# **Eating Animals**

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An Introduction to Carnism Eating AnimalsEating AnimalsFrom the Publisher: Jonathan Safran Foer spent much of his teenage and college years oscillating between omnivore and vegetarian. But on the brink of fatherhood-facing the prospect of having to make dietary choices on a child's behalf-his casual questioning took on an urgency. Matthew Evans brings his unflinching honesty His quest for answers ultimately required him to visit factory farms in the middle of the night, dissect the emotional ingredients of meals from his childhood, and probe some of his most primal instincts about right and wrong. Brilliantly synthesizing philosophy, literature, science, memoir and his own detective work, Eating Animals explores the many fictions we use to justify our eating habits-from folklore to pop culture to family traditions and national myth-and how such tales can lull us into a brutal forgetting. Marked by Foer's profound moral ferocity and unvarying generosity, as well as the vibrant style and creativity that made his previous books, Everything is Illuminated and Extremely Loud and Incredibly Close, widely loved, Eating Animals is a celebration and a reckoning, a story about dairy? You'd better eat veal, too. Going vegan the stories we've told-and the stories we now need to tell. Eating Animals

See what baby animals eat in the third book of this nonfiction series, now in paperback Around the world, baby animals eat to grow big and strong. Whether it's bear cubs snacking on clams, giraffes munching on leaves, or chimpanzee babies drinking milk from their moms, baby animals eating are not only adorable--they can teach us about animal behavior, too. The third book in the Baby Animals series, Baby Animals Eating showcases more than 10 species from

around the world eating different things. Stunning, intimate, full-color farming practices that take place in our name. photographs by Suzi Eszterhas are each paired with a short sentence Evans calls for less radicalisation, greater highlighting information about the animal. Designed both to be read aloud and for young children to explore independently, this book will stand up for the welfare of animals and encourage readers to make connections between themselves and the animals. Back matter gives further information about Suzi Eszterhas On Eating Meat is an urgent read for all and some behind-the-scenes detail.

An Appeal on Behalf of the Voiceless to Adopt a Meat-Free Foodstyle Owlkids 'Compelling, illuminating and often confronting, On Eating Meat is a brilliant blend of a gastronome's passion with forensic research into the sources of the meat we eat. and a farmer's hands-on experience - to the question of how to be an ethical carnivore.' Hugh Mackay 'Intellectually thrilling - a book Winner of two 2017 Guild of Food Writers Awards: best Food Book Award that challenges both vegans and carnivores in the battle for a new ethics of eating. This book will leave you surprised, engrossed and sometimes shocked - whatever your food choices.' Richard Glover How can 160,000 deaths in one day constitute a 'medium-sized operation'? Think beef is killing the world? What about asparagus farms? Or golf? Eat might be all the rage, but the fact is the world has an ever-growing, insatiable appetite for meat - especially cheap meat. Former food critic and chef, now farmer and restaurateur Matthew Evans grapples with the thorny issues around the ways we produce and consume animals. From feedlots and abattoirs, to organic farms and animal welfare agencies, he has an intimate, expert understanding of the

understanding, and for ethical omnivores to farmers alike. Sure to spark intense debate, vegans, vegetarians and carnivores.

Why We Love Dogs, Eat Pigs, and Wear Cows Hachette UK This volume collects twelve new essays by leading moral philosophers on a vitally important topic: the ethics of eating meat. Some of the key questions examined include: Are animals harmed or benefited by our practice of raising and killing them for food? Do the realities of the marketplace entail that we have no power as individuals to improve the lives of any animals by becoming vegetarian, and if so, have we any reason to stop eating meat? Suppose it is morally wrong to eat meat--should we be blamed for doing so? If we should be vegetarians, what sort should we be? Tender Is the Flesh Open Book Publishers

and the Campaigning and Investigative Food Work Award Shortlisted for the 2017 Fortnum & Mason Food Book of the Year A BBC Radio 4 Food Programme Book of the Year 2016 A Guardian Book of the Year 2016 We should all know exactly where our meat comes from. But what if you took this modern-day maxim to its logical conclusion and only ate animals you killed yourself? Louise Gray decides to be an ethical carnivore and learn to stalk, shoot and fish. Starting small, Louise shucks oysters and catches a trout. As she begins to reconnect with nature, she befriends countrymen and women who can teach her to shoot pigeons, rabbits and red deer. Louise begins to look into how meat is processed, including the beef in our burgers, cheap chicken, supermarket bacon and farmed fish. She investigates halal slaughter and visits abattoirs to ask whether new technology can make eating meat more humane. Delving into alternative food cultures, Louise finds herself sourcing roadkill and cooking a squirrel stir-fry, and she explores eating other sources of protein like in vitro meat, insects and plant-based options. With the global demand for meat growing, Louise argues that eating less meat should be an essential part of fighting climate change for all of us. Her writing on nature, food and the environment is full of humour, while never shying from the hard facts. Louise gets to the heart of modern anxieties about where our meat comes from, asking an important question for our time — is it possible to be

an ethical carnivore?

Baby Animals Eating Bloomsbury Publishing

In this paperback edition is a foreword by activist and author John Robbins and a reader's group study guide. This groundbreaking work, voted one of the top ten books of 2010 by VegNews Magazine, offers an absorbing look at why and how humans can so wholeheartedly devote ourselves to certain animals and then allow others to suffer needlessly, especially those slaughtered for our consumption. Social psychologist Melanie Joy explores the many ways we numb ourselves and disconnect from our natural empathy for farmed animals. She coins the term "carnism" to describe the belief system that has conditioned us to eat certain animals and not others. In Why We Love Dogs, Eat Pigs, and Wear Cows Joy investigates factory farming, exposing how cruelly the animals are treated, the hazards that meatpacking workers face, and the environmental impact of raising 10 billion animals for food each discussed in detail in the first part of the book, before these year. Controversial and challenging, this book will change the way you think about food forever.

## Plants That Eat Animals Scribner

Are you concerned about the disconnect between healthy eating and engineered, factory-farmed food? Stop Eating the Animals employs reason, emotions, and beliefs to advance a unique argument from the dual perspectives of human health and animal welfare, enabling readers to see how the two issues are inextricably linked. It looks at what science is revealing about harm to our health from animal protein. It examines how we make our food choices and our faulty assumptions. Then it profoundly reframes the eating of animals' bodies as not just a simple dietary choice, but as a moral decision with existential consequences. The author reintroduces us to our beloved pets as "Ambassadors" of the animal kingdom who are no different than their relatives imprisoned on factory farms. He challenges us with difficult questions like, Why are we thrilled to bring children to an orchard to pick fruit, yet shield them from seeing a slaughterhouse? Salient points are reinforced by numerous fascinating quotes from historical figures who advocated against eating animals. Follow Jerry H. Parisella's transition away from animal flesh. Then use his first thirty days of meals to begin your meat-free foodstyle as the most healthy and humane way to nourish ourselves.

# Meathooked NSTA Press

""Please Don't Eat the Animals"" is an exciting and provocative new book on the universal benefits of being a vegetarian. Authors Horsman and Flowers detail the many reasons for the burgeoning movement toward a plantbased diet in four short, interesting, easy-to-digest sections: health, environment, animal welfare, religion and spirituality.

#### **Ethics and Animals** CreateSpace

What does pleasure have to do with morality? What role, if any, should intuition have in the formation of moral theory? If something is 'simulated', can it be immoral? This accessible and wide-ranging textbook explores these questions and many more. Key ideas in the fields of normative ethics, metaethics and applied ethics are explained rigorously and systematically, with a vivid writing style that enlivens the topics with energy and wit. Individual theories are positions are applied to a wide range of contemporary situations including business ethics, sexual ethics, and the acceptability of eating animals. A wealth of real-life examples, set out with depth and care, illuminate the complexities of different ethical approaches while conveying their modern-day relevance. This concise and highly engaging resource is tailored to the Ethics components of AQA Philosophy and OCR Religious Studies, with a clear and practical layout that includes end-of-chapter summaries, key terms, and common mistakes to avoid. It should also be of practical use for those teaching Philosophy as part of the International Baccalaureate. Ethics for A-Level is of particular value to students and teachers, but Fisher and Dimmock's precise and scholarly approach will appeal to anyone seeking a rigorous and lively introduction to the challenging subject of ethics. Tailored to the Ethics components of AQA Philosophy and OCR Religious Studies.

# **Stop Eating the Animals** North Atlantic Books

In this comprehensive updated introduction to animal ethics, Lori Gruen weaves together poignant and provocative case studies with discussions of ethical theory, urging readers to engage critically and reflect empathetically on our relationships with other animals. In clear and accessible language, Gruen discusses a range of issues central to human-animal relations and offers a reasoned new perspective on key debates in the field. She analyses and explains a range of theoretical positions and poses challenging questions that directly encourage readers to hone their ethical reasoning skills and to develop a defensible position about their own practices. Her book will be an invaluable resource for students in a wide range of disciplines including ethics, environmental studies,

veterinary science, gender studies, and the emerging field of animal studies. The book is an engaging account of animal ethics for readers with no prior background in philosophy.

The truth about its production and the ethics of eating it Allen & Unwin

Just Food author James McWilliams's exploration of the "compassionate carnivore" movement and the paradox of humanity's relationship with animals. In the last four decades, food reformers have revealed the ecological and ethical problems of eating animals raised in industrial settings, turning what was once the boutique concern of radical eco-freaks into a mainstream movement. Although animal products are often labeled "cage free," "free range," and "humanely raised," can we trust these goods to be safe, sound, or ethical? In The Modern Savage, renowned writer, historian, and animal advocate James McWilliams pushes back against the questionable moral standards of a largely omnivorous world and explores the "alternative to the alternative"-not eating domesticated animals at all. In poignant, powerful, and persuasive prose, McWilliams reveals the scope of the cruelty that takes place even on the smallest and-supposedly-most humane animal farms. In a world increasingly aware of animals' intelligence and the range of their emotions, McWilliams advocates for the only truly moral, sustainable choice-a diet without meat, dairy, or other animal products. The Modern Savage is a riveting expose of an industry that has typically hidden behind a veil of morality, and a compelling account of how to live a more economical, environmental, and ethical life.

The Ethical Carnivore Little, Brown Young Readers Our future diet will be shaped by diverse forces. It will be shaped by novel technologies and the logic of globalisation, by geopolitical tensions and the evolution of cultural preferences, by shocks to the status quo pandemics and economic strife, the escalation of the climate and ecological crises - and by how we choose to respond. It will also be shaped by our emotions. It will be shaped by the meat paradox. 'Should we eat animals?' was, until recently, a question reserved for moral philosophers and an ethically minded minority, but it is now posed on restaurant menus and supermarket

shelves, on social media and morning television. The recent surge in popularity for veganism in the UK, Europe and North America has created a rupture in the rites and rituals of meat, challenging the cultural narratives that sustain our omnivory. In The Meat Paradox, Rob Percival, an expert in the politics of meat, searches for the evolutionary origins of the meat paradox, asking when our accessible and engaging conversations offer rare and relationship with meat first became emotionally and ethically complicated. Every society must eat, and meat provides an important source of nutrients. But every society is moved by its empathy. We must all find a way of Contributors: Neel Ahuja, Billy-Ray Belcourt, Matthew balancing competing and contradictory imperatives. It is essential reading for anyone interested in the origins of our Deckha, María Elena García, Sharon Holland, Kelly empathy, the psychology of our dietary choices, and anyone who has wondered whether they should or shouldn't eat meat.

Messy Eating Contemporary Issues (Prometheu **Eating Animals Eating Animals** 

## Why Do We Eat Animals? Basic Books

Literature on the ethics and politics of food and that on human-animal relationships have infrequently converged Representing an initial step toward bridging this divide, Messy Eating features interviews with thirteen prominent and emerging scholars about the connections between their academic work and their approach to consuming animals as food. The collection explores how authors working across a range of perspectives—postcolonial, Indigenous, black, queer, trans, feminist, disability, poststructuralist, posthumanist, and multispecies—weave their theoretical and political orientations with daily, intimate, and visceral practices of food consumption, preparation, and ingestion. Each chapter introduces a scholar for whom the tangled, contradictory character of human–animal relations raises difficult questions about what they eat. Representing a departure from canonical animal rights literature, most authors featured in the collection do not make their food politics or identities explicit in their published work. While some interviewees practice vegetarianism or veganism, and almost all decry the role of industrialized animal agriculture in the environmental crisis, the contributors tend to reject a priori ethical codes and politics grounded in purity, surety, or

simplicity. Remarkably free of proscriptions, but attentive to them new, provides the latest thinking on a subject of the Eurocentric tendencies of posthumanist animal studies, Messy Eating reveals how dietary habits are unpredictable and dynamic, shaped but not determined by life histories, educational trajectories, disciplinary homes, activist experiences, and intimate relationships. These often surprising insights into pressing social issues through groundbreaking book connected the dots between something as a focus on the mundane—and messy—interactions that constitute the professional, the political, and the personal. Calarco, Lauren Corman, Naisargi Dave, Maneesha Struthers Montford, H. Peter Steeves, Kim TallBear, Sunaura Taylor, Harlan Weaver, Kari Weil, Cary Wolfe A Story of Family, Food and a Ferocious Appetite Conari Press Describes a variety of carnivorous plants, including the Venus fly trap, sundew, pitcher plant, and bladderwort.

### The Routledge Companion to Animal-Human History Turtleback

For anyone who has ever wondered about the ethics of killing animals for food, this is the definitive collection of essays on the ethical debate. Written by internationally recognized scholars on both sides of the debate, the provocative articles here compiled will give vegetarians and meat-eaters a thorough grounding in all aspects of this controversial issue. After an introduction to the nature of the debate by editor Steve F. Sapontzis, Daniel Dombrowski reviews the history of vegetarianism. There follows a discussion of health issues and what anthropology has to tell us about human diet. Also included are the classic cases for vegetarianism from philosophers Peter Singer and Tom Regan, and new essays rebutting those classic positions from humanists Roger Scruton and Carl Cohen, among others. Various scholars then examine religious teachings about eating animals, which are drawn from Judaism, Christianity, and Islam, as well as Native American and Eastern traditions. Finally, Carol J. Adams, Deanne Curtin, and Val Plumwood, among other outstanding advocates, debate the ethics of eating meat in connection with feminism, environmentalism, and multiculturalism. Containing virtually a "Who's Who" of philosophers, social critics, environmentalists, feminists, and religious scholars who have participated in the vegetarianism debate over the past quarter century, this outstanding anthology of expert articles, most of

increasing public interest.

Eat Like You Care Oxford University Press, USA "Discover the eating plan that revolutionized the way Americans think about their meals, updated for its fiftieth anniversary with new recipes for the modern meatless chef. "In the . . . years since the publication of Diet for a Small Planet, a movement dedicated to the reform of the food system has taken root in America. Lappé's ordinary and all-American as a hamburger and the environmental crisis, as well as world hunger." --Michael Pollan. Upon its release in 1971, Diet for a Small Planet was truly groundbreaking. This extraordinary book taught America the social and personal significance of a new way of eating: environmental vegetarianism. World hunger was not a matter of lack of food, it argued, but of lack of justice in our food systems. Half a century later, it is still a complete guide for eating well in the Twenty-First century. Sharing her personal evolution and how this revolutionary vegetarianfocused book changed her own life, world-renowned food expert Frances Moore Lappé offers a fascinating philosophy on changing yourself--and the world--by changing the way you eat. This edition features 85 modern meatless recipes, including more than a dozen new entries by celebrity chefs such as Mark Bittman, Padma Lakshmi, Alice Waters, José Andrés, Bryant Terry, Mollie Katzen, and Sean Sherman"--

That's Why We Don't Eat Animals A&C Black From the Publisher: Jonathan Safran Foer spent much of his teenage and college years oscillating between omnivore and vegetarian. But on the brink of fatherhoodfacing the prospect of having to make dietary choices on a child's behalf-his casual questioning took on an urgency. His quest for answers ultimately required him to visit factory farms in the middle of the night, dissect the emotional ingredients of meals from his childhood, and probe some of his most primal instincts about right and wrong. Brilliantly synthesizing philosophy, literature, science, memoir and his own detective work, Eating Animals explores the many fictions we use to justify our eating habits-from folklore to pop culture to family traditions and national myth-and how such tales can lull us into a brutal forgetting. Marked by Foer's profound moral ferocity and unvarying generosity, as well as the vibrant style and creativity that made his previous books, Everything is Illuminated and Extremely Loud and Incredibly Close, widely loved, Eating Animals is a

celebration and a reckoning, a story about the stories we'veare worse ones. If you act rationally and ethically and have told-and the stories we now need to tell.

Meat Fordham Univ Press

The incredible story of the man behind TOMS Shoes and One for One, the revolutionary business model that marries fun, profit, and social good "A creative and openhearted business model for our times."—The Wall Street Journal Why this book is for you: • You're ready to make a difference in the world—through your own start-up business, a nonprofit organization, or a new project that you create within your current job. • You want to love your work, work for what you love, and have a positive impact on the world—all at the same time. • You're inspired by charity: water, method, and FEED Projects and want to learn how these organizations got their start. • You're curious about how someone who never made a pair of shoes, attended fashion school, or worked in retail created one of the fastest-growing footwear companies in the world by giving shoes away. • You're looking for a new model of success to share with your children, students, coworkers, and members of your community. You're ready to start something that matters. With every book you purchase, a new book will be provided to a child in need. One for One.™

An Examination of the Morality of Eating Animals Penguin Roughly 95% of Americans don't appear to have an ethical problem with animals being killed for food, yet all of us would have a serious problem with humans being killed for food. What does an animal lack that a human has that justifies killing the animal for food but not the human? As you start to list properties that the animal lacks to justify eating them, you begin to realize that some humans also lack those properties, yet we don't eat those humans. Is this logical proof that killing and eating animals for food is immoral? Don't put away your steak knife just yet. In Eat Meat... Or Don't, we examine the moral arguments for and against eating meat with both philosophical and scientific rigor. This book is not about pushing some ideological agenda; it's ultimately a book about critical thinking. But moral facts shouldn't be confused with ideology. When it comes to moral choices, there are better ones, and there

adopted a good moral framework, you might come to the Considering the Moral Arguments For and Against Eating justified conclusion that eating meat is unethical... or you might not. Regardless of your conclusion, you will almost certainly realize that eating less meat is a fantastic idea for your health, the environment, and especially animals, and it's an easily achievable goal that will change your life for the better.

Food for Thought Routledge

What drives the human appetite? Two leading scientists share their cutting-edge research to show how we can gain control over what, when, and how much we eat.

Eating Animals