

Paul Joannides Guide To Getting It On

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[The Smart Girl's Breakup Buddy](#) Harper Collins

A breakthrough in sexual literature, this work is a complete, comprehensive user-friendly guide to and tour through the world of alternative sexual lifestyles. While the topics are exotic and erotic, the authors handle each one in a sensitive, thorough, analytical, and fascinating way and manage to explain a secret world to those who might wish to visit.

[The Sex You Want](#) Chronicle Books

A NEW YORK TIMES BESTSELLER An essential exploration of women's sexuality that will radically transform your sex life into one filled with confidence and joy. After all the books that have been written about sex, all the blogs and TV shows and radio Q&As, how can it be that we all still have so many questions? The frustrating reality is that we've been lied to — not deliberately, it's no one's fault, but still. We were told the wrong story. Come as You Are reveals the true story behind female sexuality, uncovering the little-known science of what makes us tick and, more importantly, how and why. Sex educator Dr Emily Nagoski debunks the common sexual myths that are making women (and some men!) feel inadequate between the sheets. Underlying almost all of the questions we still have about sex is the common worry: 'Am I normal?' This book answers with a resounding Yes! We are all different, but we are all normal — and once we learn this, we can create for ourselves better sex and more profound pleasure than we ever thought possible. PRAISE FOR EMILY NAGOSKI 'As a literary work, Nagoski's book deserves plaudits for the rare achievement of merging pop science and the sexual self-help genre in prose that's not insufferably twee ... "You are normal!" doesn't sound much like a battlecry, but in a world keen to sexually homogenise women from the gap of their thighs to the shape of their mons pubis, the sentiment lands like a bomb.' The Guardian 'Come as You Are screams female empowerment loud and proud.' The Independent The Secret Lives of Teen Girls Routledge

Thorough, frank, humorous, and accessible, with candid illustrations throughout, this book starts where most books on sex leave off. Based on years of research and ideas contributed by a variety of people, including doctors, social workers, psychologists, surfers, priests and a prostitute, this is the thinking person's sex book.

[A Neurobiology of the Brain, from the Womb to Alzheimer's](#) Cleis Press

A guide to help women understand how their bodies work and to take charge of their sexuality, discussing anatomy, body image, trauma, overcoming difficulties, and related topics.

[An Extraordinary Orgasm Guide](#) Routledge

Readers can banish boredom from the bedroom all year with this day-by-day guide to the most erotic foreplay and exciting sex imaginable.

[The Smart Girl's Shame-Free Guide to Sex and Safety](#) Scribe Publications

With the divorce rate soaring at a dizzying 60 percent, young couples and experienced partners may lack the skills and understanding to sustain a committed relationship. Linda and Charlie Bloom present 101 nuggets of wisdom that deliver practical guidance and make it clear that regardless of past experience anyone can develop the basic strengths, skills, and capacities needed for a great relationship. Each lesson is presented as a simple, one-sentence thought followed by an explanation using real-life examples. This book demonstrates how couples can enrich their own relationships by working through love's challenges. Guide to Getting It On! Da Capo Lifelong Books

Winner of the 2011 AASECT Book Award! Co-authors of Men's Sexual Health, Michael Metz and Barry McCarthy have come together to inspire and motivate readers in their newest book, Enduring Desire. Real-life examples and clear, helpful individual and couple exercises allow readers to reach for realistic and high quality sexual satisfaction as a couple. Throughout the book, the authors promote positive, realistic sexual expectations without commercialism and the hyped, exotic promises that only set people up for disappointment. The message is down-to-earth and full of joy for all couples from their 20s to their 80s. The authors advocate the variable, flexible "Good Enough Sex" (GES) model, which validates the inherent variability and flexibility of couple sexuality and examines the biopsychosocial, multidimensional, and comprehensive roles, functions and meanings of couple sexuality.

[A Book About the Wonders of Sex](#) Simon and Schuster

In The Secret Lives of Teen Girls, Evelyn Resh, the mother of a teenage daughter and a certified nurse-midwife specializing in the treatment of teenage girls, explores the mysterious world of female, adolescent sexuality and how parents-especially mothers-can help their daughters through this tumultuous time. Secrets divulged by teenage girls during consultation have made Resh realize that, with rare exception, most adolescents are left to develop a sexual identity without any adult guidance and often without the most basic knowledge of what is happening to them physically and emotionally. She also realized that many girls are frequently subject to criticism and shaming about their normal, adolescent behavior. Resh believes these issues are what underlie many of the problems teens face during this crucial step into becoming a fully developed adult woman capable of making good, sound, safe, and independent decisions throughout life. Through compelling, frank, and sometimes humorous stories from both Resh and her patients, The Secret Lives of Teenage Girls explains to parents just what is going on with their teenage daughters during this essential phase of their development. She discusses many of the complicated problems she's seen in practice, including not just sexual activity but also eating disorders, substance abuse, mental illness, unplanned pregnancies, violence, and STDs. She also looks at less serious but still troubling issues like under-achievement, battles with parents, and lack of emotional and social support. In this insightful book, Resh provides parents with the tools to help their teen daughters negotiate the waters of their sexual development and emerge with their strength, their sexuality, and their self image intact.

[Guide to Getting It On](#) Random House

Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies.

[A Hands-on Guide to Ecstatic Sex](#) Hachette UK

"Girl Sex 101 is the best sex guide in years." - DIVA Magazine Girl Sex 101 is a sex-ed book like no other, offering helpful info for ladies and lady-lovers of all genders and identities, playful and informative illustrations on each page, and over 100 distinct voices, plus a hot narrative that shows you how to put the info to good use! Learn how to navigate the twists and turns of female sexuality, with special guidance from thirteen guest sex educators including Nina Hartley, Sex Nerd Sandra, Jiz Lee, Tristan Taormino, Julia Serano, Reid Mihalko and more! Girl Sex 101 will teach you... *The bits and pieces that make up female sexual anatomy *Simple ways to communicate in the heat of the moment *How to build a Road Map of your partner's pleasure *Essential moves for cunnilingus, strap-ons, hand sex and more! *Positions to avoid fatigue and generate the power you need to rock your girl's world! You'll gain confidence to please your girl, no matter what your hands-on experience. Buckle your seat belt and get ready to ride!

[Woman Cancer Sex](#) Allison Moon

[Guide to Getting it on](#) A Book about the Wonders of Sex

[Sex Matters for Women](#) Seal Press

A frank and witty tour of modern sexuality from a knowing young "sexpert" who's seen -- and done -- it all. From her popular columns and website to her videos and lecture series, Tristan Taormino has garnered raves for her unabashed straight talk about sex. Now, for the first time in book form, she imparts wisdom gleaned from years of adventurous and informative sexual anthropology. As a sex educator, Tristan has listened to thousands of people's most intimate questions. In Pucker Up, she responds to those queries -- no matter how taboo -- giving honest, useful advice that doesn't shy away from sensitive topics. All the basics are covered here, but Tristan also tackles such topics as strap-ons, female ejaculation, the latest sex toys, erotica and how it can improve your love life, and new strategies for hitting that elusive G-spot. Pucker Up is quite simply an indispensable book for anyone looking for healthy, adventuresome, mind-blowing sex.

[Reclaim Your Sex Life with the Revolutionary Multi-Point System](#) Harmony

The first definitive guide to P-Spot pleasure will offer men erotic pleasure beyond what they imagined possible. Co-authored by one of the foremost experts on sexual health, Charlie Glickman, men who may not feel confident exploring anal play will be empowered to claim the prostate as an erogenous zone ripe for exploration. And men who already enjoy prostate play will find much to learn from this friendly, accessible how-to guide. The P-Spot covers tips and techniques for prostate play, as well as outlining important safety information and how to maintain prostate health.

[Fitness for Satisfying Sex](#) Cleis Press

Featuring more than 15 illustrations and more than five chapters, this sex book includes pages that help to bring a smile, a blush of crimson, or a moment of awe.

[Guide to Getting it on](#) Guilford Press

Proudly Announcing the 10th Edition of the GUIDE TO GETTING IT ON Few people had heard of Bumble and Hinge when the last edition of the "Guide To Getting It On" went to press four years ago. No one in their right mind would have guessed that Chaturbate would become the 28th most popular website in the US, or that women in college would pay for their tuition by selling pics on a website called OnlyFans. And good luck to any guy who calls a woman to ask her for a date instead of texting, because she'll probably think he's a stalker. Anyone who says "Why would we need a new edition of a book on sex?" needs to throw away their flip phone and wake up. Each new edition of the "Guide to Getting It On" has risen to the challenge of helping young adults negotiate an ever changing landscape of sex and relationships, and the new 10th edition is no different. Today's young adults are the first generation who began watching the most explicit porn in history on their phones in Middle School. They have very different expectations and needs from a book on sex today than when the first edition of 'The Guide' was published more than twenty-five years ago and was praised as one of the best books on sex ever written. At a time when YouTube has become the source of all wisdom, the 10th edition of the "Guide To Getting It On" remains the one book on sex that people still want to buy, read and share with a partner. And for readers who value videos, several chapters of the 10th edition have links to videos that were made to go with the book.

[Becoming Cliterate](#) Villard Books

Masturbation is like tuning a radio -- you don't know what frequencies you'll enjoy until you play with the knobs. Masturbation has a complicated stigma attached to it; everybody is doing it, but not everybody talks about it. Some were told that touching oneself would cause cute kittens to die, some were told masturbation led blindness. Getting Off: A Woman's Guide to Masturbation is here to debunk those masturbation myths, and reinforce the truth. Masturbation is a totally natural and normal way for women to connect with and find pleasure in their bodies. Fun, informative, and illustrated, Getting Off provides women with a wealth of masturbation knowledge -- its history, the mechanics of it, the joys of sexy toys -- plus clear, concise tips on getting off. Foreword by Betty A. Dodson

[It's Called a Breakup Because It's Broken](#) Cleis Press

Ever wondered if cowboys do it with their boots on? What music a record store clerk plays while going at it? What's really happening up there in the projection booth during the movie? Sex Advice From... bypasses the experts and hits the streets (and the farm, and the runway) for advice on the way we really do it. Featuring perfectly respectable photos of real people with interesting jobs and even more interesting sex lives this book collects interviews from more than 200 willing participants. Before sending their brave correspondents into the trenches, the editors at Nerve.com spent weeks locked inside the Nerve war room drawing up a comprehensive list of questions about all things sex: dirty talk, home movies, hygiene, foreplay, blowjobs, anal techniques, and threesomes, to name just a few. The correspondents then traveled far and wide in search of novel advice. They spoke to bloggers, tour guides, lifeguards, pool cleaners, sideshow performers, and ex-pats living all over the globe. The result? This chunky paperback chock-full of everything you ever wanted to know about sex but were too afraid to ask the salesman at your local car dealership.

[Enduring Desire](#) ReadHowYouWant.com

Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies.

[The Better Sex Guide](#) HarperOne

Plenty of books on sex suggest that it has to be done in a certain way, or in a certain kind of relationship, or with certain people. This isn't that kind of book. Enjoy Sex is a truly practical, friendly guide through the confusing, and sometimes alarming, world of sex and sexuality. Its radical approach puts your experience at the heart of the book, and invites you to explore what might be enjoyable to you. With the authors' engaging and thoughtful style, the book challenges the messages we receive about 'normal' sex, looks at how to understand and care for yourself, delves into ideas of pleasure for different bodies, ages and tastes, explores relationships, and tackles the tricky topics of communication and consent. So, throw out the rule book and learn to listen to your own desires. This may just be the most helpful book about sex ever.

The Assumption of Genius Guide to Getting it on A Book about the Wonders of Sex A fully revised and updated edition of the category leader. Includes two new chapters and 5 new illustrations. Guide to Getting It On A Book About the Wonders of Sex Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies. Guide to Getting it On! The Universe's Coolest and Most Informative Book about Sex for Adults of All Ages Covers many aspects of adult human sexuality, with a brief historical and educational overview of the body and detailed descriptions of various techniques, acts, and fantasies. The Secret Lives of Teen Girls What Your Mother Wouldn't Talk about But Your Daughter Needs to Know

Woman Cancer Sex, Second Edition, is an accessible and comprehensive resource for women living with and surviving cancer as they navigate specific challenges related to sex and sexuality. Women who have survived cancer remain sexual beings despite the challenges of cancer treatment, and they often have nowhere to go with their questions and concerns. This text interweaves stories from clinical practice with evidence-based tips and interventions for a range of physical and emotional side effects resulting from cancer and its treatment. Each chapter describes the experience of a woman with a particular kind of cancer and a variety of related problems, including loss of libido, physical pain, body image issues, depression, and struggles communicating with a partner and health care providers. Written by a leading voice in the field of cancer and sexuality, this book offers essential guidance surrounding questions about sexual health for women diagnosed with cancer. It will also be of use to health care providers including social workers and sex and couple therapists.