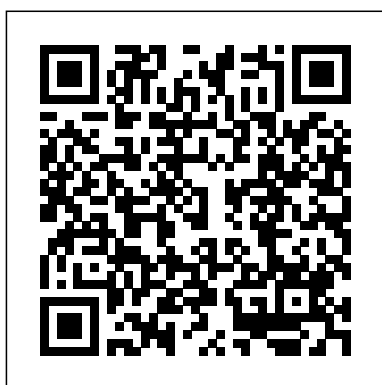

How Doctors Think Jerome Groopman

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Patient Listening Beacon Press

"With a fine combination of humor, compassion and vast knowledge, Talya Miron-Shatz offers clear and useful guidance for the hardest decisions of life." -Daniel Kahneman, Nobel award-winning author of *Thinking, Fast and Slow* A top expert on decision-making explains why it's so hard to make good choices—and what you and your doctor can do to make better ones In recent years, we have gained unprecedented control over choices about our health. But these choices are hard and often full of psychological traps. As a result, we're liable to misuse medication, fall for pseudoscientific cure-alls, and undergo needless procedures. In *Your Life Depends on It*, Talya Miron-Shatz explores the preventable ways we make bad choices about everything from nutrition to medication, from pregnancy to end-of-life care. She reveals how the medical system can set us up for success or failure and maps a model for better doctor-patient relationships. Full of new insights and actionable guidance, this book is the definitive guide to making good choices when you can't afford to make a bad one.

The Measure of Our Days Better Life Press

On average, a physician will interrupt a patient describing her symptoms within

eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can with our help avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. *How Doctors Think* offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experience as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his debilitating medical problems. *How Doctors Think* reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital

information they need to make better judgments together.

Seeing Patients Random House

This oft-quoted all-time favorite of the medical community will gladden--and strengthen--the hearts of patients, doctors, and anyone entering medical study, internship, or practice. With unassailable logic and rapier wit, the sage Dr. Oscar London muses on the challenges and joys of doctoring, and imparts timeless truths, reality checks, and poignant insights gleaned from 30 years of general practice--while never taking himself (or his profession) too seriously. The classic book on the art and humor of practicing medicine, celebrating its 20th anniversary in a new gift edition with updates throughout. Previous editions have sold more than 200,000 copies. The perfect gift for med students and grads as well as new and practicing physicians. Approximately 17,000 students graduate from med school each spring in North America.

How Doctors Think Chicago Review Press

"Although physicians make use of science, this book argues that medicine is not itself a science, but rather an interpretive practice that relies heavily on clinical reasoning." "In *How Doctors Think*, Kathryn Montgomery contends that assuming medicine is strictly a science can have adverse effects. She suggests these can be significantly reduced by recognizing the vital role of clinical judgment."--BOOK JACKET.
Slow Medicine Simon and Schuster

Discusses how to avoid harmful medical mistakes, offering advice on such topics as working with a busy doctor, communicating the full story of an illness, evaluating test risks, and obtaining a working diagnosis.

A Woman's Guide to Living with Heart Disease New Directions Publishing

"A first-person narrative that takes readers inside the medical profession as one doctor solves real-life medical mysteries"--Provided by publisher.

When Doctors Don't Listen St. Martin's Press

A physician discusses the thought patterns and actions that lead to misdiagnosis on the part of healthcare providers, and suggests methods that patients can use to help doctors assess conditions more accurately.

When We Do Harm New York Review of Books

A unique insider's view of today's complex and often contentious world of medicine. Anxious about the prognosis, lost in a blur of technical jargon, and fatigued from worry or pain, people who are ill are easily overwhelmed by treatment choices. Told through eight gripping clinical dramas, *Second Opinions* reveals the forces at play in making critical medical decisions. Dr. Jerome Groopman illuminates the world of medicine where knowledge is imperfect, no therapy is without risks, and no outcome is fully predictable. He portrays moments of astute diagnosis and misguided perception, of lifesaving triumphs and shattering failures. These real-life lessons prepare us to navigate the uncertain terrain of illness, and enable us to balance intuition and information, and thereby make the best possible decisions about our health and future.

Tiger Woods Macmillan

Medical mistakes are more pervasive than we think. How can we improve outcomes? An acclaimed MD 's rich stories and research explore patient safety. Patients enter the medical system with faith that they will receive the best care possible, so when things go wrong, it 's a profound and painful breach. Medical science has made enormous strides in decreasing

mortality and suffering, but there's no doubt that treatment can also cause harm, a significant portion of which is preventable. In *When We Do Harm*, practicing physician and acclaimed author Danielle Ofri places the issues of medical error and patient safety front and center in our national healthcare conversation. Drawing on current research, professional experience, and extensive interviews with nurses, physicians, administrators, researchers, patients, and families, Dr. Ofri explores the diagnostic, systemic, and cognitive causes of medical error. She advocates for strategic use of concrete safety interventions such as checklists and improvements to the electronic medical record, but focuses on the full-scale cultural and cognitive shifts required to make a meaningful dent in medical error. Woven throughout the book are the powerfully human stories that Dr. Ofri is renowned for. The errors she dissects range from the hardly noticeable missteps to the harrowing medical cataclysms. While our healthcare system is—and always will be—imperfect, Dr. Ofri argues that it is possible to minimize preventable harms, and that this should be the galvanizing issue of current medical discourse.

What Doctors Feel Simon & Schuster
With *The Measure of Our Days*, Dr. Jerome Groopman established himself as an eloquent new voice in the literature of medicine. In these eight moving portraits, he offers us a compelling look at what is to be learned when life itself can no longer be taken for granted. These stories are diverse--from Kirk, an aggressive venture capitalist determined to play the odds with controversial chemotherapy treatments; to Elizabeth, an imperious dowager humbled by a rare blood disease; to Elliott, who triumphs over leukemia and creates for himself a definition of success--but each, in the words of Maggie Scarf, "transmute the misery of terrible suffering into a marvelous celebration of the sweetness of human life." Far from medical

case studies, these are spiritual journeys of questioning and self-awareness, embarked on by the physician as well as the patient.

The Social Medicine Reader Penguin
Leonard Cohen, one of the most admired performers of the last half century, has had a stranger-than-fiction, roller-coaster ride of a life. Now, for the first time, he tells his story in his own words, via more than 50 interviews conducted worldwide between 1966 and 2012. In *Leonard Cohen on Leonard Cohen*—which includes a foreword by singer Suzanne Vega and eight pages of rarely seen photos—the artist talks about “Bird on the Wire,” “Hallelujah,” and his other classic songs. He candidly discusses his famous romances, his years in a Zen monastery, his ill-fated collaboration with producer Phil Spector, his long battle with depression, and much more. You'll find interviews that first appeared in the *New York Times* and *Rolling Stone*, but also material that has not previously been printed in English. A few have not been available until now in any format, including many illuminating reminiscences that contributors supplied specifically for this definitive anthology.

Being Mortal University of Iowa Press
NATIONAL BESTSELLER The *New York Times* bestselling author of *Being Mortal* and *Complications* examines, in riveting accounts of medical failure and triumph, how success is achieved in a complex and risk-filled profession. The struggle to perform well is universal: each one of us faces fatigue, limited resources, and imperfect abilities in whatever we do. But nowhere is this drive to do better more important than in medicine, where lives are on the line with every decision. In this book, Atul Gawande explores how doctors strive to close the gap between best intentions and best performance in the face of obstacles that sometimes seem insurmountable. Gawande's gripping stories of diligence, ingenuity, and what it means to do right by people take us to battlefield surgical tents in Iraq, to labor and delivery rooms in Boston, to a polio outbreak in India, and to

malpractice courtrooms around the country. He discusses the ethical dilemmas of doctors' participation in lethal injections, examines the influence of money on modern medicine, and recounts the astoundingly contentious history of hand washing. And as in all his writing, Gawande gives us an inside look at his own life as a practicing surgeon, offering a searingly honest firsthand account of work in a field where mistakes are both unavoidable and unthinkable. At once unflinching and compassionate, *Better* is an exhilarating journey narrated by "arguably the best nonfiction doctor-writer around" (Salon). Gawande's investigation into medical professionals and how they progress from merely good to great provides rare insight into the elements of success, illuminating every area of human endeavor.

Your Medical Mind Penguin Books

A funny, lighthearted guide to heartbreak hairdos, and a supportive companion for anyone navigating the end of a relationship. *The Breakup Hair Handbook* is part style guide, part catharsis, and part smash-the-patriarchy style manifesto. With quirky illustrations and empowering heart-healing activities, this book will inspire readers to work through their heartbreak and embrace their own unique style. Laid out as a catalogue of haircuts, *The Breakup Hair Handbook* encourages readers to choose a style that speaks to them, celebrates the power of women, and promotes self-expression.

One Doctor Scribe Publications

When we're ill, we trust in doctors to put our well-being first. But medicine's expanding capability and soaring costs are putting this promise at risk. Increasingly, society is calling upon physicians to limit care and to use their skills on behalf of health plan bureaucrats, public officials, national security, and courts of law. And doctors are answering this call. They're endangering patients,

veiling moral choices behind the language of science and, at times, compromising our liberties. In *The Hippocratic Myth*, Dr. M. Gregg Bloche marshals his expertise in medicine and the law to expose how: *Doctors are pushed into acting both as caregivers and cost-cutters, compromising their fidelity to patients *Politics keeps doctors from giving war veterans the help they need *Insurers and hospital administrators pressure doctors to discontinue life-saving treatment, even when patients and family members object *Medicine has become a weapon in America's battles over abortion, child custody, criminal responsibility, and the rights of gays and lesbians *The war on terror has exploited clinical psychology to inflict harm Challenging, provocative, and insightful, *The Hippocratic Myth* breaks the code of silence and issues a powerful warning about the need for doctors to forge a new compact with patients and society.

Christian Thought to the Reformation Penguin

The inspiration for the HBO documentary from Academy Award – winning producer Alex Gibney. The #1 New York Times bestseller based on years of reporting and interviews with more than 250 people from every corner of Tiger Woods' s life—this "comprehensive, propulsive...and unsparing" (The New Yorker) biography is "an ambitious 360-degree portrait of golf' s most scrutinized figure...brimming with revealing details" (Golf Digest). In 2009, Tiger Woods was the most famous athlete on the planet, a transcendent star of almost unfathomable fame and fortune living what appeared to be the perfect life. But it turned out he had been living a double life for years—one that exploded in the aftermath of a Thanksgiving night crash that exposed his serial infidelity and sent his personal and professional lives over a cliff. In this "searing biography of golf' s most blazing talent" (GOLF magazine), Jeff Benedict and Armen Keteyian dig deep behind the headlines to produce a richly reported answer to the question that has mystified millions of sports fans for nearly a decade: who is Tiger Woods, really? Drawing on more than four hundred interviews with people from every corner of Woods' s life—many of whom have never spoken about him on the record before—Benedict and

Keteyian construct a captivating psychological profile of a mixed race child programmed by an attention-grabbing father and the original Tiger Mom to be the “ chosen one, ” to change not just the game of golf, but the world as well. But at what cost? Benedict and Keteyian provide the startling answers in this definitive biography that is destined to linger in the minds of readers for years to come. “ Irresistible... Immensely readable... Benedict and Keteyian bring us along for the ride in a whirlwind of a biography that reads honest and true ” (The Wall Street Journal). Ultimately, Tiger Woods is “ a big American story... exhilarating, depressing, tawdry, and moving in almost equal measure ” (The New York Times).

When the Air Hits Your Brain: Tales from Neurosurgery Harmony

“ I Was An Intern A Decade Ago Now, But I Still Remember It The Way Soldiers Remember War.” Intern Is Sandeep Jauhar’s Story Of His Days And Nights In Residency At A Busy Hospital In New York City, A Trial That Led Him To Question Every Assumption About Medical Care Today. Residency—And Especially The First Year, Called Internship—Is Legendary For Its Brutality. Working Eighty Hours Or More Per Week, Most New Doctors Spend Their First Year Asking Themselves Why They Wanted To Be Doctors In The First Place. Jauhar’s Internship Was Even More Harrowing Than Most: He Switched From Physics To Medicine In Order To Follow A More Humane Calling—Only To Find That Medicine Put Patients’ Concerns Last. He Struggled To Find A Place Among Squadrons Of Cocky Residents And Doctors. He Challenged The Practices Of The Internship In The New York Times, Attracting The Suspicions Of The Medical Bureaucracy. Then, Suddenly Stricken, He Became A Patient Himself—And Came To See That Today’s High-Tech, High-Pressure Medicine Can Be A Humane Science After All. Now A Thriving Cardiologist, Jauhar Has All The Qualities You’d Want In Your Own Doctor: Expertise, Insight, A Feel For The Human Factor, A Sense Of Humor, And A Keen Awareness Of The Worries That We All Have In Common. His Beautifully Written Memoir Explains The Inner Workings Of Modern Medicine With Rare Candor And Insight. Reviews “ A Sensitive, Thoughtful Observer And An Experienced, Gifted

Writer . . . It Will Be The Standard By Which Future Such Memoirs Will Be Judged”
—Abraham Verghese, Author Of My Own Country & “ In A Voice Of Profound Honesty And Intelligence, Sandeep Jauhar Gives Us An Insider’s Look At The Medical Profession, And Also A Dramatic Account Of The Psychological Challenges Of Early Adulthood”
—Akhil Sharma, Author Of An Obedient Father

Leonard Cohen on Leonard Cohen

Sourcebooks, Inc.

On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. How Doctors Think offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country ’ s best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. How Doctors Think reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

Your Life Depends on It Oxford University Press

#1 New York Times Bestseller In *Being Mortal*, bestselling author Atul Gawande tackles the hardest challenge of his profession: how medicine can not only improve life but also the process of its ending. Medicine has triumphed in modern times, transforming birth, injury, and infectious disease from harrowing to manageable. But in the inevitable condition of aging and death, the goals of medicine seem too frequently to run counter to the interest of the human spirit. Nursing homes, preoccupied with safety, pin patients into railed beds and wheelchairs. Hospitals isolate the dying, checking for vital signs long after the goals of cure have become moot. Doctors, committed to extending life, continue to carry out devastating procedures that in the end extend suffering. Gawande, a practicing surgeon, addresses his profession's ultimate limitation, arguing that quality of life is the desired goal for patients and families. Gawande offers examples of freer, more socially fulfilling models for assisting the infirm and dependent elderly, and he explores the varieties of hospice care to demonstrate that a person's last weeks or months may be rich and dignified. Full of eye-opening research and riveting storytelling, *Being Mortal* asserts that medicine can comfort and enhance our experience even to the end, providing not only a good life but also a good end.

On *Becoming a Doctor* Hachette UK
Why do some people find and sustain hope during difficult circumstances, while others do not? What can we learn from those who do, and how is their example applicable to our own lives? *The Anatomy of Hope* is a journey of inspiring discovery, spanning some thirty years of Dr. Jerome Groopman's practice, during which he encountered many extraordinary people and sought to answer these questions. This profound exploration begins when Groopman was a medical student, ignorant of the vital role of hope in patients' lives – and it culminates in his remarkable quest to delineate a biology of hope. With appreciation for the human elements and the science, Groopman explains how to distinguish true hope from false hope – and how to gain an honest understanding of the reach and limits of this essential emotion.

[The Doctor Stories](#) Duke University Press
"A powerful and extraordinarily important book." --James P. Comer, MD "A marvelous personal journey that illuminates what it means to care for people of all races, religions, and cultures. The story of this man becomes the aspiration of all those who seek to minister not only to the body but also to the soul."
--Jerome Groopman, MD, author of *How Doctors Think* Growing up in Jim Crow-era Tennessee and training and teaching in overwhelmingly white medical institutions, Gus White witnessed firsthand how prejudice works in the world of medicine. While race relations have changed dramatically since then, old ways of thinking die hard. In this blend of memoir and manifesto, Dr. White draws on his experience as a resident at Stanford Medical School, a combat surgeon in Vietnam, and head orthopedic surgeon at one of Harvard's top teaching hospitals to make sense of the unconscious bias that riddles medical care, and to explore how we can do better in a diverse twenty-first-century America. "Gus White is many things--trailblazing physician, gifted surgeon, and freedom fighter. *Seeing Patients* demonstrates to the world what many of us already knew--that he is also a compelling storyteller. This powerful memoir weaves personal experience and scientific research to reveal how the enduring legacy of social inequality shapes America's medical field. For medical practitioners and patients alike, Dr. White offers both diagnosis and prescription."

--Jonathan L. Walton, Plummer Professor of Christian Morals, Harvard University "A tour de force--a compelling story about race, health, and conquering inequality in medical care...Dr. White has a uniquely perceptive lens with which to see and understand unconscious bias in health care...His journey is so absorbing that you will not be able to put this book down." --Charles J. Ogletree, Jr., author of *All Deliberate Speed*