

# Focus On Health 11th Edition Study Guide

Recognizing the habit ways to get this book Focus On Health 11th Edition Study Guide is additionally useful. You have remained in right site to begin getting this info. acquire the Focus On Health 11th Edition Study Guide associate that we allow here and check out the link.

You could purchase guide Focus On Health 11th Edition Study Guide or acquire it as soon as feasible. You could quickly download this Focus On Health 11th Edition Study Guide after getting deal. So, next you require the ebook swiftly, you can straight get it. Its correspondingly enormously simple and fittingly fats, isnt it? You have to favor to in this proclaim



## Focus on Health Mosby

This Revised Reprint of our 8th edition, the "gold standard" in community health nursing, *Public Health Nursing: Population-Centered Health Care in the Community*, has been updated with a new Quality and Safety Education in Nursing (QSEN) appendix that features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice. As with the previous version, this text provides comprehensive and up-to-date content to keep you at the forefront of the ever-changing community health climate and prepare you for an effective nursing career. In addition to concepts and interventions for individuals, families, and communities, this text also incorporates real-life applications of the public nurse's role, Healthy People 2020 initiatives, new chapters on forensics and genomics, plus timely coverage of disaster management and important client populations such as pregnant teens, the homeless, immigrants, and more. Evidence-Based Practice boxes illustrate how the latest research findings apply to public/community health nursing. Separate chapters on disease outbreak investigation and disaster management describe the nurse's role in surveilling public health and managing these types of threats to public health. Separate unit on the public/community health nurse's role describes the different functions of the public/community health nurse within the community. Levels of Prevention boxes show how community/public health nurses deliver health care interventions at the primary, secondary, and tertiary levels of prevention. What Do You Think?, Did You Know?, and How To? boxes use practical examples and critical thinking exercises to illustrate chapter content. The Cutting Edge highlights significant issues and new approaches to community-oriented nursing practice. Practice Application provides case studies with critical thinking questions. Separate chapters on community health initiatives thoroughly describe different approaches to promoting health among populations. Appendixes offer additional resources and key information, such as screening and assessment tools and clinical practice guidelines. NEW! Quality and Safety Education in Nursing (QSEN) appendix features examples of incorporating knowledge, skills, and attitudes to improve quality and safety in community/public health nursing practice. NEW! Linking Content to Practice boxes provide real-life applications for chapter content. NEW! Healthy People 2020 feature boxes highlight the

goals and objectives for promoting health and wellness over the next decade. NEW! Forensic Nursing in the Community chapter focuses on the unique role of forensic nurses in public health and safety, interpersonal violence, mass violence, and disasters. NEW! Genomics in Public Health Nursing chapter includes a history of genetics and genomics and their impact on public/community health nursing care.

## **Social Psychology** Focus on Health Loose Leaf Edition

The ability to analyze and interpret enormous amounts of data has become a prerequisite for success in allied healthcare and the health sciences. Now in its 11th edition, *Biostatistics: A Foundation for Analysis in the Health Sciences* continues to offer in-depth guidance toward biostatistical concepts, techniques, and practical applications in the modern healthcare setting. Comprehensive in scope yet detailed in coverage, this text helps students understand—and appropriately use—probability distributions, sampling distributions, estimation, hypothesis testing, variance analysis, regression, correlation analysis, and other statistical tools fundamental to the science and practice of medicine. Clearly-defined pedagogical tools help students stay up-to-date on new material, and an emphasis on statistical software allows faster, more accurate calculation while putting the focus on the underlying concepts rather than the math. Students develop highly relevant skills in inferential and differential statistical techniques, equipping them with the ability to organize, summarize, and interpret large bodies of data. Suitable for both graduate and advanced undergraduate coursework, this text retains the rigor required for use as a professional reference.

## Focus on Health Loose Leaf Edition Saunders

"Microbiology covers the scope and sequence requirements for a single-semester microbiology course for non-majors. The book presents the core concepts of microbiology with a focus on applications for careers in allied health. The pedagogical features of the text make the material interesting and accessible while maintaining the career-application focus and scientific rigor inherent in the subject matter. Microbiology's art program enhances students' understanding of concepts through clear and effective illustrations, diagrams, and photographs. Microbiology is produced through a collaborative publishing agreement between OpenStax and the American Society for Microbiology Press. The book aligns with the curriculum guidelines of the American Society for Microbiology."--BC Campus website.

## California Legal Ethics Mosby Incorporated

1400+ Q&As and a test-simulating CD deliver unmatched preparation for the radiography certification/recertification exam 4 STAR DOODY'S REVIEW! "This is an excellent resource for radiography student interns to use to prepare for the national registry. It poses a series of questions from each integral portion of radiography and covers all the units thoroughly....This is a wonderful resource for students to use to fully prepare for the exam....This is the best book around to prepare interns for the exam."--Doody's Review Service LANGE Q&A: Radiography Examination, 9e provides radiography students and recertifying radiographers with more than 1,400 registry-style questions with detailed answer explanations. Questions are organized by topic area for focused study and the book also includes two comprehensive practice exams. This ninth edition includes the ARRT examination content to be implemented in January 2012. Also new is coverage of computed tomography (CT) technology within the chapters on radiation protection, equipment, procedures, and CT imaging. Also included is an exam-simulating CD containing two complete practice exams. Features Sections include Patient Care, Radiographic Procedures, Radiation Protection, Image Production and Evaluation, and Equipment Operation and Maintenance Written by an author with more than 35 years teaching experience Each question includes detailed explanation of correct and incorrect answer options Companion CD features one complete practice exam

#### Fundamentals of Nursing Saunders

Now in full color, this essential text features a visually oriented presentation of dental anatomy, physiology, and occlusion - the foundation for all of the dental sciences. Coverage includes discussions of clinical considerations, dentitions, pulp formation, and the sequence of eruptions. In addition to detailed content on dental macromorphology and evidence-based chronologies of the human dentitions, this edition also includes flash cards, an updated Companion CD-ROM, and Evolve resources that make this text a comprehensive resource for dental anatomy. Understand the standards of tooth formation and apply them to clinical presentations with the Development and Eruption of the Teeth chapter. Focus on the functions and esthetics of disorders you'll encounter in daily practice with content on TMJ and muscle disorders. Get a concise review of dentition development from in-utero to adolescence to adulthood with the appendix of tooth morphology. All line drawings and essential photos have been replaced with full-color pieces. Sharpen your knowledge with interactive learning tools and expanded content on the Companion CD-ROM including study questions, 360-degree rotational tooth viewing, and animations. Test your knowledge on labeling, tooth numbering, and tooth type traits and prepare for Board exams with flash cards. Find even more study opportunities on the Evolve website with a PowerPoint presentation, flash cards, a test bank, and labeling exercises.

#### LWW

"Research methodology is a dynamic enterprise. Even after writing 10 editions of this book, we have continued to draw new material and inspiration from ground-breaking advances in research methods and in nurse researchers' use of those methods. It is thrilling to share many of those developments in this new edition. We expect that many of the new methodologic and technological enhancements will be translated into powerful evidence for nursing practice. Four years ago, we considered the 10th edition as a watershed edition of a classic textbook, having added two new chapters. We are persuaded, however, that this 11th edition is even better than the previous one. We have retained many features that made this book a classic textbook and resource, including its focus on research as a support for evidence-based nursing, but have introduced important innovations that we hope will help to shape the future of nursing research"--

Williams' Essentials of Nutrition and Diet Therapy - Revised Reprint - E-Book Springer Publishing

#### Company

Focus on Health offers an exciting and practical approach to the teaching of the traditional content areas of personal health. Its two key themes - the six dimensions of health and the five developmental tasks - help students apply the text's content to their own lives, by improving their decision-making skills. The strength of the Focus on Health narrative includes its appeal to both traditional and non-traditional students, particularly the special attention it pays to students over age 25 who have returned to college. In addition, among its many health assessment activities, Focus on Health includes one of the most comprehensive health assessments found in any personal health textbook - a great tool for establishing a health baseline for students. The companion Online Learning Center (website) offers a wealth of pedagogical and assessment features, including quizzes, Internet activities, downloadable MP3s, and more.

#### Protocols for Nurse Practitioners in Gynecologic Settings Cengage Learning

Well respected for its exceptional scholarship, readability, and accessibility, SOCIOLOGY is available at an affordable price. With a dynamic critical-thinking focus and a theoretically balanced presentation, this Advantage book is noteworthy for its use of SQ3R (Survey, Question, Read, Recite, Review), its built-in student study guide, and its solid research orientation to the basic principles of sociology. Fascinating examples of high-interest topics, such as cyber bullying and stratification and the social impact of Hurricane Katrina, as well as current information on race, aging, globalization, religion, and mental health issues, ensure that this latest version of Shepard's respected text is contemporary and relevant. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

#### Suggestions to Medical Authors and A.M.A. Style Book McGraw-Hill Education

Distinguished by its current-events emphasis, strong diversity coverage, and engaging connections drawn between social psychology and students' everyday lives, Social Psychology, International Edition, remains one of the most scholarly and well-written texts in its field. Integrating classic and contemporary research, the text also includes comprehensive coverage of social cognition and evolutionary psychology, and features authoritative material on social psychology and the law. In addition, coverage of culture and diversity are integrated into every chapter by Hazel Rose Markus, a leader and respected researcher in the study of cultural psychology.

#### Lange Q&A Radiography Examination 9/E (EBOOK) Elsevier

Public Health Nutrition is a comprehensive, practice-based textbook for graduate and upper undergraduate students and community nutrition and public health professionals. It provides readers with the principal understanding of how improving access to healthy foods at individual, local, regional and global levels as well as improving food security and sustainability can improve community health and combat noncommunicable diseases, infectious diseases, hunger and malnutrition, obesity, social injustice, and debilitating food environments. Across diverse communities, this book not only directs readers' attention towards key public health nutrition-related challenges that affect rural and urban populations across the globe, it also adds critical thinking exercises, cases, and engaging discussion topics to advance application of evidence-based practice in the real world. Using an interprofessional approach and supported with evidence-based research in public health, nutritional science, and behavioral economics, this textbook covers how to plan health promotion programs and interventions in diverse communities, how to analyze and influence food policy, sustainability, and security initiatives, and how to address cultural competency, nutritional monitoring, professional development, and many other practice-based skills out in the field.. All chapters are complete with learning objectives, detailed case studies, discussion questions, learning activities for beyond the classroom, and a review of core topics covered. Essential for public health students studying nutrition, public policy, social work, and other health science-related areas, the book presents a strategic context to real-world initiatives while employing an interprofessional outlook to tackle public health nutrition issues. Key Features Addresses key public health nutrition-related challenges in working with rural, urban, global, and culturally and geographically diverse communities to improve outcomes

Utilizes interprofessional and evidence-based approaches to food and water systems, food security, and food sovereignty Includes coverage of important trends, such as telehealth, mHealth, collaborative grantsmanship, and innovative communication strategies Highlights the aims of Healthy People 2030, Feed the Future, and Sustainability Development Goals Fosters skills and builds competencies related to community health needs assessment, problem-solving and critical thinking, systems thinking, evidence-based public health practice, and leadership Features case studies, suggested learning activities, reflection questions, an extensive glossary, and more in all chapters Includes a full range of instructor ancillaries including an Instructor's Manual, PowerPoints, Test Bank, Image Bank, and Syllabus Purchase includes access to the ebook for use on most mobile devices or computers

Public Health Nursing - Revised Reprint Springer Publishing Company

Learn fundamental nursing principles, concepts, and skills with ease! Fundamentals of Nursing, 8th Edition includes accurate, cutting-edge content, active learning strategies, and the latest evidence-based research to help you excel in your classes and prepare for success in today's competitive nursing field. An expert author team led by Patricia Potter and Anne Griffin Perry provides a trusted, comprehensive resource, thoroughly reviewed by nursing experts and peers to ensure the most accurate content. With practical, fully integrated study support, this edition makes it easier than ever to build the understanding and clinical reasoning essential to providing excellent patient care.

Medical-Surgical Nursing Wadsworth Publishing Company

How do we understand and also assess the health care of America? Where is health care provided? What are the characteristics of those institutions which provide it? Over the short term, how are changes in health care provisions affecting the health of the population, the cost of care, and access to care?. Health Care Delivery in the United States, now in a thoroughly updated and revised 9th edition, discusses these and other core issues in the field. Under the editorship of Dr. Kovner and with the addition of Dr. James Knickman, Senior VP of Evaluation, Robert Wood Johnson Foundation, leading thinkers and practitioners in the field examine how medical knowledge creates new healthcare services. Emerging and recurrent issues from wide perspectives of health policy and public health are also discussed. With an easy to understand format and a focus on the major core challenges of the delivery of health care, this is the textbook of choice for course work in health care, the reference for administrators and policy makers, and the standard for in-service training programs.;chapter

Dental Materials Benjamin-Cummings Publishing Company

Binder-Ready Edition: This loose-leaf copy of the full text is a convenient, accessible, and customizable alternative to the bound book. With this binder-ready edition, you can personalize the text to match your unique study needs! Get a unique, conceptual approach to nursing care in this rapidly changing healthcare environment. Lewis's Medical-Surgical Nursing, 11th Edition gives you a solid foundation in medical-surgical nursing. This thoroughly revised text includes a more conversational writing style, an increased focus on nursing concepts and clinical trends, strong evidence-based content, and an essential pathophysiology review. Content covers all aspects of nursing care including health promotion, acute intervention, and ambulatory care. Helpful boxes and tables make it easy for you to find essential information, and a building-block approach makes even the most complex concepts simple to grasp. Key topics such as interprofessional care, delegation, safety, and prioritization are integrated throughout. Additionally, extensive drug therapy information and diagnostic studies tables give you a full picture of care. Best of all - a complete collection of learning and study resources helps you learn more effectively and offers valuable, real-world preparation for clinical practice. Content written and reviewed by leading experts in the field ensures that information is comprehensive, current, and clinically accurate. Interprofessional Care tables and sections in all management chapters emphasize the importance of total patient care in today's health care settings and outline the role of each provider in managing disorders. Bridge to NCLEX Examination review questions at the end of each

chapter reinforce key content while helping you to prepare for the NCLEX examination with both standard and alternate item format questions. Check Your Practice boxes challenge you to think critically and interact with patient data. Informatics in Practice boxes discuss how technology is used by nurses and patients in healthcare settings. Evidence-based practice boxes help you understand how to apply the latest research to real-life patient care. Safety Alerts throughout the book highlight patient safety issues and focus on the latest National Patient Safety Goals. UNIQUE! Nursing management is presented in a consistent and comprehensive format, addressing the unique approaches to nursing care. Case studies throughout text emphasize prioritization, delegation, and concept mapping to help you learn to prioritize and delegate patient care. Separate chapter on Genetics focuses on practical application to nursing care of patients. Genetics in Clinical Practice boxes cover key topics such as genetic testing, Alzheimer's disease, sickle cell disease, and genetics-related ethics issues. Genetic Risk alerts and Genetic Link headings highlight specific genetic issues related to body system assessments and disorders. Ethical/Legal Dilemmas boxes promote critical thinking for timely and sensitive ethical and legal issues. Pathophysiology Map flow charts make it easier for you to visualize and understand changes occurring in major diseases. Focused Assessment tables reflect a realistic "assessment on the run" approach and offer brief checklists for evaluating the status of previously identified health problems and monitoring for signs of new problems. Extensive drug therapy content includes Drug Therapy tables and concise Drug Alerts highlighting important safety considerations for key drugs. Promoting Population Health tables summarize government health care goals as they relate to specific disorders and identify important strategies for the prevention and early detection of diseases. Nutritional Therapy tables summarize nutritional interventions and strategies for promoting healthy lifestyles in patients with various conditions. Promoting Health Equity boxes and a dedicated chapter on health disparities and culturally competent care highlight risk factors and important issues related to the nursing care of various ethnic groups. Complementary and Alternative Therapies boxes summarize what you need to know about the clinical uses, effects, and nursing implications of herbal remedies and complementary and alternative treatment options. Nursing interventions and nursing diagnoses are listed in order of priority. Nursing Management boxes highlight the nurse's role in working with members of the interprofessional team and also cover specific topics and skills related to delegation. Assessment Abnormalities tables alert the nurse to frequently encountered abnormalities and their possible etiologies. Core clinical content focuses on highlighting and incorporating QSEN competencies. Emergency Management tables outline the treatment of health problems most likely to create medical emergencies. Learning Outcomes and Key Terms help you identify the key content for that chapter. Health History tables present key questions to ask patients related to a specific disease or disorder. Patient and Caregiver teaching tables provide critical information to help you educate others who will be helping to care for the patient. Gerontology and chronic illness included throughout the text under Gerontologic Considerations headings and in Gerontologic Assessment tables. Nursing Assessment tables summarize the key subjective and objective data related to common diseases. Gender Differences boxes discuss how women and men are affected differently by conditions such as pain and hypertension. Diagnostic Studies tables provide details of commonly used lab tests that help assess various body systems. Over 60 nursing care plans clearly shows the linkages among NIC, NOC, and nursing diagnoses, and applies them to nursing practice. Over 800 full-color illustrations and photographs clearly demonstrate disease processes and related anatomy and physiology. NEW! Conversational, reader-friendly writing style makes it easier to understand nursing concepts. NEW use of nursing diagnosis language (ICNP) smoothes your transition into practice, as the International Classification for Nursing Practice is a common language shared with many electronic health record documentation systems. NEW! Increased focus on concepts throughout the text includes a new Concepts Table of Contents that lists the most common exemplars with page number references, a new Problems Related to Comfort and Coping section, and the

most relevant concepts listed at the start of each chapter. NEW! Additional body map images are added throughout text.

#### Maternity & Women's Health Care Mosby

Gracey 's Meat Hygiene, Eleventh Edition is the definitive reference for veterinarians working in meat hygiene control. This new edition of a classic text reflects the recent significant changes in science, legislation and practical implementation of meat hygiene controls in the UK, Europe and worldwide since the 10th edition was published in 1999. An excellent practical guide for teaching food hygiene to veterinary students worldwide, in addition to laying the foundations of food animal anatomy, pathology and disease. New chapters address the increased concern of both the public and inspectors to issues of animal welfare and recognise the role of the profession, and interest from the consumer, in environmental protection. Key features include: Fully updated new edition, in a refreshed design with colour photographs and illustrations throughout. Includes new content on meat hygiene inspection covering the components of an integrated food safety management system as well as animal health and welfare controls in the ' farm to fork ' system. A practical approach to health and safety in meat processing is outlined by identifying the hazards and then describing how these can best be controlled. With contributions from veterinary and industry experts, this edition is both a valuable teaching aid and a practical reference for veterinarians and all food business operators and their staff.

#### Knowledge Development in Nursing Jones & Bartlett Publishers

Get an in-depth understanding of the dental materials and tasks that dental professionals encounter every day with Dental Materials: Foundations and Applications, 11th Edition. Trusted for nearly 40 years, Powers and Wataha's text walks readers through the nature, categories, and uses of clinical and laboratory dental materials in use today. Increased coverage of foundational basics and clinical applications and an expanded art program help make complex content easier to grasp. If you're looking to effectively stay on top of the rapidly developing field of dental materials, look no further than this proven text. Comprehensive and cutting-edge content describes the latest materials commonly used in dental practice, including those in esthetics, ceramics, dental implants, and impressions. Approximately 500 illustrations and photographs make it easier to understand properties and differences in both materials and specific types of products. Review questions provide an excellent study tool with 20 to 30 self-test questions in each chapter. Quick Review boxes summarize the material in each chapter. Note boxes highlight key points and important terminology throughout the text. Key terms are bolded at their initial mention in the text and defined in the glossary. Expert authors are well recognized in the fields of dental materials, oral biomaterials, and restorative dentistry. A logical and consistent format sets up a solid foundation before progressing into discussions of specific materials, moving from the more common and simple applications such as composites to more specialized areas such as polymers and dental implants. Learning objectives in each chapter focus readers' attention on essential information. Supplemental readings in each chapter cite texts and journal articles for further research and study. Conversion Factors on the inside back cover provides a list of common metric conversions. NEW! Foundations and Applications subtitle emphasizes material basics and clinical applications to mirror the educational emphasis. NEW! More clinical photos and conceptual illustrations help bring often-complex material into context and facilitate comprehension.

#### Health Elsevier Health Sciences

The newest edition of best-selling Chronic Illness continues to focus on the various aspects of chronic illness that influence both patients and their families. Topics include the sociological, psychological, ethical, organizational, and

financial factors, as well as individual and system outcomes. This book is designed to teach students about the whole client or patient versus the physical status of the client with chronic illness. The study questions at the end of each chapter and the case studies help the students apply the information to real life. Evidence-based practice references are included in almost every chapter.

#### Health Psychology West Academic

Provides the need-to-know information for nurses, in an easy retrieval format for clinical settings, and includes approximately 200 medical surgical conditions and procedures.

#### Chronic Illness McGraw Hill Professional

Understanding Your Health offers an exciting and practical approach to the teaching of the traditional content areas of personal health. Its two key themes - the six dimensions of health and the five developmental tasks - help students apply the text's content to their own lives, by improving their decision-making skills. The strength of the Understanding Your Health narrative includes its appeal to both traditional and non-traditional students, particularly the special attention it pays to students over age 25 who have returned to college. In addition, among its many health assessment activities, Understanding Your Health includes one of the most comprehensive health assessments found in any personal health textbook - a great tool for establishing a health baseline for students. The companion Online Learning Center (website) offers a wealth of pedagogical and assessment features, including quizzes, Internet activities, downloadable MP3s, and more. Health McGraw-Hill Education

Binder-Ready Edition: This loose-leaf copy of the full text is a convenient, accessible, and customizable alternative to the bound book. With this binder-ready edition, students can personalize the text to match their unique needs! Trust Lehne's to make pharmacology more approachable! Known for its clear explanations of drug prototypes and how they work, Lehne's Pharmacology for Nursing Care, 11th Edition provides a solid understanding of key drugs and their implications for nursing care. A perennial student favorite, this book simplifies complex pharmacology concepts, using large and small print to distinguish need-to-know drug content from the material that's merely nice to know. It also includes in-depth coverage of physiology, pathophysiology and drug therapy. Written by noted nursing educators Jacqueline Rosenjack Burchum and Laura Rosenthal, this text helps you understand and apply pharmacology principles as opposed to simply memorizing drug facts. Clear, engaging writing style simplifies complex concepts, making difficult pharmacology content not only understandable but actually enjoyable. Prototype Drugs approach focuses on representative drugs that characterize all members of a given drug group, so that you can apply your understanding to related drugs currently on the market as well as drugs that will be released in the future. Nursing implications of drug therapy are integrated throughout the text to reinforce the integral relationship between drug therapy and nursing care, and also summarized in Summary of Major Nursing Implications sections at the end of chapters. Special Interest Topic boxes examine the everyday impact of pharmacology with vignettes including Medication Overuse Headache: Too Much of a Good Thing and Antibiotics in Animal Feed: Dying for a Hamburger and Chicken Nuggets. Large print highlights essential, need-to-know information, and small print indicates nice-to-know information. Safety Alerts call out important safety concerns related to contraindications, adverse effects, and more. Patient-Centered Care Across the Life Span tables highlight safe and appropriate care for patients throughout their lives, from infancy to older adulthood. Concise drug summary tables present key information for individual drugs, including drug class, generic and trade names, dosages, routes, and indications. NEW! Thoroughly updated drug content reflects the latest FDA drug approvals, withdrawals, and therapeutic uses, with revisions to the corresponding nursing content. NEW chapters include Genetic and Genomic Considerations, Muscarinic Antagonists, and Complementary and Alternative Therapy.

#### Cengage Advantage Books: Sociology Mosby

Note: You are purchasing a standalone product; MasteringHealth does not come packaged with this content. If you would like to purchase both the physical text and MasteringHealth search for ISBN-10: 0321908724/ISBN-13: 9780321908728. That package includes ISBN-10: 0321910427/ISBN-13: 9780321910424 and ISBN-10: 0321948742/ISBN-13: 9780321948748. MasteringHealth is not a self-paced technology and should only be purchased when required by an instructor. xxxxxxxxxxxxxxxxxxxxxxxxxxxxxx For Personal Health Courses Connecting Your

---

Health to Your World—The Money and Technology Edition Health: The Basics, Eleventh Edition focuses health coverage on real-world topics that have the greatest impact on your life, bringing health topics to life and keeping you hooked on learning and living well. This text addresses students' diverse needs and learning styles with new Video Tutors and the new MasteringHealth™ Along with its dynamic new content and technology, this book retains its hallmarks of currency, excellent research, strength in behavior change, attractive design, imaginative art, and unique mini-chapters. This program presents a better learning experience for you. Health: The Basics, Eleventh Edition will: Personalize learning with MasteringHealth: MasteringHealth coaches you through the toughest health topics. Engaging tools help you visualize, practice, and understand crucial content, from the basics of health to the fundamentals of behavior change. Cover health topics with a real-world focus: Money and Technology are two of the timeliest issues arising in health today and are addressed through the new Money & Health and Tech & Health boxes. A new mini-chapter targets financial challenges you face every day, such as budgeting, scams, and debt. Make health mobile: Video Tutors throughout the text present key figures or points of discussion in an engaging video. QR codes make these short videos easily viewable from a smartphone, tablet, or laptop. Encourage critical thinking and behavior change: Learning Catalytics™ is a "bring your own device" student engagement, assessment, and classroom intelligence system that enables your instructor to assess you in real time, improving your critical-thinking skills, access rich analytics, and more.