

Love At First Date Better Than Never 1 Susan Hatler

When somebody should go to the books stores, search initiation by shop, shelf by shelf, it is in reality problematic. This is why we offer the ebook compilations in this website. It will entirely ease you to look guide **Love At First Date Better Than Never 1 Susan Hatler** as you such as.

By searching the title, publisher, or authors of guide you in fact want, you can discover them rapidly. In the house, workplace, or perhaps in your method can be all best place within net connections. If you mean to download and install the Love At First Date Better Than Never 1 Susan Hatler, it is extremely easy then, since currently we extend the link to purchase and make bargains to download and install Love At First Date Better Than Never 1 Susan Hatler consequently simple!



[Before We Were Strangers](#) Independently Published

A disarmingly honest memoir about giving advice when you're not sure what you're doing yourself, by the woman behind The Boston Globe's Love Letters column. Every day, Boston Globe advice columnist Meredith Goldstein takes on the relationship problems of thousands of dedicated readers. They look to her for wisdom on all matters of the heart- how to cope with dating fatigue and infidelity, work romances, tired marriages, true love, and true loss. In her column, she has it all figured out, but in her real life she is a lot less certain. Whether it's her own reservations about the traditional path of marriage and family, her difficulty finding someone she truly connects with, or the evolution of her friendships as her friends start to have their own families, Meredith finds herself looking for insight, just like her readers. As she searches for responses to their concerns, she's surprised to discover answers to her own. But it's after her mother is diagnosed with cancer that she truly realizes how special her Love Letters community is, how this column has enriched her life as much, if not more than, it has for its readers. CAN'T HELP MYSELF is the extraordinary (and often hilarious) story of a single woman navigating her mercurial love life, and a moving and poignant portrait of an amazing community of big-hearted, love-seeking allies.

Marry Him Anchor

Dog sitting leads to love when Ellen signs up for doggie school after meeting Henry during an emergency trip to the vet. Ellen's figured out that finding the right guy is all about compatibility. That's why she signs up for Detailed Dating-the local online dating scene in Sacramento. They ask men the hard questions, compare their answers with hers, then she filters through the profiles of each provided "match." After numerous email exchanges, she narrows it down to two promising candidates she's excited to meet in person. When Ellen's best friend asks her for a favor, dog-sitting leads to disaster and Ellen ends up at the local vet where she meets a man she can't get out of her mind. Henry isn't a logical choice, but she finds herself paying for dog obedience class to spend more time with him. Ellen knows that in order to have a lasting relationship, she should take the safe route and go for one of the pre-screened guys. But, how can she think with her head when her heart keeps begging her to give Henry a chance?

Love at First Fight Bloomsbury Publishing

A collection of poignant, relatable essays from the author of Never Have I Ever about coming out in her late twenties, entering into her first relationship, and figuring out what it means to be an adult. When Katie Heaney published her first book of essays, chronicling her singledom up to age twenty-five, she was still waiting to meet the right guy. Three years later, a lot changed. For one thing, she met the right girl. Here, for the first time, Katie opens up about realizing at the age of twenty-eight that she is gay. In these poignant, funny essays, she wrestles with her shifting sexuality and identity, and describes what it was like coming out to everyone she knows (and everyone she doesn't). As she revisits her past, looking for any "clues" that might have predicted this outcome, Katie reveals that life doesn't always move directly from point A to point B—no matter how much we would like it to. In a warm and relatable voice, Katie tackles everything from the trials of dating in New York City to the growing pains of her first relationship, from obsessing over Harry Styles (because, actually, he does look a bit like a lesbian) to learning to accept herself all over again. Exploring love and sexuality with her neurotic wit and endearing intimacy, Katie Heaney shares the message that it's never too late to find love—or yourself. Praise for Would You Rather? "[Katie] Heaney's not afraid to examine her past for 'clues' to what she realizes is her truth in the present, and reflects on her changing identity with honesty and wit." —NYLON "An honest, endearing, and laugh-out-loud account of coming to terms with one's sexual identity." —W Magazine "Would You Rather? is an extraordinarily generous and affecting book. Katie Heaney has written something with a remarkable amount of room in it—enough for anyone to spread out and connect with. It's deeply felt, clear-eyed, joyful, and illuminating." —Mallory Ortberg, author of Texts from Jane Eyre: And Other Conversations with Your Favorite Literary Characters "Whether you're single or in a relationship, whether you're queer, straight, or questioning, whether or not you're partial to Harry Styles—you will discover something relatable and self-affirming in this honest, heartfelt, hilarious memoir." —Camille Perri, author of The Assistants

Love at First She Writes Press

Reality TV meets murder in the first in a new mystery series from the author of the Maternal Instincts Mysteries

and co-author the New York Times bestselling Scrapbooking Mysteries. When brokenhearted Georgia Thornton goes looking for romance on reality TV, she has nothing to lose—apart from a good man, a cash prize, and maybe her life... What was Georgia thinking? Sure, some cad ditched her at the altar, but can she really find love on TV? Her best friend—and producer of the reality show Love or Money—thinks so. Ten men. Ten adventure-filled dates. What can go wrong? For starters, a faulty bungee cord that hurls Georgia's first date into a tragic spiral off the Golden Gate Bridge. He's replaced by Paul Sanders, Georgia's former fiancé. But the cop isn't looking for a TV gig. Suspecting that the lover's leap was no accident, Paul's going undercover. When another bachelor gets a fatal kiss-off, the reality is that someone has killer new plans for the show—and for Georgia herself. Now, under the threat of permanent cancellation, Georgia fears that the only man on the set she can trust is the one man she just can't count on...

[Love at First Stitch](#) Zondervan

Our Dating For Love And Romance journal is an awesome choice, either for you or a friend! It would make a great gift for a single girlfriend or close female co-worker. It's the perfect dating notebook for single women - be sure to have a Look Inside! NOTEBOOK FEATURES: 6 inch x 9 inches, which makes it the perfect size to fit in your purse, handbag, laptop carrier or to sit on your nightstand within easy reach 122 cream-colored pages which include writing prompts for each date you go on such as - Where you went? What you did? Who paid? What you talked about? Did you kiss? What did you like best? And more! Makes for a great and thoughtful gift - get one as a Birthday gift, for Christmas, or anytime you need a fun gift for a single friend!

[Love at First Date](#) Mia Ford

In Love at First Site, dating coach Erika Ettin has taken her expertise—previously only available to her clients—and laid it out in an easy-to-use and exciting guide to the world of online dating. Erika shows her readers how to increase their odds for connections by marketing themselves well. Her background in economics helps her use the numbers game in her favor. It's a simple equation: more profile views equal more dates, more dates equal a better chance at finding your match. With her tips and tricks, Erika can show you exactly how to increase your online dating odds. Erika's advice includes pointers for choosing your best profile picture, writing a winning profile, crafting emails that catch someone's attention, and planning the first date. Erika's knowledge is rooted in her highly successful coaching business as well as her own experience with online dating. Questions from Erika's clients will save you the time of wondering how to approach strange situations—they're all in here! And tales of dating adventures from Erika herself will leave you both encouraged and entertained. Erika holds a BA in economics from Cornell University and an MBA from Georgetown University. Since launching her online dating consulting business, A Little Nudge, Erika has helped hundreds of clients in the United States and abroad find happiness. She currently lives in Washington, D.C.

[Love at First Site](#) Center Street

One in five relationships starts on an online dating site, but little straightforward guidance exists for users. Enter digital dating whisperer Laurie Davis . . . In a world where we communicate as much via texts as we do through body language, this book empowers readers to log on and double click for love, taking them through the journey all online daters face—from choosing the right site, creating a profile, and navigating dates, to logging off with their perfect match. Love @ First Click is every online dater's guide to exploring the web with no-fail techniques. For example, uploading the right photos can attract someone who might otherwise pass you over. Setting a time limit on the first meet-up can leave your date excited to see you again. And the phrasing in your date's thank-you text after dinner can uncover how your click mate really feels about you. Whether you're a digital dating vet or virgin, this is the ultimate guide to online dating that will take your online crush to offline love.

[First Date Stories](#) Sourcebooks, Inc.

New York Times Bestseller • From the "best advice columnist of her generation" (Esquire) comes a hilarious, frank, and witty collection of all-new responses, plus a few greatest hits from the beloved "Ask Polly" column in New York magazine's The Cut. Should you quit your day job to follow your dreams? How do you rein in an overbearing mother? Will you ever stop dating wishy-washy, noncommittal guys? Should you put off having a baby for your career? Heather Havrilesky is here to guide you through the "what ifs" and "I don't knows" of modern life with the signature wisdom and tough love her readers have come to expect. Whether she's responding to cheaters or loners, lovers or haters, the anxious or the down-and-out, Havrilesky writes with equal parts grace, humor, and compassion to remind you that even in your darkest moments you're not alone.

[Linda Goodman's Love Signs](#) Penguin

The Guyde is the most comprehensive men's dating and self-improvement book ever written, designed to be everything you need to transform into the most confident version of yourself. There are no lines or routines; instead you'll find exercises and information to improve your self-esteem, social skills, and other elements integral to social success. Everything in these pages is backed with scientific evidence, and when I say scientific evidence, I mean cited peer-reviewed literature, not pop evolutionary psychology or the "law of attraction." You won't be reading anecdotes telling you about my "successes" or opinions; you'll be learning the practical steps necessary for the specific changes you want to manifest in your life. The Guyde is divided into four sections: Part I - Psychology Part I focuses on the internal elements of social interaction. How do you overcome your toxic self-limiting beliefs that keep you from being authentic with people? How do you overcome your fears? How can you stay motivated to make your changes? You will learn clinically effective approaches to all of these and more. Part II - Social Skills For many men, the biggest barrier between themselves and social success is a lack of social skills and awareness. In Part II, you'll learn how to shore up this weakness. You will learn how to listen, banter, share stories, and assert yourself with others. You'll learn how to improve your body language and vocal tonality to project confidence and charisma. Part III - Physical Attractiveness Part III will teach you how to improve your physical features. The first two chapters detail the most clinically effective approaches to diet and exercise. We'll also discuss the basics of fashion and how to dress to impress. Master Part III, and when you go out, you will turn heads. Part IV - Dating The final portion of The Guyde deals with dating, in this version, in a heterosexual male context. You'll learn the best places to meet potential dates, how to flirt, and how to ask someone out. You'll learn how to plan brag-worthy romantic evenings and how to address problems like rude cancellations and "ghosting." You'll learn how to interact physically while being sensitive to your date's wishes, as well as how to perform better in bed.

You'll learn why relationships fail and how to avoid the pitfalls most couples fall into, and you'll come to understand a bit about what it's like to date from a woman's perspective, including many of the cultural factors they face that most men don't understand. The Guyde is a labor of love. I wrote it to be everything I wish I'd known when I was younger, the sorts of things that turned my life around for the better. I hope it does the same for you.

Like It Happened Yesterday Kensington

An exploration of human behavior examines the innate aspects of love, sex, and marriage, discussing flirting behavior, courting postures, the brain chemistry of attraction, divorce and adultery in societies around the world, and more. Reprint.

Love at First Note Penguin

A groomsman and his last-minute guest are about to discover if a fake date can go the distance in this fun and flirty multicultural romance debut by New York Times bestselling author Jasmine Guillory—author of the Resse Witherspoon x Hello Sunshine Book Club Pick *The Proposal*. THE USA TODAY BESTSELLER #5 LibraryReads Pick “A swoony rom-com brimming with humor and charm.”—Entertainment Weekly (The Must List) “What a charming, warm, sexy gem of a novel....One of the best books I've read in a while.”—Roxane Gay, New York Times bestselling author of *Hunger* Agreeing to go to a wedding with a guy she gets stuck with in an elevator is something Alexa Monroe wouldn't normally do. But there's something about Drew Nichols that's too hard to resist. On the eve of his ex's wedding festivities, Drew is minus a plus one. Until a power outage strands him with the perfect candidate for a fake girlfriend.... After Alexa and Drew have more fun than they ever thought possible, Drew has to fly back to Los Angeles and his job as a pediatric surgeon, and Alexa heads home to Berkeley, where she's the mayor's chief of staff. Too bad they can't stop thinking about the other.... They're just two high-powered professionals on a collision course toward the long distance dating disaster of the century--or closing the gap between what they think they need and what they truly want.... One of... Entertainment Weekly's “12 Romances for V-Day” • Cosmopolitan's “2018 Anticipated Reads” • Elle's “2018 Must Reads” • Harpers Bazaar's “New January Must Reads” • The Fug Girls' “Best Books of the Year” • Elle UK's “Books to Get You Through 2018” • Nylon's “January Must Reads” • Hello Giggles' “New Release Recs” • Electric Lit's “Books by WoC to Read in 2018” • Bitch Media's “2018 Must Reads” • BookBub's “2018 Romance Must Reads” • Bookriot's “Must Read 2018 January Releases” • RetailMeNot's “2018 Must Reads”

The Guyde Poppy

Life was boring until I met her. The raven-haired beauty on the train. I spilled my coffee on her, and she cursed me out. Two weeks later she was back. But she was different. Instead of tearing into me, her sparkling green eyes begged me to make her laugh. Her delicious, plump lips ignited my desire and made me forget the girl who got away. But something's wrong. She doesn't remember me. Acts like we just met. I don't know if she's messing with me, or if it's something deeper. But I'm going to find out. I was hurt once. Never again. I'll prove my love to Tamara and the twins growing inside her. Life used to be boring, now it's a roller coaster. This time, the girl's not getting away. This time, I'm chasing after her.

Love in 90 Days RosettaBooks

This unique approach uses 50 celebrity couples to explain an astonishing new theory of attraction--finding love through facial analysis.

Would You Rather? Simon and Schuster

“The most delightful cast of characters I've met in ages...a modern romance masterpiece.” —New York Times bestseller Christina Lauren “Constantly revealing new layers of lyricism...Love at First is poetry, then — sometimes an artful sonnet, other times halting free verse. But it's never anything short of miraculous.”

—Entertainment Weekly, Grade A “At the end I was left with that warm, glowing love for humanity that is always what I'm chasing when I read this genre: the sense of togetherness, of hope, of even unsolvable problems feeling less impossible. Because a good romance lets you forgive the people on the page. A great romance lets you forgive people in general — and feel that maybe they even deserve it.”—The New York Times Buzzfeed Books to Add to Your TBR Goodreads Hottest Romances of 2021 Frolic Best Books of Winter 2021 BookRiot Books for Coping with A COVID-19 Winter SmexyBooks Most Anticipated Books A Love So True Books Every Romance Fan Should Read A sparkling and tender novel from the acclaimed author of *Love Lettering*, full of bickering neighbors, surprise reunions, and the mysterious power of love that fans of Christina Lauren, Sarah Hogle, and Emily Henry will adore. Sixteen years ago, a teenaged Will Sterling saw—or rather, heard—the girl of his dreams. Standing beneath an apartment building balcony, he shared a perfect moment with a lovely, warm-voiced stranger. It's a memory that's never faded, though he's put so much of his past behind him. Now an unexpected inheritance has brought Will back to that same address, where he plans to offload his new property and get back to his regular life as an overworked doctor. Instead, he encounters a woman, two balconies above, who's uncannily familiar . . . No matter how surprised Nora Clarke is by her reaction to handsome, curious Will, or the whispered pre-dawn conversations they share, she won't let his plans ruin her quirky, close-knit building. Bound by her loyalty to her adored grandmother, she sets out to foil his efforts with a little light sabotage. But beneath the surface of their feud is an undeniable connection. A balcony, a star-crossed couple, a fateful meeting—maybe it's the kind of story that can't work out in the end. Or maybe, it's the perfect second chance . . . “Gorgeously written.” —NPR “A superb cast of characters rounds out this sweet, slow-burn romance.” —Booklist “A Mary Balogh–style love story...The comforting rewrite of *Romeo and Juliet* you didn't know you needed.” —Kirkus Reviews “Will and Nora's chemistry and the quirky side characters keep the pages turning. Clayborn's fans will be pleased.” —Publishers Weekly “Her beautiful prose is full of a softness and depth that lingers—passages beg to be reread and savored. Perfect for fans of Christina Lauren and Emily Henry, *Love at First* feels like a long, warm hug upon returning home.” —Shelf Awareness “A beautiful book and worth the painful beginnings...” —Smart Bitches, Trashy Books “A beautifully understated but gloriously romantic love story full of poignancy and tenderness.” —All About Romance “Clayborn remains one of my favorite authors, and I can't wait to see what she will write next.” —Frolic

How to Be a Person in the World DK Publishing (Dorling Kindersley)

Embark on an unforgettable journey when you visit Horseshoe Home Ranch, where faith, love, and second chances abound. In this heartwarming series of Christian cowboy romance novels by USA Today bestselling author Liz Isaacson, each standalone tale is an invitation to explore the intertwined lives of rugged cowboys and the resilient women who win their hearts. From the rolling ranchlands to the intimate corners of small-town life, these stirring stories are filled with emotional trials, inspirational transformations, and love's redeeming power. Whether it's a chance encounter, a second chance at love, or an unexpected competition, these tales of faith, hope, and love highlight the enduring bonds of community, the healing power of forgiveness, and the irresistible pull of the heart. A career cowboy, a home health nurse, and an instantaneous connection they both try to fight... Elliott Hawthorne, a career cowboy, has just witnessed his best friend and cabinmate forsake bachelorhood for matrimony. He'd be joyous if he weren't so green with envy. When a call about a family accident demands his presence, Elliott finds himself rushing from the ranch to his parents' house to see what's going on with his daddy, where he encounters the most stunning woman he's ever laid eyes on. Holland Marsh, the newly hired nurse for Elliott's father, is equally smitten by the handsome cowboy with a kind spirit. Their connection is immediate and powerful, filling Elliott with gratitude for finally finding someone who truly understands him. But as they encounter the complex dynamics of family responsibilities and personal desires, can their love-at-first-sight grow strong enough to withstand the test of time? "Isaacson artfully combines disparate threads in her contemporary Western Christian romance...in her Three Rivers Ranch series." ~BookLife, Publisher's Weekly Inspirational tales of love, faith, and second chances in the heart of Montana. Come fall in love with your next cowboy boyfriend! Read all the books in the bestselling Horseshoe Home Ranch Romance (Christian cowboy romance) series by Liz Isaacson: 1. The Redesigned Ranch 2. Snowed in with the Cowboy 3. The Preacher's Daughter 4. The Cowboy and the Nanny 5. Right Cowboy, Right Time 6. Second Chance Family 7. The Christmas Cowboy

Competition 8. Love at First Cowboy

A First Date with Death Crossway

From the USA TODAY bestselling author of *Sweet Thing* and *Nowhere But Here* comes a love story about a Craigslist “missed connection” post that gives two people a second chance at love fifteen years after they were separated in New York City. To the Green-eyed Lovebird: We met fifteen years ago, almost to the day, when I moved my stuff into the NYU dorm room next to yours at Senior House. You called us fast friends. I like to think it was more. We lived on nothing but the excitement of finding ourselves through music (you were obsessed with Jeff Buckley), photography (I couldn't stop taking pictures of you), hanging out in Washington Square Park, and all the weird things we did to make money. I learned more about myself that year than any other. Yet, somehow, it all fell apart. We lost touch the summer after graduation when I went to South America to work for National Geographic. When I came back, you were gone. A part of me still wonders if I pushed you too hard after the wedding... I didn't see you again until a month ago. It was a Wednesday. You were rocking back on your heels, balancing on that thick yellow line that runs along the subway platform, waiting for the F train. I didn't know it was you until it was too late, and then you were gone. Again. You said my name; I saw it on your lips. I tried to will the train to stop, just so I could say hello. After seeing you, all of the youthful feelings and memories came flooding back to me, and now I've spent the better part of a month wondering what your life is like. I might be totally out of my mind, but would you like to get a drink with me and catch up on the last decade and a half? M

The Wedding Date Penguin

(Better Date than Never series, Book #1)Ellen may not believe in storybook love, but it's about to rewrite her life. . . .Ellen's figured out that finding the right guy is all about compatibility. That's why she signs up for Detailed Dating—the local online dating scene in Sacramento.

They ask men the hard questions, compare their answers with hers, then she filters through the profiles of each provided “match.” After numerous email exchanges, she narrows it down to two promising candidates she's excited to meet in person. When Ellen's best friend asks her for a favor, dog-sitting leads to disaster and Ellen ends up at the local vet where she meets a man she can't get out of her mind. Henry isn't a logical choice, but she finds herself paying for dog obedience class to spend more time with him. Ellen knows that in order to have a lasting relationship, she should take the safe route and go for one of the pre-screened guys. But, how can she think with her head when her heart keeps begging her to give Henry a chance?

Love at First Sight Susan Hatler

Now a NETFLIX feature film starring Haley Lu Richardson! Timing is everything in this romantic novel about family connections, second chances, and first loves. Set over a twenty-four-hour-period, Hadley and Oliver find that true love can be found in unexpected places. Today should be one of the worst days of Hadley Sullivan's life. Having just missed her flight, she's stuck at the airport and late to her father's wedding, which is taking place in London and involves a soon-to-be stepmother Hadley's never even met. Then she happens upon the perfect boy in the airport's cramped waiting area. His name is Oliver, he's British, and he's sitting in her row.... A long night on the plane passes in the blink of an eye, and Hadley and Oliver lose track of each other in the airport chaos upon arrival. Can fate intervene to bring them together once more?

Love at First Spite Howard Reith

Inspired by *Much Ado About Nothing*, this is a hilarious and uplifting romantic comedy perfect for fans of *10 Things I Hate About You* and *The Hating Game*. Bridie Morgan is giving love one last chance – she's going on twenty dates in twenty days. If this 'love' thing really is a numbers game, then surely she'll find The One. And if not? Well, at least the memory will be enough to put her off for life. But being love's biggest sceptic is a challenge in the face of best friend Hattie's upcoming nuptials. And as maid of honour, she really has to give it a chance. Then Bridie's lifelong nemesis Ben Kemp returns home to join the wedding party. Ben, who triggered the sorry state of affairs that has been Bridie's love life since high school. Ben, the best man to her maid of honour. As old enemies reunite, sparks fly – in ways Bridie could never have seen coming... Readers love *Love at First Fight!* 'OMG SUCH A SWEET READ. I LOVED IT!! This book is super sweet and I totally loved the main characters!!... An amazing story!' @lifeinbooksnow, 5 stars 'A fantastic five-star read. This is funny, and sweet... I adore this author and can't wait to see what they will come up with next.' NetGalley Reviewer, 5 stars 'Mary Jayne Baker take a bow! This is definitely going to be high on the list of favourites for this year! This is a book that has made me laugh out, cry a whole lot and fall in love with the characters that have filled the pages... This is without a doubt a book worthy of all the stars. All Hail Mary Jayne Baker – queen of romance and one of the few authors that can almost read my mind and create the perfect man' Little Miss Book Lover 87, 5 stars 'Hilarious and heartwarming read!... This was the first time I've read a book by Mary Jayne but definitely won't be the last!' The Literary Space, 5 stars 'Just the perfect kind of a book to cuddle up with and let it comfort you. It made me feel so much better and happier, and after finishing I had a smile on my face because gosh that ending!... A classic enemies to lovers... Gah! So adorable ... Feel-good rom-com in all aspects!' NetGalley Reviewer, 5 stars 'Fantastically adorable and has a bit of everything. From enemies to lovers, wonderful banter... Had me turning pages until I was done far sooner than I wanted to be. I couldn't put this book down... You'll smile, you'll laugh' NikkiHRose Writing, 5 stars 'The perfect frenemies to lovers romcom and I really enjoyed it.' @katiethebooklover, 5 stars 'I absolutely loved this book as the fun rom-com is something every girl needs!' NetGalley Reviewer, 5 stars 'So much fun! I definitely had LOL moments and I couldn't stop reading it; I had to rush to the end to see what happened... Highly recommended!' NetGalley Reviewer, 5 stars 'I read in under 24 hours. It would have been one sitting, if I hadn't slept in the middle of it!... This is a lighthearted romcom book that was very enjoyable' @neverlandbooks, 5 stars 'Great lighthearted summer read! Cute and fun! I loved the characters and the romance was beautiful to see develop.' NetGalley Reviewer, 5 stars 'What a fun book!... There was laughter, friendship, and several tender moments... If you are looking for a light, fun read that's hard to put down, this is for you.' NetGalley Reviewer, 5 stars

Love at First Click Greenleaf Book Group

The New York Times bestseller that helps you explore whether romance is in the stars. Linda Goodman's *Love Signs* addresses the question asked by everyone familiar with astrology: How do I relate to someone of another sign? Each sign is “related” to the twelve signs of the zodiac in a different and unique way. Each section addresses the differences for a male and a female with the same sign matches. This is an updated edition of Linda Goodman's lively bestseller, which has introduced millions to the concept of astrological compatibility. “What seems to set Goodman's books apart from other stargazing guides is their knowledgeable approach and comprehensive reach.” —Newsweek