Loving The Little Years Motherhood In Trenches Rachel Jankovic

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Memory-Making Mom Farrar, Straus and Giroux

Are you an imperfect, trying-her-best mom? If you're over reading parenting advice, The Magic of Motherhood should be your next read. Motherhood can often feel overwhelming and isolating. Your feelings swing between joy and uncertainty, intense love explains the clear, scientific link between spirituality and health and shows that children who have a positive, active relationship to and anxiety, laughter and tears. Ashlee Gadd and the writers behind the popular blog Coffee + Crumbs have written a beautiful reminder of your identity, both as a woman and a mother. The Magic of Motherhood is a curated collection of honest stories weaving together the love, joy, and magnificent heartache of motherhood. Instead of offering advice, the writers offer something even better: their hearts. You'll read essays about identity, adoption, body image, miscarriage, friendship, faith, and more. After reading, mothers will: Find joy in both beauty and mess Discover a renewed strength and sisterhood Be reassured that they are not alone Want to gift this book on Mother's Day, birthdays, baby showers, National Best Friend Day, and other holidays New and seasoned moms will enjoy The Magic of Motherhood. This book is a love letter to mothers everywhere. Essays from Ashlee Mothers OR Books Gadd of Coffee + Crumbs and its contributors will provide solidarity for all moms.

Loving the Little Years: Motherhood in the Trenches Basic Books

Examines current expectations of motherhood through anecdotes and examples, explaining that no one can be a perfect mother, and that what some would call bad mothers are actually pretty good.

Gashmu Saith It Havmarket Books

New York Times best seller Ever since Gabrielle Stanley Blair became a parent, she 's believed that a thoughtfully designed home is one of the greatest gifts we can give our families, and that the objects and decor we choose to surround ourselves with tell our family 's story. In this, her first book, Blair offers a room-by-room guide to keeping things sane, organized, creative, and stylish. She provides advice on getting the most out of even the smallest spaces; simple fixes that make it easy for little ones to help out around the house; ingenious storage solutions for the never-ending stream of kid stuff; rainy-day DIY projects; and much, much more.

The Spiritual Child Flatiron Books

A San Francisco Chronicle Lit Pick "Much of the book is astonishingly funny; the rest would break your heart." —Colm Tóibín Anne Enright is one of the most acclaimed novelists of her generation. The Gathering won the 2007 Man Booker Prize, and her follow-up novel, The Forgotten Waltz, garnered universal praise for her luminous language and deep insight into relationships. Now, in Making Babies, Enright offers a new kind of memoir: an unapologetic look at the very personal experience of becoming a mother. With a refreshing no-nonsense attitude, Enright opens up about the birth and first two years of her children's lives. Enright was married for eighteen years before she and her husband Martin, a playwright, decided to have children. Already a confident, successful writer, Enright continued to work in her native Ireland after each of her two babies was born. While each baby slept, those first two years of life, Enright wrote, in dispatches, about the mess, the glory, and the raw shock of motherhood. Here, unfiltered and irreverent, are Enright's keen reactions to the pains of pregnancy, the joys of breast milk, and the alltoo-common pressures to be the "perfect" parent. Supremely observant and endlessly quizzical, Enright is never saccharine, always witty, but also deeply loving. Already a bestseller in the UK, Making Babies brings Enright's autobiographical writing to American readers for the first time. Tender and candid, it captures beautifully just what it's like for a working woman to become a mother. The result is a moving chronicle of parenthood from one of the most distinctive and gifted authors writing today.

You Made Me a Mother Penguin

Expanding on the stories in her popular column for the website Waging Nonviolence, Berrigan has crafted a welcome antidote to the various parenting fads currently on offer from French moms and tiger moms and mean moms. She offers a unique perspective on parenting that derives from hard work, deep reflection, and lots of trial and error.

Fit to Burst: Abundance, Mayhem, and the Joys of Motherhood WaterBrook

inspirational nonfiction for mothers

Long Days of Small Things Loving the Little Years: Motherhood in the Trenches

Fit to Burst is a book of parenting "field notes" written by a mom in the thick of it all. It is chock-full of humorous examples and fresh advice covering issues familiar to moms, such as guilt cycles, temptations to be ungrateful or bitter, enjoying your kids, and learning how to honor Jesus by giving even in the mundane stuff. But this book also addresses less familiar topics, including the impact moms have on the relationships between dads and kids, the importance of knowing when to laugh at kid-sized sin, and more. Fit to Burst will help us to be moms who parent with the story in mind rather than the snapshot, who know how to give much and to require much from their children in the everyday mayhem, and who understand the importance of biscuits. A note from Rachel: "I don't pull punches or hold back in this book, because I am writing to myself as much as to you. If something in this book strikes a little close to home for you, know that it struck in my home first. I am not writing about other people's problems, although I know many of them are common. I write about what I know, and what I know is the challenges, the joys, and the work involved in raising little people." Risen Motherhood Zondervan

Rich, soul-inspiring practices for moms who have neither quiet nor time. Dirty laundry, crayon-smeared bills, and smashed crackers. . And there 's your Bible—buried under a pile of diapers. Bleary-eyed from lack of sleep, without a moment of peace and quiet, you wonder if the spiritual life you crave is even possible. But God sees you. He designed this parenting journey, after all. He understands

the chaos of motherhood. And he joins you in everything—whether you' re scrubbing the floor, nursing a fussy newborn, or driving to soccer practice. Catherine McNiel invites you to connect with God right here, in the sacred mundane of every mothering moment. Praise Her in the Gates Quadrille Publishing

A humorous description of motherhood.

Being There St. Martin's Press

"A mother's arms are made of tenderness and children sleep soundly in them." - Victor Hugo No one compares to your mother. All encompassing and powerful, the love she has for you knows no bounds. The Little Book of Motherhood is a celebration of being a mum, it covers all aspects of motherhood, from what it means, new mother tips and facts, birthing traditions from around the world, folklore and inspirational quotes from mothers past and present. Perfect as a mother's day gift or just a little token to remind your mom how much she means to you.

Bad Mother Canon Press & Book Service

In The Spiritual Child, psychologist Lisa Miller presents the next big idea in psychology: the science and the power of spirituality. She spirituality: * are 40% less likely to use and abuse substances * are 60% less likely to be depressed as teenagers * are 80% less likely to have dangerous or unprotected sex * have significantly more positive markers for thriving including an increased sense of meaning and purpose, and high levels of academic success. Combining cutting-edge research with broad anecdotal evidence from her work as a clinical psychologist to illustrate just how invaluable spirituality is to a child's mental and physical health, Miller translates these findings into practical advice for parents, giving them concrete ways to develop and encourage their children's—as well as their own—well-being. In this provocative, conversation-starting book, Dr. Miller presents us with a pioneering new way to think about parenting our modern youth.

A PUBLISHERS WEEKLY BESTSELLER Motherhood is hard. In a world of five-step lists and silver-bullet solutions to become perfect parents, mothers are burdened with mixed messages about who they are and what choices they should make. If you feel pulled between high-fives and hard words, with culture 's solutions only raising more questions, you 're not alone. But there is hope. You might think that Scripture doesn't have much to say about the food you make for breakfast, how you view your postpartum body, or what school choice you make for your children, but a deeper look reveals that the Bible provides the framework for finding answers to your specific questions about modern motherhood. Emily Jensen and Laura Wifler help you understand and apply the gospel to common issues moms face so you can connect your Sunday morning faith to the Monday morning tantrum. Discover how closely the gospel connects with today 's motherhood. Join Emily and Laura as they walk through the redemptive story and reveal how the gospel applies to your everyday life, bringing hope, freedom, and joy in every area of motherhood.

Mother Reader Village Acres Publishing

Compiled and edited by Roberta Cottam, this slender anthology aspires to encourage today's moms in their vocation of motherhood. From inspiring poetry to practical tips, essays that capture the small moments of motherhood and reflections on mothering in today's world, this anthology brings together a wealth of wisdom from five ordinary yet inspiring moms.

Operating Instructions North Atlantic Books

In the Garden of Eden, there was only one "No." Everything else was "Yes." In this short book on Christian childrearing, Douglas Wilson points out that we have a Father who delights in us and makes it easy for us to love and obey him. If that is the kind of Father we have, shouldn't we earthly parents do the same? Wilson explains how parents should not just try to get their kids to obey a set of rules or to make their house so fun that following the rules is always easy. Instead, he calls for parents to instill in their kids a love for God and His standards that will serve them well all their days. This book also features an appendix in which Doug and his wife Nancy answer various parents' questions about various applications of the principles discussed in this book.

The Mother of All Questions Canon Press

According to an old story, a woman concealed her sex and ruled as pope for a few years in the ninth century. Pope Joan was not betrayed by a lover or discovered by an enemy; her downfall came when she went into labor during a papal procession through the streets of Rome. From the myth of Joan to the experiences of saints, nuns, and ordinary women, The Oldest Vocation brings to life both the richness and the troubling contradictions of Christian motherhood in medieval Europe. After tracing the roots of medieval ideologies of motherhood in early Christianity, Clarissa W. Atkinson reconstructs the physiological assumptions underlying medieval notions about women's bodies and reproduction; inherited from Greek science and popularized through the practice of midwifery, these assumptions helped shape common beliefs about what mothers were. She then describes the development of "spiritual motherhood" both as a concept emerging out of monastic ideologies in the early Middle Ages and as a reality in the lives of certain remarkable women. Atkinson explores the theological dimensions of medieval motherhood by discussing the cult of the Virgin Mary in twelfth-century art, story, and religious expression. She also offers a fascinating new perspective on the women saints of the later Middle Ages, many of whom were mothers; their lives and cults forged new relationships between maternity and holiness. The Oldest Vocation concludes where most histories of motherhood begin—in early modern Europe, when the family was institutionalized as a center of religious and social organization. Anyone interested in the status of motherhood, or in women's history, the cultural history of the Middle Ages, or the history of religion will want to read this book.

The Book of Mother Canon Press & Book Service

Women who opt not to be mothers are frequently warned that they will regret their decision later in life, yet we rarely talk about the possibility that the opposite might also be true—that women who have children might regret it. Drawing on years of research interviewing women from a variety of socioeconomic, educational, and professional backgrounds, sociologist Orna Donath treats regret as a feminist issue: as regret marks the road not taken, we need to consider whether alternative paths for women currently are blocked off. She asks that we pay attention to what is forbidden by rules governing motherhood, time, and emotion, including the cultural assumption that motherhood is a "natural" role for women—for the sake of all women, not just those who regret becoming mothers. If we are disturbed by the idea that a woman might regret becoming a mother, Donath says, our response should not be to silence and shame these women; rather, we need to ask honest and difficult questions about how society pushes women into motherhood and why those who reconsider it are still seen as a danger to the status quo. Groundbreaking, thoughtful, and provocative, this is an especially needed book in our current political climate, as women's reproductive rights continue to be at the forefront of national debates. You Who: Why You Matter and How to Deal With It Penguin

ECPA BESTSELLER • How can I remember how to be a wife when it takes all I 've got to be a momma? Since becoming a mom, do you ever feel like your marriage no longer receives the attention it needs to thrive? Do you ever wonder how you 're supposed to re-center your heart on your husband when you are so busy with everything else? Those feelings we experienced in the first days of love and marriage often become buried beneath hurried life, active children, and mountains of bills and laundry. Maybe you 've questioned and perhaps even worried if you 'll ever again experience romance as you did in the beginning—that newness of what it meant to be fully caught up in one another. But what if you could rekindle that fresh sort of love? What if there was a secret to love unending? For the next twenty-one days, journey with Becky Thompson to remember what life was like when you first fell in love with your husband. Each daily challenge, reflection, and prayer will refocus your attention, re-center your heart, reignite the romance, and help you rediscover your marriage in the midst of motherhood. Take the Love Unending 21-day challenge and discover the best way forward is to look back at the beginning. My Other Name Is Mom Crossway

If "Who am I?" is the question you're asking, Rachel Jankovic doesn't want you to "find yourself" or "follow your heart." Those lies are nothing to the confidence, freedom, and clarity of purpose that come with knowing what is actually essential about you. And the answer to that question is at once less and more than what you are hoping for. Christians love the idea that self-expression is the essence of a beautiful person, but that's a lie, too. With trademark humor and no nonsense practicality, Rachel Jankovic explains the fake story of the Self, starting with the inventions of a supremely ugly man named Sartre (rhymes with "blart"). And we--men and women, young and old--have bought his lie of the Best Self, with terrible results. Thankfully, that's not the end of our story, You Who: Why You Matter and How to Deal with It takes the identity question into the nitty gritty details of everyday life. Here's the first clue: Stop looking inside, and start planting flags of everyday faithfulness. In Christianity, the self is always a tool and never a destination.

Baby Love Harper Collins

As you prepare to become a mother, you face an experience unlike any other in your life. Having a baby will redirect your preferences and pleasures and, most likely, will realign some of your values. As you undergo this unique psychological transformation, you will be guided by new hopes, fears, and priorities. In a most startling way, having a child will influence all of your closest relationships and redefine your role in your family's history. The charting of this remarkable, new realm is the subject of this compelling book. Renowned psychiatrist Daniel N. Stern has joined forces with pediatrician and child psychiatrist Nadia Bruschweiler-Stern and journalist Alison Freeland to paint a wonderfully evocative picture of the psychology of motherhood. At the heart of The Birth of a Mother is an arresting premise: Just as a baby develops physically in utero and after birth, so a mother is born psychologically in the many months that precede and follow the birth of her baby. The recognition of this inner transformation emerges from hundreds of interviews with new mothers and decades of clinical experience. Filled with revealing case studies and personal comments from women who have shared this experience, this book will serve as an invaluable sourcebook for new mothers, validating the often confusing emotions that accompany the development of this new identity. In addition to providing insight into the unique state of motherhood, the authors touch on related topics such as going back to work, fatherhood, adoption, and premature birth. During pregnancy, mothers-to-be talk about morning sickness and their changing bodies, and new mothers talk about their exhaustion, the benefits of nursing or bottle-feeding, and the dilemma of whether or when they should return to work. And yet, they can be strangely mute about the dramatic and often overwhelming changes going on in their inner lives. Finally, with The Birth of a Mother, these powerful feelings are eloquently put into words.

Regretting Motherhood Artisan Books

"A book about a rare life, profound love, profound grief, anxiety, self-assurance, empowerment, aging, loss, and joy. It is nuanced, complex, insightful, helpful, and constantly surprising." —Ann Patchett, New York Times bestselling author of These Precious Days Writer and former model Paulina Porizkova pens a series of intimate, introspective, and enlightening essays about the complexities of womanhood at every age, pulling back the glossy magazine cover and writing from the heart. Born in Cold War Czechoslovakia, Paulina Porizkova rose to prominence as a model, appearing on her first Sports Illustrated Swimsuit Issue cover in 1984. As the face of Estée Lauder in 1989, she was one of the highest-paid models in the world. When she was cast in the music video for the song "Drive" by The Cars, it was love at first sight for her and frontman Ric Ocasek. He was forty at the time, and Porizkova was nineteen. The decades to come would bring marriage, motherhood, a budding writing career; and later sadness, loneliness, isolation, and eventually divorce. Following her ex-husband's death—and the revelation of a deep betrayal—Porizkova stunned fans with her fierce vulnerability and disarming honesty as she let the whole world share in her experience of being a woman who must start over. This is a wise and compelling exploration of heartbreak, grief, beauty, aging, relationships, re-invention and finding your purpose. In these essays, Porizkova bares her soul and shares the lessons she's learned—often the hard way. After a lifetime of being looked at, she is ready to be heard.