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## Mean Free Path Ben Lerner

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[A Schoolboy's Diary and Other Stories](#) New York Review of Books

A NEW YORK TIMES, TIME, GQ, Vulture, and WASHINGTON POST TOP 10 BOOK OF THE YEAR ONE OF BARACK OBAMA'S FAVOURITE BOOKS OF THE YEAR Finalist for the Los Angeles Times Book Prize, and the National Book Critics Circle Award Shortlisted for the Rathbones Folio Prize Winner of the Hefner Heitz Kansas Book Award From the award-winning author of 10:04 and Leaving the Atocha Station, a tender and expansive family drama set in the American Midwest at the turn of the century, hailed by Maggie Nelson as Ben Lerner's "most discerning, ambitious, innovative, and timely novel to

date." Adam Gordon is a senior at Topeka High School, class of '97. His mother, Jane, is a famous feminist author; his father, Jonathan, is an expert at getting "lost boys" to open up. They both work at a psychiatric clinic that has attracted staff and patients from around the world. Adam is a renowned debater, expected to win a national championship before he heads to college. He is one of the cool kids, ready to fight or, better, freestyle about fighting if it keeps his peers from thinking of him as weak. Adam is also one of the seniors who bring the loner Darren Eberheart--who is, unbeknownst to Adam, his father's patient--into the social scene, to disastrous effect. Deftly shifting perspectives and time periods, The Topeka School is the story of a family, its struggles and its strengths: Jane's reckoning with the legacy of an abusive father, Jonathan's marital transgressions, the challenge of raising a good son in a culture

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of toxic masculinity. It is also a riveting prehistory of the present: the collapse of public speech, the trolls and tyrants of the New Right, and the ongoing crisis of identity among white men.

10:04 Macmillan

A Schoolboy's Diary brings together more than seventy of Robert Walser's strange and wonderful stories, most never before available in English. Opening with a sequence from Walser's first book, "Fritz Kocher's Essays," the complete classroom assignments of a fictional boy who has met a tragically early death, this selection ranges from sketches of uncomprehending editors, overly passionate readers, and dreamy artists to tales of devilish adultery, sexual encounters on a train, and Walser's service in World War I. Throughout, Walser's careening, confounding, delicious voice holds the reader transfixed.

U Thrive Copper Canyon Press

Poetry. Chris Nealon's HETERONOMY is built out of five long poems, including "The Dial." Together they form an overlapping set of mediations on love and friendship and political life. Taking inspiration from a long poetic tradition of self-referential frame devices, Nealon wrote the poems so that each refers to the others, and each is built out of poems within poems—like late-capitalist medieval dream visions in which the poet describes writing a poem, or wishes he were writing, or finds himself startled awake. What's the poem, and what's the frame? It's hard to say—and perhaps because of that, these poems find in the figure of the poet an image of embarrassing self-inflation and comic limitation. They are dedicated to everyone who's felt that way.

Remains Macmillan

The best-selling author of The Dance of Anger shares insight into the role of

apologies in healing broken connections and restoring trust, sharing compelling case stories and tested theories that explain how to craft a meaningful apology while avoiding choices that deepen original injuries.

Wonderful Investigations Vintage

In The Dance of Intimacy, the bestselling author of The Dance of Anger outlines the steps to take so that good relationships can be strengthened and difficult ones can be healed. Taking a careful look at those relationships where intimacy is most challenged--by distance, intensity, or pain--she teaches us about the specific changes we can make to achieve a more solid sense of self and a more intimate connectedness with others. Combining clear advice with vivid case examples, Dr. Lerner offers us the most solid, helpful book on intimate relationships that both women and men may ever encounter.

The Quarry: Essays Yale University Press

"I too am not a bit tamed—I too am untranslatable / I sound my barbaric yawp over the roofs of the world."—Walt Whitman, "Song of Myself," Leaves of Grass The American Yawp is a free, online, collaboratively built American history textbook. Over 300 historians joined together to create the book they wanted for their own students—an accessible, synthetic narrative that reflects the best of recent historical scholarship and provides a jumping-off point for discussions in the U.S. history classroom and beyond. Long before Whitman and long after, Americans have sung something collectively amid the deafening roar of their many individual voices. The Yawp highlights the dynamism and conflict inherent in the history of the United States, while also looking for the common threads that help us make sense of the past. Without losing sight of politics and power, The American Yawp incorporates transnational perspectives, integrates diverse voices, recovers narratives of resistance, and explores the complex process of cultural creation. It looks for America in crowded slave cabins, bustling markets, congested tenements, and marbled halls. It navigates between maternity wards, prisons, streets, bars, and boardrooms. The fully peer-reviewed edition of The American Yawp will be available in two print volumes designed for the U.S. history survey.

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Volume I begins with the indigenous people who called the Americas home before chronicling the collision of Native Americans, Europeans, and Africans. The American Yawp traces the development of colonial society in the context of the larger Atlantic World and investigates the origins and ruptures of slavery, the American Revolution, and the new nation's development and rebirth through the Civil War and Reconstruction. Rather than asserting a fixed narrative of American progress, The American Yawp gives students a starting point for asking their own questions about how the past informs the problems and opportunities that we confront today.

Studio McClelland & Stewart

A literary icon's "singular and beautiful" memoir of growing up as a first-generation Jewish American in Brownsville, Brooklyn (The New Yorker). A classic portrait of immigrant life in the early decades of the twentieth century, *A Walker in the City* is a tour of tenements, subways, and synagogues—but also a universal story of the desires and fears we experience as we try to leave our small, familiar neighborhoods for something new. With vivid imagery and sensual detail—the smell of half-sour pickles, the dry rattle of newspapers, the women in their shapeless flowered housedresses—Alfred Kazin recounts his boyhood walks through this working-class community, and his eventual foray across the river to "the city," the mysterious, compelling Manhattan, where treasures like the New York Public Library and the Metropolitan Museum beckoned. Eventually, he would travel even farther, building a life around books and language and literature and exploring all that the world had to offer. "The whole texture, color, and sound of life in this tenement realm . . . is revealed as tapestried, as dazzling, as full of lush and varied richness as an Arabian bazaar." —The New York

Times

[Why Won't You Apologize?](#) Copper Canyon Press

Jesús Castillo has created a sprawling contemporary epic that channels the mighty voices of the past (Ovid, Sappho) into a plainspoken song of our times. In a deft, generous style, Castillo takes hold of the stuff of our everyday lives and converts it into modern manna. The book is lovingly relentless, quietly piercing. It is a terrifyingly recognizable call: it is filled with all of our voices, our panic, our modern love, our screens, our roommate's cough, our melting icebergs, our planes and malls and frailties. Castillo writes, This is a test. A set of margins created for company. For waiting in train stations or asking a stranger the time. You're allowed to freak out this much only. There's a green car parked outside, by the curb, near the bike racks. An old man is asking people to put change in his plastic cup, and I remember my name contains both my father's and grandfather's stories. The table I'm sitting at is made of steel and marble. It's cold and it's spring. In the song on the radio, a noise...

The Children's Bach Harvard University Press

\*SHORTLISTED FOR THE T.S. ELIOT PRIZE AND COSTA POETRY AWARD 2013\* 'A stone is lobbed in '84, hangs like a star over Orgreave. Welcome to Sheffield. Border-land, our town of miracles...' - 'Scab' From the clash between striking miners and police to the delicate conflicts in personal relationships, Helen Mort's stunning debut is marked by distance and division. Named for a street in Sheffield, this is a collection that cherishes specificity: the particularity of names; the reflections the world throws back at us; the precise moment of a realisation. Distinctive and assured, these poems show us how, at the site of conflict, a moment of reconciliation can be born.

The Dance of Intimacy Stanford University Press

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A compelling account of the development of a great artist, and a portrait of the tragic character of an entire era. The uncompromising achievement of Elias Canetti has been matched by few writers this century. Canetti worked brilliantly in many forms, but the three volumes that comprise his autobiography are where his genius is perhaps most evident. The first volume, *The Tongue Set Free*, presents the events, personalities, and intellectual forces that fed Canetti's early creative development. *The Torch in My Ear* explores his admiration for the first great mentor of his adulthood, Karl Kraus, and also describes his first marriage. The final volume, *The Play of the Eyes*, is set in Vienna between 1931 and 1937, with the European catastrophe imminent; here he vividly portrays relationships with Hermann Broch and Robert Musil, among others.

One Minute Wellness William Morrow  
Paperbacks

"Ben Lerner is a brilliant novelist, and one unafraid to make of the novel something truly new. *10:04* is a work of endless wit, pleasure, relevance, and vitality." --Rachel Kushner, author of *The Flamethrowers*

*Leaving the Atocha Station* was hailed as "one of the truest (and funniest) novels...of his generation" (Lorin Stein, *New York Review of Books*), "a work so luminously original in style and form as to seem like a premonition, a comet from the future" (Geoff Dyer, *The Observer*). Now Lerner's second novel departs from *Atocha's* exquisite ironies in order to explore new territories of thought and feeling. In the last year, the narrator of *10:04* has enjoyed unexpected literary success, has been diagnosed with a potentially fatal heart condition, and has been asked by his best friend to help her conceive a child, despite his dating a rising star in the visual arts. In a New York of increasingly frequent super

storms and political unrest, he must reckon with his biological mortality, the possibility of a literary afterlife, and the prospect of (unconventional) fatherhood in a city that might soon be under water. In prose that Jonathan Franzen has called "hilarious...cracklingly intelligent...and original in every sentence," Lerner captures what it's like to be alive now, when the difficulty of imagining a future has changed our relation to both our present and our past. Exploring sex, friendship, medicine, memory, art, and politics, *10:04* is both a riveting work of fiction and a brilliant examination of the role fiction plays in our lives.

Heteronomy Open Road Media

This is the story of the families of the plains—obsessed with their land and history, their culture and mythology—and of the man who ventured into their world. First published in 1982, *The Plains* is a mesmerising work of startling originality. This handsome new hardback edition is introduced by Ben Lerner, author of the internationally acclaimed novels *Leaving the Atocha Station* and *10:04*, and a work of criticism, *The Hatred of Poetry*.

Mean Free Path McClelland & Stewart

"*Angle of Yaw*, Ben Lerner's ambitious second book of poetry, is an extended meditation on the commercialization of public space and speech. Combining philosophical insight with poetic experiment, political outrage with personal experience, Lerner's prose poems and lyrical sequences examine how technologies of viewing - aerial photography in particular - feed our spectacular culture an image of itself."--BOOK JACKET.

Flow Chart HarperCollins

From the professors who teach NYU's most popular elective class, "Science of Happiness," a fun, comprehensive guide to surviving and

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thriving in college and beyond. Every year, almost 4,000,000 students begin their freshman year at colleges and universities nationwide. Most of them will sleep less and stress out a whole lot more. By the end of the year, 30% of those freshmen will have dropped out. For many, the unforeseen demands of college life are so overwhelming that "the best four years of your life" can start to feel like the worst. Enter Daniel Lerner and Dr. Alan Schlechter, ready to teach students how to not only survive college, but flourish in it. Filled with fascinating science, real-life stories, and tips for building positive lifelong habits, *U Thrive* addresses the opportunities and challenges every undergrad will face -- from finding a passion to dealing with nightmarish roommates and surviving finals week. Engaging and hilarious, *U Thrive* will help students grow into the happy, successful alums they all deserve to be.

#### Butcher's Tree McSweeney's Books

"Lerner [is] among the most promising young poets now writing." —Publishers Weekly

"Sharp, ambitious, and impressive."

—Boston Review National Book Award finalist

Ben Lerner turns to science once again for his guiding metaphor. "Mean free path" is the average distance a particle travels before colliding with another particle. The poems in Lerner's third collection are full of layered collisions—repetitions, fragmentations, stutters, re-combinations—that track how language threatens to break up or change course under the emotional pressures of the utterance. And then there's the larger collision of love, and while Lerner questions whether love poems are even possible, he composes a gorgeous, symphonic, and complicated one. You startled me. I thought you were sleeping In the traditional sense. I like looking At anything under glass, especially Glass. You called me. Like overheard Dreams. I'm writing this one as a woman Comfortable with failure. I promise I will never But the predicate withered. If you are Uncomfortable seeing this as

portraiture Close your eyes. No, you startled Ben Lerner is the author of three books of poetry and was named a finalist for the National Book Award for his second book, *Angle of Yaw*. He holds degrees from Brown University, co-founded *No: a journal of the arts*, and teaches at the University of Pittsburgh.

*Threshold Songs* New Directions Publishing Adam Gordon is a brilliant, if highly unreliable, young American poet on a prestigious fellowship in Madrid, struggling to establish his sense of self and his relationship to art. What is actual when our experiences are mediated by language, technology, medication, and the arts? Is poetry an essential art form, or merely a screen for the reader's projections? Instead of following the dictates of his fellowship, Adam's "research" becomes a meditation on the possibility of the genuine in the arts and beyond: are his relationships with the people he meets in Spain as fraudulent as he fears his poems are? A witness to the 2004 Madrid train bombings and their aftermath, does he participate in historic events or merely watch them pass him by? In prose that veers between the comic and tragic, the self-contemptuous and the inspired, *Leaving the Atocha Station* is a portrait of the artist as a young man in an age of Google searches, pharmaceuticals, and spectacle. Born in Topeka, Kansas, in 1979, Ben Lerner is the author of three books of poetry *The Lichtenberg Figures*, *Angle of Yaw*, and *Mean Free Path*. He has been a finalist for the National Book Award and the Northern California Book Award, a Fulbright Scholar in Spain, and the recipient of a 2010-2011 Howard Foundation Fellowship. In 2011 he became the first American to win the Preis der Stadt Münster für Internationale Poesie. *Leaving the Atocha Station* is his first novel.

#### No Art Random House

No more dependence on cold medicines, prescription pills, and anti-depressants.

*With One-Minute Wellness*, you will revitalize every area of your well-being. And the bonus fiction story uniquely illustrates the authors' strategies at work in ordinary lives—a terrific motivator as you optimize your own life.

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Debths Farrar Straus & Giroux

Winner of the Hayden Carruth Award uses "broken sonnets" to explore complex juxtapositions of contemporary culture.

Away from Me Vintage

Your body is by God. God preprogrammed you to look great, have outrageous health, and experience incredible happiness. In the human body, God created a perfect design, equipped with all the organs, tissues, and cells necessary for health, production, and reproduction. The problem, asserts Dr. Ben Lerner, is when we as humans interfere with God's design for our bodies. Junk food, high-stress living, and neglecting exercise are just a few of the things we do to hinder our bodies' performance. In *Body by God*, Dr. Lerner offers a comprehensive plan for getting in touch with our bodies in four areas: nutrition, exercise, stress management, and time management. His "5-in-5" plan is designed to instill the good habits that will lead to optimum health benefits. Readers will learn how to get in shape with 10-minute workouts, reprogram the way they react to stress, and more. "Owner's Manual Tips" give specific ways to apply the material to real life. Our bodies are "fearfully and wonderfully made." With the help of *Body by God*, readers will learn how to achieve the highest level of performance from God's handiwork.

Angle of Yaw Columbia University Press

"The novelist and poet Ben Lerner argues that our hatred of poetry is ultimately a sign of its nagging relevance"--