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avocado (peeled and stoned) 1/4 cup water. Mix all these ingredients by blending for about 30 seconds in your Nutri Ninja. Pour into a serving glass and enjoy your yummy Nutri N inja smoothie. This is a highly nutritious drink packed with vitamins C, B6, and many more.

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healthy drinks, healthy ... Tzatziki sauce is a flavorful Greek condiment that works well with grilled chicken or falafel. I'm using the same flavors. but making a thicker version in this Tzatziki Inspired Dip. It's great served with veggies or pita chips. Plus, it only takes seconds to make when you use the Nutri Ninja Nutri Bowl Duo. Nutri ninja recipes for energy - zdoml .studiohopera.it Nutri ninja recipe book 70 smoothie recipes for weight loss full version nutri ninja recipe book 70 smoothie

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peeled and frozen. 3/4 Cup Low Fat (not fat free) Milk, or as needed 1 Tsp capable of Vanilla extract 1 **Tbsp Chocolate** Chips *1 Tsp Cinnamon Sugar. How to make it: Cut the bananas into 1 1/2 inch pieces and add to the 48 oz . pitcher, top with the milk and vanilla. Nutri Ninja Recipe Book: 70 for energy, Nutri Ninja Recipe Book - 70 Smoothie Recipes for Weight Loss, Increased Energy and Improved

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