

Radical Grace Daily Meditations By Richard Rohr

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Radical Crossway

In this companion to The Universal Christ, Richard Rohr and Patrick Boland offer forty reflections and practices exploring what it means to live “ in Christ. ” In his landmark book The Universal Christ, Richard Rohr articulated a transformative view of what it means to recognize Jesus as “ Christ ” —as a portrait of God ’ s constant, unfolding work in the world. Now, in partnership with Patrick Boland, a psychotherapist and member of Rohr ’ s Center for Action and Contemplation community, he invites readers to engage with the themes of the book through spiritual practice. Each reflection in this book draws on a key passage of The Universal Christ, paired with prayers, journal prompts, and embodied exercises that invite readers into a more personal encounter with the truth that the presence and compassion of the Christ are in every thing. Whether read daily for the season of Lent or explored over the course of a year, Every Thing Is Sacred is a hope-filled journey into the love at the heart of all things.

You Are Radically Loved Hachette UK

"Faith is breathing in the oxygen of God's grace, giving life to my once-dead heart." — Paul David Tripp

As breath is to the body, so faith is to the Christian life. Through 40 daily meditations from his best-selling devotional New Morning Mercies, popular author and speaker Paul David Tripp explores how deep-seated trust in God and his word radically alters not only the way we think, but also the way we live. Tripp urges us not to rely on our own wisdom, experience, and strength—but to ask God to transform us into people who live by faith with a radical, God-centered point of view.

Immortal Diamond Monarch Books

Rohr and Martos answer the question, "Why Be Catholic?" fairly and squarely, showing a deep appreciation about what is good in Catholicism and a penetrating honesty about the Church's shortcomings. They also examine what it means to be Catholic in the United States today. Finally, to answer the title question in a more personal way, they present portraits of some outstanding Catholics, especially those we call saints, who have found personal fulfillment by living their faith to the utmost.

A Spring Within Us Franciscan Media

This praised and best-selling daily reader presents short, comprehensive biographies of 365 saints and spiritual masters from Christianity and other faith traditions, including Mary Magdalene, Therese of Lisieux, Thomas Aquinas, Mother Teresa, Moses, Martin Luther, and Gandhi.

If the Church Were Christian Penguin

INTERNATIONAL BESTSELLER As featured in New Scientist: 'Meditation could retune our brains and help us cope with the long-term effects of the pandemic' 'Readers in search of an introduction to mindfulness that's free of woo-woo promises should look no further.'

Publishers Weekly 'For a boost to your wellbeing don't miss the brilliant The No-Nonsense Meditation Book, which unites brain science with practical tips' - Stylist

Rigorously researched and deeply illuminating, world-leading neurologist Dr Steven Laureys works with celebrated meditators to scientifically prove the positive impact meditation has on our brains. Dr Steven Laureys has conducted ground-breaking research into human consciousness for more than 20 years. For this bestselling book, translated into seven languages worldwide, Steven explores the effect of meditation on the brain, using hard science to explain the benefits of a practice that was once thought of as purely spiritual. The result is a highly accessible, scientifically questioning guide to meditation, designed to open the practice to a broader audience. A mix of fascinating science, inspiring anecdote and practical exercises, this accessible book offers thoroughly researched evidence that meditation can have a positive impact on all our lives.

Radical Grace Penguin

Very little in this world stays fresh and life-giving for 1,500 years. But when that

happens we should ask ourselves why and what that had to do with us. In this book, The Radical Christian Life: A Year with Saint Benedict, Joan Chittister encourages us to look at that question. In an introductory essay she examines how the insights and values of the sixth-century Visionary Saint Benedict can illuminate today's search for a meaningful life. Then she leads us through the year, reflecting on twelve stories from Benedict's life, anecdotes that give us glimpses into his soul. More than that, she draws from these stories daily thoughts for the development of our own spiritual lives in this day and age.

40 Days of Grace Liturgical Press

One of the most beloved and trusted mindfulness teachers in America offers a lifeline for difficult times: the RAIN meditation, which awakens our courage and heart

Tara Brach is an in-the-trenches teacher whose work counters today's ever-increasing onslaught of news, conflict, demands, and anxieties--stresses that leave us rushing around on auto-pilot and cut off from the presence and creativity that give our lives meaning. In this heartfelt and deeply practical book, she offers an antidote: an easy-to-learn four-step meditation that quickly loosens the grip of difficult emotions and limiting beliefs. Each step in the meditation practice (Recognize, Allow, Investigate, Nurture) is brought to life by memorable stories shared by Tara and her students as they deal with feelings of overwhelm, loss, and self-aversion, with painful relationships, and past trauma--and as they discover step-by-step the sources of love, forgiveness, compassion, and deep wisdom alive within all of us.

A PENGUIN LIFE TITLE

God Hunger Convergent Books

Dissolve the distractions of ego to find our authentic selves in God In his bestselling book Falling Upward, Richard Rohr talked about ego (or the False Self) and how it gets in the way of spiritual maturity. But if there's a False Self, is there also a True Self? What is it? How is it found? Why does it matter? And what does it have to do with the spiritual journey? This book likens True Self to a diamond, buried deep within us, formed under the intense pressure of our lives, that must be searched for, uncovered, separated from all the debris of ego that surrounds it. In a sense True Self must, like Jesus, be resurrected, and that process is not resuscitation but transformation. Shows how to navigate spiritually difficult terrain with clear vision and tools to uncover our True Selves

Written by Father Richard Rohr, the bestselling author of Falling Upward Examines the fundamental issues of who we are and helps us on our path of spiritual maturity

Immortal Diamond (whose title is taken from a line in a Gerard Manley Hopkins poem) explores the deepest questions of identity, spirituality, and meaning in Richard Rohr's inimitable style.

Job and the Mystery of Suffering Gracewing Publishing

A wonderful collection of short meditations revealing God's grace amid the simple events of everyday life.

On the Threshold of Transformation Convergent Books

An extraordinary work that revitalizes theology and Christian life by recovering the early roots of Trinitarian doctrine and exploring the enduringly practical dimensions of faith in God as a community of persons.

Future Grace, Revised Edition Franciscan Media

Unique Lenten Reflections We are one--not just all human beings, but all creation,

the entire universe. We live in and through a complex set of relationships we hardly notice. These insights affirmed by new physics and old mystics alike provide the foundation for Quantum Grace, a book of compelling daily Lenten reflections. Author Judy Cannato invites us during the season of Lent to look at our beliefs, decisions, and actions and the ways they affect our personal lives and the lives of others. She shows us that "remaining vulnerable to the divine presence, allowing God to expose the places in our hearts that suffer from the illusion that we are separate and apart--this is the real work of Lent, and it is a co-creative activity that requires us to be honest with God so that God can be honest with us." Intended for individual reflection, but also ideal for group use, Quantum Grace offers a unique and valuable approach to the Lenten experience.

Grace Upon Grace Orbis Books

"Grace is more than just a story, it's more than just a theology, and it's more than just a powerful force--no, grace is a person, and his name is Jesus. Jesus is the grace of God." – Paul David Tripp

There is nothing we can do to earn God's grace—it is a gift. Through 40 daily meditations from his best-selling devotional New Morning Mercies, popular author and speaker Paul David Tripp explores the role grace plays in the everyday life of a Christian. He reminds us that God, in his infinite mercy, can radically transform even the weakest people by the life-changing power of his grace through his Son, Jesus Christ.

Every Thing Is Sacred Crossway

Over the course of these daily meditations, we will follow the trajectory of life from innocent beginning, through inevitable brokenness, to putting everything back together, through ripening into union--with self, God, the world, and others.

Breathing Under Water Crossway

"Honest, courageous... Williams has committed an act of love."—Alice Walker "A classic."—Jack Kornfield

There truly is an art to being here in this world, and like any art, it can be mastered. In this elegant, practical book, Angel Kyodo Williams combines the universal wisdom of Buddhism with an inspirational call for self-acceptance and community empowerment. Written by a woman who grew up facing the challenges that confront African-Americans every day, Being Black teaches us how a "warrior spirit" of truth and responsibility can be developed into the foundation for real happiness and personal transformation. With her eloquent, hip, and honest perspective, Williams—a Zen priest, social activist, and entrepreneur—shares personal stories, time-tested teachings, and simple guidelines that invite readers of all faiths to step into the freedom of a life lived with fearlessness and grace.

Why be Catholic? Multnomah

New York Times bestseller What is Jesus worth to you? It's easy for American Christians to forget how Jesus said his followers would actually live, what their new lifestyle would actually look like. They would, he said, leave behind security, money, convenience, even family for him. They would abandon everything for the gospel. They would take up their crosses daily... But who do you know who lives like that? Do you? In Radical, David Platt challenges you to consider with an open heart how we have manipulated the gospel to fit our cultural preferences. He shows what Jesus actually said about being his disciple--then invites you to believe and

obey what you have heard. And he tells the dramatic story of what is happening as a "successful" suburban church decides to get serious about the gospel according to Jesus. Finally, he urges you to join in The Radical Experiment -- a one-year journey in authentic discipleship that will transform how you live in a world that desperately needs the Good News Jesus came to bring.

Eager to Love John Wiley & Sons

This collection of 408 meditations by America's foremost retreat master and preacher follows the Church's liturgical cycle, striking the spirit of each season. *Yes, and ...* Baker Books

From the award-winning host of the Radically Loved podcast, an invitation to discover the healing power of who you are, body, mind, and spirit. Growing up in East L.A. in the nineties, Rosie Acosta dismissed spirituality and wellness as something people like her didn't do. But after being arrested at age fifteen, she knew that only a radical change would lead her away from debilitating anxiety and self-doubt. As she puts it, yoga offered her a ladder and she began to climb. In this empowering and accessible guide, Acosta leads readers through the essential spiritual practices she uses to create a radically loved life. With the arc of her own journey as a framework, she presents meditations, journaling questions, and practices for identifying and honoring our own radical truths. With grit and grace, this heart-filled guide makes spiritual practice accessible to everyone and helps you become the person you are truly meant to be.

A Spring Within Us Crossway

Francis of Assisi is one of the most beloved of all saints. Both traditional and entirely revolutionary, he was a paradox. He was at once down to earth and reaching toward heaven, grounded in the rich history of the Church while moving toward a new understanding of the world beyond. Globally recognized as an ecumenical teacher, Richard Rohr started out—and remains—a Franciscan friar. The loving, inclusive life and preaching of Francis of Assisi make him a recognizable and beloved saint across many faith traditions. He was, as Rohr notes, “a master of ‘making room for it’ and letting go of that which was tired or empty.” Francis found an “alternative way” to follow Jesus, one that disregarded power and privilege and held fast to the narrow path of the Gospel. Rohr helps us look beyond the birdbath image of the saint to remind us of the long tradition founded on his revolutionary, radical, and life-changing embrace of the teachings of Jesus. Rohr draws on Scripture, insights from psychology, and literary and artistic references, to weave together an understanding of the tradition as first practiced by St. Francis. Rohr shows how his own innovative theology is firmly grounded in the life and teaching of this great saint and provides a perspective on how his alternative path to the divine can deepen and enrich our spiritual lives. The audio edition of this book can be downloaded via Audible.

40 Days of Faith Ave Maria Press

This unique set of daily readings from bestselling author Simon Guillebaud encourages the reader to live the Christian life without compromise and without restraint; to live on full throttle and with utter abandonment to Christ. Simon Guillebaud has lived in Burundi since his early twenties. He takes unimaginable risks so much so that he didn't expect to live to the age of 30. He sees miraculous results time and again as he works tirelessly for the salvation, peace and prosperity of the country he loves and daily gives his life for. Burundi is a place where choices are vivid, stark and sometimes deadly. It is a front line state in a fragile democracy seeking to overcome a bloody past. The spiritual battle between the forces of light and the repressive power of the local witchdoctors is very real. It is in this context that Simon Guillebaud has learned the lessons he shares in this volume. Succinct and engaging, these daily reading cover a separate topic every day. The range is striking and profound as Simon shares the things he has learned through the council of the Holy Spirit. Those who engage with this unique devotional will be challenged and ultimately changed.

A State of Grace Penguin

Deep, personal pain is very real for men. So is the power to transform it. In one of the opening meditations of this book, male spirituality expert Richard Rohr writes, “We need to fail, to fall, to jump into the

central mystery of our own existence, or we’ll have no way of finding our true path.” Those words serve as the starting point for a potentially transformative experience, one in which men come to grips with the fact that some form of suffering or letting go is essential to achieving wholeness, holiness, and happiness. With nearly every man dealing with some form of hurt in his life, *On the Threshold of Transformation* acknowledges the pain and deals with it directly and redemptively. While much of our culture today would have us believe that failure and suffering are inherently bad, Fr. Rohr helps men see that pain—in whatever form it takes—is a primary doorway through which they can pass to reach their authentic, best selves, which is where they will truly encounter God. Ultimately, this book of 366 daily meditations helps men learn how to transform their pain so they don’t pass it on. With Fr. Rohr as their guide, the path to male spiritual transformation can be found and followed.