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## Kiss Of The Yogini

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The Passionate Buddha North Atlantic Books

André Padoux offers the first English translation of the *Yoginihrdaya*, a seminal Hindu tantric text dating back to the 10th or 11th century CE.

**Lord Who Is Half Woman, The** A&C Black  
Sex, Magick, Aleister Crowley, Orgasms, Erotic Dances, Angelic Beings, Revolutionary Activism, Liberation, Persecution, Defiance, and Suicide. Persecuted by Anthony Comstock and his Society for the Suppression of Vice, this turn-of-the-century heroine was also a spiritualist who learned many secrets of high magick through her claimed wedlock to an angelic being. Born in

Philadelphia in 1857, Ida Craddock became involved in occultism around the age of thirty. She attended classes at the Theosophical Society and began studying a tremendous amount of materials on various occult subjects. She taught correspondence courses to women and newly married couples to educate them on the sacred nature of sex, maintaining that her explicit knowledge came from her nightly experiences with an angel named Soph. In 1902, she was arrested under New York's anti-obscenity laws and committed suicide to avoid life in an asylum. Now for the first time, scholar Vere Chappell has compiled the most extensive collection of Craddock's work including original essays, diary excerpts, and suicide letters--one to her mother and one to the public.

[The Fall of Delhi, 1857](#) Inner Traditions / Bear & Co  
Kiss of the Yogini "Tantric Sex" in its South Asian Contexts University of Chicago Press

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## A Story Primus Books

For those who wonder what relation actual Tantric practices bear to the "Tantric sex" currently being marketed so successfully in the West, David Gordon White has a simple answer: there is none. Sweeping away centuries of misunderstandings and misrepresentations, White returns to original texts, images, and ritual practices to reconstruct the history of South Asian Tantra from the medieval period to the present day. *Kiss of the Yogini* focuses on what White identifies as the sole truly distinctive feature of South Asian Tantra: sexualized ritual practices, especially as expressed in the medieval Kaula rites. Such practices centered on the exchange of powerful, transformative sexual fluids between male practitioners and wild female bird and animal spirits known as Yoginis. It was only by "drinking" the sexual fluids of the Yoginis that men could enter the family of the supreme godhead and thereby obtain supernatural powers and transform themselves into gods. By focusing on sexual rituals, White resituates South Asian Tantra, in its precolonial form, at the center of religious, social, and political life, arguing that Tantra was the mainstream, and that in many ways it continues to influence contemporary Hinduism, even if reformist misunderstandings relegate it to a marginal position. *Kiss of the Yogini* contains White's own translations from over a dozen

Tantras that have never before been translated into any European language. It will prove to be the definitive work for persons seeking to understand Tantra and the crucial role it has played in South Asian history, society, culture, and religion.

*Tantra in Practice* Oxford University Press

*The Transformative Power of The Goddesses of Yoga* How do you live a life of spiritual awakening as well as outer abundance, inner freedom as well as deep intimacy? How do you serve the world selflessly, yet passionately celebrate your life? The sages of Tantra have known for centuries that when you follow the path of Shakti — the sacred feminine principle personified by the goddesses of yoga — these gifts can manifest spontaneously. Yet most of us, women as well as men, have yet to experience the full potential of our inner feminine energies. In *Awakening Shakti*, you will learn how to recognize and invite:

- Kali, bringer of strength, fierce love, and untamed freedom
- Lakshmi, who confers prosperity and beauty
- Saraswati, for clarity of communication and intuition
- Radha, who carries the divine energy of spiritual longing
- Bhuvaneshvari, who creates the space for sacred transformation
- Parvati, to awaken creativity and the capacity to love

With a wealth of meditations, visualizations, mantras, teachings, and beautifully told stories, *Awakening Shakti* provides a practical guide for activating the currents of the divine feminine in every aspect of your life. Sally Kempton has been studying and teaching the wisdom of yoga for 45 years. A highly regarded teacher of meditation and spiritual philosophy, she writes the popular *Yoga Journal* column

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“ Wisdom. ” Sally teaches retreats, teleclasses and workshops internationally. She resides in Carmel Valley, California. Illustrator Ekabhumi Charles Ellik is a poet, artist, husband, student, and teacher of Classical Tantric Hatha Yoga. A student of Nepalese master painter Dinesh Charan, he also studied painting in the lineage of Harish Johari.

Contacts and Exchanges in the Eurasian Pandemonium University of Chicago Press

Tantra is a family of rituals modeled on those of the Vedas and their attendant texts and lineages. These rituals typically involve the visualization of a deity, offerings, and the chanting of his or her mantra. Common variations include visualizing the deity in the act of sexual union with a consort, visualizing oneself as the deity, and "transgressive" acts such as token consumption of meat or alcohol. Most notoriously, non-standard or ritualized sex is sometimes practiced. This accounts for Tantra's negative reputation in some quarters and its reception in the West primarily as a collection of sexual practices. Although some today extol Tantra's liberating qualities, the role of women remains controversial. Traditionally there are two views of women and Tantra. Either the feminine is a metaphor and actual women are altogether absent, or Tantra involves the transgressive use of women's bodies to serve male interests. Loriliai Biernacki presents an alternative view, in which women are revered, worshipped, and considered worthy of spiritual attainment. Her primary sources are a collection of eight relatively modern Tantric texts written in Sanskrit from the 15th through the 18th century. Her analysis of these texts reveals a view of women that is generally positive and empowering. She focuses on four topics: 1) the "Kali Practice," in which women appear not only as objects of reverence but as practitioners and gurus; 2) the Tantric sex rite, especially in the case that, contrary to other Tantric texts, the preference is for wives as ritual consorts; 3) feminine language and the gendered implications of mantra; and 4) images of male violence towards women in tantric myths. Biernacki, by choosing to analyse eight particular Sanskrit texts, argues that within the tradition of Tantra

there exists a representation of women in which the female is an authoritative, powerful, equal participant in the Tantric ritual practice.

Meditation Techniques of the Buddhist and Taoist Masters University of Chicago Press

"An impressive and important cross-cultural study that has vast implications for history, religion, anthropology, folklore, and other fields. . . . Remarkably wide-ranging and extremely well-documented, it covers (among much else) the following: medieval Christian legends such as the 14th-century Ethiopian Gadla Hawaryat (Contendings of the Apostles) that had their roots in Parthian Gnosticism and Manichaeism; dog-stars (especially Sirius), dog-days, and canine psychopomps in the ancient and Hellenistic world; the cynocephalic hordes of the ancient geographers; the legend of Prester John; Visvamitra and the Svapacas ("Dog-Cookers"); the Dog Rong ("warlike barbarians") during the Xia, Shang, and Zhou periods; the nochoy ghajar (Mongolian for "Dog Country") of the Khitans; the Panju myth of the Southern Man and Yao "barbarians" from chapter 116 of the History of the Latter Han and variants in a series of later texts; and the importance of dogs in ancient Chinese burial rites. . . . Extremely well-researched and highly significant."—Victor H. Mair, Asian Folklore Studies

Daemons Are Forever Gonda Indological Studies

How have the premodern Shaiva ascetic sect of the N 11th Yog 1s (known also as the Yog 1s with splitted ears) succeeded in maintaining its presence and importance until today? This book intends to give a general survey of this samprad 1ya which is said to have been founded by the Siddha Gorakhn 1th, known for his

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strong link to Haṭha Yoga. However, rather than to Yoga, the history and expansion of the Nāth sect are linked to its rich legendary corpus. Dealing first with the marks of belonging (such as the huge earrings worn by the fully initiated Yogīs) which give the sect its unity, the book then focuses on its organization and explores the dialectics between the wandering Yogīs and the monastic settlements. The Nāth monasteries belong to two categories: the pañcāyati māṭhs, collectively owned and managed by the sectarian authorities, which ensure the permanency of the sect, and the nija māṭhs, owned on a personal basis and transmitted from guru to disciple, which permits innovative initiatives. The book gives a detailed account of two pañcāyati monasteries, the Kadri Maṭh of Mangalore where its head's enthronement is spectacularly performed every twelve years, and the Caughera Maṭh of Dang Valley in Nepal, the royal foundation of which gives a glimpse of the complex relationships that can exist between monasteries and kingdoms. It then focuses on three nija māṭhs: Amritashram in Fatehpur (Rajasthan), Ashtal Bohar in Rohtak (Haryana) and the Gorakhpur mandir (UP). Each of them shows a different mode of adaptation to a modern context and attests of the present importance and continuity of this pluri-secular tradition of asceticism.

Kiss, Tickle, Cuddle, Hug / Sguna, Salgang, Dang k'uat'as, Dang k'uusgid Crown

Yoga Beyond Belief offers a unique vision of contemporary yoga. It integrates scientific and practical approaches providing a much-needed integrative perspective that complements existing yoga books for all

levels and styles of yoga students. Serving up a collection of valuable insights gleaned from a lifetime of exploration, practice, study, and teaching by one of America's pioneering and leading teachers of yoga, the book assists readers in making sense of the many discordant claims and teaching techniques that currently exist in the yoga world, freeing readers to pursue their own individual paths of yoga and personal practice. This is an essential text and reference for all yoga practitioners. The book first sets a context for an open-minded and evolutionary approach to yoga practice, and then explains the core principles of the many branches of yoga. A clear foundation is given for how the physical practices of yoga work to produce remarkable results of health and well being. The chapter Injury, Pain, and Healing shows how to prevent injuries and how to heal injuries should they occur. The reader is given a wealth of sophisticated tools, insights, and anecdotes gleaned from a lifetime of practice and teaching to develop, hone, and tune his or her personal yoga approach. This book makes yoga come alive for the reader. The book concludes by going beyond the physical aspects to the heart of yoga. It illuminates and gives insight into the discovery of non-dogmatic forms and evolutionary approaches to meditation and spirituality. It presents a clear argument showing the pitfalls of regimented systems and how to make everything in daily life part of yoga practice and spiritual development. Ganga White gives us his unique and creative perspectives on a time-tested discipline for a healthy and vital life. Entertaining and thoroughly readable, this book offers a coherent explication of yoga, its philosophy and practice. White's integrative views will inspire beginners and accomplished yogis to trust their inner wisdom and creatively reassess their practice. He is a great storyteller and gives us his personal and creative perspective, breathing fresh air into an ancient discipline. Yoga Beyond Belief offers an original, integrative approach to body, mind, and spirit

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that is practical, inspiring, and full of valuable insights to enliven and inform anyone's yoga practice.

The Oxford Handbook of Feminist Theology Simon and Schuster Discusses the Buddhist meaning of true love and how to attain it in the modern world. • Interweaves Tantric Buddhist teachings with modern concerns such as monogamy and contraception. • Gives a holistic view of a healthy relationship, from physical pleasure to emotional connections and spiritual transformation. • Discusses love in the broader Buddhist concepts of karma and reincarnation. Beginning his book with the ringing question "what are you waiting for?" Robert Sachs goes on to interweave traditional Buddhist thought with the concerns of the modern couple. Using clear, playful language, Sachs describes the different aspects of healthy relationships within a Buddhist context. However, rather than just setting an ideal, he clarifies how Buddhist practices not only can be integrated into a modern lifestyle but also can be powerful tools for the many changes that occur in any loving relationship. Sachs also considers the role of each individual in a relationship, showing that a couple may develop or possess qualities of being an indivisible unit, but that where the real work lies is when two people are committed to grow and change with one another. He offers techniques for finding oneself both in and out of a relationship and ideas on how to deal with anger and other emotions that arise in the course of life, emotions that occur most intensely over the course of an intimate relationship. The Passionate Buddha acts as a guide for all of those "fumbling toward ecstasy" in today's confusing world of relationships.

Ashes of Immortality Sourcebooks, Inc.

Tirumantiram is the seminal text of Saiva-Siddhanta which has produced a galaxy of saints and has powerfully influenced the day-to-day life of millions in South Indiageneration after generation. Its author Tirumular was according to legend a yogi who took compassion on a herd of cattle that had lost their shepherd and entering the body of the shepherd by his yogic power continued to

look after the flock. So when we find in this great classic such splendid gems as " " Anbe Sivam – God is Love — we realize that the great yogi preached only what he lived. His fervent message that the ultimate Reality is One and all of us belong to the same family has special relevance to us moderns who have lost our moorings of faith and are wandering between two worlds one dead the other powerless to be born. Apart from the literary merits Tirumantiram blazes a number of spiritual trails any of which the aspirant can follow with the full confidence that the Goal Supreme is within the reach.

Kiss, Tickle, Cuddle, Hug Haida Edition University of Chicago Press

The Alchemical Body excavates and centers within its Indian context the lost tradition of the medieval Siddhas. Working from previously unexplored alchemical sources, David Gordon White demonstrates for the first time that the medieval disciplines of Hindu alchemy and hatha yoga were practiced by one and the same people, and that they can be understood only when viewed together. White opens the way to a new and more comprehensive understanding of medieval Indian mysticism, within the broader context of south Asian Hinduism, Buddhism, Jainism, and Islam. "White proves a skillful guide in disentangling historical and theoretical complexities that have thus far bedeviled the study of these influential aspects of medieval Indian culture."—Yoga World "Anyone seriously interested in finding out more about authentic tantra, original hatha yoga, embodied liberation . . . sacred sexuality, paranormal abilities, healing, and of course alchemy will find White's extraordinary book as fascinating as any

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Tom Clancy thriller."—Georg Feuerstein, Yoga Journal  
Ninth Yoga Ascetics in Modern South Asia University of Chicago Press  
Early Aivism -- Exegetical and Philosophical Traditions -- Religion, the  
State, and Social History -- Mantra, Ritual, and Yoga -- Art and  
Architecture.

The Yoginihrdaya, a Sanskrit Tantric Treatise Rupa Company  
Menstruation across Cultures attempts to provide a detailed  
review of menstruation notions prevalent in India and in cultures  
from across the world. The world cultures covered in the book  
include Indic traditions like Hinduism, Buddhism, Jainism and  
Sikhism; ancient civilisations like Greece, Rome, Mesopotamia  
and Egypt; and Abrahamic religions of Judaism, Christianity, and  
Islam. Two themes of special focus in the book are: Impurity and  
Sacrality. While they are often understood as being opposed to  
each other, the book examines how they are treated as two sides  
of the same coin, when it comes to menstruation. This is especially  
true in Indic traditions and pre-Christian polytheistic traditions  
like Greco-Roman, Mesopotamian and Egyptian. Impurity and  
Sacrality complement each other to form a comprehensive  
worldview in these cultures. The book also examines how the  
understanding of impurity in Abrahamic religions differs from  
those of polytheistic cultures. As part of the examination of the  
sacrality attached to menstruation, a special focus has also been  
given to the deities of menstruation in polytheistic cultures and to  
what Ayurveda and Yoga say about this essential function in a  
woman's physiology. Finally, a comparative study of menstrual  
notions prevalent in modernity is presented, along with a Do and  
Don't dossier.

This Is Pleasure St. Martin's Paperbacks

Coburn provides a fresh and careful translation from the Sanskrit  
of this fifteen-hundred-year-old text. Drawing on field work and  
literary evidence, he illuminates the process by which the Devi-  
Mahatmya has attracted a vast number of commentaries and has  
become the best known Goddess-text in modern India, deeply  
embedded in the ritual of Goddess worship (especially in Tantra).  
Coburn answers the following questions among others: Is this  
document "scripture?" How is it that this text mediates the  
presence of the Goddess? What can we make of contemporary  
emphasis on oral recitation of the text rather than study of its  
written form? One comes away from Coburn's work with a sense  
of the historical integrity or wholeness of an extremely important  
religious development centered on a "text." The interaction  
between the text and later philosophical and religious  
developments such as those found in Advaita Vedanta and Tantra  
is quite illuminating. Relevant here are the issues of the  
writteness and orality/aurality of 'scripture,' and the various  
ways by which a deposit of holy words such as the Devi-  
Mahatmya becomes effective, powerful, and inspirational in the  
lives of those who hold it sacred.

Menstruation Across Cultures Oxford University Press

On a dark evening in November 1862, a cheap coffin is buried in eerie  
silence. There are no lamentations or panegyrics, for the British  
Commissioner in charge has insisted, 'No vesting will remain to  
distinguish where the last of the Great Mughals rests.' This Mughal is  
Bahadur Shah Zafar II, one of the most tolerant and likeable of his  
remarkable dynasty who found himself leader of a violent and doomed

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uprising. The Siege of Delhi was the Raj's Stalingrad, the end of both Mughal power and a remarkable culture.

Sexual Outlaw, Erotic Mystic SUNY Press

A fascinating study from a modern feminist perspective of an androgynous Hindu god in Indian culture.

Women, Sex, and Speech in Tantra SUNY Press

One of New York Times' Twelve Books for Feminist Boys and Girls!

This is the story of a woman who dared to dive, defy, discover, and inspire. This is the story of Shark Lady. One of the best science picture books for children, Shark Lady is a must for both teachers and parents alike! An Amazon Best Book of the Month Named a Best Children's Book of 2017 by Parents magazine Eugenie Clark fell in love with sharks from the first moment she saw them at the aquarium. She couldn't imagine anything more exciting than studying these graceful creatures. But Eugenie quickly discovered that many people believed sharks to be ugly and scary—and they didn't think women should be scientists. Determined to prove them wrong, Eugenie devoted her life to learning about sharks. After earning several college degrees and making countless discoveries, Eugenie wrote herself into the history of science, earning the nickname "Shark Lady." Through her accomplishments, she taught the world that sharks were to be admired rather than feared and that women can do anything they set their minds to. An inspiring story by critically acclaimed zoologist Jess Keating about finding the strength to discover truths that others aren't daring enough to see. Includes a timeline of Eugenie's life and many fantastic shark facts! The perfect choice for parents looking for: Books about sharks Inspiring nonfiction narrative books Role model books for girls and boys Kids STEM books

Religious Approaches to Death University of Chicago Press

A survey of artistic, religious, and historical developments in early

medieval Rajasthan. It analyzes patterns of change in temple sculpture and architecture, and argues for a reinterpretation of the relationship between art, religion, and politics.

Awakening Shakti University of Chicago Press

What happens when a coffee-drinking, cigarette-smoking, steak-eating twenty-five-year-old atheist decides it is time to get in touch with her spiritual side? Not what you 'd expect . . . When Suzanne Morrison decides to travel to Bali for a two-month yoga retreat, she wants nothing more than to be transformed from a twenty-five-year-old with a crippling fear of death into her enchanting yoga teacher, Indra—a woman who seems to have found it all: love, self, and God. But things don 't go quite as expected. Once in Bali, she finds that her beloved yoga teacher and all of her yogamates wake up every morning to drink a large, steaming mug . . . of their own urine. Sugar is a mortal sin. Spirits inhabit kitchen appliances. And the more she tries to find her higher self, the more she faces her cynical, egomaniacal, cigarette-, wine-, and chocolate-craving lower self. Yoga Bitch chronicles Suzanne 's hilarious adventures and misadventures as an aspiring yogi who might be just a bit too skeptical to drink the Kool-Aid. But along the way she discovers that no spiritual effort is wasted; even if her yoga retreat doesn 't turn her into the gorgeously calm, wise believer she hopes it will, it does plant seeds that continue to blossom in surprising ways over the next decade of her life.