

Forget Me Not A Memoir Jennifer Lowe Anker

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A NEW YORK TIMES BESTSELLER For Sarah Hepola, alcohol was "the gasoline of all adventure." She spent her evenings at cocktail parties and dark bars where she proudly stayed till last call. Drinking felt like freedom, part of her birthright as a strong, enlightened twenty-first-century woman. But there was a price. She often blacked out, waking up with a blank space where four hours should be. Mornings became detective work on her own life. What did I say last night? How did I meet that guy? She apologized for things she couldn't remember doing, as though she were cleaning up after an evil twin. Publicly, she covered her shame with self-deprecating jokes, and her career flourished, but as the blackouts accumulated, she could no longer avoid a sinking truth. The fuel she thought she needed was draining her spirit instead. A memoir of unblinking honesty and poignant, laugh-out-loud humor, **BLACKOUT** is the story of a woman stumbling into a new kind of adventure--the sober life she never wanted. Shining a light into her blackouts, she discovers the person she buried, as well as the confidence, intimacy, and creativity she once believed came only from a bottle. Her tale will resonate with anyone who has been forced to reinvent or struggled in the face of necessary change. It's about giving up the thing you cherish most--but getting yourself back in return. ***Includes Reading Group Guide***

[Forget Me Not](#) Penguin

In 2005, a previously nameless 10,031-foot mountain in Montana's Gallatin Range was officially designated Alex Lowe Peak by the U.S. Board on Geographic Names. It was a hugely appropriate act. Not only was Alex Lowe one of the modern era's most extraordinary mountaineers, his life was intricately woven into the landscape of southwestern Montana. Alex climbed and skied prodigiously throughout the Gallatin backcountry, but nowhere there is his presence more strongly felt than in Hyalite Canyon, a steep-walled valley immediately east of his namesake massif. Each November, the hundreds of waterfalls that spill down the canyon's flanks are transformed into finely wrought curtains

of ice, attracting climbers from far and wide. Alex was the first person to ascend many of these routes, among them an ethereal frozen trickle he christened Winter Dance - an intermittent stripe of ghostly blue ice suspended two thousand feet above the valley, splattered down a cliff as black as onyx. Ascending it demands stamina, a sensitive touch, unwavering mind control, and utter mastery of technique. Only a handful of elite climbers have ever succeeded. Alex referred to Winter Dance as his favorite ice climb. Guidebook author Joe Josephson calls it one of the top ten winter routes of the world. The blow-by-blow of its first ascent is one of many "Alex stories" that are told and retold around campfires and in climbers' pubs across the planet..I, for one, was sometimes frightened by the risks Alex took, and by the number of close calls he had. But he always emerged more or less unscathed. I came to appreciate that when you were as strong and talented as Alex, the odds that applied to ordinary mortals had to be recalculated. The old rules no longer seemed relevant. I convinced myself that he was indestructible. Sadly, on October 5, 1999, I was proven wrong. - JONATHAN KRAKAUER

Forget Me Not Simon and Schuster

NEW YORK TIMES BESTSELLER • A powerful memoir of a love that leads two people to find a courageous way to part—and a woman's struggle to go forward in the face of loss—that “enriches the reader's life with urgency and gratitude” (The Washington Post) “A pleasure to read . . . Rarely has a memoir about death been so full of life. . . . Bloom has a talent for mixing the prosaic and profound, the slapstick and the serious.”—USA Today Amy Bloom began to notice changes in her husband, Brian: He retired early from a new job he loved; he withdrew from close friendships; he talked mostly about the past. Suddenly, it seemed there was a glass wall between them, and their long walks and talks stopped. Their world was altered forever when an MRI confirmed what they could no longer ignore: Brian had Alzheimer's disease. Forced to confront the truth of the diagnosis and its impact on the future he had envisioned, Brian was determined to die on his feet, not live on his knees. Supporting each other in their last journey together, Brian and Amy made the unimaginably difficult and painful decision to go to Dignitas, an organization based in Switzerland that empowers a person to end their own life with dignity and peace. In this heartbreaking and surprising memoir, Bloom sheds light on a part of life we so often shy away from discussing—its ending. Written in Bloom's captivating, insightful voice and with her trademark wit and candor, *In Love* is an unforgettable portrait of a beautiful marriage, and a boundary-defying love.

[Forget Me Not](#) Purdue University Press

In the tradition of Wild and H Is for Hawk, an Outside magazine writer tells her story—of fathers and daughters, grief and renewal, adventure and obsession, and the power of running to change your life. **NAMED ONE OF THE BEST**

BOOKS OF THE YEAR BY REAL SIMPLE I ' m running to forget, and to remember. For more than a decade, Katie Arnold chased adventure around the world, reporting on extreme athletes who performed outlandish feats—walking high lines a thousand feet off the ground without a harness, or running one hundred miles through the night. She wrote her stories by living them, until eventually life on the thin edge of risk began to seem normal. After she married, Katie and her husband vowed to raise their daughters to be adventurous, too, in the mountains and canyons of New Mexico. But when her father died of cancer, she was forced to confront her own mortality. His death was cataclysmic, unleashing a perfect storm of grief and anxiety. She and her father, an enigmatic photographer for National Geographic, had always been kindred spirits. He introduced her to the outdoors and took her camping and on bicycle trips and down rivers, and taught her to find solace and courage in the natural world. And it was he who encouraged her to run her first race when she was seven years old. Now nearly paralyzed by fear and terrified she was dying, too, she turned to the thing that had always made her feel most alive: running. Over the course of three tumultuous years, she ran alone through the wilderness, logging longer and longer distances, first a 50-kilometer ultramarathon, then 50 miles, then 100 kilometers. She ran to heal her grief, to outpace her worry that she wouldn ' t live to raise her own daughters. She ran to find strength in her weakness. She ran to remember and to forget. She ran to live. Ultrarunning tests the limits of human endurance over seemingly inhuman distances, and as she clocked miles across mesas and mountains, Katie learned to tolerate pain and discomfort, and face her fears of uncertainty, vulnerability, and even death itself. As she ran, she found herself peeling back the layers of her relationship with her father, discovering that much of what she thought she knew about him, and her own past, was wrong. *Running Home* is a memoir about the stories we tell ourselves to make sense of our world—the stories that hold us back, and the ones that set us free. Mesmerizing, transcendent, and deeply exhilarating, it is a book for anyone who has been knocked over by life, or feels the pull of something bigger and wilder within themselves. “ A beautiful work of searching remembrance and searing honesty . . . Katie Arnold is as gifted on the page as she is on the trail. *Running Home* will soon join such classics as *Born to Run* and *Ultramarathon Man* as quintessential reading of the genre. ” —Hampton Sides, author of *On Desperate Ground* and *Ghost Soldiers*

Forget Me Not Farrar, Straus and Giroux (Byr)

Seventeen-year-old Dylan Dawson is trying to pull his life together after his release from juvenile hall. But going straight isn't easy, and Dylan just can't seem to keep out of trouble. His problems escalate fast, and soon he has no choice but to hit the road, even though it means leaving behind the girl of his dreams. He heads south for Texas, on the run and in search of his father. (Dylan has no idea how his life became such a mess, but he knows that his dad is at the root of it.) When Dylan finds him, he certainly gets answers—but they're answers to questions he wishes he'd never asked.

Take Me There Random House

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splattered down a cliff as black as onyx. Ascending it demands stamina, a sensitive touch, unwavering mind control, and utter mastery of technique. Only a handful of elite climbers have ever succeeded. Alex referred to Winter Dance as his favorite ice climb. Guidebook author Joe Josephson calls it one of the top ten winter routes of the world. The blow-by-blow of its first ascent is one of many 'Alex stories' that are told and retold around campfires and in climbers' pubs across the planet. I, for one, was sometimes frightened by the risks Alex took, and by the number of close calls he had. But he always emerged more or less unscathed. I came to appreciate that when you were as strong and talented as Alex, the odds that applied to ordinary mortals had to be recalculated. The old rules no longer seemed relevant. I convinced myself that he was indestructible. Sadly, on October 5, 1999, I was proven wrong. - JONATHAN KRAKAUER

Forget Me Not ReadHowYouWant.com

When Grace Danner finds out her great-aunt has passed away leaving her a flower shop in Ireland, she is anxious to get it off her hands as quickly as possible. Her career with the most prestigious advertising firm in Dallas has her busy six days a week, and she doesn't have time to step away from her life to handle her aunt's estate. She plans a quick trip to sign papers and save family heirlooms, hoping to return home before the end of the week. She meets real estate agent Kerry Mulligan who was consigned to the property quite by accident. Their relationship starts off rocky, and as much as Grace wants to get to know the red-haired Irish beauty in the short time she is there, Kerry is nothing but business. Can Grace break through Kerry's icy disposition and open her up to a quick affair? Even if Grace manages to seduce Kerry, can she return unscathed to the life she left in Dallas?

Blackout Penguin

The #1 New York Times bestselling (mostly true) memoir from the hilarious author of *Furiously Happy*. “Gaspably funny and wonderfully inappropriate.”—O, The Oprah Magazine When Jenny Lawson was little, all she ever wanted was to fit in. That dream was cut short by her fantastically unbalanced father and a morbidly eccentric childhood. It did, however, open up an opportunity for Lawson to find the humor in the strange shame-spiral that is her life, and we are all the better for it. In the irreverent *Let's Pretend This Never Happened*, Lawson's long-suffering husband and sweet daughter help her uncover the surprising discovery that the most terribly human moments—the ones we want to pretend never happened—are the very same moments that make us the people we are today. For every intellectual misfit who thought they were the only ones to think the things

that Lawson dares to say out loud, this is a poignant and hysterical look at the dark, disturbing, yet wonderful moments of our lives. Readers Guide Inside

Forget Me Not Simon and Schuster

Named One of the Best Books of the year by: Esquire, Refinery29, BookRiot, Medium, Electric Literature, The Brooklyn Rail, Largehearted Boy, The Coil and The Cut. Winner of the Lambda Literary Jeanne Cordova Prize for Lesbian/Queer Nonfiction Finalist, Lambda Literary Award for Lesbian Memoir/Biography Finalist, Publishing Triangle's Judy Grahn Award for Lesbian Nonfiction An Indie Next Pick For readers of Maggie Nelson and Leslie Jamison, a fierce and dazzling personal narrative that explores the many ways identity and art are shaped by love and loss. In her critically acclaimed memoir, Whip Smart, Melissa Febos laid bare the intimate world of the professional dominatrix, turning an honest examination of her life into a lyrical study of power, desire, and fulfillment. In her dazzling Abandon Me, Febos captures the intense bonds of love and the need for connection -- with family, lovers, and oneself. First, her birth father, who left her with only an inheritance of addiction and Native American blood, its meaning a mystery. As Febos tentatively reconnects, she sees how both these lineages manifest in her own life, marked by compulsion and an instinct for self-erasure. Meanwhile, she remains closely tied to the sea captain who raised her, his parenting ardent but intermittent as his work took him away for months at a time. Woven throughout is the hypnotic story of an all-consuming, long-distance love affair with a woman, marked equally by worship and withdrawal. In visceral, erotic prose, Febos captures their mutual abandonment to passion and obsession -- and the terror and exhilaration of losing herself in another. At once a fearlessly vulnerable memoir and an incisive investigation of art, love, and identity, Abandon Me draws on childhood stories, religion, psychology, mythology, popular culture, and the intimacies of one writer's life to reveal intellectual and emotional truths that feel startlingly universal.

The Last One Simon and Schuster

"Forget Me Not will stay with you forever. It is a beautifully written story of great love, great daring, great loss, and great recovery. Most of all, it is a story of great courage." - Tom Brokaw High in the Himalaya, a world-class adventurer dies, leaving a wife, three young sons and a best friend to cope with their grief... In 1999, well-known mountaineer, Alex Lowe, died tragically in an avalanche on the remote Himalayan Mountain Shishapangma, leaving his wife Jennifer alone to raise their three children. Alex was widely considered one of the greatest modern climbers of our time, and the world mourned his loss. Tom Brokaw interviewed Jennifer Lowe and Conrad Anker for Dateline, and Sting narrated and composed music for a tribute film, The Endless Knot. While Jenni and her sons faced the absence of a husband and father, Alex's longtime climbing partner, Conrad Anker, who survived the accident that killed Lowe, faced his own grief and survivor's guilt. Jenni and Conrad gradually, and

unexpectedly, found solace in each other. Through letters and expedition notes from Alex, Forget Me Not spans continents and tells the story of three people whose lives intertwine to a degree they could never have imagined. Jenni's account takes readers inside a woman's heart and mind as she navigates her shattered life and survives, finding love through loss. From the valleys of Montana, to the peaks of the Himalayas, this is the story of growing up, falling in love, finding adventure, rejoicing in parenthood, living through heartbreak, and believing in possibility -- above all else. Readers will be spit from their armchairs, soaring across the heights of the highest peaks, and into the heart of the American west--with the voice of a soulful friend guiding their path.

The Glass Castle HarperCollins

Jill Price has the first diagnosed case of a memory condition called "hyperthymestic syndrome" -- the continuous, automatic, autobiographical recall of every day of her life since she was fourteen. Give her any date from that year on, and she can almost instantly tell you what day of the week it was, what she did on that day, and any major world event or cultural happening that took place, as long as she heard about it that day. Her memories are like scenes from home movies, constantly playing in her head, backward and forward, through the years; not only does she make no effort to call her memories to mind, she cannot stop them. The Woman Who Can't Forget is the beautifully written and moving story of Jill's quest to come to terms with her extraordinary memory, living with a condition that no one understood, including her, until the scientific team who studied her finally charted the extraordinary terrain of her abilities. As we learn of Jill's struggles first to realize how unusual her memory is and then to contend, as she grows up, with the unique challenges of not being able to forget -- remembering both the good times and the bad, the joyous and the devastating, in such vivid and insistent detail -- the way her memory works is contrasted to a wealth of discoveries about the workings of normal human memory and normal human forgetting. Intriguing light is shed on the vital role of what's called "motivated forgetting"; as well as theories about childhood amnesia, the loss of memory for the first two to three years of our lives; the emotional content of memories; and the way in which autobiographical memories are normally crafted into an ever-evolving and empowering life story.

Forget-Me-Nots Random House Trade Paperbacks

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The Forget-Me-Not Summer ReadHowYouWant.com

can be read as a standalone Gabriele Falzone My father once told me, "Every man makes one big mistake for a woman in his lifetime." Mine was a costly one. I made a big mistake for a woman with fire-like hair and ice-like eyes. I made a mistake; I was going to pay for a long time. My father was right about that. What he didn't get right was that I was ready to make more mistakes for her. Because she was worth it. Kira Kozlov I never had my teen years. I never had sleepovers and crushes. I was stolen and used for the happiness of my admirers. They admired my beauty. They always wanted to take a piece of it for themselves. Didn't care if I was willing to give or not. Every time they brought hell to my feet, I closed my eyes and imagined a memory. I imagined him. I loved him, and I hated him but not even once I thought I would see him again. Yet I did. And he made a promise to kill me. Trigger Warning: mentions and graphic descriptions of physical abuse, mental abuse, child abuse, rape, grooming, violence, torture, forced abortion, mental illness, and suicide. (The hero and the heroine have only one year age gap between them and there is no romanticizing of rape in the book. Most of the triggers belong to heroines past.) *can be read as a standalone*

I Am Not Myself These Days HarperCollins UK

Anne Bashkiroff was a pioneer in the fight for Alzheimer's awareness. Her dear husband, Sasha, suffered for nine years with this terrible

brain- and soul-damaging illness. Anne was faced with unanswered questions, economic heartaches, and lonely nights of suffering. The consequences of Alzheimer's and the extended burden the disease places on families and caregivers was not fully known in the 1970s. Instead of giving up, Bashkiroff moved to make the world aware of the silent disease. Her strength and dedication led her to help establish the Family Survival Project. In 1979, she testified before First Lady Rosalynn Carter about the needs of caregivers. Bashkiroff turned her inward suffering to outward hope.

Sanctuary Grand Central Publishing

Their elusive enemies took everything. Now they want more. Crossroads Crisis Center owner Benjamin Brandt was a content man-in his faith, his work, and his family. Then in a flash, everything he loved was snatched away. His wife and son were murdered, and grief-stricken Ben lost faith. Determination to find their killers keeps him going, but after three years of dead ends and torment, his hope is dying too. Why did he survive? Now, a mysterious woman appears at Crossroads seeking answers and help—a victim who eerily resembles Ben's deceased wife, Susan. A woman robbed of her identity, her life, of everything except her faith—and Susan's necklace. The connections between the two women mount, exceeding coincidence, and to keep the truth hidden, someone is willing to kill. Finding out who and why turns Ben and the mystery woman's situation from dangerous to deadly. Their only hope for survival is to work together, trust each other, and face whatever they discover head on, no matter how painful. But will that be enough to save their lives and heal their tattered hearts?

Running Home Plume Books

I fell in love with a boy a long time ago. I was only a small girl. Scared and frightened, I was taken from my home and held against my will. His father hurt me, but he protected me and kept me safe as best he could. Until I left him. I ran the first chance I got and even though I knew he wasn't behind me, I didn't stop. The branches lashed out at me, punishing me for leaving him in the hands of a monster. I've never felt such guilt in my life. Although I survived, the boy was never found. I prayed for him to be safe. I dreamed he'd be alright and come back to me. Even as a young girl I knew I loved him, but I betrayed him. Twenty years later, all my wishes came true. But the boy came back a man. With a grip strong enough to keep me close and a look in his eyes that warned me to never dare leave him again. I was his to keep after all. Twenty years after leaving one hell, I entered another. Our tale was only just getting started. It's dark and twisted. But that doesn't make it any less of what it is. A love

story. Our love story.

In Love Harper Collins

The poignant story of the life and death of world-famous author and historian Iris Chang, as told by her mother. Iris Chang's best-selling book *The Rape of Nanking* forever changed the way we view the Second World War in Asia. It all began with a photo of a river choked with the bodies of hundreds of Chinese civilians that shook Iris to her core. Who were these people? Why had this happened and how could their story have been lost to history? She could not shake that image from her head. She could not forget what she had seen. A few short years later, Chang revealed this "second Holocaust" to the world. The Japanese atrocities against the people of Nanking were so extreme that a Nazi party leader based in China actually petitioned Hitler to ask the Japanese government to stop the massacre. But who was this woman that single-handedly swept away years of silence, secrecy and shame? Her mother, Ying-Ying, provides an enlightened and nuanced look at her daughter, from Iris' home-made childhood newspaper, to her early years as a journalist and later, as a promising young historian, her struggles with her son's autism and her tragic suicide. *The Woman Who Could Not Forget* cements Iris' legacy as one of the most extraordinary minds of her generation and reveals the depth and beauty of the bond between a mother and daughter.

The Grassling Ballantine Books

FEATURED ON THE COVER OF TIME MAGAZINE AS A 2021 NEXT GENERATION LEADER "A once-in-a-generation voice." - Vulture "One of our greatest living writers." - Shondaland A full-throated and provocative memoir in letters from the New York Times bestselling author, "a dazzling literary talent whose works cut to the quick of the spiritual self" (Esquire) In three critically acclaimed novels, Akwaeke Emezi has introduced readers to a landscape marked by familial tensions, Igbo belief systems, and a boundless search for what it means to be free. Now, in this extraordinary memoir, the bestselling author of *The Death of Vivek Oji* reveals the harrowing yet resolute truths of their own life. Through candid, intimate correspondence with friends, lovers, and family, Emezi traces the unfolding of a self and the unforgettable journey of a creative spirit stepping into power in the human world. Their story weaves through transformative decisions about their gender and body, their precipitous path to success as a writer, and the turmoil of relationships on an emotional, romantic, and spiritual plane, culminating in a book that is as tender as it is brutal. Electrifying and inspiring, animated by the same voracious intelligence that distinguishes Emezi's fiction, *Dear Sentuhan* is a revelatory account of storytelling, self, and survival.

Forget Me Not HarperCollins

A triumphant tale of a young woman and her difficult childhood, *The Glass Castle* is a remarkable memoir of resilience, redemption, and a revelatory look into a family at once deeply dysfunctional and wonderfully vibrant. Jeannette Walls was the second of four children raised by anti-institutional parents in a household of extremes.

Forget-me-not Feiwel & Friends

In a humorous, tongue-in-cheek memoir, the enigmatic wilderness icon

sets the record straight about his life as he deals with fame, cannibalism, loneliness, personal ads, and his philosophical quandaries.