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Gestalt is a German word which is hard to translate into English. It means 'pattern' or 'whole' and in coaching, the emphasis is on the coach relating to you as a whole person, full of possibility. As Gestalt coaches we adopt a holistic approach, recognising many aspects of the human condition: thoughts, feelings, behaviours, perceptions and spirit.

Gestalt Coaching: Right Here, Right Now - Courage and Spark

Bluckert, P. Gestalt coaching; Right here right now 2015 - Open University Press - Maidenhead Gestalt Coaching Right Here Right Gestalt Coaching Program™, the flagship training from of the Gestalt Center For Coaching, is an ICF Accredited Coach Training Program, that presents Gestalt-based approach to coaching that incorporates cutting- edge coaching theories from thought leaders worldwide. This program is founded on core Gestalt values, which hold that it is the awareness of self and others, in the context of aware possibilities, that support choice for intervention and success.

Gestalt Coaching: Right Here, Right Now In Gestalt Coaching, Peter Bluckert draws on thirty years of experience as an organisation development consultant, executive coach and leadership trainer to present a unique perspective on how to become a better coach using Gestalt techniques.