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Food and Nutrition Security in Southern African Cities Academic Press

This book offers a multifaceted examination of Africa's development into the post-2015 global agenda from a geographical perspective. As a diversified and highly applied discipline, geography has a lot to offer to global debates, nuanced analysis of problems on and the search for innovative solutions to advance the African development agenda beyond 2015. The end of the Millennium Development Goals (MDGs) era and the launch of the Sustainable Development Goals (SDGs) in September 2015 mark an important turning point for Africa and an opportune time to examine new challenges and opportunities that it faces. The regional disparities in MDG progress affirm an important geographic tenet that the unique yet internally differentiated socio-cultural, economic, political, ecological, biophysical and historical context give Africa distinctive challenges and opportunities that demand particular approaches to development. This edited book presents innovative contributions examining Africa's development performance in diverse sectors during the MDG era as a basis for understanding prospects for its development in the SDG era and beyond. It offers new and innovative study perspectives and methodological approaches on urban transformation, development financing, food security, climate change, gender equality, health, and regional integration, among other topics, and useful insights for scholars, students and development practitioners. This book was originally published as a special issue of *African Geographical Review*, the journal of the American Association of Geographers' Africa Specialty Group, to mark the transition from MDGs to SDGs.

Global Health and Geographical Imaginaries Academic Press

Nutritional and Health Aspects of Food in the Balkans introduces and analyzes traditional foods from the Balkans. Beginning with the eating habits in Balkans, this book unfolds the history of use, origin, compositions and preparation, ingredient origin, nutritional aspects, and the effects on health for various foods and food products of the region. *Nutritional and Health Aspects of Food in the Balkans* also addresses local and international regulations and provides suggestions on how to harmonize these regulations to promote global availability of these foods. A volume in a series co-produced with Global Harmonization Initiative, *Nutritional and Health Aspects of Food in the Balkans* is sure to be a welcomed reference for nutrition researchers and professionals, including nutritionists, dieticians, food scientists, food technologists, toxicologists, regulators, and product developers as well as educators, and students. Analyzes nutritional and health claims in the Balkan region Includes traditional foods from the Balkans Explores both scientific and anecdotal diet-based health claims Examines if foods meet regulatory requirements and how to remedy noncompliance Reviews the influence of historical eating habits on today's diets

The SAGE Handbook of Nature Springer

This study of the food security situation of the poor in Manzini, Swaziland's economic hub, formed part of AFSUN's baseline survey of eleven Southern African cities. It found that the urban poor here are less food secure than in any of the other cities in the survey. On the basis of the findings presented in this paper, AFSUN makes several policy recommendations to deal with food security challenges in the poor urban areas of Swaziland. Among these is that government needs to target urban households specifically in addition to its focus on poverty in rural areas. A more national approach that covers both rural and urban areas will help Swaziland to move towards the achievement of the Millennium Development Goal to reduce hunger by 50%. Because households that are severely food insecure tend to be large, female-headed and female-centred, and have a narrow range of livelihood strategies, it is vital for policies that address urban food security to appreciate the complex relationship between household food security and a range of variables such as income, gender and household size.

Health of HIV Infected People Univ of California Press

The integration of food into urban planning is a crucial and emerging topic. Urban planners, alongside the local and regional authorities that have traditionally been less engaged in food-related issues, are now asked to take a central and active part in understanding the way food is produced, processed, packaged, transported, marketed, consumed, disposed of and recycled in our cities. Despite a growing body of literature on food and cities, the issue of planning cities in such a way they will increase food security and nutrition, not only for the affluent segments of society but primarily for the poor, is much less discussed, and much less informed by practices. This volume intends to fill this gap by putting more than 20 city-based experiences in perspective: Toronto, New York City, Providence and Portland in North America; Cape Town and Ghana in Africa; Milan in Europe; Lima and Belo Horizonte in South America; and, in Asia, Bangkok, Solo and Yogyakarta in Indonesia, and Tokyo. By drawing on cities of different sizes, from regions across the global north and south, in both developed and developing areas, the contributors collectively attest to the importance of global knowledge rooted in local food planning practices, programmes and policies.

Impact of Improved Livestock Disease Control on Household Diet and Welfare: A Study in Uasin Gishu District, Kenya Taylor & Francis

This edited collection examines contemporary directions in geographical research on South Africa. It encompasses a cross section of selected themes of critical importance not only to the discipline of Geography in South Africa, but also of relevance to other areas of the Global South. All chapters are original contributions, providing a state of the art research baseline on key themes in physical, human and environmental geography, and in understanding the changing geographical landscapes of modern South Africa. These contributions set the scene for an understanding of the relationships between modern South Africa and the wider contemporary world, including issues of sustainable development and growth in the Global South.

Rapid Urbanisation, Urban Food Deserts and Food Security in Africa Academic Press

Why does tuberculosis, a disease which is both curable and preventable, continue to produce over 50,000 new cases a year in South Africa, primarily among blacks? In answering this question Randall Packard traces the history of one of the most devastating diseases in twentieth-century Africa, against the background of the changing political and economic forces that have shaped South African society from the end of the nineteenth century to the present. These forces have generated a growing backlog of disease among black workers and their families and at the same time have prevented the development of effective public health measures for controlling it. Packard's rich and nuanced analysis is a significant contribution to the growing body of literature on South Africa's social history as well as to the history of medicine and the political economy of health.

Evidence-Based Nutrition and Clinical Evidence of Bioactive Foods in Human Health and Disease Clarendon Press

As the nature of global malnutrition changes, there is a growing need and increasing urgency for more and better information about food consumption and dietary patterns. The past two decades have seen a dramatic increase in the number, availability, and analysis of the food consumption data collected in a variety of multipurpose household surveys, referred to collectively as household consumption and expenditure surveys (HCESs). These surveys are heterogeneous, and their quality varies substantially by country. Still, they share some common shortcomings in their measurement of food consumption, nutrient intakes, and nutrition status that undermine their relevance and reliability for purposes of designing and implementing food policies and programs. This review crafts a strategic approach to the unfinished global agenda of improving HCESs' collection of food consumption data. Starting with the priority studies recommended by a 100-country HCES review (Smith, Dupriez, and Troubat 2014), it focuses on a strategic subset of those studies that deal most directly and exclusively with the measurement of food, and that are of fundamental importance to all HCES stakeholders in low- and middle-income countries. Drawing from the literature, this study provides a more detailed, more circumspect justification as to why these particular studies are needed, while identifying key hypotheses, explaining why these studies are of growing urgency, and demonstrating why now is a propitious time for undertaking them. The review also identifies important study design considerations while pointing out potential challenges to successful implementation stemming from technical capacity, economic, administrative, and political considerations. Six key studies are rank ordered from a global perspective as follows, taking into account (1) the likely shared consensus that a topic is an important source of measurement error in estimating consumption; (2) the perceived urgency of the need for addressing a particular source of measurement error; (3) the perceived likelihood of success—that is, that the efforts will improve the accuracy of measurement; (4) whether or not the study entails modifying the questionnaire; (5) the ease with which a study may begin; and (6) the extent to which the study is independent of necessary negotiations with existing HCES stakeholders because of the types of changes it is likely to entail (in either the questionnaire or the way the data have traditionally been processed).

Political Economy of Hunger Southern African Migration Programme

To date, geography has not yet carved out a disciplinary niche within the diffuse domain that constitutes global health. However, the compulsion to do and understand global health emerges largely from contexts that geography has long engaged with: urbanisation, globalisation, political economy, risk, vulnerability, lifestyles, geopolitics, culture, governance, development and the environment. Moreover, global health brings with it an innate, powerful and politicising spatial logic that is only now starting to emerge as an object of enquiry. This book aims to draw attention to and showcase the wealth of existing and emergent geographical contributions to what has recently been termed 'critical global health studies'. Geographical perspectives, this collection argues, are essential to bringing new and critical perspectives to bear on the inherent complexities and interconnectedness of global health problems and purported solutions. Thus, rather than rehearsing the frequent critique that global health is more a 'set of problems' than a coherent disciplinary approach to ameliorating the health of all and redressing global bio-inequalities; this collection seeks to explore what these problems might represent and the geographical imaginaries inherent in their constitution. This unique volume of geographical writings on global health not only deepens social scientific engagements with health itself, but in so doing, brings forth a series of new conceptual, methodological and empirical contributions to social scientific, multidisciplinary scholarship.

Integrating Food into Urban Planning Academic Press

Culinary Nutrition: The Science and Practice of Healthy Cooking is the first textbook specifically written to bridge the relationship between food science, nutrition and culinology as well as consumer choices for diet, health and enjoyment. The book uses a comprehensive format with real-life applications, recipes and color photographs of finished dishes to emphasize the necessity of sustainably deliverable, health-beneficial and taste-desirable products. With pedagogical elements to enhance and reinforce learning opportunities, this book explores what foods involve the optimum nutritional value for dietary needs, including specific dietary requirements and how foods are produced. It also considers alternative production methods, along with the impact of preparation on both the nutritional value of a food and its consumer acceptability. Other discussions focus on the basics of proteins, carbohydrates, and lipids, issues of diet and disease such as weight management, and food production and preparation. Laboratory-type, in-class activities are presented using limited materials and applications of complex concepts in real-life situations. This book will be a valuable resource for undergraduate students in culinary nutrition, nutrition science, food science and nutrition, and culinary arts courses. It will also appeal to professional chefs and food scientists as well as research chefs in product development. Gourmand World Cookbook Awards 2014: USA, Best Author or Chef for Professionals, Gourmand International Global Food Industry Awards 2014: Special Mention in Communicating Science-Related Knowledge to Consumers Aimed at Improving their Lifestyle, International Union of Food Science and Technology (IUFoST) Explores the connections among the technical sciences of nutrition, food science and the culinary arts as well as consumer choices for diet, health and enjoyment Presents laboratory-type, in-class activities using limited materials and real-life applications of complex concepts Includes photographs and recipes to enhance learning experience

Advances in Food and Nutrition Research Intl Food Policy Res Inst

Written by experienced teachers and experts, *Food, Nutrition and Health for CSEC* takes a skills-led approach. It concentrates on the development of skills, critical thinking and teamwork providing a firm foundation for the SBA, further study and beyond.

Food Security in Africa's Secondary cities New Age International

This Book Has Consistently Been Used By Students Studying The First Course In Food Science And Nutrition. In Several Universities, Diet Therapy Topics Have Been Added In The Curricula Of This Course. Therefore, Diet Therapy Has Been Added In This Revision, With A Hope Of Meeting The Changing Needs Of The Readers In This Area. The Revised Edition Incorporates Various Other Subjects, Which Are More Or Less Related To The Useful Subjects, Like Nursing, Education, Art, Social Sciences, Home Science, Medical And Paramedical Sciences, Agriculture, Community Health, Environmental Health And Pediatrics Etc. The Book Is Intended To Be An Ideal Textbook Encompassing The Following Aspects: * Introduction To The Study Of Nutrition * Nutrients And Energy * Foods * Meal Planning And Management * Diet Therapy Various Modifications Have Been Done Along With Clear Illustrations, Charts and Tables For A Visualised Practical Knowledge. Every

Chapter Is Presented In A Beautiful Style With An Understandable Approach. Abbreviations Of All Terms Are Given. Glossary Is Also Available At The End For Clear Understanding. Appendices, Food Exchange Lists, Recommended Dietary Allowances For Indians And Food Composition Tables Have Also Been Included. So Many Other Useful Informations Are Given, Regarding The Food And Dietary Habits According To The Age And Height Of Males/Females. We Hope This Textbook Would Fulfil The Goal Of Serving The Cause In An Appropriate Manner Nutrition For A Disease-Free Society.

The Geography of South Africa Taylor & Francis

Urban population growth is extremely rapid across Africa and this book places urban food and nutrition security firmly on the development and policy agenda. It shows that current efforts to address food poverty in Africa that focus entirely on small-scale farmers, to the exclusion of broader socio-economic and infrastructural approaches, are misplaced and will remain largely ineffective in ameliorating food and nutrition insecurity for the majority of Africans. Using original data from the African Food Security Urban Network 's (AFSUN) extensive database it is demonstrated that the primary food security challenge for urban households is access to food. Already linked into global food systems and value chains, Africa 's supply of food is not necessarily in jeopardy. Rather, the widespread poverty and informal urban fabric that characterizes Africa 's emerging cities impinge directly on households ' capacity to access food that is readily available. Through the analysis of empirical data collected from 6,500 households in eleven cities in nine countries in Southern Africa, the authors identify the complexity of factors and dynamics that create the circumstances of widespread food and nutrition insecurity under which urban citizens live. They also provide useful policy approaches to address these conditions that currently thwart the latent development potential of Africa 's expanding urban population.

Culinary Nutrition Academic Press

CAPE Food and Nutrition Advances in Food and Nutrition Research Academic Press

Routledge Handbook of Food and Nutrition Security Academic Press

Advances in Food and Nutrition Research is an eclectic serial established in 1948. The serial recognizes the integral relationship between the food and nutritional sciences and brings together outstanding and comprehensive reviews that highlight this relationship. Contributions detail the scientific developments in the broad areas encompassed by the fields of food science and nutrition and are intended to ensure that food scientists in academia and industry, as well as professional nutritionists and dieticians, are kept informed concerning emerging research and developments in these important disciplines. Series established since 1948 Advisory Board consists of 8 respected scientists Unique series as it combines food science and nutrition research

Untamed Urbanisms Academic Press

An electronic version of this book is available Open Access at www.tandfebooks.com. It has been made available under a Creative Commons Attribution-Non Commercial-No Derivatives 3.0 license. One of the major challenges of urban development has been reconciling the way cities develop with the mounting evidence of resource depletion and the negative environmental impacts of predominantly urban-based modes of production and consumption. This book aims to re-politicise the relationship between urban development, sustainability and justice, and to explore the tensions emerging under real circumstances, as well as their potential for transformative change. For some, cities are the root of all that is unsustainable, while for others cities provide unique opportunities for sustainability-oriented innovations that address equity and ecological challenges. This book is rooted in the latter category, but recognises that if cities continue to evolve along current trajectories they will be where the large bulk of the most unsustainable and inequitable human activities are concentrated. By drawing on a range of case studies from both the global South and global North, this book is unique in its aim to develop an integrated social-ecological perspective on the challenge of sustainable urban development. Through the interdisciplinary and original research of a new generation of urban researchers across the global South and North, this book addresses old debates in new ways and raises new questions about sustainable urban development. .

CAPE Food and Nutrition Food & Agriculture Org.

Nutritional and Health Aspects of Food in South Asian Countries provides an analysis of traditional and ethnic foods from the South Asia Region, including India, Sri Lanka, Pakistan, Nepal, Bangladesh and Iran. The book addresses the history of use, origin, composition, preparation, ingredient composition, nutritional aspects, and the effects on the health of various foods and food products in each of these countries from the perspective of their Traditional and Ethnic Foods. In addition, the book presents local and international regulations and provides suggestions on how to harmonize regulations and traditional practices to promote safety and global availability of these foods. Analyzes nutritional and health claims related to South Asian foods Explores both scientific and anecdotal diet-based health claims Examines how these traditional foods can be viewed from regulatory requirements and how to address any noncompliance in dynamics or regulations Reviews the influence of historical eating habits on today's diets and its combinatorial effect for health and wellness

Food Security, Poverty and Nutrition Policy Analysis Oxford University Press - Children

First multi-year cumulation covers six years: 1965-70.

Urban Geography in South Africa Oxford University Press on Demand

As Africa urbanises and the focus of poverty shifts to urban centres, there is an imperative to address poverty in African cities. This is particularly the case in smaller cities, which are often the most rapidly urbanising, but the least able to cope with this growth. This book argues that an examination of the food system and food security provides a valuable lens to interrogate urban poverty. Chapters examine the linkages between poverty, urban food systems and local governance with a focus on case studies from three smaller or secondary cities in Africa: Kisumu (Kenya), Kitwe (Zambia) and Epworth (Zimbabwe). The book makes a wider contribution to debates on urban studies and urban governance in Africa through analysis of the causes and consequences of the paucity of urban-scale data for decision makers, and by presenting potential methodological innovations to address this paucity. As the global development agenda is increasingly focusing on urban issues, most notably the urban goal of the new Sustainable Development Goals and the New Urban Agenda, the work is timely.

Current Catalog Routledge

Advances in Food and Nutrition Research, Volume 81 provides updated knowledge on nutrients in foods and how to avoid deficiencies, paying special attention to the essential nutrients that should be present in the diet to reduce disease risk and optimize health. The series provides the latest advances on the identification and characterization of emerging bioactive compounds with putative health benefits, as well as up-to-date information on food science, including raw materials, production, processing, distribution, and consumption. Contains contributions that have been carefully selected based on their vast experience and expertise on the subject Includes updated, in-depth, and critical discussions of available information, giving the reader a unique opportunity to learn Encompasses a broad view of the topics at hand

Nutrition and Functional Foods in Boosting Digestion, Metabolism and Immune Health Southern

African Migration Programme

Environmental Nutrition: Connecting Health and Nutrition with Environmentally Sustainable Diets explores the connection between diet, environmental sustainability and human health. Current food systems are a major contributor to our most pressing health and environmental issues, including climate change, water scarcity, food insecurity and chronic diseases. This book not only seeks to increase our understanding of the interrelatedness of these major global issues, but also aids in the creation of new solutions. Sections discuss the diet, the health and environment trilemma, food systems and their trends, environmental nutrition as an all-encompassing discipline, and the environmental nutrition model. Demonstrates how the food system, the environment and human health are inter-related Explores how dietary patterns impact food production and agriculture choices Identifies the imbalance between current food production relative to demand Addresses how the current food system negatively impacts the environment Provides practical solutions to how diets can be both healthy and sustainable