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## Maiden Voyage Tania Aebi

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*Sailing a Serious Ocean* Borgo Press

Everyone dreams of tropical escape. But what happens when you escape for too long? Imagine spending 24 hours a day with your spouse in 31 not-so-square feet . . . for years; crossing the Pacific Ocean on two gallons of fuel; and tossing spaghetti marinara around your living room, then cleaning it up while bouncing like ice in a martini shaker. *Tightwads on the Loose* tells the story of Wendy and Garth, lured to sea by the promise of adventure. They buy a 31-foot boat that fits their budget better than it fits

Garth's large frame and set sail for an open-ended voyage, never imagining they'd be gone seven years, or cover 34,000 miles at the pace of a fast walk. They live without most "necessities" and learn that teamwork and a sense of humor matter most as they face endless "character-building opportunities." They make a long-anticipated visit to the island where Garth had been shipwrecked as a teenager, only to find it had become a penal colony. An electronic catastrophe in the Solomon Islands leaves them without navigation equipment, which forces them to trade their free-wheeling lifestyle for one that seems straight out of a '60s sitcom: jobs at a U.S. Army base in the Marshall Islands. In Asia, they dodge typhoons and ships that threaten to turn their home into kindling. Finally they endure a grueling 49-day nonstop ocean crossing. None of this prepares them for their arrival "home" to a post-9/11 America which leaves them wondering what had changed more, them or the world. *Tightwads on the Loose* offers a fun read to the armchair

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adventurer -- or anyone afflicted with wanderlust.

Once Is Enough Simon & Schuster

Bernard Moitessier is a writer and one of France's most famous sailors.

An Embarrassment of Mangoes Harper Collins

Under the Tuscan Sun meets the wide-open sea . . . An

Embarrassment of Mangoes is a delicious chronicle of leaving the type-A lifestyle behind -- and discovering the seductive secrets of life in the Caribbean. Who hasn't fantasized about chucking the job, saying goodbye to the rat race, and escaping to some exotic destination in search of sun, sand, and a different way of life?

Canadians Ann Vanderhoof and her husband, Steve did just that. In the mid 1990s, they were driven, forty-something professionals who were desperate for a break from their deadline-dominated, career-defined lives. So they quit their jobs, rented out their house, moved onto a 42-foot sailboat called Receta ( " recipe, " in Spanish), and set sail for the Caribbean on a two-year voyage of culinary and cultural discovery. In lavish detail that will have you packing your swimsuit and dashing for the airport, Vanderhoof describes the sun-drenched landscapes, enchanting characters and mouthwatering tastes that season their new lifestyle. Come along for the ride and be seduced by Caribbean rhythms as she and Steve sip rum with their island neighbors, hike lush rain forests, pull their supper out of the sea, and adapt to life on " island time. " Exchanging business clothes for bare feet, they drop anchor in 16 countries -- 47 individual islands -- where they explore secluded beaches and shop lively local markets. Along the way, Ann records the delectable dishes they encounter -- from cracked conch in the Bahamas to curried lobster in Grenada,

from Dominican papaya salsa to classic West Indian rum punch -- and incorporates these enticing recipes into the text so that readers can participate in the adventure. Almost as good as making the journey itself, An Embarrassment of Mangoes is an intimate account that conjures all the irresistible beauty and bounty from the Bahamas to Trinidad -- and just may compel you to make a rash decision that will land you in paradise.

The Sound of a Wild Snail Eating Patagonia

New love. Exotic destinations. A once-in-a-lifetime adventure. What could go wrong? City girl Torre DeRoche isn't looking for love, but a chance encounter in a San Francisco bar sparks an instant connection with a soulful Argentinean man who unexpectedly sweeps her off her feet. The problem? He's just about to cast the dock lines and voyage around the world on his small sailboat, and Torre is terrified of deep water. However, lovesick Torre determines that to keep the man of her dreams, she must embark on the voyage of her nightmares, so she waves good-bye to dry land and braces for a life-changing journey that's as exhilarating as it is terrifying.

Somewhere mid-Pacific, she finds herself battling to keep the old boat, the new relationship, and her floundering sanity afloat. . . . This sometimes hilarious, often harrowing, and always poignant memoir is set against a backdrop of the world's most beautiful and remote destinations. Equal parts love story and travel memoir, Love with a Chance of Drowning is witty, charming, and proof positive that there are some risks worth taking.

Pacific Lady Simon and Schuster

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Chronicles the author's experiences when, as an eighteen-year-old girl, she was offered, by her father, a sailboat that she would have to sail around the world

**Maiden Voyage** Macmillan

Michael Cosgrove had a beautiful family, a successful career, and a lovely Southern California home overlooking the Pacific Ocean. At the age sixty, he decided to leave that all behind to sail around the world. In spite of his romanticized vision of rugged individualism and salty tales to share with his grandchildren, Cosgrove quickly realizes that sailing around the world isn't going to be as easy as he'd imagined. From a psychotic crewmate, sleep deprivation, and mental breakdowns, to stormy weather and hallucinations, Cosgrove rides the waves, holding on as best he can to his dream of "doing something grand." Alone, and thousands of miles away from everyone and everything he loves, he is forced to ask himself one question: what in God's name am I doing here? In his attempt to avoid the inevitable (growing old, weak, frail), Cosgrove runs amok. He breaks his budget to outfit the boat and then refuses to read the manuals. He enters unfamiliar harbors in the

dead of night, hires a violent first mate, and sails headlong into ferocious storms. In the midst of his adventures, he longs for the simpler days when his four daughters were still children, when his first marriage was still intact, and when his future still seemed bright and expansive. Though driven by scenes of sheer terror, absurd folly, and deep inner searching, Cosgrove keeps his sense of humor throughout his harrowing journey. Imperfect Passage is the story of one man's perseverance against Father Time and Mother Nature, proving that with enough will, one can, in his or her own way, conquer the unconquerable. Michael Cosgrove will be donating a portion of his profits to the Navy Special Warfare Family Foundation. *Tightwads on the Loose* Vintage Canada  
New translation based completely on a surviving copy of Steller's 1743 manuscript that details the exploration of Alaska.

*Swell* Athena

A one-time demon hunter who has put her career on hold, Kate Conner finds herself back in business when a murderous demon interrupts her preparations for a dinner party designed to get her husband elected to County Attorney. Reprint.

A Little Breeze to the West Simon and Schuster

At only 16 years of age Jessica Watson became the

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youngest person to sail solo, unassisted and non-stop around the world. In her very own words, she tells us about her childhood, her influences, her years of planning and her incredible journey. She shares how she battled with sleep deprivation, gale-force winds, mountainous seas, whales and icebergs and what it was like to hold firm against the solitude of 210 days at sea.

Unsinkable U of Nebraska Press

Michael Mann's solo voyage was part impulsiveness, but also meticulously planned with preparation and cunning determination. During a grueling 38 day ocean crossing, his basic sailing skills would be challenged by tranquil doldrums, as well as hostile seas churned up by an approaching hurricane. His 15-foot Montgomery sloop Little Breeze lacked the navigation and communication equipment available today. Without GPS and weather updates, he was forced to rely on his own instincts, limited experience and sheer resolve. This is his true story, which chronicles this 22 year old's single-handed quest to find his purpose and calling in life.

Whistling Vivaldi Sheridan House, Inc.

This timeless classic is an exciting true story of survival against all odds.

The Boy Who Sailed Around the World Alone

Simon and Schuster

Examines the role of what the author calls identity contingencies in the lives of individuals and in society as a whole, focusing on stereotype threat, arguing that

people who believe they may be judged based on a bad stereotype do not perform as well, and showing how to overcome the problem.

**Carpe Demon** Marshall & Gilbert

Before *The Perfect Storm*, before *In the Heart of the Sea*, Steven Callahan's dramatic tale of survival at sea was on the New York Times bestseller list for more than thirty-six weeks. In some ways the model for the new wave of adventure books, *Adrift* is an undeniable seafaring classic, a riveting firsthand account by the only man known to have survived more than a month alone at sea, fighting for his life in an inflatable raft after his small sloop capsized only six days out. "Utterly absorbing" (Newsweek), *Adrift* is a must-have for any adventure library.

*I've Been Around* She Writes Press

The amazing autobiographical account of the youngest ever solo circumnavigation of the Earth. First time in English! If you want to see the other side of the world, you can do two things: turn the world upside down, or travel there yourself. In 2012, at the age of just 16, Laura Dekker became the youngest sailor ever to single-handedly circumnavigate the globe. In realising her long-held dream, she had not only braved the wild oceans and long weeks of solitude at

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sea, but also the doubts and sometimes hostile resistance of officials. In this remarkable account of her incredible journey - for the first time in English - Laura describes in her own words what it is like to sail solo around the world, and the determination it takes to do it at such a young age. Exciting, awe-inspiring and inspirational, this is a real-life adventure for readers of all ages.

#### Voyage for Madmen Simon & Schuster

It was an age without GPS and the Internet, without high-tech monitoring and instantaneous reporting. And it was a time when women simply didn't do such things. None of this deterred Sharon Sites Adams. In June 1965 Adams made history as the first woman to sail solo from the mainland United States to Hawaii. Four years later, just as Neil Armstrong very publicly stepped onto the moon, the diminutive Adams, alone and unobserved, finally sighted Point Arguello, California, after seventy-four days sailing a thirty-one-foot ketch from Japan, across the violent and unpredictable Pacific. She was the first woman to do so, setting another world record. Inspiring and exciting, Adams's memoir recounts the personal path leading to her historic achievements: a tomboy childhood in the Oregon high desert, an

early marriage and painful divorce, and a second marriage that ended when her husband died of cancer. In the wake of his death and almost by accident, Adams discovered sailing. Six weeks after her first sailing lesson she bought a boat, and within eight months she set out to achieve her first world record. Pacific Lady recounts the inward journey that paralleled her sailing feats, as Adams drew on every scrap of courage and navigational skill she could muster to overcome the seasickness, exhaustion, and loneliness that marked her harrowing crossings. The Motion of the Ocean Profile Books(GB)  
In 1985, at the age of 18, Tania Aebi set out to sail around the world alone. In this volume she presents a compendium of sailing experience and reflections. It is suitable reading for the armchair sailor dreaming about sailing one day, as well as the sailor in the cockpit actively chasing those horizons.

*Accidental Soldier* W. W. Norton & Company  
NEW YORK TIMES BESTSELLER • "[Laurie R.] King enriches the Sherlockian legacy."—The Boston Globe  
For Mary Russell and her husband, Sherlock Holmes, returning to the Sussex coast after seven months abroad was especially sweet. There was even a mystery to solve—the unexplained disappearance of an entire colony of bees from one of Holmes's beloved hives. But the anticipated sweetness of

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their homecoming is quickly tempered by a galling memory from the past. Mary had met Damian Adler only once before, when the surrealist painter had been charged with—and exonerated from—murder. Now the troubled young man is enlisting the Holmeses' help again, this time in a desperate search for his missing wife and child. Mary has often observed that there are many kinds of madness, and before this case yields its shattering solution she'll come into dangerous contact with a fair number of them. From suicides at Stonehenge to the dark secrets of a young woman's past on the streets of Shanghai, Mary will find herself on the trail of a killer more dangerous than any she's ever faced—a killer Sherlock Holmes himself may be protecting for reasons near and dear to his heart.

### **Desperate Voyage** Goldenraft

Now with a brand new foreword from New York Times bestselling author Jeffrey Zaslow. *FIRST YOU HAVE TO ROW A LITTLE BOAT* first hit shelves in the mid 1990s and has been inspiring readers ever since. Written by a grown man looking back on his childhood, it reflects on what learning to sail taught him about life: making choices, adapting to change, and becoming his own person. The book is filled with the spiritual wisdom and thought-provoking discoveries that marked such books as *Walden*, *The Prophet*, and *Zen and the Art of Motorcycle Maintenance*. For

nearly twenty years, it has enchanted and endeared sailors and non-sailors alike, but foremost, anyone who seeks large truths in small things. This refurbished edition will find a place in the hearts of a whole new generation of readers.

### **Adrift** Wendy E. Hinman

What begins as the sheer desire for adventure turns into a spiritual quest as a young woman comes to terms with her family, her dreams, and her first love. Tania Aebi was an unambitious eighteen-year-old, a bicycle messenger in New York City by day, a Lower East Side barfly at night. In short, she was going nowhere—until her father offered her a challenge: Tania could choose either a college education or a twenty-six-foot sloop. The only catch was that if she chose the sailboat, she'd have to sail around the world—alone. She chose the boat, and for the next two and a half years and 27,000 miles, it was her home. With only her cat as companion, she discovered the wondrous beauties of the Great Barrier Reef and the death-dealing horrors of the Red Sea. She suffered through a terrifying collision with a tanker in the Mediterranean and a lightning storm off the coast of

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Gibraltar. And, ultimately, what began with the sheer desire for adventure turned into a spiritual quest as Tania came to terms with her troubled family life, fell in love for the first time, and—most of all—confronted her own needs, desires, dreams, and goals. .

. .

**First You Have to Row a Little Boat** Penguin

Nita and Kit rejoin forces when a strange darkness of the mind overcomes the older wizards, stealing away their power, and forcing the younger wizards to go to war to save the world.