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# Essence And Alchemy A Natural History Of Perfume Mandy Aftel

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Scents & Sensibilities

Simon and Schuster  
Discusses the concepts, principles, processes, and applications of spagyrics, the preparation of products from medicinal plants using alchemical methods.

Homemade Perfume  
MIT Press

- Examines how integrating important alchemical images with Gaian science can offer insights into our interconnectedness with Gaia
- Looks at how the four components of the living earth--biosphere, atmosphere, hydrosphere, and lithosphere--mesh with the four elements of alchemical theory and the four functions of consciousness as understood by depth psychology
- Offers guided meditations and contemplative exercises to open your receptivity to messages from the biosphere and help you connect more deeply with Gaia

During the scientific revolution, science and soul were drastically separated, propelling humanity into four centuries of scientific exploration based solely on empiricism and rationality. But, as scientist and ecologist Stephan Harding, Ph.D., demonstrates in detail, by reintegrating science with profound personal experiences of psyche and soul, we can reclaim our lost sacred wholeness and help heal ourselves and our planet. Harding begins with compelling introductions to depth psychology, alchemy, and Gaia theory--the science of seeing the Earth as an intelligent, self-regulating system,

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a theory pioneered by his mentor James Lovelock. He then explores how alchemy, as understood through the depth psychology of C. G. Jung, offers us powerful methods of reuniting rationality and intuition, science and soul. He examines the integration of important alchemical engravings, including L'Azoth des Philosophes and the Rosarium Philosophorum, with Gaian science. He shows how the seven key alchemical operations in the Azoth image can help us develop deeply transformative experiences and insights into our interconnectedness with Gaia. He then looks at how the four components of the living Earth--biosphere,

atmosphere, hydrosphere, and - lithosphere--mesh not only with the four elements of alchemical theory but also with the four functions of consciousness from depth psychology. Woven throughout with the author's own experiences of Gaia alchemy, the book also offers guided meditations, shamanic practices, and contemplative exercises to open your receptivity to messages from the biosphere and help you develop your own Gaia alchemical way of life, full of wonder and healing.

[The Art of Making Perfume](#) Page Street Publishing  
As seen in Food52, Los

Angeles Times, and Bloomberg  
Two masters of composition—a chef and a perfumer—present a revolutionary new approach to creating delicious food. Michelin two-star chef Daniel Patterson and celebrated natural perfumer Mandy Aftel are experts at orchestrating ingredients. Yet even in a world awash in cooking shows and food blogs, they noticed, home cooks get little guidance in the art of

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flavor. In this trailblazing guide, they share the secrets to making the most of your ingredients via an indispensable set of tools and principles: • The Four Rules for creating flavor • A Flavor Compass that points the way to transformative combinations • The flavor-heightening effects of cooking methods • “ Locking, ” “ burying, ” and

other aspects of cooking alchemy • The Seven Dials that let you fine-tune a dish With more than eighty recipes that demonstrate each concept and put it into practice, The Art of Flavor is food for the imagination that will help cooks at any level to become flavor virtuosos. • *Spagyrics* I.B. Tauris This revealing study considers the remarkable alliance between chemistry and art from the late eighteenth century to the period immediately

following the Second World War. Synthetic Worlds offers fascinating new insights into the place of the material object and the significance of the natural, the organic, and the inorganic in Western aesthetics. Esther Leslie considers how radical innovations in chemistry confounded earlier alchemical and Romantic philosophies of science and nature while profoundly influencing the theories that developed in their wake. She also explores how advances in chemical engineering provided visual artists with new colors, surfaces, coatings, and textures, thus dramatically recasting the way painters approached their work. Ranging

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from Goethe to Hegel, Blake to the Bauhaus, Synthetic Worlds ultimately considers the astonishing affinities between chemistry and aesthetics more generally. As in science, progress in the arts is always assured, because the impulse to discover is as immutable and timeless as the drive to create.

### Words of Alchemy

Inner Traditions / Bear & Co

For Hermes said of this Science:

Alchemy is a Corporal Science simply composed of one and by one, naturally conjoining things more precious, by knowledge and effect, and converting them by

a natural commixtion into a better kind. A certain other said: Alchemy is a Science, teaching how to transform any kind of metal into another: and that by a proper medicine, as it appeared by many Philosophers' Books. Alchemy therefore is a science teaching how to make and compound a certain medicine, which is called Elixir, the which when it is cast upon metals or imperfect bodies, does fully perfect them in the very projection. Death of a Rolling Stone Quadrille Publishing The author presents profiles of the

different essential oils, including their healing and mood enhancing properties, and gives advice on which blend well together. She also shows how to smell the oils properly and what equipment is needed to blend them.

Synthetic Worlds Vintage

Renowned perfumer Mandy Aftel explores the primal nature and fundamental importance of aroma in everyday life, teaching people about the nature of smell and the idea of "olfactory consciousness" in Essence and Alchemy: A

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## Natural History of Perfume.

Prospero's America  
Putnam Publishing  
Group

Fragrance is as vital a part of your home as color and texture. It can add depth to an otherwise stark room, warmth to a cold space, create a mood for a particular occasion - it can welcome, comfort and entice as much as any other aspect of interior design.

Moving from room to room, *Fragrancing Your Home* offers a practical look at the various, all-natural ways you can create transformative and evocative scents inspired by nature.

Using seasonal combinations of 7 core essential oils, you'll discover how to make your own

candles, diffusers, dried herb combinations, incense and florals to restore, energise and uplift.

*Esquire University of Chicago Press*

With a ton of recipes and helpful hints on perfume making, you'll discover how to make homemade perfumes, body sprays, aftershave colognes, floral waters and much more using pure essential oils.

Rebecca shares with you insider secrets from the beauty industry on how to develop your very own signature fragrance. Topics include: History of Perfumery The Ancient Art of Extracting Oils & Making Perfumes Easy-to-Follow Steps on Perfume Making Perfumes for Holistic

Healing & Well-Being  
*Perfumes Kids Can Make Perfume For Your Dog How to Start Your Own Perfume Business Scents and Sensibility How to Books*

A renowned perfumer who has worked with celebrities such as Kate Hudson and Madonna shares everything readers need to know in order to create personalized handmade solid perfumes. Step-by-step instructions accompany helpful photographs and an explanation of the necessary basic equipment.

*Fragrancing Your Home* Vintage

A perfumer's and

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flavorist's practical description of available materials, their origin, production and processing, appearance, odor and flavor type, evaluation, application and availability with brief notes on their main constituents, replacements and most common adulterants.

Alchemy, Its Science and Romance Hay

House, Inc

A cartography of fragrance that charts the botany and geography of perfume composition. For perfume makers, each smell carries with it a multitude of associations and impressions that must be carefully analyzed and understood

before the sum of all its parts emerges. All perfumers have their own idiosyncratic methods, drawn from their individual olfactory experiences, for classifying fragrances. In *Atlas of Perfumed Botany*, virtuoso perfumer Jean-Claude Ellena leads readers on a poetic, geographic, and botanical journey of perfume discovery. Ellena offers a varied and fascinating cartography of fragrances, tracing historical connections and cultural exchanges. Full-page entries on plants ranging from bergamot to lavender are accompanied by detailed and vivid full-color botanical illustrations.

Perfume Mereo Books

'Make Your Own

Perfume' guides you through individual aromas, showing you how to design and structure perfume for yourself and for others. It sets out blending tips to help you create your own range of gorgeous signature scents, fragrances that you can wear as often as you like.

**Scents and Sensibilities** Gibbs Smith

As the world's leading perfume authority, Dove leads readers on an extravagant journey through the world of scent, from Ancient Egypt to the present. Beginning with a comprehensive discussion of the

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sense of smell and the materials of the master perfumer, Dove goes on to celebrate the great classics, the makers who brought them to life and the bottle makers who gave them shape. Essence and Alchemy Sterling Publishing Company Exhausted and wounded after coping with redundancy and depression, Amelia Marriette suddenly found her life taking a turn for the better through a chance meeting with an Austrian-born woman, Katie, with whom she	was to find love. The couple relocated to Austria and Amelia set out on a journey both physical and spiritual, a journey of self-discovery and rejuvenation through the exploration of nature, centred on her resolution to complete the same 13-mile walk through the hills and woods of beautiful Carinthia every week for a year. By the time that year was over, Amelia knew she had found healing, peace and true happiness. www.ameliamarriette.com Essence and	Alchemy Black Dog Pub Limited To women the whole world over, a perfume means glamour, and in the world of perfume, Jean-Claude Ellena is a superstar. In this one-of-a-kind book, the master himself takes you through the doors of his laboratory and explains the process of creating precious fragrances, revealing the key methods and recipes involved in this mysterious alchemy. Perfume is a cutthroat, secretive multibillion-dollar industry, and
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Ellena provides an insider ' s tour, guiding us from initial inspiration through the mixing of essences and synthetic elements, to the deluxe packaging and marketing in elegant boutiques worldwide, and even the increasingly complicated safety standards that are set in motion for each bottle of perfume that is manufactured. He explains how the sense of smell works, using a palette of fragrant materials, and how he personally chooses and composes a	perfume. He also reveals his unique way of creating a fragrance by playing with our olfactory memories in order to make the perfume seductive and desired by men and women the world over. <i>Perfume</i> illuminates the world of scent and manufactured desire by a perfumer who has had clients the likes of Cartier, Van Cleef & Arpels, Bulgari, and Herm é s. <i>The Essence of Tao Piatkus Books</i> Since the Enlightenment, alchemy has been	viewed as a sort of antiscience, disparaged by many historians as a form of lunacy that impeded the development of rational chemistry. But in <i>Atoms and Alchemy</i> , William R. Newman—a historian widely credited for reviving recent interest in alchemy—exposes the speciousness of these views and challenges widely held beliefs about the origins of the Scientific Revolution. Tracing the alchemical roots of Robert Boyle ' s famous mechanical philosophy,
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Newman shows that alchemy contributed to the mechanization of nature, a movement that lay at the very heart of scientific discovery. Boyle and his predecessors—figures like the mysterious medieval Geber or the Lutheran professor Daniel Sennert—provided convincing experimental proof that matter is made up of enduring particles at the microlevel. At the same time, Newman argues that alchemists created the operational criterion of an “atomic ”

element as the last point of analysis, thereby contributing a key feature to the development of later chemistry. Atoms and Alchemy thus provokes a refreshing debate about the origins of modern science and will be welcomed—and deliberated—by all who are interested in the development of scientific theory and practice. Introduction to Perfumery Penguin Provides instructions for making scented bath oils, perfumes, body splashes, and room spritzes using herbal scented oils. Atoms and

Alchemy North Point Press As long as there has been passion, there has been perfume. Wealthy Romans used to scent their doves to impress their friends; in Shakespeare's time, a woman in love would place a peeled apple into her armpit to saturate it with her scent and then present it to her lover. This book is a sensual journey through one of life's great pleasures. Gaia Alchemy Penguin A text/reference regarding the structure and function of components used in perfume development and the process of developing perfumes.

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Covers gas chromatography, mass spectrometry and a host of other analytical techniques; the esthetics and techniques of perfume development; the manifold and ever-changing safety-related requirements of countries and customers; concerns about the environmental impact of materials and impurities which affect the perfumer's work.