

## Managing Self Harm Psychological Perspectives

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### Managing Self Harm Psychological Perspectives

Self-harm often arises at moments of despair, or intensity and its reasons are not necessarily available to the conscious mind. "Managing Self Harm" explores unconscious meanings for self-harming and the sense in which it is a language of the body, and is designed to help clinicians, people who self-harm and their families and carers to understand its causes, meaning and treatment.

### **Managing Self-Harm: Psychological Perspectives - Google Books**

Managing Self-Harm: Psychological Perspectives. Edited by Anna Motz. Routledge. 2009. £19.99 (pb). 248 pp. ISBN: 9781583917053 - Volume 197 Issue 3 - Jack Nathan  
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Managing Self-Harm: Psychological Perspectives, Mental ...

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Managing Self-Harm: Psychological Perspectives Managing Self-Harm: Psychological Perspectives 2011-02-01 00:00:00 The editor of this book, Anna Motz, is known for her ground-breaking and unflinching work on the subject and, as such, is an ideal person to compile a collection of pieces on understanding self-harm. The book includes psychological theories, clinical vignettes and pieces by ...

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