
Jnc 8 Quick Card Guide

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*Reference Card From
the Seventh Report of
the Joint ...*

NorthShore Medical
Group Hypertension
Guidelines Target
values depend on age
and comorbidities A
hypertensive patient
is considered to be
out of control if the
following BP reading
is above target: The
LOWEST recorded BP at
the most recent a)
office visit with
Internal Medicine,
Family Medicine,
Endocrinology,
Cardiology, and
Nephrology OR

**A Review of the JNC 8
Blood Pressure Guideline**

THE EIGHTH JOINT
NATIONAL COMMITTEE
(JNC 8) The new guideline
has simpli? ed the treatment
of hypertension. Patients are
categorized ac- cording to
age and the presence of
diabetes (DM) or/and chronic
kidney disease (CKD).

Treatment of Hypertension:
JNC 8 and More
Controversy, the JNC-8
Hypertension Guidelines
Christopher J. Cooper,
M.D., FACC, FACP Dean
and Senior Vice President
University of Toledo,
College of Medicine
Acknowledge assistance of
Kevin Kun Xiang, M.D.,
Ph.D., Year 3 UT
Cardiology Fellow, for
substantial contribution on
this talk.

[Explore JNC 8
Hypertension
Guidelines from JAMA
Network](#)

Treatment of
Hypertension: JNC 8
and More Hypertension
guidelines from the
Eighth Joint National
Committee (JNC 8) are
finally here. While we
were waiting for JNC 8,
the American Society of
Hypertension (ASH) in
collaboration with the
International Society of
Hypertension released
their own expert
opinion piece aimed at
prescribers '

Jnc 8 Quick Card Guide
JNC 8 Reference Card Guidelines |
Hypertension Guidelines: Clear as
Mud . Visit. Discover ideas about
Chronic Kidney Disease.
Hypertension Guidelines: Clear as
Mud ... BarCharts—The worlds
number one quick reference
publisher of QuickStudy laminated
reference guides, books, flash
cards, posters and free digital
guides.
JNC 8 Guidelines for the
Management of Hypertension

in Adults

In 2014, the Eighth Joint National Committee (JNC 8) published the evidence-based guideline for the management of high BP in adults. This new guideline was characterized by a systematic review of the literature with an emphasis on randomized, controlled clinical trials. The guideline attempted to answer 3 key questions. 5

HYPERTENSION GUIDELINES

The JNC 7 report provides a two-page quick ... This guide takes that card one step further by presenting a two-page evidence-based encounter form for the initial evaluation of the patient with ...

2017 Guideline for the Prevention, Detection, Evaluation ...

The JNC-8 guidelines do not recommend one over the other, but the Jackson Heart study by Harman et al. showed that African-American adults with hypertension had better blood pressure control on thiazide diuretic monotherapy compared to those on CCB monotherapy.[14]

Pin on NP

Guidelines for Management of High Blood Pressure in Adults In 2014, panel members of the Eighth Joint National Committee published the results of their evidence review and deliberations about the prevention, detection,

evaluation, and treatment of high blood pressure.

The JNC 8 Hypertension Guidelines: An In-Depth Guide Patients will be asking about the new JNC 8 hypertension guidelines, which were published in the Journal of the American Medical Association on December 18, 2013. 1 The new guidelines emphasize...

Practical JNC 8 Hypertension Treatment Algorithm JNC 8 Guidelines for the Management of Hypertension in Adults. Practice Guidelines. Key Points for Practice • In the general population, pharmacologic treatment should be initiated

Hypertension update, JNC8 and beyond

Reference Card From the Seventh Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC 7) EVALUATION Classification of Blood Pressure (BP)*

Category SBP mmHg DBP mmHg Normal <120 and <80 Prehypertension 120 – 139 or 80 – 89 Hypertension, Stage 1 140 – 159 or 90 – 99

Controversy, the JNC-8 Hypertension Guidelines JNC 8 Hypertension Guideline Algorithm Lifestyle changes: • Smoking Cessation • Control blood glucose and lipids • Diet Eat healthy (i.e., DASH diet) Moderate alcohol

consumption Reduce sodium intake to no more than 2,400 mg/day • Physical activity Moderate-to-vigorous activity 3-4 days a week averaging 40 min per session.

JNC 8 Update on Hypertension Guidelines

The 14-page, JNC 8 guidelines include a detailed treatment algorithm and a handy table spelling out key differences between JNC 7 and JNC 8. The authors also published over 300 pages in an online ...

Eighth Joint National Committee (JNC-8) Guidelines and the ...

Jnc 8 Quick Card Guide Initial Evaluation of Hypertension - Point-of-Care Guides ...

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JNC 8 Guidelines and Hypertension

JNC 8 recommends thresholds for treatment of high blood pressure, blood pressure goals, and evidence-based medication therapy. Blood Pressure Thresholds and Targets Studies show that lowering blood pressure in adults with hypertension by 10 mm Hg can reduce the risk of death from cardiovascular disease and stroke by 25% to 40%.

[PDF] Jnc 8 quick card guide - read & download Beyond JNC 8-toward

personalized medicine Between JNC 1 and JNC 8, dramatic improvements were made in our knowledge of hypertension and effective treatment methods. 2016 AHA statistics support this statement, but despite these improvements, the JNC 8 and beyond Shrouf, Rudy and Piascik 43 Table 2 Summary of JNC8 recommendations Hypertensive goals ...

JNC 8 Hypertension Guideline Algorithm Initial Drugs of ...

NHLBI. In subsequent years, a series of Joint National Committee (JNC) BP guidelines were published to assist the practice community and improve prevention, awareness, treatment, and control of high BP. The present guideline updates prior JNC reports. The following resource contains Figures and Tables from the 2017 ACC/AHA/AAPA/ABC/ACPM/

Compared with previous hypertension treatment guidelines, the JNC 8 guidelines advise higher blood pressure goals and less use of several types of antihypertensive medications. Patients will be asking about the new Joint National Committee (JNC 8) hypertension guidelines, which were published in the ...