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The third edition of Overeaters Anonymous, OA's Brown Book, includes forty never-before-published, personal stories by recovering OA members from around the world. the founder's story the complete text of "Our Invitation to You"

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Overeaters Anonymous (OA) offers a program of recovery from compulsive overeating using

theTwelve Steps and Twelve
Traditions of OA. Worldwide
meetings and other tools provide a
fellowship of experience, strength
and hope where members respect
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B OOKS 1) Overeaters Anonymous, Third Edition, specifically the Forewords and Appendices, "The Role of a Plan of Eating in Recovery from Compulsive Eating,"

" A Disease of the Mind, " " A Disease of the Body, " " A Disease of the Spirit " (#980)

Overeaters Anonymous 3rd Edition - OA Great Britain

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THIRD EDITION - Overeaters Anonymous Overeaters Anonymous is a Fellowship of individuals who, through shared experience, strength, and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are selfsupporting through our own contributions, neither soliciting nor accepting outside donations.

Overeaters Anonymous, Inc. - bookstore.oa.org OA's third edition of the beloved 'Brown

Book' includes forty never before published stories by members from around the world, the complete text of 'Our Invitation to You' the founder's story, and a new foreword by an eating disorder treatment professional with a new appendix to help readers understand the importance of using the Plan of Eating tool in finding abstinence.

2016 Catalog listing - Overeaters Anonymous

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Overeaters Anonymous has approximately 6,500 meetings in over 80 countries. Use the search buttons to find a face-to-face, telephone, online, or non-real-time meeting (meetings that do not meet in real time, such as loops, social media, and mobile apps).

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