## Pocket Guide Books

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"O'Reilly Media, Inc."

When you need quick answers for developing or debugging Java programs, this pocket guide provides a handy reference to standard features of the Java programming language and its platform. You'll find helpful programming examples, tables, figures, and lists, as well as Java 8 features such as Lambda Expressions and the Date and Time API. It's an ideal companion, whether you're in the office, in the lab, or on the road. This book also provides material to help you prepare for the Oracle Certified Associate Java Programmer exam. Quickly find Java language details, such as naming conventions, types, statements and blocks, and object-oriented programming Get details on the Java SE platform, including development basics, memory management, concurrency, and generics Browse through information on basic input/output, NIO 2.0, the Java collections framework, and the Java Scripting API Get supplemental references to fluent APIs, third-party tools, and basics of the Unified Modeling Language (UML)

A Pocket Guide to Sharks of the World F A Davis Company Identifies the most common herbs, with a picture, quick reference box, and informative text for each. Includes information about the history and folklore of herbs and the traditional and contemporary use of herbs.

Pocket Guide to Hiking - Backpacking Rick Steves

Pocket Guide To Meditation focuses on meditation as spiritual practice. It is a universal tool that helps practitioners forge deeper connections with Spirit and, as Alan Pritz states, Meditation delivers one of the most profound experiences of life, joy. Beyond its inherently spiritual purpose and value, meditation offers physical and mental benefits as well. These include: Stress Reduction Immune system enhancement Greater energy, clarity, and productivity Increased intellectual capacity, emotional intelligence, and social performance What people have said about Pocket Guide To Meditation: What a great Pocket Guide To Meditation. This book should be given to everybody who enters a doctors office, so they hopefully wont need to come back. The HMOs should underwrite this project; it would save them money, which is their bottom line. Larry Dossey, Author of Healing Words, The Power of Prayer & Practice of Medicine Alan has taken a big subject and made it friendly, interesting, and useful for everyone. This is the perfect little book to carry around in purse or pocket for quick moments of inspiration. Lilias Folan, Host of PBS Library Tour, The City Walk, St. Paul's Cathedral series, Lilias! A great resource to begin your meditation journey. A wonderful guide to explore the classical practices of meditation in a very clear and understandable manner; a great resource for the beginner and advanced practitioner alike. I would highly recommend this book to anyone who is on the journey to integrate more pause, reflection, and spirituality into their life. Kevin Cashman, Author of Leadership From The counselling and psychotherapy. The Pocket Guide to Inside Out

Pocket Guide to the Rosary "O'Reilly Media, Inc." The Leader's Pocket Guide provides readers with on-the-job expertise to inspire and direct them on their professional journeys. Organized into three sections--self, colleagues, and organization--this useful guide spurs leaders to be ever growing in their careers, and includes lessons on major leadership concepts like why integrity should be your employees' most highly valued trait, how to lead in a way that empowers others to manage, and why you should identify, commit to, and live by six words. With 101 indispensable tips and tools to explore, you'll learn how to deliver inspiration, demonstrate character, develop confidence, communicate with authority, think critically, foster innovation, connect with others, resolve conflicts, add buzz to your leadership brand, coach for development, recognize achievement, instill company-wide purpose, and overcome adversity. Augmented by upto-date research on the role of leaders and the expectations followers have for them, this pithy, powerful, and portable guide contains energizing action tips, clever formulas, self-assessments, and thoughtful places for deeper reflection to spur you toward becoming a top leader in your industry.

The Complete Pok é mon Pocket Guide: Chronicle Books This book contains everything the novice

hiker/backpacker needs to know about the equipment, food, and water needed for a comfortable walk and camp. It also has tips on fire-making, navigation, weather, and a chart of emergency signals that even the experienced backpacker needs.

Java 8 Pocket Guide Chronicle Books

An easy-to-use field guide for nature lovers, backyard explorers, and budding entomologists. Evans helps you discover popular insect species as well as spiders and relation creatures, as well as key facts and information about life cycles and behavior of every species.

Pocket Guide to the Essentials of Diagnosis & Treatment

Createspace Independent Publishing Platform 12 panel laminated pocket guide Waterproof, pocket-sized, quick reference for evaluating and managing avalanche danger while you're in the backcountry. Full-color fold-out guide with the most critical quick info that skiers, snowboarders, and other mountain enthusiasts need while in the winter backcountry Carry-along complement to Tremper's best-selling Staying Alive in Avalanche Terrain and Avalanche Essentials: A Step-by-Step System for Safety and Survival The Avalanche Pocket Guide includes guick and visual safety reminders: the 5 As and 2 Cs to consider when evaluating avalanche terrain; the trusty Tremper Terrain-o-Meter; a snowpack stability checklist; quick review of snowpack stability tests, low-risk travel ritual; a gear checklist; Avalanche Smart Card graphic that pulls it all together; beacon search tips; and more.

The Stokes Essential Pocket Guide to the Birds of North America Ascension Press

Contains a Nurse's Pocket Minder, which lists nursing diagnoses through the latest NANDA Conference. Make sure your students use the best pocket guide to plan patient care! This handy pocket guide helps nursing students identify interventions most commonly associated with nursing diagnoses when caring for patients. It's the perfect resource for hospital and community-based settings. Git Pocket Guide Pocket Guides

Many of us know and love the stories and characters of the Old Testament such as Joseph, Moses and Jonah. But how do answers literally at your fingertips -- such as proper stance, we view its importance in relation to New Testament teaching and our 21st century experiences? This accessible yet powerful addition to the Pocket Guide series draw together the threads of Scripture to help us understand the power of God's word when viewed in its completeness. The Leader's Pocket Guide Pocket Guides Pub Incorporated

Rick Steves' Pocket guidebooks truly are a "tour guide in your pocket." Each colorful, compact book includes Rick's advice for prioritizing your time, whether you're spending one or seven days in a city. Everything a busy traveler needs is easy to access: a neighborhood overview, city walks and tours, sights, handy food and accommodations charts, an appendix packed with information on trip planning and practicalities, and a fold-out city map. Included in Rick Steves' Pocket London—Sights: the National Portrait Gallery, Courtauld Gallery, Tate Britain, Tate Modern, Victoria and Albert Museum, and the Bankside Walk Walks and Tours: the Westminster Walk, Westminster Abbey Tour, National Gallery Tour, West End Walk, British Museum Tour, British Tour, and Tower of London Tour Green "O'Reilly Media, Inc."

Trainees in all mental health professions need basic knowledge of the key therapeutic approaches in Therapy is therefore the essential companion, placing specific emphasis on practical application to guide the reader in the 'how to' of conducting each therapeutic model. Approaches covered include established models such as Cognitive Behavioural Therapy and Psychodynamic Psychotherapy, narrative therapies such as Systemic Therapy and Solution-Focussed Brief Therapy, and more recent additions to mainstream therapy such as Mindfulness and Narrative Therapy. Each chapter is written by an up-and-coming name in the field of counselling and psychotherapy, offering a unique insight into the challenges and possibilities of training in each model. The book: - includes case examples from a wide range of mental health care settings - is embedded with extensive pedagogy, including worksheets, sample questions and diagrams - highlights the challenges, strengths and weaknesses of each approach - details the background to each model - focuses on the practical application of therapeutic models - discusses evidence-based practice and outcomes Written in language familiar to first-year trainees and using a range of features to enhance learning, this pocket guide is ideal for those embarking on mental health training across counselling, psychotherapy, psychology, health, nursing and social work. It will also serve as a reference point for more experienced readers looking to refresh their understanding of other approaches. The Pocket Guide to Action Little, Brown

A Pocket Guide to the Rosary helps Catholics deepen their prayer life and improve their ability to pray what St. Padre Pio called the weapon of our times. The Rosary. Drawing from the writings of the saints, the Bible, and Catholic tradition, Matt Fradd has produced a book that every Catholic should read. Its small size makes it easy to carry to adoration, keep around for family Rosary night, or hand out at your parish. Catholics who find it difficult to enter into the mysteries of the Rosary, or who need some encouragement and inspiration to pray this essential Catholic prayer, will deeply appreciate this small but powerful book. In this essential book, Matt Fradd explains: How to truly meditate on the mysteries on the Rosary. Major saints methods to pray the Rosary. Carefully chosen biblical passages to reflect on for each mystery. Here's how it works: 1. Overview of each mystery, with biblical quotes to help you establish context and focus your mind 2. Insight on each mystery from the writings of the saints and Church Fathers 3. Personal applications for each mystery, so you can further apply these mysteries to your own life and invite God to be a part of it National Geographic Pocket Guide to Insects of North America Elsevier Health Sciences

With this guide in your golf bag (or pocket), you'll have proper swings, and solutions to specific problems. There's no better analysis of the mechanics of golf. And best of all, it's with you on the course when you need it.

My Side of the Mountain "O'Reilly Media, Inc." Easy to read and easy to search, the R Pocket Guide tackles the most common topics and issues that users of the language face. If you're a professional who needs to analyze moderate-to-large data sets, tools like Excel don't have the power or flexibility. R was designed for these situations, with good graphical capabilities and a large, robust library of contributed packages. This little book is packed with the R essentials you need, all in a convenient quick-lookup format.

RN Pocket Guide Jones & Bartlett Publishers This Pocket Guide to Psychiatry is a composition of notes from my training in Medicine, Residency and Board Exam Preparation. The information contained is pertinent to all fields related to patient care and psychiatry ranging from Social Workers, Nurses, PAs, to NP, Medical Students, Residents and practicing Physicians. It is a great synopsis for reviewing material, quick reference in every day practice and board preparation. Topics range from psychiatric assessments, most common diagnosis, treatment formulation, neurotransmitter physiology, psychopharmacology, psychotherapy, and other related topics. Unique subjects such as billing, EMR templates, and p450 enzyme interaction is also covered.

RAPID ACLS - Revised Reprint - E-Book Relevant Books This pocket guide is the perfect on-the-job companion to Git, the distributed version control system. It provides a compact, readable introduction to Git for new users, as well as a reference to common commands and procedures for those of you with Git experience. Written for Git version 1.8.2, this handy task-oriented guide is organized around the basic version control functions you need, such as making commits, fixing mistakes, merging, and searching history. Examine the state of your project at earlier points in time Learn the basics of creating and making changes to a repository Create branches so many people can work on a project simultaneously Merge branches and reconcile the changes among them Clone an existing repository and share changes with push/pull commands Examine and change your repository 's commit history Access remote repositories, using different network protocols Get recipes for accomplishing a variety of common tasks RTF Pocket Guide Penguin

Presents information about 160 North American bird species, including facts about physical features, voice, habitat, food, and a map indicating the regions in which each species can be found.

A Pocket Guide to Rocks and Minerals Simon and Schuster

Fans will love the official pocket guide to Pok é mon. Each guidebook contains information on more than 200 Pok é mon, including their vital stats, unique properties and evolution stages. The format is perfect for carrying in a backpack or pocket.

A Pocket Guide to Pigeon Watching "O'Reilly Media, Inc."

A Davis 's Notes book. Content review plus Q&A...perfect every time, every place, everywhere! Prepare for the NCLEX wherever you are—at home, in the library, or on the bus. Here are the tips, strategies, techniques, and content you need—all in one pocket-sized resource. You'll review all major content areas while you hone your test-taking techniques. An access code inside unlocks 850 questions online at DavisPlus, with answers and rationales for correct and incorrect responses. See what students are saying about the previous edition...YES, YOU NEED THIS!!!! "This item was AWESOME, compact, and perfect for my studying. I passed on my first attempt! I highly recommend this little goody for all the soon to be RNs who are freaking out over their NCLEX appointment dates! " I found this to be a very useful pocket guide to keep in my purse. "I found this to be a very useful pocket guide to keep in my purse, and used it to study when I had down time. There was great information in there and I would recommend it." "Overall, very useful. Was able to get thru most of it before my NCLEX. I passed and am thankful to this book. Good luck! "

The Pocket Guide to Therapy National Geographic Books Addressing a generation of pot smokers living at a time when over half of America has legalized medical marijuana, this paperback edition of the successful Green delivers the planet's best bud photography in an accessible package and irresistible price point. Organized alphabetically, each of the 150 strains features a gorgeous bud shot plus a breezy description of the bud and its essential stats (lineage, flavor, high, and medicinal uses). Updated with more popular strains as well as new live plant and microscopic bud photography, this edition of Green will be the go-to strain guide for recreational and medicinal users alike.