

## Froch My Autobiography

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Froch Random House

A diverse collection of the best pieces ever written about boxing, complete with all the drama and excitement of a championship bout.

**Boxing** Hachette UK

IT WAS past three o'clock in the morning when Joe Calzaghe experienced the sweetest validation of his professional life. Victory over Jeff Lacy, a 28-year-old American compared to a young Mike Tyson because of his power and "take-no-prisoners attitude", left no one in doubt about the world super middleweight champion's talent. For years, Calzaghe's virtuosity remained a legend of the Welsh valleys. His defeat in 1997 of Chris Eubank brought him to prominence, winning for him the World Boxing Organisation (WBO) super middleweight title. But despite a record number of defences of the belt, his career lacked a defining contest. A long line of challengers and ex-titleholders were disposed of but the biggest names in American boxing avoided the ultimate showdown he craved. Hand injuries further obscured the true level of his aptitude for an art he began to learn from his father, Enzo, at the age of eight when - inspired by Sugar Ray Leonard - a rolled-up carpet in the family home in Newbridge became a makeshift heavy bag. This is the story of Calzaghe's extraordinary life, from his humble beginnings in his hometown of Newbridge, to his ascent to personal greatness, becoming the first super middleweight boxer to win the prized belt awarded by The Ring, the bible of boxing, in the division's near 20-year history. One of Britain's foremost sporting champions, a warrior and working-class hero, this is the story of the triumphs and trials that made Calzaghe a legend.

**Fighting ISIS** Hodder & Stoughton

John McEnroe enjoyed tremendous success at all levels of tennis, and he owns 77 career singles titles, including 7 Grand Slams. He joined the circuit in 1978 and it took him only three years to attain the No. 1 ranking. The 1980 Wimbledon final, between McEnroe and Bjorn Borg, is considered by many tennis experts to be the best match ever, a five-set thriller which McEnroe avenged the following year for his first Wimbledon title. In doubles, McEnroe is recognised as the best player of all time. He was ranked No. 1 for a record 257 weeks and captured a total of 74 titles, including 8 Grand Slams. Still an active player, McEnroe is now an outstanding tennis commentator and broadcaster for the BBC and other national networks. This autobiography, his first, covers an awesome tennis career, marriage to movie star Tatum O'Neal and where arguably the greatest tennis player of all time goes from here. This is SERIOUS.

**No Ordinary Joe** Random House

**\*\*THE SUNDAY TIMES BESTSELLER\*\*** Gypsy Queen to the Gypsy King, Tyson Fury's wife Paris reveals the magical highs and epic lows of life with the Heavyweight Boxing World Champion, as she shares their life story and what keeps them strong through the good times - and the bad. Paris Fury is Tyson's rock, the wife he thanks for all his success. Both from Traveller families, she married him at 19 and is hands-on mother to their six children, as well as at his side through every fight. Always glamorous, strong, grounded, and her own woman. When Tyson's struggles with depression, OCD and alcohol have threatened to overwhelm them, she has held them together, and helped to see Tyson through to the greatest boxing victories. With all her warmth, humour and honesty, she tells her story - from her Traveller childhood, falling in love, making a home and a family, to coming through Tyson's darkest moments. She vividly describes the anguish of their worst times, and what it's like to be at the ringside. And she shows what it takes to balance the fame, the fans and all the sporting pressures alongside everyday family life.

**War and Peace** Dalcassian Publishing Company

**WINNER AT THE TELEGRAPH SPORTS BOOK AWARDS 2021 HEALTH AND FITNESS** \*The Sunday Times Number One Business Bestseller\* Pre-order now: the knockout book about success and mindset, by one of boxing's most respected and influential promoters. 'Relentless fizzes with Hearn's work ethic' - Financial Times \_\_\_\_\_ What does it take to succeed? What is the mindset required to be the best? How do you stay at the top of your field? How do you come back from failure? Eddie Hearn knows what it takes. In his remarkable career, Hearn has worked alongside some of the biggest names in sports entertainment and has seen first-hand the grit and relentless determination that it takes to succeed. Structured around the key skills that Eddie Hearn values the most, this

book looks at his business, life, and the drive to succeed. Covering subjects such as discipline, passion, preparation, motivation and failure, this book shows you what it takes to get the most in your life and career. In this insightful and revealing book, Eddie talks about the highs and lows of his career - from negotiating a billion dollar boxing deal to selling out Wembley for the Joshua Klitschko fight - and draws the valuable lessons that we can learn from boxing's toughest performers. \_\_\_\_\_ 'Arguably the world's most powerful boxing promoter' - Financial Times 'The most powerful man in British boxing' Business Insider 'Eddie Hearn has been at the forefront of boxing's resurgence' GQ 'The biggest promoter in boxing' Square Mile \_\_\_\_\_ The perfect book for when life deals a knockout blow, an invaluable guide about making the most from life, drawn from the hard-won lessons of one of the most successful boxing promoters in the world.

**Hats, Handwraps and Headaches** Pan Macmillan

"Anyone who loves boxing--even the sport's most die-hard supporters--must take a longer and more serious look at the issues that Tris Dixon writes about with such nuance and humanity in *Damage*...there's no better argument for more studies, discussion, and awareness than this book, a volume equal parts heartbreaking and inspiring with respect to the need for change."--Greg Bishop, Senior Writer, Sports Illustrated The secret history brain damage in boxing has never been fully told until now. From the story behind Muhammad Ali's deterioration, to first-hand accounts from the fighters themselves, including the beloved Micky Ward. In *Damage*, author Tris Dixon delivers a gripping history of "boxing's darkest secret"--CTE (Chronic Traumatic Encephalopathy), which was known previously as "Dementia Pugilistica" and "Punch Drunk Syndrome." This highly-anticipated book has already generated intense discussion on social media about the inner-conflict that comes with being a fan of the "sweet science," and the difficulty involved in witnessing the devastating brain trauma suffered by the warriors who fight for the entertainment of millions. Unfortunately, the promoters, managers, and other non-participants who profit from the violence have long looked the other way. Will this book finally drive them to address the issue and help fighters get the help they deserve?

**The Furious Method** Lyons Press

Love him or loathe him, Chris Eubank is one of life's more eccentric personalities who has transcended the world of boxing and established himself as a media celebrity and role model to millions of fans the world over. His story is both gripping and extraordinary.

**Relentless** Random House

Every Friday afternoon at 3.30, the whole office at talkSPORT Towers stops to listen to the station's most popular feature, Clips of the Week, presented by Paul Hawksbee and Andy Jacobs. For all the professionalism of the presenters, there are always those moments when things don't quite go right, and words get jumbled up, or a guest on a phone-in says something so extraordinary you have to stop and think: did he really just say that? For 13 years now, the hosts of the afternoon show have been running this feature, in the process collecting almost 4000 hilarious clips. In this book we get to read the very best of the best; they include Alan Brazil's occasional on-air lapses, as when he introduced racing reporter Rupert Bell: 'Here's talkSPORT's Rupert Bear...'. There's also the unbeatable moment when a Scottish caller was campaigning for Hearts' goalkeeper Antti Niemi to play for Scotland. The presenter replied that he was ineligible as he was Finnish, only to be told: 'He's no' finish, he only 28!' Quercus Publishing

They called him "Manos de Piedra" —Hands of Stone—and he was one of the greatest boxers of all time. Now Roberto Durán tells his unbelievable story: from the streets of Panama to being crowned one of the "Four Kings," along with Hearns, Leonard, and Hagler, as he blazed a trail through the Golden Age of Boxing. Born into abject poverty, barely able to read or write, Durán quickly realized that his fists could both protect him on the streets and put food on the table. His reputation was established on the day when, for a bet, he knocked down a horse with a single punch. At the age of twenty-one, he claimed his first world title, against Ken Buchanan at Madison Square Garden. The legend of Manos de Piedra was born, but his most glorious moment was yet to come. In 1980, Durán delivered one of the greatest upsets in boxing history by defeating the previously unbeatable Sugar Ray Leonard. But greater fame brought greater distractions, and Durán's endless partying took its toll before the two superstars faced each other again. Here, for the first time ever, Durán confronts the debacle of the rematch that entered sporting folklore, and the truth behind the moment he was heard to utter the infamous words "No más" —No more. Durán's explosive performances in the ring were matched only by the volatility of his life outside it. He lurched from living like royalty to bankruptcy and, after being written off as a boxing also-ran, made a bloody, legendary comeback that gave his career the ultimate ending, and finally brought redemption. He came from nothing, and changed the world. I Am Durán is the autobiography of one of boxing's most iconic legends.

**Morning Star** Pan Macmillan

On a hot summer's night, in June 1985, in one of the most emotionally charged fights of all time, Barry McGuigan beat Eusebio Pedroza to become the featherweight champion of the world. An epic battle that lasted a full 15 rounds, it remains one of sport's greatest moments - watched by 27,000 spectators ringside and by a further 20 million on television around the world. Raised in the border town of Clones, Co. Monaghan, at the height of the troubles, Barry McGuigan united people across sectarian and religious divides during a difficult time in the country's political history. A Catholic, Barry married his

Protestant childhood sweetheart, Sandra in 1981. An Irishman, he fought for the British title, wearing boxing shorts in the colours of the United Nation's Flag of Peace - and in place of a national anthem his musician father, Pat McGuigan would often sing a heartfelt rendition of 'Danny Boy' before a fight. Engaging and intelligent, McGuigan is a renowned and revered figure in the boxing world and beyond. In this candid autobiography, The Clones Cyclone shares his stories of extraordinary professional triumph and devastating personal tragedy.

**Behind the Mask** Miramax Books

In February 2015, Tim Locks headed to Kurdistan to fight ISIS. After watching images of the Yazidi people being slaughtered, he couldn't sit back and do nothing. Having worked as a prison officer and a bouncer, he knew how to handle himself - and had a huge protective streak. He sold his house to raise money, put himself through arms training and bought his equipment on eBay. In this gripping book he reveals what it is like to fight alongside the Kurds as well as British and American ex-military. He has cleared the enemy from occupied villages, come under mortar and small-arms fire, and witnessed the horrific atrocities committed by ISIS. He also describes how WiFi on the front line allows today's soldiers to communicate, how they always find time for selfies, even when under attack, and how the Kurds are so used to this way of life they stop mid-firefight to have a cup of chai and play Candy Crush while manning the mortars. As cultures clash, and the bullets start flying, Tim shares his adventures with honesty and black humour.

A Social History of Sheffield Boxing, Volume II Palgrave Macmillan THE SUNDAY TIMES BESTSELLER 'Wrighty's characteristic honesty means his book is far more engaging than most bland football memoirs' Sunday Times Ian Wright, Arsenal legend, England striker and TV pundit extraordinaire, is one of the most interesting and relevant figures in modern football. His journey from a South London council estate to national treasure is everybody's dream. From Sunday morning football directly to Crystal Palace; from 'boring, boring Arsenal' to inside the Wenger Revolution; from Saturday afternoons on the pitch to Saturday evenings on primetime television; from a week in prison to inspiring youth offenders, Ian will reveal all about his extraordinary life and career. Ian will also frankly discuss how retirement affects footballers, why George Graham deserves a statue, social media, why music matters, breaking Arsenal's goal-scoring record, racism, the unadulterated joy of playing alongside Dennis Bergkamp and, of course, what he thinks of Tottenham. Not a standard footballer's autobiography, Ian Wright's memoir is a thoughtful and gripping insight into a Highbury Hero and one of the greatest sports stars of recent years.

**Qabalah** University of Arkansas Press

Carl Froch grew up on a tough Nottingham housing estate. His dad took him to the local boxing gym at just nine years old, hoping boxing would keep him out of trouble. Carl's incredible natural ability soon became clear and he rapidly ascended the heights of professional boxing, becoming three-time Super Middleweight champion and Britain's most exciting boxer. In 29 professional fights has suffered defeat only twice. His greatest fights have already gone down in boxing history. In 2009 he was knocked down for the first time in his career by Jermain Taylor. Behind on everyone's scorecard but his own, until, with just 14 seconds of the fight to go, he came back in spectacular fashion with a stunning knock out. In 2012 he emphatically beat Lucian Bute to reclaim his belt in front of record audiences. The press described the fight as 'one of the best nights in British boxing'. The Cobra follows Britain's most respected boxer every step of the way as he prepares for, and fights, the most important bouts of his life. Honest, outspoken, and every inch the boy from Nottingham, Carl pulls no punches in his revealing story from inside the high-stakes world of boxing, from his first discovery of his talent to his ascent to World Champion. \*\*Fully updated from the hardback; this edition includes two brand new chapters covering Carl's astonishing fifth-round destruction of previously unbeaten Lucian Bute, to reclaim his IBF world super middleweight title\*\*

**I Am Duran** Random House

When Carl Froch defeated George Groves in their Wembley Stadium rematch in front of 80,000 fans, it went down as the biggest fight in British boxing history, cementing Carl's place as our greatest boxer - a pure warrior who has never accepted the easy way. Carl grew up a tough kid on a Nottingham estate, where boxing helped to keep him out of trouble. His incredible natural ability soon led to a world amateur medal before he turned pro and embarked on a long journey with his mentor and corner man Rob McCracken. Carl's career has always been defined by taking on the odds with blisteringly tough fights. He was never scared to fight in someone else's backyard and always faced the hardest opponents to prove himself - Jean Pascal, Arthur Abraham, Andre Ward, Lucien Bute and his incredible last round knock-out of Jermain Taylor. But of course he will always be remembered for his showdowns with the great Dane Mikkel Kessler and then George Groves, avenging his initial points defeat by Kessler and finishing Groves for a second time with one of the greatest punches in British boxing history. Froch was first a local and now a national hero and here he tells the story of how he fought his way through sheer guts and determination to the summit of the boxing world. PREVIOUSLY PUBLISHED AS THE COBRA - NOW FULLY

REVISED AND UPDATED

[The Cobra](#) Simon and Schuster

Driven from his home, a Rebel finds a place among the Cheyenne Joel Ryan returns from the Civil War with grey hair and a weary heart, but he finds no rest in Kentucky. Turned away by a brother who still blames Joel for abandoning the family to fight for the Confederate cause, Joel rides west, searching for peace in the untamed wilderness of Montana. Instead, against all odds, he finds love. When he sees the gang of thugs tormenting the young Cheyenne beauty, Joel risks his life to save her. Her name is Mourning Dove, and he has only known her for a few hours when he begins to fall in love. Joel believes he has finally found a chance for happiness, but when tragedy strikes his budding family, he realizes he will never be at peace until he can quiet the rage that fills his heart. To save himself, Joel trades love for revenge, and rides west once more. Everybody Has a Plan Until They Get Punched in the Face Open Road Media

While it began as a mystical interpretation of Jewish scriptural texts, today Qabalah is much more. As John Bonner writes in his introduction, "Qabalah is a metaphysical philosophy, or rather a theosophy, that sets out to answer a series of vital questions regarding the nature of God, His creation, and the place of man in His divine plan." It is a living, growing system of personal development. In addition, much of contemporary Western magick is founded on the work of the Hermetic Order of the Golden Dawn, which based its ritual and teachings firmly in Qabalah. This scholarly introduction explores the mysteries of Qabalah through the symbolism of the Tree of Life and its four distinct elements: the three Pillars of Manifestation, the ten Holy Sephiroth, the Paths that run to and from the Sephiroth, and the Veils. For each Sephirah, Bonner provides detailed information on magical, astrological, and tarot correspondences - as well as how different religious traditions relate to the concepts contained in each.

Hard Road to Glory - How I Became Champion of the World Hamilcar Publications

**\*\* TELEGRAPH SPORTS BOOK OF THE YEAR \*\* DOUBLE WINNER: BEST AUTOBIOGRAPHY & BEST OVERALL SPORTS BOOK OF 2020 INCLUDES A NEW CHAPTER ON WILDER VS FURY 2**

'Incredible stories... you don't have to be a boxing fan to enjoy it' SCOTT MILLS, BBC RADIO 1 'One of sport's most heart-warming stories' SUNDAY TIMES, SPORTS BOOK OF THE YEAR 'A must-read for any boxing fan.' WORLD BOXING NEWS 'If you know someone who is a fan of the People's Champion then they'll love this.' TALKSPORT XMAS GIFT GUIDE The extraordinary story of the rise and fall and rise again of Tyson Fury... THE GYPSY KING. A Manchester lad from Irish Traveller stock, born three months premature and weighing just a pound at birth, Tyson (named after his father's boxing hero) grew up to become one of the most unlikely heavyweight champions in history. This 'dream come true' soon turned to nightmare, however, as alcohol and cocaine abuse took hold and Tyson was stripped of his titles. What followed was the darkest moment of his life - detailed in this book for the first time - in which he came within seconds of ending everything. THE PEOPLE'S CHAMPION. Like all the greatest stories, though, there is redemption and Tyson defies all the odds and literally drags himself to his feet. 10 million people around the globe watched Fury fight Wilder in the biggest fight of the boxing calendar. Speaking candidly about his struggles with mental health, this is Tyson Fury as you have never seen him before. A BRITISH ICON.

Behind the Mask is an unflinching autobiography from the greatest boxer of our time and a man who has demonstrated strength of a very different kind by conquering his demons. 'It's a great book, if I could read, I'd buy it' BILLY JOE SAUNDERS, WBO World Super-Middleweight Champion 'I didn't believe boxers could be role models, but Tyson Fury has changed my mind... This 30-year-old Mancunian has made us all think twice about the possibilities of redemption.' SIMON KELNER, INDEPENDENT 'Tyson Fury has become Britain's most unlikely inspirational figure... the sight of a broken Fury caught a mood with the public. Never was the epithet "People's Champion" more apt' RON LEWIS, THE TIMES 'Tyson Fury is an amazing real-life champion' SYLVESTER STALLONE, star of Rocky 'You may not have any interest in boxing at all and you will find this story about Tyson's life fascinating' BBC RADIO 5 LIVE 'An unusual, heartening story, nicely told. There is much to amaze and admire' SUNDAY TIMES [Serious](#) Random House

Hats, Handwraps and Headaches is the inspiring, surprising and sometimes shocking story of Irish boxing coach Paddy Fitzpatrick, a failed pro boxer who was almost a Foreign Legionary before finding fame as a trainer of world-class fighters. After struggling as a young adult with thoughts of suicide, Paddy's life was transformed by a chance meeting with Hall of Fame trainer Freddie Roach. Paddy moved to LA to learn his trade at Roach's Wild Card gym, working with the likes of world champions James Toney and Laila Ali, and spending time with Laila's legendary father Muhammad Ali. Back in England, Paddy used the things he had learnt to take George Groves to three world title fights, including the return super-fight with Carl Froch, which drew 80,000 fans to Wembley Stadium. Filled with astonishing anecdotes - like the time Paddy was almost shot by an irate boxer and a near-miss with a grizzly bear - Hats, Handwraps and Headaches is funny and poignant in equal measure, with riveting tales from both sides of the Atlantic.

[Night Train](#) National Geographic Books

Irish national hero, a Celtic great and their most-capped player, Patrick 'Packie' Bonner is a goalkeeping legend. He was Jock Stein's last signing for the club when he left his native Donegal for the city of Glasgow in 1978, where Packie evolved from being a shy, homesick teenager into a confident, world-class talent and first-choice goalkeeper. Billy McNeill handed him a

debut on St Patrick's Day in 1979, and Packie went on to provide the last line of defence a record 641 times for the club. A seasoned Irish internationalist, Packie was a vital component in the most-celebrated Irish national squad ever, playing in a golden era under the tutelage of the inimitable Jack Charlton. In The Last Line, Packie shares stories from his incredible career, including his greatest moment in front of a global audience during the Italia '90 World Cup tournament when he became the penalty shoot-out hero of the nation by saving a spot-kick that took the Irish to the quarter-finals stage in their very first World Cup adventure. It was an iconic moment that would change his life forever not least because, whilst in Italy, he, along with his teammates, had an audience with another goalkeeper, Pope John Paul II. Throughout his 80 cap international career, he competed against the very best in the world. Men such as Ruud Gullit, Marco Van Basten, Gheorghe Hagi, Roberto Baggio and Gary Lineker came to know the name Packie Bonner. Equally, in his glittering Celtic career that included the winning of four Scottish League titles, three Scottish Cups and one Scottish League Cup, Packie Bonner played alongside some great Celtic names like Tommy Burns, Paul McStay, and Murdo Macleod. Along the way, Packie had to endure a career-threatening back injury, as well as the devastation of a routine save going wrong and costing a goal on the world stage against Holland in 1994, ultimately leading to elimination from the World Cup in America. More than just the telling of trophies, titles and triumphs, this is the story of a Celtic legend and a true great of Irish International football.

The Rainbow Crowood

When Carl Froch defeated George Groves in their Wembley Stadium re-match in front of 80,000 fans, it went down as the biggest fight in British boxing history, cementing Carl 's place as our greatest boxer - a pure warrior who has never accepted the easy way. Carl grew up a tough kid on a Nottingham estate, where boxing helped to keep him out of trouble. His incredible natural ability soon led to a world amateur medal before he turned pro and embarked on a long journey with his mentor and corner man Rob McCracken. Carl 's career has always been defined by taking on the odds with blisteringly tough fights. He was never scared to fight in someone else 's backyard and always faced the hardest opponents to prove himself - Jean Pascal, Arthur Abraham, Andre Ward, Lucien Bute and his incredible last round knock-out of Jermain Taylor. But of course he will always be remembered for his showdowns with the great Dane Mikkel Kessler and then George Groves, avenging his initial points defeat by Kessler and finishing Groves for a second time with one of the greatest punches in British boxing history. Froch was first a local and now a national hero and here he tells the story of how he fought his way through sheer guts and determination to the summit of the boxing world. PREVIOUSLY PUBLISHED AS THE COBRA - NOW FULLY REVISED AND UPDATED