and kinds of potential enactments. She then expands the treatment possibilities to include dreamwork, before moving on to discuss the risks involved in the treatment of DID and how to mitigate them. All concepts and technical approaches are permeated with rich clinical examples.

*Specialty Competencies in Psychoanalysis in Psychology* Oxford University Press

*The Wiley Handbook of Developmental Psychopathology* offers a concise, up-to-date, and international overview of the study of developmental psychopathology. Examines the cognitive, neurobiological, genetic, and environmental influences on normal and abnormal development across the lifespan Incorporates methodology, theory, and the latest empirical research in a

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discussion of modern techniques for studying developmental psychopathology Considers the legal, societal, and policy impacts of changes to diagnostic categories in the light of the transition to DSM-5 Moves beyond a disorder-based discussion to address issues that cut across diagnostic categories

**The Social Cognition and Object Relations Scale-Global Rating Method (SCORS-G)**

John Wiley & Sons

Now in its Third Edition, this book clarifies the distinctions between the vast array of personality disorders and helps clinicians make accurate diagnoses. It has been thoroughly updated to incorporate the changes in the forthcoming DSM-5. Using the classification scheme he pioneered, Dr. Millon guides clinicians through the intricate maze of personality disorders, with special attention to

changes in their conceptualization over the last decade. Extensive new research is included, as well as the incorporation of over 50 new illustrative and therapeutically detailed cases. This is every mental health professional's essential volume to fully understanding personality.

**Handbook of Psychodynamic Approaches to Psychopathology**

Psychodynamic Diagnostic Manual

This new, meticulously updated edition offers the latest research on the foundations, techniques, and efficacy of psychodynamic psychotherapy, while still providing the basic

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information on assessment, indications, formulations, therapist interventions, goals of therapy, and mechanisms of therapeutic action that all mental health professionals require in order to provide excellent care.

*Attachment, Play, and Authenticity* John Wiley & Sons

Authoritative and comprehensive, this volume provides a contemporary psychodynamic perspective on frequently encountered psychological disorders in adults, children, and adolescents. Leading international authorities review the growing evidence base for psychoanalytic theories and therapeutic models. Chapters examine the etiology and psychological mechanisms of each disorder and thoroughly describe effective treatment

strategies. Highly accessible, the book is richly illustrated with clinical case material. It demonstrates ways in which psychodynamic theory and therapy are enhanced by integrating ideas and findings from neuroscience, social and personality psychology, cognitive-behavioral therapy, and other fields.

Winner? Goethe Award for Psychoanalytic and Psychodynamic Scholarship

*Three Characters* Routledge

Winnicott's work on the developmental process is paired with interactions of child therapists and their patients to link theory and practice. More than 25 of his works are analyzed and presented with partial transcripts of actual sessions to demonstrate the value of his contributions to child and adult psychology and psychotherapy.

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## **Psychodynamic Formulation** Frontiers Media SA

Grounded in author Allen Frances's extensive clinical experience, this comprehensive yet concise guide helps the busy clinician find the right psychiatric diagnosis and avoid the many pitfalls that lead to errors. Covering every disorder routinely encountered in clinical practice, Frances provides the ICD-9-CM and ICD-10-CM (where feasible) codes required for billing, a useful screening question, a colorful descriptive prototype, lucid diagnostic tips, and a discussion of other disorders that must be ruled out. The book closes with an index of the most common presenting symptoms, listing possible diagnoses that must be considered for each. Frances was instrumental in the development of past editions of the DSM and provides helpful cautions on questionable aspects of DSM-5. The revised edition features ICD-10-CM codes where feasible

throughout the chapters, plus a Crosswalk to ICD-10-CM Codes in the Appendix. The Appendix, links to further coding resources, and periodic updates can also be accessed online ([www.guilford.com/frances\\_updates](http://www.guilford.com/frances_updates)).

*Psychoanalytic Diagnosis, Second Edition*  
John Wiley & Sons

Now completely revised (over 90% new), this is the authoritative diagnostic manual grounded in psychodynamic clinical models and theories. Explicitly oriented toward case formulation and treatment planning, PDM-2 offers practitioners an empirically based, clinically useful alternative or supplement to DSM and ICD categorical diagnoses. Leading international authorities systematically address personality functioning and psychological problems of infancy, childhood, adolescence, adulthood, and old age, including clear conceptualizations and illustrative case examples. Purchasers get access to a

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companion website where they can find additional case illustrations and download and print five reproducible PDM-derived rating scales in a convenient 8 1/2" x 11" size. New to This Edition \*Significant revisions to all chapters, reflecting a decade of clinical, empirical, and methodological advances. \*Chapter with extended case illustrations, including complete PDM profiles. \*Separate section on older adults (the first classification system with a geriatric section). \*Extensive treatment of psychotic conditions and the psychotic level of personality organization. \*Greater attention to issues of culture and diversity, and to both the clinician's and patient's subjectivity. \*Chapter on recommended assessment instruments, plus reproducible/downloadable diagnostic tools. \*In-depth comparisons to DSM-5 and ICD-10-CM throughout. Sponsoring associations include the International Psychoanalytical Association,

Division 39 of the American Psychological Association, the American Psychoanalytic Association, the International Association for Relational Psychoanalysis & Psychotherapy, the American Association for Psychoanalysis in Clinical Social Work, and five other organizations. Winner--American Board and Academy of Psychoanalysis Book Prize (Clinical Category)

OPD-CA-2 Operationalized Psychodynamic Diagnosis in Childhood and Adolescence John Wiley & Sons

Case formulation is a key skill for mental health practitioners, and this book provides examples of ten case formulations representing the most common mental health problems in a variety of populations and contexts, offering commentary on contrasting

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formulations of the same case. Provides an overview of the general features of case formulation and how it can drive treatment. Features clinical cases from a variety of populations, focusing on a range of different problems. Covers all the major theoretical perspectives in clinical practice – behavioural, cognitive behavioural, psychodynamic, medical, and eclectic. Offers commentary on contrasting formulations of the same case for five different clinical problems.

Psychoanalytic Psychotherapy Guilford Publications

How do our patients come to be the way they are? What forces shape their conscious and unconscious thoughts and feelings? How can we use this information to best help them? Constructing psychodynamic formulations is

one of the best ways for mental health professionals to answer questions like these. It can help clinicians in all mental health settings understand their patients, set treatment goals, choose therapeutic strategies, construct meaningful interventions and conduct treatment. Despite the centrality of psychodynamic formulation to our work with patients, few students are taught how to construct them in a clear systematic way. This book offers students and practitioners from all fields of mental health a clear, practical, operationalized method for constructing psychodynamic formulations, with an emphasis on the following steps: DESCRIBING problems and patterns REVIEWING the developmental history LINKING problems and patterns to history using organizing ideas about development. The unique, up-to-date perspective of this book integrates psychodynamic theories with ideas

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about the role of genetics, trauma, and early cognitive and emotional difficulties on development to help clinicians develop effective formulations. *Psychodynamic Formulation* is written in the same clear, concise style of *Psychodynamic Psychotherapy: A Clinical Manual* (Wiley 2011). It is reader friendly, full of useful examples, eminently practical, suitable for either classroom or individual use, and applicable for all mental health professionals. It can stand alone or be used as a companion volume to the *Clinical Manual*.

*Personality Disorders* American Psychiatric Pub

This edited volume gives practicing psychologists and trainees around the world the information they need to apply the new mental and behavioral diagnostic guidelines of the ICD-11 to

deliver quality, evidence-informed care globally.

### **An Elementary Textbook of Psychoanalysis**

Rowman & Littlefield

*Parenting and Substance Abuse* is the first book to report on pioneering efforts to move the treatment of substance-abusing parents forward by embracing their roles and experiences as mothers and fathers directly and continually across the course of treatment.

### *Major Theories of Personality Disorder*

Guilford Publications

This book provides a comprehensive guide to the clinical treatment of narcissistic clients. Above all, the chapter authors demonstrate that narcissism is an eminently treatable disorder that can be approached using a variety of therapeutic models.

### **The Wiley Handbook of Developmental Psychopathology**

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American Psychological Association  
(APA)

This acclaimed clinical guide and widely adopted text has filled a key need in the field since its original publication. Nancy McWilliams makes psychoanalytic personality theory and its implications for practice accessible to practitioners of all levels of experience. She explains major character types and demonstrates specific ways that understanding the patient's individual personality structure can influence the therapist's focus and style of intervention. Guidelines are provided for developing a systematic yet flexible diagnostic formulation and using it to

inform treatment. Highly readable, the book features a wealth of illustrative clinical examples. New to This Edition

- \*Reflects the ongoing development of the author's approach over nearly two decades.
- \*Incorporates important advances in attachment theory, neuroscience, and the study of trauma.
- \*Coverage of the contemporary relational movement in psychoanalysis.

Winner--Canadian Psychological Association's Goethe Award for Psychoanalytic and Psychodynamic Scholarship

**Dissociation and the Dissociative Disorders** Personality-Guided Psychology Filling a crucial gap in the clinical literature, this book provides a contemporary view of pathological narcissism and presents an

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innovative treatment approach. The preeminent authors explore the special challenges of treating patients--with narcissistic traits or narcissistic personality disorder--who retreat from reality into narcissistic grandiosity, thereby compromising their lives and relationships. Assessment procedures and therapeutic strategies have been adapted from transference-focused psychotherapy (TFP), a manualized, evidence-based treatment for borderline personality disorder. Rich case material illustrates how TFP-N enables the clinician to engage patients more deeply in therapy and help them overcome relationship and behavioral problems at different levels of severity. The volume integrates psychodynamic theory and research with findings from social cognition, attachment, and neurobiology.

*Essentials of Psychiatric Diagnosis, Revised Edition* Guilford Press

This book has been replaced by Clinician's Thesaurus, 8th Edition, ISBN 978-1-4625-3880-5.

Long-Term Psychodynamic Psychotherapy Springer

This book aims to provide the clinicians with details of online cognitive behavioral therapy (CBT) to facilitate care delivery for patients struggle with depression and anxiety. Chapters cover some of the most fundamental concepts for successful treatment, including experiments, action plans evidence, and the guidelines for managing, thoughts, feelings, and other key concerns. Designed to be a reader-friendly guide, each chapter opens with a summary of the content and a recap

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of concepts covered in previous sections, making this highly functional for individual chapter or whole book use. Each chapter also includes recommended tables and chart to facilitate the documentation of each recommended session, making this highly practical resource a vital tool for those who treat patients suffering from these particular mental health concerns. Online Cognitive Behavioral Therapy is a unique guide to practical Mental e-Mental Health approaches that is valuable to psychiatrists, psychologists, counselors, social workers, and all clinicians who wish to treat anxiety and depression patients remotely.

**Clinical Psychology** American Psychological

Association (APA)

This manual is based on current neuroscience and treatment outcome studies that demonstrate the importance of focusing on the full range and depth of emotional and social functioning. Beginning with a classification of the spectrum of personality patterns and disorders found in individuals and then describing a profile of mental functioning that permits a clinician to look in detail at each of the patient's capacities, the entries include a description of the patient's symptoms with a focus on the patient's internal experiences as well as surface behaviors. Intended to expand on the DSM (Diagnostic and Statistical Manual of Mental Disorders) and ICD (International Statistical Classification of Diseases and Related Health Problems) efforts in cataloging the symptoms and behaviors of mental health patients, this manual opens the door to a fuller understanding of the functioning of the mind,

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brain, and their development.

**Psychodynamic Diagnostic Manual (PDM)** John Wiley & Sons

It is important to point out that these essays are about character types; it is not to suggest that all borderlines, narcissists or manic depressives are the same. Everyone is an individual and are who they are for many different reasons. What they have in common is a typical relation between their subjectivity and the world they inhabit. In other words, Christopher Bollas has identified the axioms that these individuals share. Following a discussion of the features of each type, the axioms are delivered in the character's own voice. By placing ourselves within their own logic, we can begin to identify and empathise with them. At the root of all character disorders

there is mental pain and each disorder is an intelligent attempt to solve an existential problem. If the clinician can grasp their specific intelligence and help the analysand to understand this, then a natural process of healing can begin. *Three Characters* is a masterclass based on decades of lectures presented to psychoanalysts, analytical psychologists, and psychotherapists, and is a must-read for all psychoanalytic enthusiasts.

*Parenting and Substance Abuse* Psychology Press

What kinds of questions do experienced clinicians ask themselves when meeting a new client for the first time? What are the main issues that must be explored to gain a basic grasp of each individual's unique psychology? How can clinical expertise be taught? From the author of *Psychoanalytic Diagnosis*, the

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volume takes clinicians step-by-step through developing a dynamic case formulation and using this information to guide and inform treatment decisions. Synthesizing extensive clinical literature, diverse psychoanalytic viewpoints, and empirical research in psychology and psychiatry, Nancy McWilliams does more than simply bring assessment to life - she illuminates the entire psychotherapeutic process.