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May, 17 2024

Textbook

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Guide to Good Food helps students learn how to select, store. prepare, and serve foods while preserving their nutrients, flavors, textures, and colors. This latest edition includes revisions to all chapters in the text as impacted by the MyPyramid food guidance system, the latest Dietary Guidelines, and the new Nutrition Facts label with trans fats. Guide To Good Food PDF -**Book Best Seller Directories** Online shopping from a great selection at Books Store. Guide to Good Food: Nutrition and Food Preparation: Velda ... Resources and Downloads. Help.

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