
Mental Health South Africa Perspective 5th Edition

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International Perspectives on Child and Adolescent Mental Health Springer

This book represents the sharing of knowledge and experiences that is cross-cultural, cross-disciplinary and across countries. It aims bringing to the social work practitioner a wealth of understanding about situations, practices and cultures that could not possibly have been experienced first-hand about mental health. The book provides cross cultural perspectives on recovery; strengths based practice, mindfulness, disaster & mental health, community mental health and other related aspects. These contributions from across the world, from different cultures, and from vastly different experiences are

a celebration of the global practice of social work.

The series of chapters in this book makes a contribution to a deeper understanding of various facets of social work in mental health. The complexities elucidated here can be addressed by embracing the power of teamwork, the power of visionary leadership and the power of reflexivity. The book offers an opportunity for practitioners to explore all these in detail.

Critical Psychiatry and Mental Health Routledge

This unprecedented set examines the most prominent factors that harm or support healthy development in children outside the United States, from abuse and economics to social injustice and poor public policy.

African Perspectives on Ethics for Healthcare

Professionals Springer
This book introduces key issues in understanding social and cultural factors as they relate to mental health and illness, and to a southern African understanding and construction of these categories. It lays out central international and local debates in the field of mental health in an accessible way, making use of extensive research and case studies. Central theoretical debates (such as those between relativism and universalism, and between hermeneutical and critical approaches) are presented early in the text, and referred to throughout the more applied chapters. The aim is to equip the reader to assess the strengths and weaknesses of different approaches to

understanding specific aspects of mental health and illness. Stressed throughout is the role of the mental health professional in the construction of ideas of mental health and illness. Crime, Mental Health and the Criminal Justice System in Africa Springer Nature
In many African countries, mental health issues, including the burden of serious mental illness and trauma, have not been adequately addressed. These essays shed light on the treatment of common and chronic mental disorders, including mental illness and treatment in the current climate of economic and political instability, access to health care, access to medicines, and the impact of HIV-AIDS and other chronic illness on mental health. While problems are

rampant and carry real and devastating consequences, this volume promotes an understanding of the African mental health landscape in service of reform.

Culture and Mental Health Routledge

The book describes key socio-political reforms that helped shape post-apartheid South Africa's mental health system. The author interrogates how reforms shaped public, community-based services for people living with severe mental illness, and how features of this care has been determined, in part at least, by the relations between actors and structures in the state, private for-profit health care, and civil

society spheres. A description of the development of South Africa's post-apartheid health system, and the contentions that emerge therein, sets the stage for an analysis of the country's most tragic human rights failure during its democratic period, namely the Life Esidimeni tragedy. The roots of the tragedy are not only framed as a loss of life and dignity as a result of political corruption and administrative mismanagement, but as a power differential that ultimately highlights an unjust system that relegates its most vulnerable citizens to commodities, without voice and

without agency. The book concludes that the commodification of severe mental illness has been a product of neoliberal discourses that have shaped the economic ways in which the post-apartheid South African state have governed poverty and severe mental illness. This book will be of interest to scholars of health, social and economic policy in South Africa.

A Global Perspective

Texas A&M University Press

Critical Psychiatry and Mental Health critically explores the current theory and practice of ethno-psychiatry and multicultural mental health practices and policies.

Through an in-depth discussion of the work of Suman Fernando, one of

the world's leading scholars and researchers in race, culture and mental health, an international selection of contributors discuss and debate issues affecting mental health and minority ethnic individuals and groups. The book offers a new approach to global mental health, arguing that the use of outdated and outmoded ways in which psychiatry is researched and practiced is a thing of the past, that social justice can only be achieved through a more democratic approach to mental health care and emphasising that the inclusion of cultural and traditional healing methods and practices are vital to meeting diverse needs. Split into five parts, the book covers: Critique of Western Psychiatry and Mental Health Challenges and Opportunities in Mental Health Care Training and Development in Mental Health Practice Transnational Contexts:

Engaging the work of Suman Fernando Personal Reflections on Suman Fernando ' s Life and Work Critical Psychiatry and Mental Health is ideal for researchers and practitioners in health and mental health, psychiatry, counselling and psychotherapy and anyone interested in the intersection of race, culture and mental health.

Psychiatric Ethics

Routledge

This open access book offers essential information on values-based practice (VBP): the clinical skills involved, teamwork and person-centered care, links between values and evidence, and the importance of partnerships in shared decision-making. Different cultures have different values; for example, partnership in decision-making looks very different, from the highly individualized perspective of European and North

American cultures to the collective and family-oriented perspectives common in South East Asia. In turn, African cultures offer yet another perspective, one that falls between these two extremes (called batho pele). The book will benefit everyone concerned with the practical challenges of delivering mental health services. Accordingly, all contributions are developed on the basis of case vignettes, and cover a range of situations in which values underlie tensions or uncertainties regarding how to proceed in clinical practice. Examples include the patient ' s autonomy and best interest, the physician ' s commitment to establishing high standards of clinical governance, clinical versus community best interest, institutional versus clinical interests, patients insisting on medically unsound but legal treatments etc. Thus far,

VBP publications have mainly dealt with clinical scenarios involving individual values (of clinicians and patients). Our objective with this book is to develop a model of VBP that is culturally much broader in scope. As such, it offers a vital resource for mental health stakeholders in an increasingly inter-connected world. It also offers opportunities for cross-learning in values-based practice between cultures with very different clinical care traditions.

A Psycho-Criminological Perspective John Wiley & Sons

The essentials of mental health nursing are presented in this fourth edition of a landmark nursing textbook on psychiatric nursing in South African primary health care and community health care settings.

Global Mental Health in Times of Pandemic and Migration Juta and Company Ltd

Over the course of an African American's lifetime, mental health care needs change according to an individual's unique interactions with his or her environment.

Mental Health Care in the African-American Community uses this perspective to provide a deeper analysis of factors and issues affecting the mental health of African Americans. This comprehensive text provides a current and historical analysis of the impact of mental health research, policy, community, and clinical practice from a life

course perspective. Stressing evidence-based practice as an expanded way to think and talk about individualizing and translating evidence into a given practice situation, this valuable book provides a social work context for all helping professions. *Mental Health Care in the African-American Community* provides the helping community with non-traditional, expanded ways of thinking and intervening in the mental health needs and care of African Americans. Organized logically, this complex subject presents data in a user-friendly way that engages the reader, and provides chapter

summaries and suggested group/classroom activities to facilitate understanding. This text is extensively referenced and includes figures and tables to clearly illustrate data. Topics in *Mental Health Care in the African-American Community* include: a historical overview of African Americans' mental health care a conceptual and theoretical framework for African Americans' mental health current issues affecting mental health intervention for African Americans mental health in group homes and foster care depression substance abuse poverty ADHD suicide mental health in

elderly African Americans mental health policy rural African American mental health needs kinship care multiethnic families and children much, much more! Mental Health Care in the African-American Community is a valuable textbook for practitioners; administrators; researchers; policymakers; educators; and students in social work, psychology, mental health services, case management, and community planning. A South African Perspective Springer Affective Health and Masculinities in South Africa explores how different masculinities modulate substance use,

interpersonal violence, suicidality, and AIDS as well as recovery cross-culturally. With a focus on three male protagonists living in very distinct urban areas of Cape Town, this comparative ethnography shows that men ' s struggles to become invulnerable increase vulnerability. Through an analysis of masculinities as social assemblages, the study shows how affective health problems are tied to modern individualism rather than African ' tradition ' that has become a cliché in Eurocentric gender studies. Affective health is conceptualized as a balancing act between autonomy and connectivity that after colonialism and apartheid has become compromised through the imperative of self-reliance. This book provides a rare perspective on young men ' s vulnerability in everyday life that may affect the reader and spark

discussion about how masculinities in relationships shape physical and psychological health. Moreover, it shows how men change in the face of distress in ways that may look different than global health and gender-transformative approaches envision. Thick descriptions of actual events over the life course make the study accessible to both graduate and undergraduate students in the social sciences. Contributing to current debates on mental health and masculinity, this volume will be of interest to scholars from various disciplines including anthropology, gender studies, African studies, psychology, and global health.

International
Perspectives on
Psychotherapy ABC-
CLIO
Mental Health NursingA

South African
PerspectiveJuta and
Company Ltd
The Culture of Mental
Illness and Psychiatric
Practice in Africa Juta
and Company (Pty) Ltd
This book focuses on
ethical issues faced by
a variety of healthcare
practitioners across
the Anglophone African
continent. This
important resource
contains in-depth
discussions of the most
salient current ethical
issues by experts in
various healthcare
fields. Each profession
is described from both
an African and a South
African perspective,
and thus contributes to
dialogue and critical
thinking around African
ethics and decision-
making. In this way the

book provides readers with an understanding of the ethical issues at hand in various professions, including the practical implications of the ethical issues and how to address those effectively. This is a beneficial resource for all those involved in the various healthcare professions addressed in this book, including undergraduate students, lecturers, researchers and practitioners across the continent. Simply put, with the dynamic changes and challenges in healthcare across the globe and in Africa, this is an indispensable resource for healthcare practitioners.
Springer

If you are curious about Educational Psychology, this book is for you. You can read the chapters in any sequence, or you can start at the beginning, because this book provides myriad keys to the wonderful variety of themes in Educational Psychology today. Written by leading psychologists, researchers and practitioners, this book focuses on all the positive constructs in Educational Psychology and reflects on the wide range of strengths, assets and resources available to the educational psychologist. Each chapter presents an integrated overview, cutting-edge definitions

of key concepts, quotations from professionals and students, and reflective questions to guide your practice. Written primarily by South Africans, this book is particularly relevant to the local environment and presents practical application strategies. Indigenous knowledge is infused with international perspectives, and equal emphasis is placed on the learner and on the social context, on assessment and intervention, and on theory and practice. The book is extremely accessible to students, but will also be invaluable for teachers, psychologists, researchers and health

professionals.

A South African Perspective Routledge
In the late 1970s, South African mental institutions were plagued with scandals about human rights abuse, and psychiatric practitioners were accused of being agents of the apartheid state. Between 1939 and 1994, some psychiatric practitioners supported the mandate of the racist and heteropatriarchal government and most mental patients were treated abysmally. However, unlike studies worldwide that show that women, homosexuals and minorities were institutionalized in far

higher numbers than heterosexual men, Psychiatry, Mental Institutions and the Mad in Apartheid South Africa reveals how in South Africa, per capita, white heterosexual males made up the majority of patients in state institutions. The book therefore challenges the monolithic and omnipotent view of the apartheid government and its mental health policy. While not contesting the belief that human rights abuses occurred within South Africa ' s mental health system, Tiffany Fawn Jones argues that the disparity among practitioners and the fluidity of their beliefs, along with the disjointed mental health infrastructure, diffused state control. More importantly, the book shows how patients were also, to a limited extent, able to challenge the constraints of their institutionalization. This volume places the discussions of South Africa ' s mental institutions in an international context, highlighting the role that international organizations, such as the Church of Scientology, and political events such as the gay rights movement and the Cold War also played in shaping mental health policy in South Africa. Mental Health in Elite Sport OUP USA

The Oxford Handbook of the History of Psychology: Global Perspectives describes the historical development of psychology in countries throughout the world. Contributors to this volume provide narratives that examine the political and socioeconomic forces that have shaped their nations' psychologies. The Oxford Handbook of the History of Psychology: Global Perspectives Routledge Available electronically in an open-access, full-text edition from the Texas A&M University Libraries' Digital Repository at [http : / /hdl .handle .net /1969 .1 /146845](http://hdl.handle.net/1969.1/146845). Child psychiatrist and psychoanalyst Astrid Berg states in her

introduction that “ South Africa is a microcosm. ” It is a modern nation, yet many of its inhabitants follow ancient traditions. It is a nation with a colonial past marked by periods of violence, yet it has managed to make a largely peaceful transition to majority rule. It is a nation with eleven official languages embracing a great diversity of cultures and customs, and yet it is also a land where public debate is vigorous, free, and ongoing. In short, South Africa is a place where connections are being built and maintained—both those among people with long kinship and common culture, and those that reach across historical, racial, and class divides. “ The western world is undeniably more

advanced in certain areas of science and economic development,” Berg states, “but in other areas it seems to lag behind and could learn from” places like South Africa. In her work with children and infants, Berg has become instrumental in building connections with and among her fellow South Africans of all ethnicities. Based upon Berg’s 2010 Fay Lectures in Analytical Psychology at Texas A&M University, *Connecting with South Africa: Cultural Communication and Understanding* is both a self-reflective, subjective account and a scientific discourse on human development and intercultural communication. This volume will be warmly welcomed not only by psychoanalysts and those interested in Jungian thought and practice but also by anyone seeking more effective ways to learn from other cultures. *Connecting with South Africa* provides sensitive direction for those wishing to find healing and connection in a fractured society.

Cross-Cultural Perspectives
Routledge

"Mental health nursing is the result of a cooperative effort by mental health nurses from all over the country to produce a textbook for the teaching and learning of mental health nursing. The sixth edition has been updated and expanded to take into account various curricula in mental health nursing. The text is written in easy-to-understand language and provides an approach that will suit local circumstances. Rich in evidence-based practice

and practical examples, Mental health nursing will facilitate an active learning experience of the subject." --Cover.

Keys to Educational Psychology AFRICAN SUN MeDIA

This handbook incisively explores challenges and opportunities that exist in efforts aimed at addressing inequities in mental health provision across the globe. Drawing on various disciplines across the humanities, psychology, and social sciences it charts the emergence of Global Mental Health as a field of study. It critically reflects on efforts and interventions being made to globalize mental health policies, and discusses key themes relevant for understanding and supporting the mental health needs of people living in diverse socio-economical and cultural environments. Over three rich sections, the handbook

critically engages with Global Mental Health discourses. To help guide future efforts to support mental health and wellbeing in different parts of the world, the third section of the handbook consists of case studies of innovative mental health policy and practice, which are presented from a variety of different perspectives. This seminal handbook will appeal to a transnational community of post-graduate students, academics and practitioners, from global health to transcultural psychiatry and medical anthropology. It will be also of interest to researchers and clinical practitioners, policy makers and non-governmental organisations involved in cross-cultural mental health work. The Global Challenge World Health Organization This clear-sighted resource critically examines the status of

clinical psychology practice across the diverse regions of the world. Dispatches from North and Latin America, Eastern and Central Europe, China, South Korea, Australia, Africa, the Middle East, and elsewhere illustrate in depth the universality of mental distress and disorders, and the intersection of local knowledge and established standards in providing effective care. Pathology and its treatment are viewed in light of cultural values, belief systems, ethics, and norms, reflecting the evolution of clinical practice toward personalized care and culturally sensitive intervention. This important information serves a number of immediate and long-term goals, including developing culture-specific diagnoses and treatments, improving professional competencies, and the ongoing exchange of ideas within a global field to benefit all patients worldwide. Coverage compares key areas such as:

- Concepts of mental pathology and health.
- The sociopolitical aspects of psychology, rooted in the history of the country/region.
- Popularly used approaches to intervention.
- Types of services and providers.
- The state of training and credentialing.
- Relationships between clinical psychology and indigenous healing traditions. The audience for Clinical Psychology across the World includes advanced undergraduate and graduate students and trainees/interns in clinical psychology, as well as developers of training programs. It can also serve as a valuable supplementary text for seminars or lectures on clinical psychology.

An Ethnography of (In)vulnerability Routledge

Presents the justification and advantages of providing mental health services in primary care. Provides advice on how to implement and scale-up primary care for mental health, and describes how a range of health systems have successfully undertaken this transformation. Part 1 provides the context for understanding primary care for mental health within the broader health care system. Part 2 explains how to successfully integrate mental health into primary care and highlights 10 common principles which are central to this effort. It also presents 12 detailed case examples to illustrate how a range of health systems have undertaken this transformation. Annex 1 provides information about the skills and competencies that are required to effectively assess, diagnose, treat, support and refer people with mental disorders.