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Children are complex little beings, and parents will miss a lot if they think that their parenting needs only focus on the child's physical well-being. Finding resources to parent a child on these deeper levels, though, can be tough. Enter Parenting From the Inside Out. This unique book offers the combined perspectives of a psychiatrist (Daniel ...  
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Disclaimer: This audiobook of Parenting from the Inside Out includes the new preface written by the authors' for the tenth anniversary edition. However, the audiobook is based upon the first edition of the work published in 2003, not the updated and revised edition of the audiobook.  
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Parenting Inside Out (PIO) is an evidence-based, cognitive-behavioral parent management skills training program created for incarcerated parents through a six-year collaboration of scientists, policymakers, practitioners, and instructional designers. Both the information in the program and the way that information is presented were informed by knowledge derived from research and practice.  
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