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Nutrition

In addition to authoring Nutrition for Healthy Living and Nutrition Essentials: A Personal Approach, Wendy has coauthored a college-level personal health textbook and authored many other nutrition-related educational materials. She is a registered dietitian nutritionist and a member of the Academy of Nutrition and Dietetics.

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Nutrition for healthy living vocabulary. Class of nutrients that do not dissolve in water. A chain of carbon atoms bonded to each other and to hydrogen a... First carbon of a fatty acid chain that has 3 hydrogen atoms a... Fatty acid that Has each carbon atom within the chain filled w... Lipids Class of nutrients that do not dissolve in water.

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In addition to authoring Nutrition for Healthy Living and Nutrition Essentials: A Personal Approach, Wendy has coauthored a college-level personal health textbook and authored many other nutrition-related educational materials. She is a registered dietitian nutritionist and a member of the Academy of Nutrition and Dietetics.

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