

Own Your Value

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Grace Scott

Offers an action plan for building success skills and fulfilling one's potential, with tips on increasing confidence and creativity, learning from failure, and setting goals

The Passion Belief Method Berkley
The second edition of the successful and definitive nursing textbook, Nursing Practice is designed to support the student throughout the entire nursing degree. Structured around the latest Nursing and Midwifery Council Code of Conduct, it explores a range of clinical and professional issues that the student will need to know, in one complete and accessible volume. Thoroughly updated and with full-colour, high quality illustrations throughout, this new edition features an additional chapter on the principles of supporting families and carers in practice, advice on revalidation, as well as a number of learning features and activities to help consolidate learning. Nursing Practice provides invaluable information to enable not just student nurses, but also those who are qualified and members of the extended nursing family, to develop a deeper understanding of their patients ' needs and to ensure that they are practicing safely and effectively.
One Face Alchemy Publishing Group
This is the definitive practical introduction to a skills-based approach in existential therapy. Accessible for those without a philosophical background, it describes the concrete and tangible skills, tasks and interactions of existential practice. It covers the theoretical background and history of existential therapy, along with taking a

phenomenological approach to practice and individual clients. This second edition has been thoroughly updated to reflect recent thinking, and expanded to include: * A new chapter on the applications of existential therapy in wider contexts, such as supervision and coaching. * A new chapter covering professional issues and challenges, such as working in the NHS, engaging with research and the use of the Internet in existential therapy. * A companion website which includes video content, featuring the authors explaining each chapter ' s underpinning theory, and demonstrating the principles in practice. A much needed resource for trainees as well as experienced practitioners keen to expand their knowledge, the authors make the existential approach accessible to all those who wish to find out what it has to offer.
A Guide to Doing Your Research Project
Simon and Schuster
Lesley Salvato offers fresh perspectives, strategies and solutions as a means of becoming more effective and efficient in your life. She offers realistic considerations for CEO's, Business Owners, as well as people simply looking for lasting change in balance and success at work, home and daily relationships. Finally a real opportunity to become more productive at work, more present with your family and more engaged in your current relationships...now. It is time to Own your Now. After all, it is yours to own! Own Your Now will motivate you to move forward in every area of your life. It will shed light into behaviors and routines that keep you stuck and distant from the success and happiness you are capable of achieving. You will see that you do not need to become someone else, but simply be open to a new lens, which will allow a new path to emerge. Lesley is a successful Coach and Owner of Geller Coaching. For more details about her experience and approach please visit:
www.GellerCoaching.com.
Diamond in the Rough Harvard Business Review Press

The future of Pharmacy practice lies in learning to control your own destiny. You need to stop waiting for permission and exercise your will to be great. If you believe that your employer will look out for your future, you are sadly mistaken. Learn how to start building your own income streams to secure you own financial security. I help frustrated, overworked professionals worried about the state of their profession, select and implement the best value strategy possible so they can get paid what they are worth and build a secure future for themselves and their families. My tribe believes that the Real Pharmacists are needed to provide real care to real patients. Patients never fit the guidelines. They need us to figure out what they need and figure out how to get it to them. If you want to become the best in the world at what you do then you need to develop the will to be great, the desire to excel and the ability to create value for your stakeholders.
How To Earn Income At Competitive Rates: Use Your Skills Simon and Schuster
The author of the best-selling You Can Make It Happen strongly encourages readers to create a strong, unique, unassailable personal "Life Brand" they can carry with them into every circumstance to enrich their own lives and the lives of others in the workplace, the family, and the community-at-large. Reprint. 35,000 first printing.
Shed the Mask, Own Your Values, and Lead Wisely Jacqueline Lee Lyles
This book was extremely helpful in determining your first steps, as well as the next steps about starting the business. After a decade as a Virtual Assistant and Online Business Manager for some of the most successful entrepreneurs today, the author gives you the tools to start your

own VA business with great clients and abundant income. After reading, you'll know how to: - Find the right clients for you - Use your skills and experience to match you with a VA niche - Create a website and social media marketing to stand out and get clients - Use online tools to work smarter and faster - Gain the skills you need to stay competitive - Handle client requests and even difficult clients - Earn income at competitive rates that don't undercut your value

Seven Simple Principles to Create Extraordinary Value SAGE

The bestselling motivational guide that TheAtlantic.com calls "a rallying cry for women to get the money they deserve." Why are women so often overlooked and underpaid? What are the real reasons men get raises more often than women? How can women ask for--and actually get--the money, the job, the recognition they deserve? Prompted by her own experience as cohost of Morning Joe, Mika Brzezinski asked a wide range of successful women to share the critical lessons they learned while moving up in their fields. Power players such as Facebook's Sheryl Sandberg, Senator Elizabeth Warren, Harvard's Victoria Budson, comedian Susie Essman, and many more shared their surprising personal stories. They spoke candidly about why women are paid less and the pitfalls women face--and play into. Now expanded to address gender dynamics in the #MeToo era, Know Your Value blends compelling personal stories with the latest research on why many women don't negotiate their compensation, why negotiating aggressively usually backfires, and what can be done about it. For any woman who has ever wondered if her desire to be liked can be a liability (yes), if there is a way to reclaim her contribution after it's been co-opted in a meeting (yes), and if there are strategies men use to get ahead that women should too (yes!), Know Your Value provides vital advice to help women be their own best advocates.

Hello Baby! Everything new mums need to know about life with baby Hachette Books

Dolly Parton once said, "Find out who you are and do it on purpose." Many people today are coasting on autopilot, with no passionate connection to the routine work they do day in and day out. The good news is that it doesn't have to be this way. In The Passion Belief Method, entrepreneur success strategist and in-demand life and business coach and speaker Megan Tull offers practical exercises and methods to help you find your gifts and turn them into work you can be truly passionate about. Megan, who became a single mother after being widowed at an early age, used her passion for raising her young son as the starting point for creating a business that allowed her to stay closer to home but to also triple her income in the first year. Megan leans on her experiences to teach you her 5-Step Passion Belief Method to achieve an empowered self. Filled with recognizable true stories from Megan's many clients and inspiring quotes from other high achievers, speakers, and writers, The Passion Belief Method will teach you how to unlock your inner gifts, overcome your fears, and visualize what you want and who you'll be when you have it--then bring that into being.

Define Your Worth, Differentiate Your CPA Firm, Own Your Market

Brookings Institution Press

Own Your Value give you a ring-side seat to meet more than 40 innovators who are friends, clients, and supporters. Their stories from field experience are examples of real-world experiences you can relate to that are relevant to your challenges. These innovators are the real heroes and this is a small part of their heroes' journey toward success.

Knowing Your Value New World Library

A major shift is stirring in the corporate world today. Leaders at all levels are feeling a sense of restlessness, with many questioning the value of what they do and why they do it. Intuitively they already know there is a different way to operate - to show up, honour their values, build trust and positively influence others...and now finally here is a road map that shows them how, from the inside out! The Restless Executive – is a modern fable from an author with over 25 years

corporate experience, which includes coaching top international business leaders. This story reveals how aligning personal values with leadership style can transform performance and job satisfaction, and cure the restlessness so many of today ' s professionals are experiencing. Are you leading aligned to your values? Or are you restless in a role where you ' re overworked, frustrated and pulled in all directions? The Restless Executive offers an alternative to being conditioned by your external environment and invites you to discover your own personal values, to lead with energy and purpose and to transform your working life and that of those around you. Packed full of practical tools, tips and techniques Practical guide which shows you how to explore your own restlessness and discover the gifts it holds Transform the way you live and lead as you develop deeper levels of engagement, motivation and trust

Transforming lives through values Createspace Independent Publishing Platform

A powerful new voice providing clear and direct guidance for personal transformation Energy Speaks gives us a clear blueprint for growth and change. It provides practical guidance and inspiration on the things that matter most to us — including love, sex, money, personal power, self-expression and purpose, emotional healing and well-being, and how to have peace with our families — as well as more esoteric topics, such as how to invoke the help of our spirit guides and angels. This empowering book is the work of a great emerging spiritual teacher. It is filled with tools that you can use to break free of limitations and transform your life.

Skills in Existential Counselling & Psychotherapy Morning Joy Media A revised and expanded edition of Mika Brzezinski's Knowing Your Value-her bestselling self-help title about women and negotiating, featuring interviews and advice from the likes of Sheryl Sandberg, Elizabeth Warren and many others- now with updated statistics, fresh interviews, and a powerful new chapter about knowing your value in personal relationships. Why are women so often overlooked and underpaid? In her bestselling 2011 manifesto Knowing Your Value-now updated and expanded with all-new

material-Mika takes an in-depth look at how women can achieve their deserved recognition and financial worth. Prompted by her own experience as co-host of Morning Joe, Mika interviews a number of prominent women across a wide range of industries on their experiences moving up in their fields. Mika shares the surprising stories of power players such as presidential adviser Valerie Jarrett, comedian Susie Essman, writer and director Nora Ephron, Facebook's Sheryl Sandberg, television personality Joy Behar, and many others. She also gets honest answers from the likes of Donny Deutsch, Jack Welch, President Donald Trump, and others about why women are paid less, and what pitfalls women face - and play into. Know Your Value blends new personal stories with updated cutting-edge research on why many women don't negotiate their compensation, why negotiating aggressively usually backfires, the real reasons why the gender wage gap persists, and what can be done about it. In the new 2018 edition, Mika updates the book throughout with current statistics about women's compensation rates and leadership roles; she adds new interviews with high-profile business leaders; and adds an entirely new chapter about "knowing your value" in personal relationships. Written in Mika's brutally honest, funny, and self-deprecating style, Know Your Value is a vital book for professional women of all ages.

The Real Future of Pharmacy Practice Revealed Crown House Publishing
GET READY TO LIVE YOUR PHENOMENAL LIFE It's not easy being a young woman in business today, but Own Your Phenomenal Self is the guide that will put your career on the fast track. After almost four decades succeeding as a business executive and entrepreneur, Rita P. Mitchell has already fought and conquered the battles you currently face in the corporate world. What's her secret? Find out in Own Your Phenomenal Self . With refreshing and unfiltered candor, Mitchell delivers a much-needed take on 'been there, done that, ' offering the next generation of females in business: A

collection of compelling, inspirational, and personal stories, easily read during a quick flight or short road trip Memorable anecdotes and illustrations that deliver profound wisdom and strategic prowess Encouragement to focus on the three core building blocks of being phenomenal: character, success, leadership Practical steps for owning your purpose and understanding your value No matter your background, experience, education, or credentials, you can have what you want out of life, and you can have it on your terms. Only you get to determine your value, your worth, and your destiny. Own Your Phenomenal Self is the book to help you do just that. Shift your mindset. Knock down obstacles. Become the phenomenal woman you've always wanted to be. Own Your Phenomenal Self

Worldchangers Media

Do you avoid marketing your business because it makes you feel salesy? Have you tried a lot of marketing strategies only to find they don't work for you? Are you ready to finally master how to market your business with ease? You're not alone! Many women entrepreneurs would rather have a root canal than market themselves. Marketing successfully and authentically requires a deep understanding of your value and your perfect clients' pains, struggles, and dreams. You want to talk to your clients so they listen. She Markets is your step-by-step guide to attracting clients effectively and naturally. Inside, you'll discover how to: "Reframe your Marketing Mindset so you feel comfortable attracting clients" Tap into your clients' pain points and create content specifically for them "Speak your clients' language so they realize you 'get' them" Craft emotional, compelling headlines that capture their attention "Put the 90-Day Client Connection Plan to work sharing your message, your expertise, and your content" Use our structure, checklists, examples, and exercises to reach and impact more of your perfect clients ¿ And much, much more! You possess unique, hard-won skills, talents, and expertise. Your clients need your help, training, and leadership. They're waiting for you. She Markets makes it easy for your clients to find you.

Own Your Now Morgan James Publishing

Do you own your own business? If so, how much is it worth? Overall, how comfortable are you with the whole business valuation process? Most owners do not realize that they have a lot more control over what actually drives business value; consequently, few are focusing on the right things. Enter

the Ring\$ of Value, my secret interpretation of how to take an ordinary company and make it extraordinary. In this book, I'll show you how to quickly calculate a business value just like the professionals do. But more than that, I'll also show you how to drive that value beyond what you might have ever thought possible--something those professionals generally keep to themselves. Are you ready to start your transformation?

Overcome Your Money Emotions, Value Your Own Labor, and Manage Financial Freak-outs in a Capitalist Hellscape Simon and Schuster Values Education is the philosophy and practice that inspires both children and adults to be the best that they can be. After all, we are all growing, and it is not only our children that can benefit from education and development, but adults too. In his constant bid for better education, author Dr. Neil Hawkes advocates a positive mental attitude which aims to empower young people with a sense of their own future and their potential to shape it according to their own purpose. Neil discusses the benefits of caring for yourself and others, as well as providing medical evidence to support these ideas. He contextualises his philosophy by demonstrating ways in which teachers, parents and pupils can use it to create a happier and more productive learning environment by raising their self-awareness and self-confidence.

The Tools To Start Your Own VA Business Rita P. Mitchell LLC

A “ motivating, encouraging, concise, clear, effective and efficient ” primer for anyone who wants to live, work, and find success as their true self (Jason O ’ Rourke, Hospital Chaplain, US Army Special Ops). Are you missing out on future success because your internal values are out of alignment with your external message? In One Face, Sarah McDugal takes you on a journey of personal discovery and growth, showcasing stories of wildly successful entrepreneurs and professionals who are committed to leading with transparency and living with a clear, honest, and singular purpose. Here, you will discover how to Define your personal core values. Transform even the

harshest feedback into fuel for growth. Use a proven framework to make decisions you won't regret. Live with less stress, less guilt, and more freedom to be yourself.

Utilizing the lessons in this book, you will possess a clearly defined set of core values, a four-step framework for making decisions without regret, and the tools you need to build your brand to last beyond a lifetime.

From My Heart Microcosm Publishing

Buying your own business is the shortest route to realizing that dream-and often financially safer than starting from scratch. Buying Your Own Business, 2nd Edition is the essential reference to reaching your goal. This completely revised and updated guide offers more strategies and tips than ever. You'll learn how to: Identify business opportunities Plan an acquisition strategy Evaluate target businesses Negotiate a fair arrangement Close the deal Also included are completely new sections on how to: Utilize online resources Revitalize a sluggish company Assess a company's strengths and weaknesses Prepare for tax season with up-to-date changes in tax laws. With more than twenty years of experience buying and selling businesses, Russell Robb provides the practical step-by-step advice you need to buy a business-and make it your own! Russell Robb is a twenty-year veteran in the mergers and acquisitions business, providing investment banking and corporate finance advisory services to a wide range of middle-market companies. He served as president of the Boston Chapter of the Association for Corporate Growth (ACG) and as president of the 9,000-member Association for Corporate Growth International headquartered in Chicago. Robb is the author of Streetwise(r) Selling Your Business and the first edition of Buying Your Own Business. He is currently the managing director of Tully & Holland, Inc. He lives in Cambridge, MA.

She Markets Soar with Eagles Find your signature voice People are drawn to and influenced by leaders who communicate authentically,

connect easily with people, and have immediate impact. So how do you become one of them? How can you learn to "own the room"? This book will help you develop your leadership presence. According to Amy Jen Su and Muriel Maignan Wilkins, leadership presence is the ability to consistently and clearly articulate your value proposition while influencing and connecting with others. They offer a simple and compelling framework, as well as practical advice about how you can develop your own personal presence. No matter where you sit in an organization, you can "own the room" if you are able to do two things well: first, demonstrate your authentic value and distinction, and second, connect to others in a positive way. Leaders who are able to be authentic while connecting with and impacting others have what the authors call a "signature voice"—a means of self-expression that is uniquely and distinctly their own. Once you discover and express your own signature voice, you'll be ready to take your leadership presence to the next level. Filled with real-life stories and examples, Own the Room demystifies the concept of presence and gives you the tools you need to identify and embrace your unique leadership voice—and have a greater impact on the world around you.