
Every Woman Gynaecological Guide

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Management of Common Gynecological Problems Peter Bedrick Books

A guide for men to issues of health, partnership, intimacy, and sexuality during and after menopause.

Slow Your Clock Down EverywomanA Gynaecological Guide for Life

EverywomanA Gynaecological Guide for LifePenguin UK

A Gynaecological Guide for Life HarperThorsons

50 Studies Every Obstetrician-Gynecologist Should Know presents key studies that have shaped the practice of obstetrics and gynecology. Selected using a rigorous

methodology, the studies cover topics including hypertension in pregnancy, infectious diseases of pregnancy, family planning, urogynecology, and more. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for obstetrician-gynecologists, internists, family practitioners, nurse practitioners, and midwives, as well as anyone who wants to learn more about the data behind clinical practice.

Female Genital Mutilation

Destiny Image Publishers Explains the causes, symptoms, and treatment options of the condition, and discusses the importance of changing diet and lifestyle habits to improve emotional and physical well-being. Endometriosis World Health Organization

This is a helpful guide which talks about female health issues. It discusses puberty, pregnancy, childbirth and menopause.

A Guide for Practitioners

Routledge

Information is everywhere and yet many women still don't truly understand how our bodies work and specifically, how our lower genital tract works. Dr Anita Mitra, AKA The Gynae Geek, believes that we can only be empowered about our health when we have accurate information. This book will be that source.

From Midwives to Medicine

Jones & Bartlett Learning Pregnancy and childbirth are often depicted as a time of sickness and mood swings for women followed by twelve to twenty hours of pain and hard labor. Many women have been told they can never

conceive. Others have suffered the pain of conceiving and miscarrying. Have you had enough of this picture? Supernatural Childbirth is a practical and realistic look at God's promises for conception, pregnancy and delivery. This is not "pie-in-the-sky"-This is a personal testimony of how one couple overcame defeat and triumphed in God's plan! Jackie Mize had been told she could never have children. However, by unlocking powerful truths and dynamic faith principles she and her husband Terry found in the Bible, they now have four miracle children! This exciting book shares with you these truths and faith principles. You will learn these things: * How to put faith principles into action for your very own supernatural childbirth * How you can be a living example of God's promises in action * How to deal with fear during pregnancy and delivery * How and when to use your faith for pregnancy and delivery Also included in Supernatural Childbirth: * Faith-inspiring testimonies from women who have followed these principles and experienced their own supernatural childbirth * Confessions and prayers for a supernatural conception, pregnancy, childbirth, and all

circumstances surrounding each stage * A powerful teaching section by Terry Mize explaining the curse on Eve in the Garden of Eden Everywoman and Her Body Oxford University Press The emphasis of the manual is on rapid assessment and decision making. The clinical action steps are based on clinical assessment with limited reliance on laboratory or other tests and most are possible in a variety of clinical settings. [Oxford Handbook of Women's Health Nursing](#) Rutgers University Press As no two menopause journeys are identical, this highly practical and accessible nutrition and lifestyle guide enables women to build a bespoke menopause diet that specifically targets their symptoms, with the minimum of fuss and effort. This practical nutrition and lifestyle guide provides women with the tools to build their own menopause diet which specifically targets the symptoms that are relevant to them. There are so many ways that nutrition can support a healthy and happy menopause, but a one-size-fits-all approach simply won't work. The reality is that there are many different menopausal symptoms and no two women have the same experience. Jackie explains how the menopause and perimenopause can change your body and how your diet can make a tangible difference to the way that you feel, whether you're using HRT or not. Each symptom section

provides a range of targeted nutritional solutions, practical lifestyle advice and simple recipe tips that you can incorporate into your daily routine. A highly experienced clinician, Jackie specialises in providing real-world guidance to busy women. This book is designed to make the key information as easily accessible as possible and reflects her trademark practical style, which makes it the ideal one-stop solution for anyone juggling their menopause with the demands of a busy job and a hectic family life.

Gynaecology by Ten Teachers Springer

Endometriosis is a complex gynecological disorder with multifactorial etiology. An estrogen-dependent condition, it affects 6% to 10% of women in the general population, and in 35% to 50% of these women often experience pain, and sometimes infertility. Exploring this benign but chronic disease, the book covers the different aspects of endometriosis from basic to advanced levels, including diagnoses, management, treatment modalities, complications, and fertility. Features Provides an overview of the guidelines, expert opinions, and ethical dilemmas involved with endometriosis. Covers the various complications that these women can experience Presents informative

illustrations that complement the text discussion An overview of surgery, hormone therapy, and other options is provided In-depth coverage of novel treatments, including alternative medicine, diet, nutrition, and lifestyle modifications

50 Studies Every Obstetrician-Gynecologist Should Know CRC

Press

First published in 1919 as 'Diseases of Women', Gynaecology by Ten Teachers is well established as a concise, yet comprehensive, guide. The twentieth edition has been thoroughly updated by a new team of 'teachers', integrating clinical material with the latest scientific developments that underpin patient care. Each chapter is highly structured, with learning objectives, definitions, aetiology, clinical features, investigations, treatments, case histories and key point summaries and additional reading where appropriate. New themes for this edition include 'professionalism' and 'global health' and information specific to both areas is threaded throughout the text.

Medical Informatics in Obstetrics and Gynecology Oxford University Press

For any woman who has experienced illness, chronic pain, or endometriosis comes an inspiring memoir advocating for recognition of women's health issues In the fall of 2010, Abby Norman's strong dancer's body dropped forty pounds and gray hairs began to sprout from her temples. She was repeatedly hospitalized in excruciating pain, but the doctors insisted it was a

urinary tract infection and sent her home with antibiotics. Unable to get out of bed, much less attend class, Norman dropped out of college and embarked on what would become a years-long journey to discover what was wrong with her. It wasn't until she took matters into her own hands--securing a job in a hospital and educating herself over lunchtime reading in the medical library--that she found an accurate diagnosis of endometriosis. In Ask Me About My Uterus, Norman describes what it was like to have her pain dismissed, to be told it was all in her head, only to be taken seriously when she was accompanied by a boyfriend who confirmed that her sexual performance was, indeed, compromised. Putting her own trials into a broader historical, sociocultural, and political context, Norman shows that women's bodies have long been the battleground of a never-ending war for power, control, medical knowledge, and truth. It's time to refute the belief that being a woman is a preexisting condition.

A Practical Guide Harper Paperbacks

For more than three decades, Donna Eden has been teaching people to understand the body as an energy system, to recognize their aches and pains as signals of energy imbalance, and to reclaim their natural healing capabilities. In her long-awaited new book, Donna speaks directly to women, showing them how they can work with energy to tackle the specific health challenges they face. She reveals that a woman can manage her hormones by managing her energies and also use energy medicine to treat a host of health

issues. From PMS to menopause, from high blood pressure to depression, the book offers easy-to-follow solutions to women's health issues that traditional medicine often fails to provide. Blending a compassionate voice with a profound grasp of how the female body functions as an energy system, Eden presents what is sure to become a classic book on the subject of women's health.

Safe Abortion Jaypee Brothers Medical Publishers

Foreword by Ian Wilkinson

Foreword by Denis Gizzi

Foreword by Kath Wynne-Jones

Preface About the author

Dysmenorrhoea Premenstrual

syndrome Menstrual migraine

Dyspareunia Pelvic pain Vaginal

dryness Vulvodynia

Management of vaginal

discharge in primary care Pelvic inflammatory disease

Dysfunctional uterine bleeding

Postmenopausal bleeding

Postcoital bleeding

Intermenstrual bleeding Genital

prolapse Pessary service in NHS

Oldham Infertility Female

urinary incontinence Urinary

retention: a primary care

emergency Endometriosis

Menopause Polycystic ovarian

syndrome Uterine fibroids

Endometrial cancer Ovarian

cancer Colposcopy Index.

A Woman's Guide to Dealing with Polycystic Ovary

Syndrome Oxford University

Press, USA

"A report on the prevalence of female circumcision and female genital mutilation (FC/FGM).

In seeking to help eliminate the

practice, the work places it firmly in a human rights and legal framework. The authors: describe FC/FGM, its history, its consequences for health and the reasons used to justify it; examine the history of the movement working to combat it; and present data from 40 case studies, North and South, covering prevalence, legal measures and other state steps towards eradication, campaigns and prosecutions. The book shows that, in spite of an extensive and growing African movement to combat FC/FGM, its prevalence is still very high indeed. It is primarily the countries of the North which have the most developed and explicit laws against the practice of FC/FGM, but directed only at their immigrant populations - a fact which throws up one of the classic dilemmas of human rights work. The authors suggest a solution through the implementation of human rights treaties, and make recommendations for action by governments, the international community, and non-governmental institutions."--publishers website.

Women ' s Gynecologic Health Jones & Bartlett Publishers

The Gynaeciorum libri, the 'Books on [the diseases of] women,' a compendium of ancient and contemporary texts on gynaecology, is the inspiration for this intensive

exploration of the origins of a subfield of medicine. This collection was first published in 1566, with a second edition in 1586/8 and a third, running to 1097 folio pages, in 1597. While examining the origins of the compendium, Helen King here concentrates on its reception, looking at a range of different uses of the book in the history of medicine from the sixteenth to the nineteenth century. Looking at the competition and collaboration among different groups of men involved in childbirth, and between men and women, she demonstrates that arguments about history were as important as arguments about the merits of different designs of forceps. She focuses on the eighteenth century, when the 'man-midwife' William Smellie found his competence to practise challenged on the grounds of his allegedly inadequate grasp of the history of medicine. In his lectures, Smellie remade the 'father of medicine', Hippocrates, as the 'father of midwifery'. The close study of these texts results in a fresh perspective on Thomas Laqueur's model of the defeat of the one-sex body in the eighteenth century, and on the origins of gynaecology more generally. King argues that there were three occasions in

the history of western medicine on which it was claimed that women's difference from men was so extensive that they required a separate branch of medicine: the fifth century BC, and the sixteenth and nineteenth centuries. By looking at all three occasions together, and by tracing the links not only between ancient Greek ideas and their Renaissance rediscovery, but also between the Renaissance compendium and its later owners, King analyzes how the claim of female 'difference' was shaped by specific social and cultural conditions.

Midwifery, Obstetrics and the Rise of Gynaecology makes a genuine contribution not only to the history of medicine and its subfield of gynaecology, but also to gender and cultural studies.

Everygirl World Health Organization

Ultrasound plays an integral part in the diagnosis and management of many gynaecological conditions; indeed, ultrasound forms part of the RCOG's mandatory training programme for doctors wishing to specialise in obstetrics and gynaecology. This book will be of use to both trainees and those already in clinical practice looking for a user-friendly reference guide. The use of ultrasound in gynaecology goes well beyond simple picture

recognition: a skilful gynaecological sonographer will bring together scan findings and the clinical scenario to enhance patient care. This leads to targeted investigations and strategies for intervention. This book covers all aspects of the use of ultrasound in the fields of gynaecology and early pregnancy, with the contents including: postmenopausal bleeding; adnexal masses; pelvic pain; reproductive medicine; miscarriage; ectopic pregnancy; and ovarian cysts.

Gynaecology in Primary Care
Penguin UK

In this social history of the development of modern gynecology in the mid-19th century, McGregor (history, women's studies, U. of Illinois-Springfield) reflects the attitudes and practices of the day through the controversial career of J. Marion Sims, the father of gynecology. Includes illustrations of early medical practitioners and establishments (in particular, New York's Woman's Hospital). Annotation copyrighted by Book News, Inc., Portland, OR

Aligning Your Body's Energies to Boost Your Health and Vitality Femsana PressLlc

The medical correspondent for women's health on the Today show, bestselling author and a regular on Oprah, Dr. Judith Reichman explains exactly why we age, how we age, and what

we can do to slow down the aging Platform

process. Targeted for women in their forties and fifties, *Slow Your Clock Down* shows women how to extend the minutes and hours of their bodies' internal and external clocks. As a practicing physician in Los Angeles, Dr. Reichman has followed and treated many women who, despite advancing years (and in LA, this is defined as anyone over the age of forty), continue to feel young, vital, creative and healthy. She has helped women overcome many of the gynaecological problems related to hormonal changes and age.

Dr. Reichman's patients have fought and even thwarted heart disease, diabetes, osteoporosis, obesity and cancer. In her first bestselling book she voiced the Baby Boomer's battle cry *I'm Too Young to Get Old*. She has continued to do so in her next two books: *I'm Not in the Mood and Relax, This Won't Hurt*. In this book, Dr. Reichman uses the characteristic, sharp, incisive voice that has made her one of the country's foremost commentators on health issues. She addresses the aging effects of women's hormonal changes, offers a healthy anti – aging diet, exercise, and vitamin regimen, and discusses how to stay young mentally, emotionally, and physically, providing women with invaluable, medically based methods to maximize well living and minimise aging.

The Gynae Geek Createspace
Independent Publishing

One of the most successful books ever published on women's health, *EVERYWOMAN* is the essential guide for women who want to learn more about their bodies and health. Written in a sensible and straightforward way, it provides the medical and gynaecological facts as well as the social aspects of women's sexuality and wellbeing. This groundbreaking book has again been revised and updated to meet the needs of women of all ages as they head towards the next century.