

Gray Matter A Neurosurgeon Discovers The Power Of Prayer One Patient At Time David I Levy

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Brain Surgeon Radius Book Group

You don't have to change your life overnight--instead, you can make small changes that leave a lasting impact. In The 2% Way, discover the simple, revolutionary practice behind the against-the-odds success story of Dr. Myron L. Rolle. Dr. Rolle has led a remarkable life: from earning a scholarship to a prestigious private high school to becoming a top-rated recruit at Florida State University; from winning the Rhodes Scholarship for study at Oxford to playing football in the NFL and then becoming a neurosurgery resident at Harvard. In this inspiring book, Dr. Rolle tells the story of his incredible journey, revealing how a strong work ethic, deep faith, and the family values instilled by his Bahamian immigrant parents set the stage for the transformative life philosophy that enabled him to overcome adversity, defy expectations, and create a life of meaning and purpose. Whether you're struggling with your own obstacles, looking to improve yourself, searching for your purpose and identity, or seeking inspiration, Dr. Rolle's story will give you the encouragement and tools you need to: Make incremental improvements that lead to long-lasting results Build a life full of purpose and meaning Tackle life with the assurance that you're moving in the right direction The 2% Way will change the way you think about self-improvement, proving that you have the power to make strides toward the life you've always dreamed of.

Gray Matter Tyndale House Publishers, Inc. When Brady Wayne Darby, a condemned man whose life is marked by death, guilt, and despair, meets Thomas Carey, a weary man of God, he learns about the prospects of rebirth, forgiveness, and hope. Take the Risk Psychology Press Our thought lives have incredible power over our mental, emotional, and even physical well-being. In fact, our thoughts can either limit us to what we believe we can do or release us to experience abilities well beyond our expectations. When we choose a mindset that extends our abilities rather than placing limits on ourselves, we will experience greater intellectual satisfaction, emotional control, and physical health. The only question is . . . how? Backed by up-to-date scientific research and biblical insight, Dr. Caroline Leaf empowers readers to take control of their thoughts in order to take control of their lives. In this practical book, readers will learn to use - The 5-step Switch on Your Brain Learning Program, to build memory and learn effectively - The Gift Profile, to discover the unique way they process information - The Mindfulness Guide, to optimize their thought life and find their inner resilience Dr. Leaf shows readers how to combine these powerful tools in order to improve memory, learning, cognitive and intellectual performance, work performance, physical performance, relationships, emotional health, and most importantly a meaningful life well lived. Each of us has significant psychological resources at our fingertips that we can use in order to improve our overall well-being. Dr. Leaf shows us how to harness those resources to unlock our hidden potential.

Working It Out Harvest House Publishers "A compelling look at one man's journey into the inner workings of the brain"--Provided by publisher. When Breath Becomes Air John Wiley & Sons Today he is known as Dr. Q, an internationally renowned neurosurgeon and neuroscientist who leads cutting-edge research to cure brain cancer. But not too long ago, he was Freddy, a nineteen-year-old undocumented migrant worker toiling in the tomato fields of central California. In this gripping memoir, Alfredo Qui ñ ones-Hinojosa tells his amazing life story—from his impoverished childhood in the tiny village of Palaco, Mexico, to his harrowing border crossing and his transformation from illegal immigrant to American citizen and gifted student at the University of California at Berkeley and at Harvard Medical School. Packed with adventure and adversity—including a few terrifying brushes with death—Becoming Dr. Q is a testament to persistence, hard work, the power of hope and imagination, and the pursuit of excellence. It ' s also a story about the importance of family, of mentors, and of giving people a chance.

Another Day in the Frontal Lobe Random House The award-winning New York Times bestseller about the extraordinary things that can happen when we harness the power of both the brain and the heart Growing up in the high desert of California, Jim Doty was poor, with an alcoholic father and a mother chronically depressed and paralyzed by a stroke. Today he is the director of the Center for Compassion and Altruism Research and Education (CCARE) at Stanford University, of which the Dalai Lama is a founding benefactor. But back then his life was at a dead end until at twelve he wandered into a magic shop looking for a plastic thumb. Instead he met Ruth, a woman who taught him a series of exercises to ease his own suffering and manifest his greatest desires. Her final mandate was that he keep his heart open and teach these techniques to others. She gave him his first glimpse of the unique relationship between the brain and the heart. Doty would go on to put Ruth ' s practices to work with extraordinary results—power and wealth that he could only imagine as a twelve-year-old, riding his orange Sting-Ray bike. But he neglects Ruth ' s most important lesson, to keep his heart open, with disastrous results—until he has the opportunity to make a spectacular charitable contribution that will virtually ruin him. Part memoir, part science, part inspiration, and part practical instruction, Into the Magic Shop shows us how we can fundamentally change our lives by first changing our brains and our hearts.

Patient H.M. Basic Books If you ' re good at finding the one right answer to life ' s multiple-choice questions, you ' re " smart. " But " intelligence " is what you need when contemplating the leftovers in the refrigerator, trying to figure out what might go with them; or if you ' re trying to speak a sentence that you ' ve never spoken before. As Jean Piaget said, intelligence is what you use when you don ' t know what to do, when all the standard answers are inadequate. This book tries to fathom how our inner life evolves from one topic to another, as we create and reject alternatives. Ever since Darwin, we ' ve known that elegant things can emerge (indeed, self-organize) from " simpler " beginnings. And, says theoretical neurophysiologist William H. Calvin, the bootstrapping of new ideas works much like the immune response or the evolution of a new animal

species—except that the brain can turn the Darwinian crank a lot faster, on the time scale of thought and action. Drawing on anthropology, evolutionary biology, linguistics, and the neurosciences, Calvin also considers how a more intelligent brain developed using slow biological improvements over the last few million years. Long ago, evolving jack-of-all trades versatility was encouraged by abrupt climate changes. Now, evolving intelligence uses a nonbiological track: augmenting human intelligence and building intelligent machines. The God Diagnosis FaithWords Welcome to tiger country: the treacherous territory where a single wrong move by a brain surgeon can devastate-or end-a patient's life. This is the terrain world-renowned neurosurgeon Keith Black, MD, enters every day to produce virtual medical miracles. Now, in BRAIN SURGEON, Dr. Black invites readers to shadow his breathtaking journeys into the brain as he battles some of the deadliest and most feared tumors known to medical science. Along the way, he shares his unique insights about the inner workings of the brain, his unwavering optimism for the future of medicine, and the extraordinary stories of his patients-from ministers and rock stars to wealthy entrepreneurs and uninsured students-whom he celebrates as the real heroes. BRAIN SURGEON offers a window into one man's remarkable mind, revealing the anatomy of the unflinching confidence of this master surgeon, whose personal journey brought him from life as a young African-American boy growing up in the civil rights era South to the elite world of neurosurgery. Through Dr. Black's white-knuckle descriptions of some of the most astonishing medical procedures performed today, he reveals the beauty and marvel of the human brain and the strength and heroism of his patients who refuse to see themselves as victims. Ultimately, BRAIN SURGEON is an inspiring story of the struggle to overcome odds-whether as a man, a doctor, or a patient. PRAISE FOR BRAIN SURGEON "An inspirational book about true heroes - readers will marvel at Keith Black's achievements both as a doctor and as a man, and will be in awe of his patients' courage and will to survive." --Denzel Washington "A rare, behind-the-curtain look at the life of one of the most pre-eminent neurosurgeons in the world." --Sanjay Gupta, MD, Chief Medical Correspondent, CNN Keep Sharp Simon and Schuster By avoiding risk, are you also avoiding your life's full potential? Join acclaimed neurosurgeon Dr. Ben Carson as he explores the life-changing power of taking the risk, even if you're afraid. In our risk-avoidant culture, we place a high premium on safety. We insure our vacations. We check crash tests on cars. We extend the warranties on our appliances. But by insulating ourselves from the unknown--the natural risks of life--we miss the great adventure of living our lives to their fullest potential. Dr. Ben Carson spent his childhood as an at-risk child on the streets of Detroit, and he took big risks in performing complex surgeries on the brain and the spinal cord. Now, offering inspiring personal examples, Dr. Carson invites us to embrace risk in our own lives. In Take the Risk, Dr. Carson examines our safety-at-all-costs culture and the meaning of risk and security in our lives. Take the Risk guides you through an extensive examination of risk, including: Risk-taking in history An assessment of the real costs and rewards of risk Learning how to assess and accept risks Understanding how risk reveals the purpose of your life From a man whose life dramatically portrays the connection between great risks and greater successes, the insights Dr. Carson shares in Take the Risk will help you dispel your fear of risk in order to dream big, aim high, move with confidence, and reap the rewards of wise risk-taking. Praise for Take the Risk: "Whether you are a world-renowned neurosurgeon, a CEO, or a teacher, this book applies to anyone who ever wondered about the difference between the pacesetters and those who struggle to keep up. It is the pacesetters who Take the Risk, and this book explains when and why to take risks to empower everyone to become a trailblazer rather than a mere spectator. For anyone who wants to rise above mediocrity, this book is a must-read." --Armstrong Williams, author and radio host, The Armstrong Williams Show Riven Simon and Schuster What happened on this date in church history? From ancient Rome to the twenty-first century, from peasants to presidents, from missionaries to martyrs, this book shows how God does extraordinary things through ordinary people every day of the year. Each story appears on the day and month that it occurred and includes questions for reflection and a related Scripture verse. Saturday Central Recovery Press In this medical memoir, Dr. Friedman recounts the humorous, tragic, and always intense relationships of neurosurgeons to their colleagues and patients. He details what it takes to become a leading neurosurgeon and deal with deadly brain diseases and their devastating complications. He weighs in on universal health care in the United States. He also answers such questions as how does the mind work, why is trigeminal neuralgia called the " suicide disease, " and how will we ultimately cure cancer of the brain? Through his exhilarating and challenging experiences, Dr. Friedman shares his lifelong journey, one that has truly been "something awesome." When the Air Hits Your Brain: Tales from Neurosurgery Zondervan Rachel Whitman has everything. She's young, attractive, and affluent. Her husband is the brilliant CEO of his own company. They have a big new house in a flossy Boston suburb. They have all the brand-name "toys" that go along with wealth. And they have a gorgeous, sweet little six-year-old son named Dylan. But Dylan has learning disabilities. Although intelligence isn't everything, Rachel lives in a community where the rewards for brainpower are conspicuous. She fears her son will grow up never fully appreciating the wonders of life. Like so many middle-class parents who would do anything to improve life for their children—whether it means fixing hair, teeth, or tone—Rachel cannot accept that her child is less than perfect. Tortured by the idea that something she did in the past caused Dylan's problems, Rachel becomes obsessed with a secret and expensive medical procedure that claims to turn slow children into geniuses. Should she and her husband sacrifice their new fortune on the risky, experimental procedure for the sake of their son's happiness? Unaware of the real consequences of the brain enhancement procedure, Rachel can't know that the costs of the operation go far beyond financial ones. At the Publisher's request, this title is being sold without Digital Rights Management Software (DRM) applied.

My Stroke of Insight Macmillan
"The God Diagnosis" is the unique journey of a successful surgeon who finds the fulfillment of all his life dreams empty, lonely, and depressing. Embarking on a quest for truth and the answers to life's basic questions, Dr. Viehman finds himself at the epicenter of the most mind blowing diagnosis of his life. In a riveting journey through investigation, testing, and personal struggles Dr. Viehman recounts his journey from death to life in a way that will resonate with anyone seeking the facts and examining the evidence for themselves. Dr. Viehman uses his medical mind to come at these issues in a profound way that is striking, refreshing and fascinating. He is vulnerable, transparent and has the utmost integrity as he sorts out fact from fantasy. This new author is exciting, enjoyable to read and intriguing in his unique approach to this topic. I believe we will hear much more from him and it will shake up many long held beliefs about Christ, Christians and the Church. --- Big Mac Publishers

----- Dr. Viehman was born and raised in Wilmington, DE. He attended and graduated magna cum laude from the University of Delaware. He attended medical school at Jefferson Medical College in Philadelphia, Pennsylvania graduating number one in his class. He completed an Internship in Internal Medicine at the Hospital of the University of Pennsylvania in Philadelphia, and a dermatology residency at Duke University Medical Center, where he was chief resident. Dr. Viehman completed his fellowship in skin cancer surgery also at Duke. Dr. Viehman co-founded the Cary Skin Center in Cary, North Carolina, and worked there 1998-2008. He is now in solo private practice at Sea Coast Skin Surgery in Wilmington, NC. Dr. Viehman has lectured nationally on dermatologic surgery and authored several published scientific research articles. He has multiple interests, including, running, cross-fit training, and missionary work for orphans in Ukraine with New Life Ministries, and collecting rare Bibles. Dr. Viehman's family includes his wife Ruth, two sons, Brendan and Cameron, a daughter, Hannah and a border collie named Pepper.

The One Year Christian History W. W. Norton & Company
"Transformative...[Taylor's] experience...will shatter [your] own perception of the world."—ABC News The astonishing New York Times bestseller that chronicles how a brain scientist's own stroke led to enlightenment On December 10, 1996, Jill Bolte Taylor, a thirty-seven- year-old Harvard-trained brain scientist experienced a massive stroke in the left hemisphere of her brain. As she observed her mind deteriorate to the point that she could not walk, talk, read, write, or recall any of her life-all within four hours-Taylor alternated between the euphoria of the intuitive and kinesthetic right brain, in which she felt a sense of complete well-being and peace, and the logical, sequential left brain, which recognized she was having a stroke and enabled her to seek help before she was completely lost. It would take her eight years to fully recover. For Taylor, her stroke was a blessing and a revelation. It taught her that by "stepping to the right" of our left brains, we can uncover feelings of well-being that are often sidelined by "brain chatter." Reaching wide audiences through her talk at the Technology, Entertainment, Design (TED) conference and her appearance on Oprah's online Soul Series, Taylor provides a valuable recovery guide for those touched by brain injury and an inspiring testimony that inner peace is accessible to anyone.

Life Lessons from a Brain Surgeon Wellness Central
Do your quiet times with God feel disconnected from the rest of your overflowing days? Shouldn ’ t our devotions affect how we live our lives? In this 90-day devotional for women, plain Mennonite mother and wife Faith Sommers helps connect your moments with the Lord to the rest of your life. Steeped in the faith of Amish and Mennonites, who maintain that how we live is as important as what we say, Sommers ’ words hold gentle warmth and wise nudging for readers tired of disjointed living. Offering daily devotions, prayers, journal prompts, and ideas for how to simplify your life and strengthen your faith, Prayers for a Simpler Life guides readers toward a deeper commitment to the way of Jesus.

Proof of Heaven Big Mac Publishers
World-leading neuroscientist and neurosurgeon Dr Rahul Jandial draws on his years of work with patients suffering from the most extreme cases of brain damage, disorders and illnesses to reveal what they can tell us about the science of the mind. From a languages teacher who has to choose whether to lose her ability to speak Spanish or English after brain surgery, to a former TV exec, now homeless, who discovers that his life-altering despondency is the result of a tumour, to a fainting teen who learns that deep breathing can mean the difference between life or death, these stories uncover the secret workings of the brain. Blending cutting-edge research and beautiful storytelling, Life Lessons from a Brain Surgeon is a vital resource on the best ways to boost your memory, control stress and emotions, minimize pain, unleash your creativity, raise smart kids and reduce the risk of Alzheimer's. This is a deeply practical and readable book, which will take you on an expedition through the anatomy of the most fascinating - and mysterious - of organs. A History of Neurosurgery Simon and Schuster
Shares an account of his religiously transformative near-death experience and revealing week-long coma, describing his scientific study of near-death phenomena while explaining what he learned about the nature of human consciousness.

Grief Connects Us Tyndale House Publishers, Inc.
The story of one man's evolution from naive and ambitious young intern to world-class neurosurgeon. With poignant insight and humor, Frank Vertosick Jr., MD, describes some of the greatest challenges of his career, including a six-week-old infant with a tumor in her brain, a young man struck down in his prime by paraplegia, and a minister with a .22-caliber bullet lodged in his skull. Told through intimate portraits of Vertosick ’ s patients and unsparing yet fascinatingly detailed descriptions of surgical procedures, When the Air Hits Your Brain—the culmination of decades spent struggling to learn an unforgiving craft—illuminates both the mysteries of the mind and the realities of the operating room. The Perfect You Zondervan
The 2017 National Book Critics Circle (NBCC) Finalist, International Bestseller, and a Kirkus Best Nonfiction Book of 2017! “ Marsh has retired, which means he ’ s taking a thorough inventory of his life. His reflections and recollections make Admissions an even more introspective memoir than his first, if such a thing is possible. ” —The New York Times "Consistently entertaining...Honesty is abundantly apparent here--a quality as rare and commendable in elite surgeons as one suspects it is in memoirists." —The

Guardian "Disarmingly frank storytelling...his reflections on death and dying equal those in Atul Gawande's excellent Being Mortal." —The Economist Henry Marsh has spent a lifetime operating on the surgical frontline. There have been exhilarating highs and devastating lows, but his love for the practice of neurosurgery has never wavered. Following the publication of his celebrated New York Times bestseller Do No Harm, Marsh retired from his full-time job in England to work pro bono in Ukraine and Nepal. In Admissions he describes the difficulties of working in these troubled, impoverished countries and the further insights it has given him into the practice of medicine. Marsh also faces up to the burden of responsibility that can come with trying to reduce human suffering. Unearthing memories of his early days as a medical student, and the experiences that shaped him as a young surgeon, he explores the difficulties of a profession that deals in probabilities rather than certainties, and where the overwhelming urge to prolong life can come at a tragic cost for patients and those who love them. Reflecting on what forty years of handling the human brain has taught him, Marsh finds a different purpose in life as he approaches the end of his professional career and a fresh understanding of what matters to us all in the end.

Parenting by The Book Univ of California Press
A perfect blend of medical drama and spiritual insight, "Gray Matter" is a fascinating account of Dr. David Levy's decision to begin asking his patients if he could pray for them before surgery. His musings on what successful and unsuccessful surgical results imply about God, faith, and the power of prayer are honest and insightful.