
Finally Free Fighting For Purity With The Power Of Grace

Heath Lambert

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Clean B&H Publishing Group
The music we listen to, the movies we watch—they're all telling us to keep chasing love, and that we'll finally be happy when we find it. But is love really all we need? The love that the world tells us to pursue is all about self, about following your heart's desires. But what is the Christian worldview on love? When we follow Jesus, we realize that he invites us to reorient the focus of our lives, so instead of chasing love primarily for our own happiness, we are first and foremost to give love—to God and to others. In *Chasing Love*, Sean McDowell will invite

readers into Jesus' radical, upside-down approach to love, and in doing so, he'll answer some of the toughest questions we're asking about love today: How does Jesus speak to singleness? What does the gospel say about LGBTQ issues? Can sexual sin truly be forgiven? What if I'm not happy in my marriage?

[Sex, Love, and Relationships in a Confused Culture](#) InterVarsity Press

Pornography is everywhere, and many Christians have fallen prey to its snare. Tim Chester believes we can be captured by a better vision—a liberating confidence that God offers more than pornography does. Moving beyond pat answers or mere willpower, Chester offers spiritual, practical and corporate resources for living porn free.

[Surfing for God](#) Baker Books

If you are 16 or 18 or in your 20s, in school or just moving into marriage and career, there are many ways to invest your time. But the Bible is clear that none is better than the pursuit of godliness: in your speech, conduct, love, faith, and purity. As Paul told Timothy, set an example, be an

example. Make your life a beautiful work of art.

Not Yet Married Harper Collins

Uses personal examples, illustrations from Scripture, and twenty years of counseling experience to explain how porn struggles begin, what to do to prevent them, and how to overcome them once compulsive behavior presents itself.

Overcoming Lust Crossway

Dating. Isn't there a better way? Reorder your romantic life in the light of God's word and find more fulfillment than the dating game could ever give - a life of purposeful singleness.

A Man's Guide to His Identity in Christ in an Oversexualized World Zondervan

Porn has become so commonplace, even among Christians, that its use has woven itself into the daily lives of countless men and women, disrupting marriages and short-circuiting believers' effectiveness for God. Users of pornography know their habit is wrong, but they ask, "What can I do to stop? How do I say no when porn tempts me?" Author Joe Dallas has worked for more than 25 years with Christian men caught in the porn trap and has developed a five-step plan for breaking the cycle and developing a practical structure anyone can implement to keep himself from the destructiveness of pornography. This concise and user-friendly manual is a must-have for the modern Christian man wanting to make a clean break from porn. With an emphasis on biblically-based principles, *Five Steps to Breaking Free from Porn* points the way to freedom and gives readers the tools they need to put the porn habit behind them forever.

Sex, Purity, and the Longings of a Girl's Heart Focus Publishing (MN)

What if it's not your fault that sex is bad in your marriage? Based on a groundbreaking in-depth survey of 22,000 Christian women, *The Great Sex Rescue* unlocks the secrets to what

makes some marriages red hot while others fizzle out. Generations of women have grown up with messages about sex that make them feel dirty, used, or invisible, while men have been sold such a cheapened version of sex, they don't know what they're missing. *The Great Sex Rescue* hopes to turn all of that around, developing a truly biblical view of sex where mutuality, intimacy, and passion reign. *The Great Sex Rescue* pulls back the curtain on what is happening in Christian bedrooms and exposes the problematic teachings that wreck sex for so many couples--and the good teachings that leave others breathless. In the #metoo and #churchtoo era, not only is this book a long overdue corrective to church culture, it is poised to free thousands of couples from repressive and dissatisfying sex lives so that they can experience the kind of intimacy and wholeness God intended.

The Pursuit of Joy in Singleness and Dating Crossway

This ground-breaking exploration of the biblical counseling movement's development since Jay Adams shows how shifts in methodology and style are producing a new generation of increasingly well-balanced counselors.

Out of the Blues Paulist Press

In *Finally Free*, Heath Lambert identifies eight clear strategies, each based on the work of Christ, that will help those caught in the trap of pornography turn from their sin to trust in the sufficiency of Jesus Christ. Each chapter is grounded in grace and clearly articulates how to apply the gospel in practical ways that will help free people from pornography.

Biblical Hope for Resolving Conflict

New Growth Press

Presents the struggle of internet pornography in the context of the encounter of Jesus with the Woman of Samaria, emphasizing the practical way in which the teaching of the Church can move us from sin to grace, from pain to healing, through an honest appraisal of the pain of internet pornography and the wonderful beauty of grace and virtue.

Closing the Window Xulon Press

Real life stories from the counseling and medical field about the sufficiency of God's resources in Scripture to bring help, hope, and healing to difficult psychiatric diagnoses from bipolar and obsessive compulsive disorders to postpartum depression, panic attacks, etc.

Counseling the Hard Cases Focus Publishing (MN)

Highly anticipated follow-up to the True Woman 101 Bible study for women When we step into God's plan for womanhood, we step into the great adventure of discovering who we're created to be. The greatest display of God's glory, the greatest wholeness of personhood, the greatest joy of human relationships, and the greatest fruitfulness in ministry come about when we embrace and celebrate His design. In this Bible study for women, Nancy DeMoss Wolgemuth and Mary Kassian delve into Titus 2 to celebrate redeemed womanhood. Exploring 10 "design elements" of biblical womanhood, they will lead you on a 10-week journey of discovering what a beautiful heart looks like, and how it leads to a beautiful life. Each week is divided into five lessons that provide opportunity for group interaction and delving deep into Scripture. You'll explore the following themes: Discernment Honor Affection Discipline Virtue Responsibility Benevolence Disposition

Legacy Beauty The Lord wants to come in and do a radical renovation of your heart. He wants to change you into a godly woman from the inside out. If you let Him, He'll give you an extreme makeover . . . a new interior design. Why wait? Begin your renovation today.

Moving Forward in Freedom and Forgiveness The Good Book Company

Lust isn't just a guy problem – it's a human problem. And unless we honestly confront it, lust will destroy our relationships and our lives. Joshua Harris, author of the runaway bestseller *I Kissed Dating Goodbye*, calls a generation bombarded with images of sexual sin back to the freedom and joy of holiness. This "PG-rated" book – straightforward without being graphic – speaks to those entrenched in lust or just flirting with temptation. Honestly sharing his own struggles, Harris exposes lust's tactics and helps readers create a personal plan for fighting back. Men and women will find hope in God's grace and learn the secrets to lasting change. Neither sex nor sexuality is our enemy. We need to rescue our sexuality from lust so we can experience it as God intended. Bestselling author Joshua Harris shows you how lust deceives you. Specific and honest without being graphic, this book—for both men and women—will guide you in creating a custom plan for fighting lust and celebrating purity. *Praise for Sex Is Not the Problem (Lust Is)* "For your joy and Christ's honor, I commend this book to you. It is realistic, practical, and hope-giving." -John Piper, pastor of Bethlehem Baptist Church, Minneapolis "A beautiful blend of grace and truth. Joshua Harris raises high standards of holiness while carefully avoiding legalism. I highly recommend it." -Randy Alcorn, bestselling author of *The Treasure Principle* and *The Purity Principle* "I am very encouraged that my longtime

friend Josh Harris has written a book about lust. May God use this book to keep many from allowing their minds to become ‘the devil’s playground.’” -Rebecca St. James, singer/songwriter *Story Behind the Book* “I was preparing a message on lust when I realized that the book I wanted to consult hadn’t been written. That book would make it clear that only Jesus Christ can free us from the hopeless treadmill of shame and guilt that so many well-intentioned people end up on. It would instill a love for holiness and a hatred for sin without dragging the reader’s imagination through the gutter. And it would be for both men and women, because I’ve learned that lust isn’t just a guy problem—it’s a human problem.”

–Joshua Harris

Pornography: Fighting for Purity Baker Books

A workbook for personal transformation through a process of putting off sinful habits, renewing the mind with truths of scripture, and putting on a new godly way of life.

Delivered by Desire Harvest House Publishers

Daryl Wingerd dug up and brushed off the Bible's core explosive device for defeating habitual sexual sin. You won't find this concept in most self-help books on the subject--even Christian ones. I'm convinced you will discover here the volatile material able to finally decimate lust as a pattern of life, in you and in those you help. Like others, you may say, "I've not read a book quite like this for clarifying the biblical way to succeed over this troubling issue."

Biblical Answers for Complex Questions and Deep Wounds Baker Books

Pastor and author Joe Rigney gives men a three-pronged approach to the battle with sexual sin, confronting it as sin, addiction, and brokenness.

Rid of My Disgrace B&H Publishing Group

You have been called to a life of sexual success! Every Christian man is born into a sexual war. The enemy attacks the young, hoping to scar them permanently and leave them ruined. But your past is not enough to keep you from the enduringly clean life you want and deserve. Clean is a priceless, no-nonsense resource for every husband, father, brother, son, friend, pastor, and Christian leader on the front lines of this war. It is a soldier’s handbook for those ready to reclaim their homes, churches, and nations for the God who has built them to succeed. Dr. Doug Weiss has been clean for more than twenty-five years, and he has devoted his life to helping other men achieve victory. “This book,” says Dr. Weiss, “contains tested and tried weapons for you to get and stay clean, not for a week, month or year, but for the rest of your life.” Clean provides you with biblical, practical, dependable weapons for seizing and maintaining a clean life for yourself and those you love. You will even be equipped to reach out to your brothers-in-arms and teach them to walk with you in cleanness. “If the Devil wants war, bring it on!” says Dr. Weiss. Join the battle! Your sexual life is worth fighting for!

A Guide for Guys Who Are Sick of Porn B&H Books

This is a book to help counselors understand and deal with typical problems that arise in a marriage by offering biblical solutions.

Interior Design - Ten Elements of Biblical Womanhood (True Woman) Multnomah

As a culture, we have a love-hate relationship with perfectionism. We reward perfectionists for their insistence on setting high standards and their tireless efforts to achieve them. But psychologists link perfectionism with a host of problematic behaviors ranging from eating disorders to risk aversion to workaholicism. Perfectionism is a crushing burden that can leave us angry, anxious, and paralyzed. Is the

solution just to “lighten up”? In *Picture Perfect, You can do it.* counselor and author Amy Baker challenges the popular notion that perfectionists need to lower their standards. After carefully examining Scripture and drawing from 25 years of counseling experience, Baker concludes, “The problem is not that our standards are too high and we just need to lighten up. The problem is that God’s instruction to be perfect in Matthew 5:48 doesn’t lead us to see how desperately we need him and drive us to our perfect Savior.” Helping readers to dig beneath the frustration of perfectionism, Baker exposes what drives our perfectionism and shows how Christ’s perfection changes our motives, beliefs, desires, fears, anxieties, and goals. Readers will discover that only God’s grace can transform the aching “not enough” of perfectionism into the overflowing abundance of faith.

Transforming Homosexuality Cruciform Press

We live in a sex-saturated culture. Yet the believer in Jesus also lives under the authority of God and His Word. Culture says, "Explore and enjoy your sexuality." The Bible says, "Flee sexual immorality." Can a believer experience sexual purity when everything around him says to indulge and enjoy it? The Bible says yes! In this book, Dr. Roger Fankhauser will help you: -See the resources God provides for you to experience purity. -Discover that God promises a "way of escape" when you face temptation. -Discover that the secret to experiencing purity is not self-effort but drawing on the power of the indwelling Holy Spirit. -See the value of positive goals for our purity beyond "flee immorality." -Discover five simple principles to move toward those positive goals. -Discover the greatness of God's grace, which is greater than any sexual sin you committed prior to your salvation or any after your salvation as a believer. With a healthy view of God and the resources He provides, you can experience the purity God desires for you.