
I Love A Cop What Police Families Need To Know Ellen Kirschman

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CopShock I Love a Cop, Third Edition
To an outsider, the New York City Police Department is a mysterious well-oiled machine responsible for maintaining law and order in the world's greatest city while looking brilliant in blue. However, things are not always what they appear to be and may surprise you. New York City has over eight million people residing in its five boroughs, covering over three hundred square miles. To run this three ring circus you need a thirty five thousand member police department with a sense of humor. After a memorable twenty-year career, New York City Police detective Vic Ferrari shares his colorful stories while pulling no punches about the funnier side of the world's largest police department. You might be surprised to learn that moving a corpse to avoid working late is not a good idea. Or how hiding a gun in your oven can ruin an evening. And, what about the time there was gunfire inside a crowded cemetery during a funeral procession? Or the practical jokes that went too far. And, all the NYPD Precinct nicknames! The unofficial

NYPD glossary and much more! NYPD:

Through the Looking Glass is a behind scenes look into the NYPD filled with action, suspense and nonstop laughs! A must read for cop buffs, true crime readers and anyone with a sense of humor!

[Facing Evil](#) AK Press

What's it like to have the legal sanction to shoot and kill? This compelling and often startling book answers this, and many other questions about the oft-times violent world inhabited by our nation's police officers. Written by a cop-turned university professor who interviewed scores of officers who have shot people in the course of their duties, *Into the Kill Zone* presents firsthand accounts of the role that deadly force plays in American police work. This brilliantly written book tells how novice officers are trained to think about and use the power they have over life and death, explains how cops live with the awesome responsibility that comes from the barrels of their guns, reports how officers often hold their fire when they clearly could have shot, presents hair-raising accounts of what it's like to be involved in shoot-outs, and details how shooting someone affects officers who pull the trigger. From academy training to post-shooting reactions, this book tells the compelling story of the role that extreme violence plays in the lives of America's cops.

I Love a Cop Bombardier Books

A Police Officer's calling in life is to serve and protect, and he would willingly lay down his life for all. If he would do that for a stranger, imagine all that he would do for his wife. Our law enforcement husbands are our heroes, we love them dearly and we wouldn't trade them for the world, but being a Law Enforcement Officer's wife comes with its own set of challenges. Law enforcement wives from across North America share communal advice, wisdom, experience, insight and laughter with fellow LEO wives. We offer a peek into our world, "the heart of the badge," to our husbands, families, friends and neighbors. *** To further the mission of the book, author proceeds are donated to police related charities

Our Enemies in Blue Guilford Press

Let's begin with the basics: violence is an inherent part of policing. The police represent the most direct means by which the state imposes its will on the citizenry. They are armed, trained, and authorized to use force. Like the possibility of arrest, the threat of violence is implicit in every police encounter. Violence, as well as the law, is what they represent. Using media reports alone, the Cato Institute's last annual study listed nearly seven thousand victims of police "misconduct" in the United States. But such stories of police brutality only scratch the surface of a national epidemic. Every year, tens of thousands are framed, blackmailed, beaten, sexually assaulted, or killed by cops. Hundreds of millions of dollars are spent on civil judgments and settlements annually. Individual lives, families, and communities are destroyed. In this extensively revised and updated

edition of his seminal study of policing in the United States, Kristian Williams shows that police brutality isn't an anomaly, but is built into the very meaning of law enforcement in the United States. From antebellum slave patrols to today's unarmed youth being gunned down in the streets, "peace keepers" have always used force to shape behavior, repress dissent, and defend the powerful. Our Enemies in Blue is a well-researched page-turner that both makes historical sense of this legalized social pathology and maps out possible alternatives.

Stone Butch Blues Guilford Publications
Describes ways that the families of police officers can deal with the challenges that arise due to the stress of a police officer's career.

Hold the Line Bold Type Books
On October 24, 2014, a thrice-deported evildoer and his wife engaged in a Bonnie and Clyde-like crime spree through the Sacramento (CA) region, killing Deputy Danny Oliver and Detective Michael Davis. They also severely wounded a third deputy and a civilian. More victims and witnesses were terrorized as a several-hour manhunt ensued, resulting in several carjackings and shootings. Schools and neighborhoods were put on lockdown. The effects of chaos reverberated throughout the region until both were taken into custody. But it was only the beginning of a long journey of loss, grief, post-traumatic stress, and a painful trial. For years afterward, this day tormented the souls of many more officers, claiming marriages, careers, and peace of mind. Deputy Scott Brown, Oliver's partner and friend, was the first to face this evil and survive. With his wife, Liz, by his side, he embarked on a long and difficult journey through layers of grief, survivor's guilt and post-traumatic stress. Together, Scott and Liz continue to pursue healing,

embracing a new mission to help others along the way. "This is REAL--it is not a romanticized or dramatized version of a law enforcement career. Facing Evil represents what it is truly like to be a human being who wears a uniform and a badge. This book will punch you in the gut, touch your heart and open your eyes." Kathy H. Thomas, PhD., Warrior's Rest Foundation, Clinical Director "Scott Brown takes readers to the authentic place where police officers in America live -- the raw and untold sacrifices they make on the job and at home to keep us all safe. He describes in uncanny detail an event that shocked the country with the heinous headlines of a cop killer so filled with hate he couldn't even contain his courtroom outburst years after his crimes." Ty Steele, News Anchor "Listen to Scott's words! These are lessons and insights mired in road rash and shared with a level of vulnerability rarely seen in our profession, as he navigated the aftermath of the violent death of brothers in arms." Jeremy Kopp, Undersheriff of Gallatin County Sheriff's Office, Montana "Those who make this journey, together, share a special bond that only they can fully understand. This is a story of that special bond and the day two partners confronted evil ... and how triumph will continually rise out of that tragedy." Jim Bontrager, Vice-President of International Conference of Police Chaplains "Facing Evil tells of heartbreak, community, resource, deep faith, forgiveness (the toughest kind) and healing...after the abyss has had its turn looking long back into those who stand in that Thin Blue Line." Karen Lansing, LMFT, BCETS "Guided by faith and friendship, the author

recounts how he overcame the "survivor's guilt" that had nearly destroyed his spirituality, family and career. Facing Evil is a must read for every law enforcement officer and significant other!" Michael Stolzman, President of Northern California C.O.P.S.

Cops Don't Just Eat Donuts Createspace Independent Publishing Platform

A "former cop sets the record straight in this ... memoir about his youth selling crack in the '80s with one of NYC's toughest gangs and later rise through the ranks of the NYPD to become a community leader"--

The Crazy Lives of Police Wives Lantern Books

"Do you want me to lose control?" I'd keep my hands to myself If I knew what was good for me. What fun is that? My new recruit is nothing but trouble. Laura's a big city cop, home to take care of her dad. She's my best friend's baby sister AKA forbidden territory. All grown up. Lush curves. Smart mouth. Everything I can't resist. Whatever I have to do, I'm going to keep her reckless, gorgeous ass safe. Then I'll never let her go. Off-limits? Who cares. She's mine, and I'll destroy anyone who gets in my way.

Hold the Line Simon and Schuster Learn the research, psychology, and personal experiences when combined created an "ah-ha" moment that improved communication, connection, and ultimately resilience as individuals and together.

Hot Cop Simon and Schuster Nightmares, flashbacks, anger, concentration problems, emotional detachment, avoidance of people and places... These are some of the

signs of PTSD. As many as one in three cops may suffer from PTSD, a condition that could lead to depression, suicidal thoughts, addictions, eating disorders, as well as job and family conflict. CopShock prepares police officers for the aftermath of horrific trauma, helps families understand PTSD's effect on their loved ones, tells true stories of officers—men and women—with PTSD, and offers over 200 support sources. In the second edition of this much praised book on police trauma survival, almost 50 percent of CopShock has been expanded, revised or updated with new material, including self-tests for PTSD, Panic Disorder, and Depression. Law enforcement officers throughout the United States, Canada and 8 other countries have used this book in their peer support programs, police academies, and post-trauma units. Therapists recommend it to their patients, and many law enforcement college programs include it in their curricula. Since the publication of CopShock's first edition in 1999, the book has been reviewed and praised around the world. The A&E Television Network produced a documentary based on CopShock that is shown today in police academies, colleges, and peer support groups. In this new second edition, and in the aftermath of 9/11, the war on terror, and the consequences from natural disasters like hurricane Katrina, CopShock will help many more police officers,

firefighters, first responders, and war veterans cope with the damaging effects of PTSD.

A CHiP on My Shoulder Bloomsbury Publishing

“Defund the police!” is shouted in the streets. A.C.A.B. is spray painted on precinct buildings. Countless citizens believe all police are racists. In this era of civil unrest and political divide, how do Black cops—or any cops—maintain the motivation and commitment to do their job? Former police officer, co-founder of BLEXIT, and Founder and CEO of The Officer Tatum—Brandon Tatum shares his story and the stories of other police officers in the pages of his new book, *Beaten Black and Blue*. Read why they joined the force, what it's really like on the streets, and how they continue to fight the good fight. Forget what you think you know and learn the truth!

Under Fire ReadHowYouWant.com Policing is a consuming profession with incredibly high elements of stress. Research suggests that police divorce rates are more than double the national average of ordinary marriages. The spouse's fear of physical danger, adjusting to shift work, transfers and changes in the officers' personality are only a few of the contributing factors, but the most crucial problem is the breakdown of communication within the relationship. From the beginning of the officers' careers they are trained to control their emotions, and thus are accused of being cold-hearted. Spouses agree that law enforcement officers grapple with

the real-life horrors on the job and that the bitter belief that 'cops don't cry' is sadly untrue.

I Love a Fire Fighter Guilford Press
"The murder of three detectives in quick succession in the 87th Precinct leads Detective Steve Carella on a search through the city's underside and ultimately into the murderer's sights"--NoveList.

Cop Town Quirk Books
Police officers from the Kansas City area, highway patrolmen, and Army CID agents tell real life stories of bad guys, good guys, life and death situations, the strange, the funny, and the mistakes that affect law enforcement officers carrying a badge.

My Policeman The Police Wife Life
"This second edition of **I Love a Fire Fighter** is, like the first, intended to raise awareness of the psychological consequences of being a fire service family. It is my objective to describe the subtle and obvious ways the demands of this unique occupation spill over to home and to suggest strategies that you-as a parent, a child, a sibling, a spouse, a friend, or a significant other-can use to manage the spillover and/or learn to live with it"--

The Stoic Cop Simon and Schuster
A peek inside the gritty underbelly of Melbourne's police world, through the lens of a young female cop. Sharing the personal, sexual, & business life of author, Wilkins as she navigated her first years as a cop. A humorous, often confronting look at what it is to be a woman in uniform. Brings the human side of being in law enforcement to light.

God's Feminist Movement CreateSpace
Marriage is under attack - especially

for the law enforcement family. Through this book, Kristi Neace brings to the forefront stresses not uncommon in a law enforcement marriage. Things such as lack of communication, rotating shifts, job stress, missed special occasions, fatigue, cynicism, alcoholism, and a host of other parasites that can plague a marriage. Without finding the "glue" to hold your relationship together, as she points out, the odds are not favorable. Yet, there is hope!

Marriages do survive and can thrive with the proper tools in place. When your marriage comes under fire....be bullet proof!

I Love a Fire Fighter, Second Edition
Random House

Will police work change the person you love? Are police marriages destined to fail? What are the chances of your loved one being killed in the line of duty? Separating fact from myth, Dr. Ellen Kirschman answers these and other critical questions in the first comprehensive self-help book created specifically for today's police families. In information-filled chapters, readers will go behind the scenes with other police families as they discuss the benefits and pitfalls of police work; learn how to manage the effects of organizational stress and the pressures of unpredictable schedules, long hours and loneliness; gain awareness of the emotional, physical, and behavioral warning signs which can lead to such extreme situations as posttraumatic stress, alcoholism, suicide and domestic violence; find out where families can go for help and counseling; and get an inside look at cop couples and the special challenges facing women, minorities, and gays and lesbians on the force.

Into the Kill Zone Createspace
Independent Publishing Platform

Published in 1993, this brave, original novel is considered to be the finest account ever written of the complexities of a transgendered existence. Woman or man? That's the question that rages like a storm around Jess Goldberg, clouding her life and her identity. Growing up differently gendered in a blue-collar town in the 1950s, coming out as a butch in the bars and factories of the pre-feminist 60s, deciding to pass as a man in order to survive when she is left without work or a community in the early 70s. This powerful, provocative and deeply moving novel sees Jess coming full circle, she learns to accept the complexities of being a transgendered person in a world demanding simple explanations: a he-she emerging whole, weathering the turbulence.

A Chip on My Shoulder Createspace Independent Pub

Longlisted for the PEN/John Kenneth Galbraith Award for Nonfiction "A MUST-READ FOR ANYONE WHO WANTS TO UNDERSTAND THE INTERSECTION OF RACE AND POLICE BRUTALITY IN

AMERICA."-CONGRESSMAN JOHN LEWIS During his 28-year career, Matthew Horace rose through the ranks from a police officer working the beat to a federal agent working criminal cases in some of the toughest communities in America to a highly decorated federal law enforcement executive managing high-profile investigations nationwide. Yet it was not until seven years into his service-when Horace found himself face down

on the ground with a gun pointed at his head by a white fellow officer-that he fully understood the racism seething within America's police departments. Through gut-wrenching reportage, on-the-ground research, and personal accounts from interviews with police and government officials around the country, Horace presents an insider's examination of archaic police tactics. He dissects some of the nation's most highly publicized police shootings and communities to explain how these systems and tactics have hurt the people they serve, revealing the mistakes that have stoked racist policing, sky-high incarceration rates, and an epidemic of violence. "Horace's authority as an experienced officer, as well as his obvious integrity and courage, provides the book with a gravitas."-THE WASHINGTON POST "The Black and the Blue is an affirmation of the critical need for criminal justice reform, all the more urgent because it comes from an insider who respects his profession yet is willing to reveal its flaws."-USA TODAY